

Friday Five: BOLO for These Healthy Brands!

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It's Friday, so I'm linking up with Running on Happy and Fairytales and Fitness for the new Friday Five 2.0. This is a "free" week. I have a ton of health snacks to share post Expo West plus some other great new stuff from brands I love. Here are five great brands, and products, you should be on the lookout for!

**4. Rayzyn** – Wine Rayzyns are another new find from Expo West. RayZyns are a crunchy superfood snack, made in California, from dried wine grapes with the toasted seed intact. These are so good! They come in Cabernet, Merlot and Chardonnay varieties (and don't worry, they're alcohol free!) They also have a chocolate covered Cabernayzyn!

They sent me a some additional sample packs to try and share. In the meantime, you can get Wine Rayzyns online and on Amazon. You can also follow Raw Rev on Twitter, Facebook and Instagram.