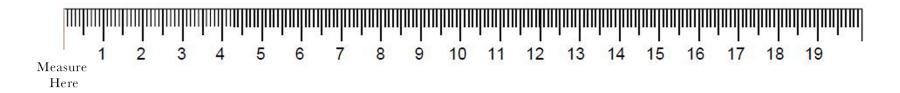


Measuring Tape

Print this page to scale, measure your wrist by wrapping the flexible ruler or tape measure around it. Do not pull the ruler too tightly.

DETACH HERE FOR BEST MEASUREMENT

Measured in Centimeters



Aligned the measuring tape around your wrist read the number that most closely aligns to the "MEASURE HERE" marker

