

# *21 Great Uses for* **ORGANIC JOJOBA OIL**

*Cooking, Cleaning, Crafting & More!*



**PURE**  
*acres*  
**FARM**

# 21 Great Uses for **ORGANIC JOJOBA OIL**

Howdy from **PURE ACRES FARM!**

*We've rustled up some helpful ways to utilize your purchase of our Organic Jojoba Oil. This oil has some amazing qualities for both your hair and skin and is packed with vitamins and minerals—it is widely known for its healing properties. We know you'll find Pure Acres Farm Organic Jojoba Oil invaluable. Thank you for your purchase—we are grateful to welcome you as part of the Pure Acres Farm family!*

21 ways you can use our Organic Jojoba Oil:

## **1. REDUCES SIGNS OF AGING AND WRINKLES**

Jojoba oil is rich in vitamin E—one of your main allies in pampering your skin. The oil also contains linoleic acid and antioxidants which have been known to help rebuild skin cells.

## **2. BALANCES THE SKIN'S OWN OIL PRODUCTION**

Jojoba oil usually does not clog pores, so it works great on all skin types. Jojoba oil stops your skin from releasing oil and helps balance natural oil production. Clean and dry your face and apply a couple drops of oil to start the process.

## **3. TREATS SKIN DISORDERS**

The anti-inflammatory properties in Jojoba oil help reduce the redness caused by dry skin and other conditions. Eczema and rosacea are commonly combatted with Jojoba oil. Apply Jojoba oil twice a day to the affected area for quick relief.

## **4. SKIN MOISTURIZER**

Jojoba oil is absorbed very efficiently into your skin, without leaving any residue. The oil is full of ceramides, which help hydrate the skin and create a layer of protection against allergens, dust and pollution. Jojoba brings healing to the driest parts of your skin—helping to restore damaged cells.

## **5. FIGHTING STUBBORN ACNE**

Most users find Jojoba oil to be a very effective treatment for acne. The oil helps to clear the pores without leaving scars and helps control oil secretion. Many drugstore acne removers contain animal fat and other potentially harmful ingredients which can make matters worse. Jojoba oil is natural, and consistent use has shown that it helps to prevent the recurrence of acne and even reduces blemishes.

## **6. REDUCES INFLAMMATION OF THE SKIN**

Jojoba oil can be used for healing minor infections like cold sores and warts as well as wounds and cuts. It has great antibacterial properties which kill bacteria and reduce inflammation of the skin.

## **7. NATURAL MAKEUP REMOVER**

Cosmetic makeup removers can sometimes be harsh on your skin. Jojoba oil has consistent cleansing properties which come in handy as a facial cleanser and makeup remover. Make sure to use the oil sparingly and gently around your eyes. Try dabbing on cotton balls and slowly apply more as needed.

## **8. BODY OIL RUB**

Don't limit Jojoba oil to your face—apply the oil to your whole body to hydrate your skin. Take a bath or shower after the oil is absorbed and skip on using chemical-laden body lotion. Even better, use jojoba oil for a body massage and then enjoy a long hot bath. The oil has a non-greasy texture that offers a nice glow to your skin.

## **9. HEAL CRACKED HEELS**

Cracked heels can be painful and hard to live with. Apply the oil liberally and consistently to treat your cracked heels. If needed, consider wearing oil-saturated socks for an hour or so daily—this will help with more severe cases and bring relief more quickly.

## **10. KEEPS YOUR NAILS HEALTHY**

Flaunt your long and pretty nails again! Rub some Jojoba on your dry and brittle cuticles every day after your shower. The vitamin E moisturizes the cuticles and encourages healthy nail growth.

## **11. REMOVES SUN TAN**

Sometimes we just don't get that tan down right. If you have an area with more tan than desired, try rubbing Jojoba oil over the affected areas. The oil will help bring healing while protecting the area from additional sun rays.

## **12. PREVENT RAZOR BURNS**

Use Jojoba oil both before and after you shave. Using it before you shave will help diminish razor burn potential. Jojoba oil can also act as an aftershave option as well. Either way you use it, you will get the moisturizing and skin healing attributes of this great natural oil.

### **13. SOFT LIPS**

Skip out on the petroleum jelly and use some Jojoba on your lips—they will feel lighter and softer in no time. Grab some Pure Acres Farm Clear Pot Jars and make your DIY Jojoba lip balm. Melt a couple teaspoons of beeswax with a couple teaspoons of Jojoba oil, and add some flavoring as desired. Once it cools, apply and enjoy.

### **14. REDUCES DARK CIRCLES UNDER YOUR EYES**

No one likes to wake up to see dark circles under the eyes. Jojoba oil can help you look and feel a little younger and more revived. Take chamomile essential oil and mix with equal amounts of Jojoba oil, then massage the blend gently under the eyes. Rub in gently in for ten minutes then rinse and dry the area.

### **15. REDUCES PREGNANCY STRETCH MARKS**

Stretch marks are going to happen—it is a natural sign of bringing a new life into the world. To reduce those marks, have some Jojoba oil ready to rub over your belly twice a day during pregnancy and also after giving birth. It will feel great and be good for your skin.

### **16. CLEANSSES SCALP**

Keep your scalp clean and healthy with Jojoba's antibacterial and anti-inflammatory properties. The oil helps clean traces of clogged and crusted sebum and is believed to reduce hair breakage on your scalp.

### **17. MAKES YOUR HAIR SHINE**

Jojoba oil can be used for a healthy shine for nearly all hair types. The oil smooths the hair cuticles and tames dry and frizzy hair. Keep moisture in the hair shafts and see your hair have a new luster and shine.

### **18. JOJOBA OIL FOR HAIR GROWTH**

Sebum, the natural oil in our hair, can sometimes produce excess oil and block our follicles. Jojoba oil helps to reduce the clogged follicles as well prevent hair fibers from breaking. Use the oil prior to shampooing to stimulate hair growth—massage into the scalp and then shower.

### **19. CONDITIONS HAIR**

Help prevent your hair from becoming brittle and dull with a little application of Jojoba Oil. For exceptionally dry hair, try adding a teaspoon of jojoba oil to your regular hair conditioner. Make sure to let the conditioner mix stay in for about five minutes before washing out. You can also use the oil as a leave-in conditioner when applying to wet hair.

## **20. HELP YOUR DRY SCALP**

Jojoba oil provides a deep skin moisturizer solution for a healthier scalp. Combat those flaky and brittle skin areas that appear to be dandruff. Give your hair follicles support and help your scalp find a better pH level.

## **21. TREAT OILY SCALP**

It can be common for store bought solutions to overdraw the scalp and make your hair lifeless. Jojoba is a natural and less aggressive solution. The oil helps to even out the sebum levels in the scalp. This helps keep a good balance of natural oils and keeps pores happy and your scalp healthier.

*I hope you find these suggestions helpful. Thank you again for being a Pure Acres Farm customer. We love our customers and we are proud to serve you in any way possible. Please make sure to contact us directly with any concerns and product praise you would like to share.*

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*Peter, Owner*

**PURE ACRES FARM**