



Heavy Metal Detoxification Protocols

1. Support Drainage Organs*

(choose the appropriate remedy):

Kidney – *Solidago* – 40 drops in water three times daily between meals.

Liver – *A-Hepatica* – 20 drops in warm water three times daily 20 minutes before meals.

Lymph – *Lymph-A-Drop* – 10 drops in water three times daily.

Intestinal tract – *3C (Biomed product)* – 3 to 6 capsules with 8 oz. of water twice daily.

2. Binding of Heavy Metals:

Biorella – begin with 4 tablets three to four times daily 30 minutes before meals and bedtime for three to four weeks.

3. Mobilization of Heavy Metals:

Cilantrex – 1 tablet two times daily and increase to 2 tablets three times daily, dissolved under the tongue (begin taking it approximately three to four weeks after starting *Biorella*). *Cilantrex* should be taken for one week on and two to three weeks off for duration of protocol.

Biorella – take 12 tablets three to four times daily during the active phase of mobilization (while taking *Cilantrex*).

Note: Cilantrex should not be taken if amalgams are present in the mouth, as this becomes a source of mobilization.

Duration: depending on the patient's heavy metal load, an active detoxification program should be followed for six to 24 months.

Clinical Pearls

During amalgam removal: on day of removal, take 20 *Biorella* tablets immediately before the procedure. Then immediately after procedure, sprinkle 3 to 5 crushed *Biorella* tablets on the teeth and gums and hold in mouth for 10 minutes, then rinse with water. This should be repeated at bedtime and then follow the binding of heavy metals procedure. *Cilantrex* should not be taken at the time of amalgam removal, as increased mobilization of heavy metals elsewhere in the body is unwarranted at this time.

Hair or urine analysis can be used to monitor the concentration of heavy metals before, during and after treatment.

The combination of 40 drops *Solidago* in 8 oz. of water (kidney remedy) or 20 to 30 drops of *Bucco* in 8 oz. of water (kidney remedy) with horsetail tea increases kidney function. It should be taken for the duration of heavy metal detoxification and chelation therapy.

**Can be done for one month before or at the same time of binding of heavy metals.*

