



Curragh Light Mask

Battery Type: Lithium

Replaceable Cup

Active Hours Per Day: 7

Program: 4pm – 11pm

Lifespan: 4 months

Fully Adjustable Headpiece

Velcro Fastenings

Waterproof Eye Cup

High-efficiency precision blue LED array with light diffuser

Blue light is delivered at a specific wavelength automatically each day, no drugs, no hormones, just gentle light therapy