

FINE STEAK SANDWICH 75

Beef fillet done medium with a light garlic crème, served on ciabatta bread.

CLASSIC GRILLED CHEESE 36

Marinated tomato in olive oil, chili, garlic, basil & fontina cheese. Served on sourdough.

Add bacon 25 | Add avocado 12

AVOCADO, MOZZARELLA AND SWEET JALAPEÑO GRILLED CHEESE 48

Coriander & jalapeño paste with sticky mozzarella cheese. Best served on sourdough.

SALMON WITH HONEY MUSTARD SAUCE 64

A cream cheese spread with sliced salmon, chopped dill. Topped with a dollop of honey mustard.

HEALTHY CHICKEN CLUB SANDWICH 70

Tomato, lettuce, pear and tarragon. Add bacon 25

SQUASH IT VEGETABLE SANDWICH 78

With humus, avocado & cottage cheese served in a warm wrap.

S A N D W I C H E S

Bread delivered fresh daily, baked in a wood fired oven using natural yeasts. Ciabatta, Sourdough & 70% Rye

CLASSIC 88

180g patty with a 12month old matured cheddar cheese jalapeño, juicy tomato & crunchy cos.

Add bacon 25 | Add avocado 12

CHICKEN 88

Crumbed fried chicken served with our basil mayo sauce, micro herbs & watercress.

GORGONZOLA 90

180g Patty served with melted Gorgonzola cheese and crispy bacon.

B U R G E R S

Meats are all 100% grass fed pasture reared beef. Served on a sweet brioche bun with an option of truffle fries or side salad.

SEASONAL BABY VEGETABLE SALAD 75

Poached baby vegetables served with quinoa & hummus. Topped with a sesame seed dressing.

WATERCRESS SALAD 72

Served with ricotta cheese, coriander & basil, topped with mixed seeds.

CRUNCHY SPINACH & KALE SALAD 78

Served with thin slices of apple, walnuts, with an assortment of seeds, avocado, beetroot & goats cheese.

POST GYM PROTEIN SUPER SALAD 75

Served with a chicken breast & loads of vegetables.

HEALTHY CHICKEN CAESAR 78

Served with shredded salad leaves and croutons. (Sorry we don't like anchovies)

SPROUTING SEED SALAD 73

Smoky bacon & balsamic dressing, served with a slice of rye bread.

SUPER SUMMER SALAD 68

Served with watermelon, radishes, quinoa & feta.

SEARED SESAME SALMON SALAD 90

A delicious, light asian, tahini & avocado combo.

Add chicken 25 | Add salmon trout 28
Add bacon 25 | Add avocado 12

S A L A D S

Our produce is specially sourced and may vary with season change.

200G PEPPERED STEAK 88

Prepared medium with truffle fries or salad.

SPICY FRIED CHICKEN IN A BUCKET 75

Served with truffle fries or salad.

ASIAN CRISPY BEEF BROWN RICE NOODLES 75

Served with a mix of greens and vegetables accompanied with a sweet peanut & sesame oil dressing.

SKINNY CARBONARA 78

Smoky bacon, peas almonds and basil leaves served with whole wheat spaghetti.

SEARED TUNA 80

With sicilian couscous & greens.

SEARED TURMERIC CHICKEN 85

With humus, peppers, couscous & greens.

GOLDEN CHICKEN SKEWERS 82

Served with a yellow pepper sauce and black quinoa.

M A I N M E A L S

PLAIN WITH HOMEMADE HUMMUS 45

Add olives 35

MAN'OUSHE WITH ZAATAR 50

Zaatar: dried thyme, sesame seed & sumac paste smeared on the bread & baked. Add hummus 18 | Add olives 35

MAN'OUSHE WITH ZAATAR CREAM CHEESE 60

Add hummus 18

SKEWER SPEDINI 80 | 88

Flame grilled with hummus wrapped in warm flat bread served on a chopped green salad. Chicken | Beef

M A N ' O U S H E

A Lebanese staple snack. Made in house, this freshly baked flat bread comes with a variety of fillings.

SWEET POTATO CHIPS 38

POACHED BABY VEGETABLES 46

TRUFFLE SALTED FRIES 30

SEASONAL VEGETABLE TEMPURA 43

CLASSIC HOUSE SIDE SALAD 38

S I D E S