



DEFINE AND ALIGN

BARRE BOOTCAMP 01	BARRE BURN 08	FUNCTIONAL CARDIO BLAST 15	CARDIO STRENGTH 22	CORE BURN 29	CARDIO STRENGTH 36	CARDIO FUSION CIRCUIT 43	LOWER BODY STRENGTH 50	CARDIO FUSION CIRCUIT 57	LOWER BODY STRENGTH 64	BARRE BOOTCAMP 71	BARRE BURN 78	CORE BURN 85
UPPER BODY STRENGTH 02	CARDIO STRENGTH 09	CORE & MORE 16	BARRE BURN 23	CARDIO FUSION CIRCUIT 30	LOWER BODY STRENGTH 37	CORE & MORE 44	CARDIO STRENGTH 51	CORE & MORE 58	PILATES SCULPT 65	TOTAL BODY STRENGTH 72	CARDIO STRENGTH 79	BARRE BOOTCAMP 86
PILATES PRECISION 03	PILATES SCULPT 10	UPPER BODY STRENGTH 17	TOTAL BODY STRENGTH 24	PILATES PRECISION 31	PILATES SCULPT 38	UPPER BODY STRENGTH 45	BARRE BURN 52	UPPER BODY STRENGTH 59	CARDIO STRENGTH 66	CORE & MORE 73	LOWER BODY STRENGTH 80	UPPER BODY STRENGTH 87
FUNCTIONAL CARDIO BLAST 04	BARRE BOOTCAMP 11	CARDIO FUSION CIRCUIT 18	FUNCTIONAL CARDIO BLAST 25	TOTAL BODY STRENGTH 32	FUNCTIONAL CARDIO BLAST 39	BARRE BOOTCAMP 46	PILATES SCULPT 53	BARRE BOOTCAMP 60	BARRE BURN 67	UPPER BODY STRENGTH 74	PILATES SCULPT 81	CARDIO FUSION CIRCUIT 88
LOWER BODY STRENGTH 05	TOTAL BODY STRENGTH 12	PILATES PRECISION 19	PILATES SCULPT 26	BARRE BOOTCAMP 33	BARRE BURN 40	PILATES PRECISION 47	FUNCTIONAL CARDIO BLAST 54	TOTAL BODY STRENGTH 61	FUNCTIONAL CARDIO BLAST 68	CARDIO FUSION CIRCUIT 75	FUNCTIONAL CARDIO BLAST 82	TOTAL BODY STRENGTH 89
CARDIO FUSION CIRCUIT 06	CORE BURN 13	LOWER BODY STRENGTH 20	UPPER BODY STRENGTH 27	CORE & MORE 34	CORE BURN 41	TOTAL BODY STRENGTH 48	CORE BURN 55	PILATES PRECISION 62	CORE BURN 69	PILATES PRECISION 76	CORE & MORE 83	CARDIO STRENGTH 90
REST 07	REST 14	REST 21	REST 28	REST 35	REST 42	REST 49	REST 56	REST 63	REST 70	REST 77	REST 84	