



PRODUCT CATALOG

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www.biotechpharmacal.com



ENERGY = HEALTH

Situated on a scenic Ozark hillside near the University of Arkansas, **BIO-TECH Pharmacal, Inc.** is a cGMP registered / FDA registered nutraceutical (dietary supplements) manufacturer. **BIO-TECH Pharmacal** was established in 1984, specializing in preventative health care products shipped to physicians, clinics, hospitals and pharmacies worldwide.

COMMITMENT TO PRODUCT INTEGRITY:

- Hypo-allergenic; bio-available
- Ingredient purity, potency, quality
- Label and content integrity
- Void of dyes, talc, binders, artificial colors and synthetic flavors (when possible)

BIO-TECH is committed to excellence in every phase of production from conception of product, to sourcing raw materials, to production with impeccably clean state-of-the-art equipment, in an environment of clean air,

proper temperature and humidity.

BIO-TECH consultants have included the following prestigious physicians, scientists, and authors: Dr. Leo L. Baggerly, Ph.D., GrassrootsHealth Vitamin D Sr. Scientist; Burt Berkson, M.D. , Ph.D., alpha Lipoic authority, Dr. John J. Cannell, M.D., Director, Vitamin D Council, Dr. William Grant, Ph.D, SUNARC and vitamin D researcher; Dr. Navam Hetiararchy, Ph.D., food science professor; Dr. William Rea, M.D., president, American Environmental Health Foundation; Dr. Charles Rudolph, D.O., Ph.D., clinician, bio-chemist, professor, lecturer, researcher; Dr. Ty Vincent, MD, clinician, author, lecturer; Dr. Leslie Ray Matthews, MD, chief of critical care - Grady Hospital - Atlanta, Vitamin D advocate, lecturer; Dr. Jonathan Wright, MD, clinician, author, lecturer.

BIO-TECH PROUDLY SUPPORTS:

The Vitamin D Council
www.VitaminDCouncil.org

Grassroots Health
www.grassrootshealth.net

Vitamin D Wiki
www.vitaminDWiki.com

PRODUCTS OF SPECIAL INTEREST:

D₃[™]; D₃-5[™]; D₃-50[™]
D₃Plus[™]
DIM; AndroDIM
LITHATE[™] ; LITH-ORO[™]

d-MANNOSE
SAGE MEMORIES[™]
BROMASE[®]
VITA-MIN[™]

Dale J. Benedict

PARTNERS IN RESEARCH

BIO-TECH Pharmacal has over 100 Research Affiliations

- Autoimmunity Centers of Excellence
- Center for Autism and Related Disorders
- Charles Drew University of Medicine and Science
- Children's Hospital of Philadelphia
- Cleveland Clinic
- Cystic Fibrosis Therapeutics Foundation
- Emory Global Health Institute
- Eunice Kennedy Shriver National Institute of Child Health and Human Development
- Feinstein Institute for Medical Research
- GrassrootsHealth
- Harvard- Brigham and Womens hospital
- Mayo Clinic
- Medical College of Georgia
- Medical College of Wisconsin
- Medical University of South Carolina
- Memorial Sloan-Kettering Cancer Center
- Mount Sinai School of Medicine
- National Center of Tuberculosis and Lung Diseases
- National Heart, Lung, and Blood Institute (NHLBI) AsthmaNet
- National Institute of Allergy and Infectious Diseases
- National Institute of Mental Health
- National Institute on Aging (NIA)
- National Institute on Drug Abuse
- National Jewish Health
- National Kidney Foundation
- Oregon Health and Science University
- Pennsylvania State University College of Medicine
- Queens University (Ontario Canada)
- Republic of Georgia National Tuberculosis Program
- Rollins School of Public Health
- Rutgers University
- The International Heart Institute of Montana
- The University of Chicago Medical Center
- Tufts University – Jean Mayer USDA Human Nutrition Research Center on Aging
- University Hospital Case Medical Center
- University of California, San Diego
- University of Colorado Integrative Physiology of Aging Laboratory
- University of Florida College of Medicine
- University of Kansas Medical Center
- University of Michigan Medical Center
- University of Minnesota - Clinical and Translational Science Institute
- University of North Carolina School of Medicine
- University of Rochester Medical Center
- ...and many more

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In stock orders placed before 3:00 PM (CST) are shipped the same day. Shipping by ground is paid in the 48 contiguous states on orders over \$50.00, with a \$10.00 shipping charge for wholesale domestic orders under \$100.00. Alaska, Hawaii, and international shipments may incur additional shipping charges.

RETURN GOODS POLICY: With prior written

authorization, credit issued the same as original invoice on UNOPENED, UNMARKED merchandise not over 30 days old. No returns on drop ship/third party shipments.

PLEASE NOTE: Because of the new FDA GMP regulations, some products are removed from active status. They still will be available on special order with minimum order requirements.

PRODUCTS AND POLICIES SUBJECT TO CHANGE WITHOUT NOTICE.

COMMITMENT TO PRODUCT INTEGRITY: Hypo-allergenic. Preservative free. Dye free. Minimal or no excipient or flow agent to assure maximal bio-availability and absorption.

All non-Rx products are for nutritional or dietary support, not to diagnose, cure, treat, mitigate or prevent disease.

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ESSENTIAL FATTY ACIDS

OMEGA-OIL™



- Supplies omega-3 fatty acids that are vital to the brain, eyes, and cardiovascular system[†]
- Supports healthy mental functions, including mood and memory[†]
- Provides 300 mg of EPA and 200 mg of DHA from all-natural fish oils
- Processed to remove heavy metals and other contaminants

Omega-3 essential fatty acids are healthy fats that have important functional roles. These nutrients are not synthesized by the human body and must be obtained from the diet. Fish oils are a rich source of the omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). DHA is the most abundant omega-3 fatty acid in the brain and retina. Clinical research suggests that both DHA and EPA are important for maintaining mental health.[†] Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.[‡]

Ordering Options:

073A 100 softgels

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Marine Lipid Concentrate	1,000 mg	*
Omega-3 Fatty Acids	500 mg	*
EPA (eicosapentaenoic acid)	300 mg	*
DHA (docosahexaenoic acid)	200 mg	*

[†]Percent Daily Value based on a 2,000 calorie diet.

^{*}Daily value not established.

Other Ingredients: Gelatin, glycerin, purified water, mixed tocopherols.

Contains fish (sardines, anchovies, mackerel).

Contains NO: Dairy, egg, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

EVENING PRIMROSE™



- Supports immune, joint, and skin health[†]
- Provides gamma-linolenic acid, a beneficial omega-6 fatty acid[†]
- May regulate normal inflammatory responses[†]
- Beneficial to women's reproductive health[†]

Evening primrose oil (EPO) is derived from the seeds of the *Oenothera biennis* plant. EPO provides a rich source of gamma-linolenic acid (GLA), an essential omega-6 fatty acid with many physiological roles. GLA is a precursor to arachidonic acid, which is an important component of healthy brain and muscle tissue.[‡] Research suggests that GLA may support joint and immune system health by regulating normal inflammatory responses.[†]

Supplementation with GLA may help maintain the look and feel of healthy skin.[‡] GLA is also beneficial to women's reproductive health.[‡]

Ordering Options:

034A 100 Softgels

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
EVENING PRIMROSE OIL	500 mg	*
Gamma linolenic Acid (Omega-6)	48 mg	*

[†]Percent Daily Value based on a 2,000 calorie diet.

^{*}Daily value not established.

Other Ingredients: Gelatin, glycerin, water.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

AMINO ACIDS

ARGININE



- Maintains healthy blood flow and cardiovascular health[†]
- Supports immune system health[†]
- Promotes tissue recovery and repair after exercise, injury, or surgery[†]
- Formulated with pure, natural L-Arginine

L-Arginine is an amino acid, a chemical building block that makes proteins. It is converted in the body into a chemical called nitric oxide that maintains healthy blood flow and cardiovascular health.[†] **L-Arginine** also plays an important role in urea metabolism and immune system health.[†] Research indicates that supplementation with arginine also promotes tissue recovery and repair after exercise, injury, or surgery.[†]

Ordering Options:

498A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Arginine HCl	600 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

GLUTAMINE



- Supports digestive and immune system health[†]
- Promotes tissue recovery and repair after exercise, injury, or surgery[†]
- Important for muscle growth and maintenance[†]
- Formulated with pure, natural L-Glutamine

L-Glutamine is the most abundant free amino acid in the human body. It acts as an energy and nitrogen source for growing cells and aids in the maintenance of pH balance.[†] Glutamine plays an important role in digestion and nutrient absorption by maintaining the integrity of intestinal cells.[†] Research indicates that glutamine may benefit immune system health by supporting the viability and activity of immune cells.[†] Supplementation with glutamine promotes tissue recovery and repair after exercise, injury, or surgery.[†]

Ordering Options:

236A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Glutamine	500 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

TRYPTOPHAN



- Promotes stress management, relaxation, and appetite control[‡]
- Supports normal sleep patterns[‡]
- Increases serotonin levels[‡]
- Formulated with pure L-tryptophan

L-Tryptophan is an essential amino acid, necessary as a building block for niacin (vitamin B3) and protein biosynthesis. It is also required for the production of the neurotransmitters serotonin and melatonin, which are involved in the regulation of appetite, mood, and sleep.[‡] Supplementation with L-tryptophan increases serotonin levels, which can influence the ability to relax, manage stress, and control food cravings.[‡] L-Tryptophan supports normal sleep-wake cycles and may be beneficial for individuals with altered sleep schedules.[‡] It may also assist those who experience occasional sleeplessness.[‡]

Ordering Options:

451A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Tryptophan	500 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

ANTI-OXIDANTS/VITAMINS

A-25™



- Essential nutrient for eye, bone, and skin health[‡]
- Promotes optimal night and low-light vision[‡]
- Supports a healthy immune system[‡]
- Dry, water-soluble preparation of Vitamin A palmitate

Vitamin A is essential to a broad range of physiological processes. It is vital to eye health and is particularly important for optimal night and low-light vision.[‡] Vitamin A affects gene regulation, cell growth, bone metabolism, and skin health.[‡] Supplementation with Vitamin A supports immune health by maintaining the integrity of the cells that line the airways and digestive tract.[‡] It may play a role in triggering immune cells into action.[‡] Bio-Tech's A-25 is formulated with a dry, water-soluble preparation of Vitamin A palmitate. The palmitate form of Vitamin A occurs naturally in fish, eggs, and dairy products.

Ordering Options:

218A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin A (as vitamin A palmitate)	25,000 IU	500%

*Daily value not established.

Other Ingredients: Modified food starch, gelatin capsule, maltodextrin, medium chain triglycerides, sucrose, sodium ascorbate, silicon dioxide, mixed tocopherols and microcrystalline cellulose.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, yeast, artificial preservatives or colors.



HALAL
Halal-certified

ANTI-OXIDANTS/VITAMINS

B₂-400™



- Supports mental clarity, healthy mood, and optimal productivity[‡]
- Unique, high-dose formula providing 400 mg of riboflavin
- Essential nutrient for energy production[‡]

Vitamin B2 (Riboflavin) is a nutrient that is essential for energy production and the metabolism of carbohydrates, fats, and proteins.[‡] Riboflavin is found in small quantities (less than 1 mg) in a variety of foods, but some individuals may benefit from much higher doses.[‡] B2-400 is a unique formula that provides 400 mg of pure riboflavin per capsule. Research suggests that 400 mg of riboflavin per day may help certain individuals maintain mental clarity, healthy mood, and optimal productivity.[‡]

Ordering Options:

349A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Riboflavin	400 mg	23,529%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule, silica.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



HALAL
Halal-certified

B₃-500™



- Supports cardiovascular, nerve, and skin health[‡]
- Promotes good circulation and healthy lipid metabolism[‡]
- Formulated to minimize flushing and other side effects[‡]

Vitamin B3 (niacin) is an essential nutrient for healthy metabolism and energy production.[‡] Research indicates that vitamin B3 supports cardiovascular health by promoting good circulation and healthy blood lipid metabolism.[‡] Supplementation with vitamin B3 also supports digestive, nerve, and skin health.[‡] B3-500 is formulated with inositol niacinate, a source of vitamin B3 that is unlikely to cause flushing and other side effects that are associated with high-dose niacin supplementation.[‡] B3-500 does not include binders and fillers that are commonly found in other flush-free or slow-release niacin products.

Ordering Options:

369A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Niacin (from inositol niacinate)	500 mg	2,500%

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

B₆-FOLIC ACID



- Maintains healthy homocysteine levels[‡]
- Supports cardiovascular, bone, and nervous system health[‡]
- Formulated with active forms of vitamin B₆, folate, and vitamin B₁₂[‡]

B₆-Folic Acid is formulated with a combination of B vitamins that are important for maintaining healthy homocysteine levels.[‡] Homocysteine is a byproduct of protein metabolism that can damage connective tissues and contribute to oxidative stress. High-protein diets, poor nutrition, and genetics factors can result in elevated homocysteine levels. However, supplementation with vitamin B₆, folate, and vitamin B₁₂ can balance homocysteine metabolism.[‡] B₆-Folic Acid is formulated with the active forms of these nutrients, providing support for cardiovascular, bone, and nervous system health.

Ordering Options:

248A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B ₆ (as pyridoxine HCl and pyridoxal 5'-phosphate)	100 mg	5,00%
Folate (as folic acid and Quatrefolic [®] L-5-methyltetrahydrofolate glucosamine salt)	5,000 mcg	1,250%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	16,667%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule, maltodextrin.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Quatrefolic[®] is a registered trademark of Gnosis S.p.A.

B₁₂-METHYL



- Supports cardiovascular and nervous system health[‡]
- Important for energy production and metabolism[‡]
- Promotes healthy cognitive function and restful sleep[‡]
- Formulated with methylcobalamin, a bioavailable form of vitamin B₁₂[‡]

Vitamin B₁₂ is an essential nutrient with roles in energy production, red blood cell formation, and DNA synthesis.[‡] Research indicates that vitamin B₁₂ may support cardiovascular health by balancing homocysteine metabolism.[‡] Supplementation with vitamin B₁₂ may also promote healthy cognitive function and facilitate restful sleep.[‡] Obtaining adequate amounts of vitamin B₁₂ from diet alone may be difficult for vegetarians and individuals with digestive disorders. B₁₂-Methyl provides 1000 mcg of methylcobalamin, an active form of vitamin B₁₂ that is more bioavailable than commonly used cyanocobalamin.[‡]

Ordering Options:

455A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	16,667%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, vegetable capsule, maltodextrin.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or color.



Kosher-certified



Halal-certified

ANTI-OXIDANTS/VITAMINS

CARNITINE™ L-Carnitine



- Important for energy production[‡]
- Maintains a healthy red blood cell count[‡]

L-Carnitine is an amino acid that transports fatty acids in the mitochondria of cells.[‡] This occurs during the catabolism of lipids to generate energy.[‡] This process allows lipids, or fats, to not accumulate in areas.[‡] Research has indicated that L-Carnitine also maintains a healthy red blood cell count.[‡] Natural carnitine is found in red meat and other animal sources. Supplementation may be recommended to achieve optimal levels.

Ordering Options:

401100A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Carnitine (as Carnipure® L-Carnitine Tartrate)	400 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



B-STRESS NON-YEAST



- Supports cardiovascular, immune, and nervous system health[‡]
- Aids in healthy metabolism and energy production[‡]
- Formulated with eight essential B vitamins

B vitamins are essential nutrients that play roles in a wide range of physiological processes.[‡] An adequate intake of these nutrients is critical for healthy metabolism and energy production.[‡] Supplementation with B vitamins also supports cardiovascular, immune, and nervous system health.[‡] Most B vitamins are not stored in the body, so they are best acquired on a daily basis. Unfortunately, the B vitamin content of many foods is destroyed or lost during cooking and processing. B-Stress is formulated with the eight essential B vitamins, plus other supporting nutrients, providing a convenient way to meet daily nutritional requirements.[‡]

Ordering Options:

301A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Thiamine HCl	50 mg	3,333%
Riboflavin	50 mg	2,941%
Niacin (as niacin and niacinamide)	75 mg	375%
Vitamin B ₆ (as pyridoxine HCl)	50 mg	2,500%
Folic Acid (as folic acid and Quatrefolic® L-5-Methyltetrahydrofolate glucosamine salt)	2200 mcg	550%
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Proprietary Blend Choline bitartrate, inositol, para-aminobenzoic acid	92 mg	*

*Daily value not established.

Other Ingredients: Vegetable capsule, maltodextrin.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

C-1000™



- Essential nutrient and powerful antioxidant†
- Promotes tissue repair after injury or surgery†
- Supports immune system health and normal histamine levels†
- Water soluble nutrient

Vitamin C, is an essential nutrient that is water soluble which allows it to be easily metabolized in the body.† It is known to be a powerful antioxidant that protects cells from damage by free radicals.† Vitamin C is also required for the synthesis of connective tissues in blood vessels and bones, making it important in tissue repair following injury or surgery.† Because of its role in the production of connective tissues, it is also important for skin and joint health.† In addition, supplementation with vitamin C supports immune system health and aids in the balance of normal histamine levels.† C-1000 provides 1,000 mg of vitamin C per capsule.

Ordering Options:

526250A 250 vegetable capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	1,000 mg	1,667%

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsules.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



Kosher-certified

TAURINE



- Supports cardiovascular and digestive health†
- Promotes optimal muscle performance and mental acuity†
- Aids in nutrient absorption and chemical detoxification†
- Formulated with pure taurine

Taurine is an amino acid that plays important roles in the brain, eyes, heart, and digestive system.† Taurine supports cardiovascular health by regulating muscle activity in the heart and blood vessels, improving lipid and cholesterol metabolism, and reducing oxidative stress.† Supplementation with taurine may also promote optimal muscle performance and mental acuity.† Taurine is a key constituent of bile, a digestive fluid that aids in the absorption of fat-soluble vitamins and other nutrients.† Research suggests that taurine may also promote the elimination and detoxification of harmful chemicals from the body.†

Ordering Options:

143A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Taurine	500 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

ANTI-OXIDANTS/VITAMINS

C-BUFF™ MINERAL ASCORBATE POWDER



- Essential nutrient and powerful antioxidant[‡]
- Supports immune system health and normal histamine levels[‡]
- Promotes tissue repair after injury or surgery[‡]
- Formulated with buffered vitamin C

Vitamin C, also known as ascorbic acid, is an essential nutrient and powerful antioxidant that supports overall health.[‡] Vitamin C is required for the synthesis of connective tissues in blood vessels and bones, making it important for tissue repair following injury or surgery.[‡] Supplementation with vitamin C also supports immune system health and aids in the balance of normal histamine levels.[‡] C-Buff provides buffered vitamin C as a blend of fully-reacted mineral ascorbates, which are less acidic than ascorbic acid and are gentle on the digestive system.[‡] C-Buff powder is a convenient way to obtain large doses of vitamin C.

Ordering Options:

100A 8 oz.

Serving Size 1 level teaspoon
Servings Per Container 70

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid & magnesium, manganese, & zinc ascorbates)	2,000 mg	3,333%
Magnesium (as magnesium ascorbate and aspartate)	125 mg	31%
Zinc (as zinc ascorbates)	15 mg	100%
Manganese (as manganese ascorbate)	2.5 mg	125%
Potassium (as potassium aspartate)	50 mg	1%

*Daily value not established.

Other Ingredients: None.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives, flavors, sweeteners or colors.



Kosher-certified

C-MAX™ MINERAL ASCORBATE



- Essential nutrient and powerful antioxidant[‡]
- Supports immune system health and normal histamine levels[‡]
- Promotes tissue repair after injury or surgery[‡]
- Formulated with buffered vitamin C and citrus bioflavonoids

Vitamin C also known as ascorbic acid, is an essential nutrient and powerful antioxidant that supports overall health.[‡] Vitamin C is required for the synthesis of connective tissues in blood vessels and bones, making it important for tissue repair following injury or surgery.[‡] Supplementation with vitamin C also supports immune system health and aids in the balance of normal histamine levels.[‡] C-Max provides buffered vitamin C as a blend of natural citrus bioflavonoids and fully-reacted mineral ascorbates, which are less acidic than ascorbic acid and are gentle on the digestive system.[‡]

Ordering Options:

374A 100 capsules

374250A 250 capsules

Serving Size 2 Capsule
Serving Per Container 50 / Serving Per Container 125

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid & magnesium, manganese, & zinc ascorbates)	1,000 mg	1,667%
Magnesium (as magnesium ascorbate)	80 mg	20%
Zinc (as zinc ascorbates)	10 mg	67%
Manganese (as manganese ascorbate)	2 mg	100%
Potassium (as potassium aspartate)	20 mg	< 1%
Proprietary Complex Quercetin dihydrate, lemon bioflavonoid complex, lemon pectin cellulose complex, bromelain	130 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

BIO-FLAV™ FLAVONOID FORMULATION



Bio-Flav is a unique combination of herbal ingredients formulated to support general health and oxidative stress protection.†

Curcumin – A natural extract derived from turmeric root. Curcumin is a potent antioxidant that can protect against oxidative stress and regulate normal inflammatory responses.†

Olive Leaf Extract – A rich source of antioxidant compounds, which can protect cells and tissues against oxidative stress.† Olive leaf extract also supports optimal immune and cardiovascular health.†

Green Tea Extract – A great source of bioavailable compounds, including polyphenols, that help protect against oxidative stress.†

Citrus Bioflavonoid Complex – Supports optimal immune and vascular health.† It also protects cells from free radicals that can damage DNA.†

Grape Seed Extract – A concentrated natural extract that contains excellent antioxidant compounds including proanthocyanidins.†

Rosemary Extract – A great source of antioxidants.† Rosemary is also known to support healthy memory function.†

Grape Skin Extract – An excellent source of compounds that support cardiovascular health.† It also contains antioxidants that protect against oxidative stress.†

Andrographis paniculata Extract – Supports optimal immune health.†

Bilberry Extract – Related to the blueberry, bilberry is recognized as a good source of flavonoids.†

Ginkgo biloba Extract – Maintains healthy blood flow and acts as an antioxidant.† Ginkgo biloba extract has also been known to support memory function.†

Giant Knotweed Extract – A concentrated source of resveratrol, a polyphenol.† Resveratrol can help to support healthy cardiovascular function.†

BioPerine® (a registered trademark of Sabinsa Corp.) – Extract derived from black pepper. It is known to support healthy gastrointestinal absorption.†

Ordering Options:

260A 60 capsules

Serving Size 3 Capsule
Serving Per Container 20

	Amount Per Serving	% Daily Value
Proprietary Blend	1,259 mg	*
Turmeric/ <i>Curcuma longa</i> complex (rhizomes), Olive Leaf extract, Green Tea extract (leaf), Grape Seed extract, Rosemary extract (leaf), Grape Skin extract, Lemon Bioflavonoid Complex, <i>Andrographis paniculata</i> extract (whole plant), Resveratrol (from <i>polygonum cuspidatum</i> root), Bilberry extract (fruit), <i>Ginkgo biloba</i> extract (leaf), BioPerine® black pepper extract (fruit)		

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsules.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast or artificial colors.

CURCUMIN



- Supports cognitive, joint, and cardiovascular health[‡]
- Aids in chemical detoxification[‡]
- Excellent source of potent antioxidants[‡]
- Regulates normal inflammatory responses[‡]

Curcumin is a natural extract derived from turmeric root, which has been used for centuries to add flavor and color to many Asian foods. Current research indicates that curcumin is a potent antioxidant that can protect against oxidative stress and regulate normal inflammatory responses.[‡] Supplementation with curcumin promotes cognitive, joint, and cardiovascular health.[‡] Curcumin also aids in chemical detoxification by supporting the liver and kidneys.[‡] Bio-Tech Curcumin is formulated with Curcumin C3 Complex[®] from Sabinsa, which has been used in numerous clinical studies and is trusted for its consistent quality.

Ordering Options:

422A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Turmeric Extract (Standardized to 95% curcuminoids) (from Turmeric/Curcuma longa rhizomes)	450 mg	*

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Curcumin C3 Complex is a trademark of Sabinsa.

D3™ D3-5™



- Supports bone, cardiovascular, neuromuscular, and immune health[‡]
- Adequate calcium and Vitamin D may reduce the risk of osteoporosis[‡] (taste-free, odor-free, hypoallergenic)
- Dry, water-soluble preparation of natural Vitamin D3 (cholecalciferol)
- More potent than Vitamin D2 for raising Vitamin D blood levels[‡]

Vitamin D functions as a hormone, a chemical messenger with widespread effects in the human body.[‡] It is important for optimal bone, cardiovascular, neuromuscular, and immune health.[‡] Adequate calcium and Vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.[‡] Supplementation with Vitamin D may be necessary to meet daily needs, since obtaining sufficient Vitamin D from natural food sources and sun exposure alone can be difficult. Vitamin D3 (cholecalciferol) is approximately 87% more potent than Vitamin D2 for raising and maintaining Vitamin D blood levels.[‡]

Ordering Options:

454A 100 capsules - 1,000 IU

454250A 250 capsules - 1,000 IU

244A 100 capsules - 5,000 IU

244250A 250 capsules - 5,000 IU

488250A 250 vegetable capsules - 5,000 IU

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	1,000 IU	250%

Vitamin D3 (as cholecalciferol)	5,000 IU	1,250%
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Other Ingredients: Microcrystalline cellulose, gelatin or vegetable capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast or artificial colors.

Vitamin D blood levels should be monitored. A panel of 41 recognized vitamin D experts agree that blood serum levels should be in range of 100-150 ng/mL (125-250 nmol/L) of 25(OH) vitamin D, although some recommend levels outside of this range.**



Kosher-certified
Vegetable Capsules
ONLY

ANTI-OXIDANTS/VITAMINS

D3-50™



- Supports bone, cardiovascular, neuromuscular, and immune health[‡]
- Adequate calcium and Vitamin D may reduce the risk of osteoporosis[‡]
- Dry, water-soluble (taste-free, odor-free, hypoallergenic) preparation of natural Vitamin D3 (cholecalciferol)
- More potent than Vitamin D2 for raising Vitamin D blood levels[‡]

Vitamin D functions as a hormone, a chemical messenger with widespread effects in the human body.[‡] It is important for optimal bone, cardiovascular, neuromuscular, and immune health.[‡] Adequate calcium and Vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.[‡] Supplementation with Vitamin D may be necessary to meet daily needs, since obtaining sufficient Vitamin D from natural food sources and sun exposure alone can be difficult. Vitamin D3 (cholecalciferol) is approximately 87% more potent than Vitamin D2 for raising and maintaining Vitamin D blood levels.[‡]

Ordering Options:

36212A 12 capsules - 50,000 IU

362A 100 capsules - 50,000 IU

489A 100 vegetable capsules - 50,000 IU

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	50,000 IU	12,500%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin or vegetable capsule**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast or artificial colors.

Vitamin D blood levels should be monitored. A panel of 41 recognized vitamin D experts agree that blood serum levels should be in range of 100-150 ng/mL (125-250 nmol/L) of 25(OH) vitamin D, although some recommend levels outside of this range. **

Kosher-certified
Vegetable Capsules
ONLY

D3-K2®



- Supports bone, cardiovascular, and immune health[‡]
- Promotes calcium absorption and transport to bones[‡]
- Formulated with natural vitamin D3 (cholecalciferol)
- Formulated with vitamin K2 as menaquinone-7

This product is specially formulated to contain both vitamin D3 and vitamin K2. Vitamin D3 functions as a hormone, a chemical messenger with widespread effects in the human body.[‡] It is important for optimal bone, cardiovascular, and immune health.[‡] In addition to these benefits, Vitamin D3 also promotes calcium absorption.[‡] Vitamin K refers to a group of compounds that vary in their absorption, metabolism, and tissue distribution.[‡] It works with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.[‡] Vitamin K also activates proteins involved in normal blood coagulation which is important for vascular health.[‡] Bio-Tech's D3-K2 uses vitamin K2 as menaquinone-7 which is highly bioavailable.[‡]

Ordering Options:

523A 120 vegetable capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	10,000 IU	2,500%
Vitamin K2 (as menaquinone-7)	100 mcg	125%

*Daily value not established.

Other Ingredients: Maltodextrin, hydroxypropyl methylcellulose (vegetable) capsules, microcrystalline cellulose.**Contains NO:** Dairy, egg, fish, shellfish, soy, nuts, wheat, gluten, sugar, yeast, or artificial colors.

Individuals taking blood-thinning medications should consult a healthcare professional.



Kosher-certified

D3PLUS®



Formulated with important co-factors that work synergistically with vitamin D to maximize potential health benefits.†

Vitamin D functions as a hormone, a chemical messenger that has widespread effects in the human body. In addition to its role in the development of strong bones, vitamin D is important for optimal cardiovascular, neuromuscular, and immune health.‡ Bio-Tech **D3Plus** is formulated with important co-factors that work synergistically with vitamin D to maximize potential health benefits.‡

- Excellent source of natural vitamin D3 (cholecalciferol)
- Minerals important for vitamin D metabolism, including magnesium, zinc, and boron
- Vitamin K2 to direct calcium deposition to bones instead of soft tissues, a factor in both skeletal and cardiovascular health‡
- Formula endorsed by the Vitamin D Council, an organization with a mission to end the worldwide vitamin D deficiency epidemic by means of outreach, awareness, treatment, research and activism

Ordering Options:

48460A 60 vegetable capsules

484180A 180 vegetable capsules

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	5,000 IU	1,250%
Vitamin K2 (as menaquinone-7)	80 mcg	100%
Magnesium (as magnesium citrate)	120 mg	30%
Zinc (as zinc L-methionine)	12 mg	80%
Boron (as boron citrate)	3 mg	*

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsules, maltodextrin, microcrystalline cellulose.

Contains NO: Dairy, egg, soy, fish, shellfish, nuts, wheat, gluten, sugar, yeast or artificial colors.

Individuals taking blood-thinning medications should consult a healthcare professional.

E-400 CLEAR™



- Supports cardiovascular, immune, and nervous system health‡
- Potent lipid-soluble antioxidant‡
- Provides natural d-alpha tocopherol
- Formulated with dry vitamin E succinate

Vitamin E refers to a group of fat-soluble antioxidants that protect cells and tissues by eliminating harmful free radicals.‡ As a potent antioxidant, vitamin E may support cardiovascular, immune, and nervous system health.‡ Although vitamin E is present in a variety of foods, many individuals do not obtain sufficient amounts from their diet. Vitamin E naturally occurs in eight different forms, but research suggests that vitamin E as d-alpha-tocopherol is the most biologically active.‡ E-400 Clear provides 400 IU of natural d-alpha tocopherol as dry vitamin E succinate.

Ordering Options:

043A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1,333%

*Daily value not established.

Other Ingredients: Gelatin capsule, silica. *Contains soy.*

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.



ANTI-OXIDANTS/VITAMINS

E-MAX-1000™



- Supports cardiovascular, immune, and nervous system health[‡]
- Potent lipid-soluble antioxidant[‡]
- Provides natural d-alpha tocopherol

Vitamin E refers to a group of fat-soluble antioxidants that protect cells and tissues by eliminating harmful free radicals.[‡] As a potent antioxidant, vitamin E may support cardiovascular, immune, and nervous system health.[‡] Although vitamin E is present in a variety of foods, many individuals do not obtain sufficient amounts from their diet. Vitamin E naturally occurs in eight different forms, but research suggests that vitamin E as d-alpha-tocopherol is the most biologically active.[‡] E-Max-1000 provides 1000 IU of natural d-alpha tocopherol.

Ordering Options:

063A 100 softgel

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (natural d-alpha tocopherol)	1,000 IU	3,333%

*Daily value not established.

Other Ingredients: Gelatin, glycerin, water. *May contain soy.*

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.

FA-8™



- Supports cardiovascular, bone, and brain health[‡]
- Provides an essential nutrient for all stages of life[‡]
- May reduce the risk of brain or spinal cord birth defects[‡]
- Formulated with a stable, bioavailable form of folate

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy, but is required for proper growth and maintenance of cells throughout life.[‡] Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.[‡] Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.[‡] Cooking often reduces the natural folate content of food. However, supplementation with folic acid can provide a stable, bioavailable form of folate.

Ordering Options:

265A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Folic Acid	800 mcg	200%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule)

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



FOLIC ACID™



- Supports cardiovascular, bone, and brain health[‡]
- Provides an essential nutrient for all stages of life[‡]
- May reduce the risk of brain or spinal cord birth defects[‡]
- Formulated with a stable, bioavailable form of folate

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy, but is required for proper growth and maintenance of cells throughout life.[‡] Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.[‡] Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.[‡] Cooking often reduces the natural folate content of food. However, supplementation with folic acid can provide a stable, bioavailable form of folate.

Ordering Options:

- 343A** 100 capsules - 5 mg
344A 100 capsules - 20 mg



Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Folic Acid	5,000 mcg	1,250%
Folic Acid	20,000 mcg	5,000%

Other Ingredients: Microcrystalline cellulose, gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors

K1-1000™ VITAMIN K₁



- Supports bone and cardiovascular health[‡]
- Directs calcium deposits to bones instead of soft tissues[‡]
- An excellent complement to calcium and vitamin D supplements for optimal bone health[‡]
- Formulated with a dry preparation of vitamin K1

Vitamin K refers to a group of similar compounds that vary in their absorption, metabolism, and tissue distribution. These essential nutrients work together with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.[‡] Vitamin K also activates proteins involved in normal blood coagulation and clot formation following injury or surgery.[‡] Vitamin K₁ is found naturally in green leafy vegetables and many other healthy foods. K1-1000 is formulated with a dry preparation of vitamin K₁.

Ordering Options:

- 409A** 100 capsules



Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin K ₁ (as phytonadione)	1,000 mcg	1,250%

*Daily value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Individuals taking blood-thinning medications should consult a healthcare professional.

ANTI-OXIDANTS/VITAMINS

LIPOIC

- Supports cardiovascular, nerve, and eye health[‡]
- Potent water and fat-soluble antioxidant[‡]
- Promotes healthy glucose metabolism, circulation, and detoxification[‡]
- Important cofactor in metabolism and energy production[‡]

Alpha-lipoic acid (thioctic acid) is a naturally-occurring compound that serves as a cofactor for enzymes involved in metabolism and energy production.[‡] It is also a potent water and fat-soluble antioxidant that can regenerate the activity of other antioxidants.[‡] Research suggests that lipoic acid also promotes healthy glucose metabolism, good circulation, and detoxification.[‡] Supplementation with lipoic acid may support cardiovascular, nerve, and eye health.[‡] Small quantities of lipoic acid (<1 mg) are present in foods, but some individuals may benefit from supplementation with higher doses.[‡] Lipoic provides 300 mg of alpha-lipoic acid per capsule.

Ordering Options:

414A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid (as European dl-thioctic acid)	300 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, vegetable capsule, silica.**Contains NO:** Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

METHYLFOLATE 5-MTHF

- Supports cardiovascular, bone, and brain health[‡]
- Provides an essential nutrient for all stages of life[‡]
- May reduce the risk of brain or spinal cord birth defects[‡]
- Formulated with natural 5-methyltetrahydrofolate

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy, but is required for proper growth and maintenance of cells throughout life.[‡] Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.[‡] Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.[‡] Some individuals have a limited ability to convert folic acid to the active form of folate. However, Methylfolate is formulated with Quatrefolic[®] from Gnosis Bioresearch – a safe, stable, and water-soluble form of natural 5-methyltetrahydrofolate.

Ordering Options:

502A 60 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Folate (as Quatrefolic [®] L-5-Methyltetrahydrofolate glucosamine salt)	2,000 mcg	500%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colorsQuatrefolic[®] is a registered trademark of Gnosis S.p.A.

MK-7



- Supports bone and cardiovascular health[‡]
- Directs calcium deposits to bones instead of soft tissues[‡]
- An excellent complement to calcium and vitamin D supplements for optimal bone health[‡]

- Formulated with vitamin K2 as natural menaquinone-7

Vitamin K refers to a group of similar compounds that vary in their absorption, metabolism, and tissue distribution. These essential nutrients work together with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.[‡] Vitamin K also activates proteins involved in normal blood coagulation and clot formation following injury or surgery.[‡] Research indicates that vitamin K2 as menaquinone-7 is highly bioavailable and particularly important for healthy bone mineralization.[‡] MK-7 is formulated with vitamin K2 as all-natural menaquinone-7.

Ordering Options:

469A 100 vegetable capsules



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Halal-certified

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin K (as menaquinone-7)	150 mcg	188%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable) capsule, maltodextrin.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Individuals taking blood-thinning medications should consult a healthcare professional.

QUERCETIN™



- Excellent source of antioxidants[‡]
- Supports cardiovascular and gastrointestinal health[‡]
- Maintains healthy prostate function[‡]
- Supports immune system health[‡]

Quercetin is natural flavonoid that is found in many plants and foods. It has antioxidant effects that support a variety of health benefits including cardiovascular and gastrointestinal health.[‡] Not only does it act as an antioxidant, it also has anti-inflammatory effects.[‡] This is important to maintain healthy prostate function.[‡] Quercetin also acts as an antihistamine which allows it to play a role in supporting a healthy immune system and overall health.[‡]

Ordering Options:

418A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Quercetin dihydrate	400 mg	*

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsules.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



Kosher-certified

ANTI-OXIDANTS/VITAMINS

UBIQUINOL™



- Supports cardiovascular health[†]
- Essential for energy production
- Powerful, lipid-soluble antioxidant[†]
- Provides the most bioavailable form of CoQ10[†]

Coenzyme Q10 (CoQ10) is essential for energy production in every cell and organ of the body. It supports the cardiovascular system by maintaining healthy heart muscle and blood vessels. The reduced form of CoQ10 (ubiquinol) is also a powerful antioxidant that can protect against oxidative stress.[‡] The ability to convert conventional CoQ10 (ubiquinone) to the active form is significantly diminished with age, but Ubiquinol provides CoQ10 in a pre-converted form.[‡] Patent-pending CoQH-CF™ softgels contain Kaneka QH™ ubiquinol and are designed to keep the product stable and protected from oxidation.

Ordering Options:

503A 90 softgel

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Ubiquinol (CoQH-CF™ with Kaneka QH™ reduced coenzyme Q10)	50 mg	*

*Daily value not established.

Other Ingredients: D-Limonene oil, gelatin, glycerin, purified water, caprylic acid, capric acid, caramel liquid, alpha lipoic acid.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast or artificial preservatives.

CoQH-CF™ is a trademark of Soft Gel Technologies, Inc. Q+®, Kaneka Ubiquinol®, Kaneka QH® and the quality seal® are registered trademarks of Kaneka Corp.



MINERALS

CAL-CITRATE™



- Supports healthy bones and teeth[†]
- Adequate calcium may reduce the risk of osteoporosis[‡]
- An excellent complement to vitamin D supplements for optimal bone health[‡]
- Formulated with pure, bioavailable calcium citrate[‡]

Calcium is an essential component of a healthy diet and plays a role in a wide range of physiological processes.[‡] It is vital to the proper development and maintenance of healthy bones and teeth.[‡] Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.[‡] Calcium is also important for metabolism, muscle contraction, neurotransmission, and immune system regulation.[‡] Cal-Citrate is formulated with pure calcium citrate, which is more bioavailable and generally better tolerated than calcium carbonate.[‡]

Ordering Options:

124A 100 capsules

124250A 250 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	200 mg	20%

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

MINERALS

CrM™



- Maintains blood sugar and cholesterol levels already within the normal range[‡]
- Supports healthy metabolism and lean body mass[‡]
- Important nutrient in carbohydrate and fat metabolism[‡]
- Formulated with bioactive ChromeMate®

Chromium is a trace mineral that plays a role in carbohydrate and fat metabolism. It also acts as a co-factor in the enhancement of insulin function.[‡] Supplementation with chromium may assist in the maintenance of blood sugar and cholesterol levels already within the normal range.[‡] Chromium may also aid in appetite control and weight management.[‡] CrM is formulated with ChromeMate®, a biologically-active form of niacin-bound chromium called chromium polynicotinate. ChromeMate® is more bioactive than other forms of chromium, such as chromium chloride or chromium picolinate.[‡]

Ordering Options:

106A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Chromium (as chromium polynicotinate)	200 mcg	167%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

CHROMEMATE® is a registered trademark of InterHealth N.I. Chromate® brand niacin-bound chromium (U.S. Patent 5,194,615)

Cu-1.5™



- Supports cardiovascular and nervous system health[‡]
- Aids in the maintenance of healthy connective tissues[‡]
- Facilitates energy production and the elimination of free radicals[‡]
- Formulated with bioavailable copper lysinate[‡]

Copper is an essential trace mineral that plays a role in a wide range of physiological processes, including iron-metabolism, red blood cell formation, and nervous system function.[‡] Copper also aids in the production of strong, flexible connective tissues in the bones, joints, and cardiovascular system.[‡] Copper-dependent enzymes cytochrome c and superoxide dismutase (SOD) play roles in energy production and the elimination of harmful free radicals.[‡] Cu-5 is formulated with the amino acid complex copper lysinate, which is more bioavailable than commonly used inorganic salts such as cupric oxide and cupric sulfate.[‡]

Ordering Options:

527A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Copper (as copper lysinate)	1.5 mg	75%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable) capsules.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Kosher-certified

FE-20™ IRON



- Essential mineral for energy production and oxygen transport[‡]
- Supports immune health and the elimination of harmful chemicals[‡]
- Formulated with a gentle and bioavailable form of iron[‡]

Iron is an essential mineral that plays a role in a wide range of physiological processes, including energy production, red blood cell formation, and oxygen transport in the blood.[‡] Iron also aids in the elimination of harmful chemicals and is important for healthy immune system function.[‡] Obtaining adequate amounts of iron from diet alone may be difficult for vegetarians, individuals with digestive disorders, and women of childbearing age.[‡] is formulated with iron gluconate, a bioavailable form of iron that is gentle on the digestive system.[‡]

Ordering Options:

326A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Iron (as iron gluconate)	20 mg	111%

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



K-BICARB™



- Supports muscle contraction, neurotransmission, and acid-base balance[‡]
- Maintains normal blood pressure and cardiovascular health[‡]
- Promotes a healthy water balance[‡]
- Formulated with potassium bicarbonate

Potassium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and acid-base balance.[‡] Potassium aides in the transport of nutrients in and out of cells, which makes it a vital component in many bodily functions.[‡] Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.[‡] It also works with sodium in the body to promote a healthy water balance along with normal muscle and nerve function.[‡] Potassium is found in several different foods, however supplementation may be necessary to ensure optimal levels.[‡] Bio-Tech **K-Bicarb** is formulated with potassium bicarbonate.

Ordering Options:

307A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Potassium (as potassium bicarbonate)	99 mg	3%

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, soy, wheat, gluten, sugar, yeast, artificial preservatives or colors.

MINERALS

K-99™ GLUCONATE



- Supports muscle contraction, neurotransmission, and acid-base balance[‡]
- Maintains normal blood pressure and cardiovascular health[‡]
- Promotes a healthy water balance[‡]
- Formulated with potassium gluconate

Potassium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and acid-base balance.[‡] Potassium aides in the transport of nutrients in and out of cells, which makes it a vital component in many bodily functions.[‡] Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.[‡] It also works with sodium in the body to promote a healthy water balance along with normal muscle and nerve function.[‡] Potassium is found in several different foods, however supplementation may be necessary to ensure optimal levels.[‡] Bio-Tech **K-99 (Gluconate)** is formulated with potassium gluconate.

Ordering Options:

242A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Potassium (as potassium gluconate)	99 mg	3%

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

K-MAG-60™



- Potassium and Magnesium are essential minerals that play a role in a wide range of physiological processes. Potassium and magnesium aspartate can help promote healthy muscle and nerve function.[‡]
- Magnesium serves as a cofactor for hundreds of enzymes and is important in the uptake and metabolism of nutrients such as calcium and vitamin D.[‡]
- Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.[‡]
- Potassium and magnesium are found in several different foods, however supplementation may be necessary to ensure optimal levels.[‡]
- Bio-Tech uses a formulation of equal parts potassium and magnesium.

Health Benefits

- Supports healthy muscle and nerve function[‡]
- Essential cofactor in vitamin D and calcium metabolism[‡]
- Helps maintain normal blood pressure and cardiovascular health[‡]
- Formulated with potassium aspartate and magnesium aspartate.

Ordering Options:

136A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate)	60 mg	15%
Potassium (as potassium aspartate)	60 mg	2%

*Daily value not established.

Other Ingredients: Gelatin capsule, silica.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

LITHATE™



- Supports brain and nervous system health[‡]
- Promotes healthy mood, memory, and cognitive function[‡]
- May limit the harmful effects of toxins and oxidative stress[‡]
- Formulated with lithium complexes

Lithium is a trace mineral found throughout the human body. It plays a role in the regulation of neurotransmitter activity, gene expression, and nerve cell health.[‡] Supplementation with lithium may support healthy mood, optimal memory, and cognitive function.[‡] Research suggests that lithium may limit the harmful effects of toxins and oxidative stress on the brain and nervous system.[‡] Lithate™ contains lithium aspartate, a complex of lithium with aspartic acid.

Ordering Options:

105A 100 capsules Lithate (5 mg)

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Lithium (as lithium aspartate)	5 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors



Halal-certified

LITH-ORO™ LITHIUM



- Supports brain and nervous system health[‡]
- Promotes healthy mood, memory, and cognitive function[‡]
- May limit the harmful effects of toxins and oxidative stress[‡]
- Formulated with lithium complexes

Lithium is a trace mineral found throughout the human body. It plays a role in the regulation of neurotransmitter activity, gene expression, and nerve cell health.[‡] Supplementation with lithium may support healthy mood, optimal memory, and cognitive function.[‡] Research suggests that lithium may limit the harmful effects of toxins and oxidative stress on the brain and nervous system.[‡] Lith-Oro™ contains lithium orotate, a complex of lithium with orotic acid.

Ordering Options:

450A 100 capsules

537A Lith-Oro (20mg) 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Lithium (as lithium orotate)	5 mg	*
Lithium (as lithium orotate)	20 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, soy, wheat, gluten, sugar, yeast, artificial preservatives or colors.

MINERALS

MAGNESIUM CITRATE



- Supports bone, cardiovascular, and immune health[‡]
- Essential co-factor in vitamin D and calcium metabolism
- Important for enzyme function and energy production[‡]
- Formulated with a bioavailable form of magnesium[‡]

Magnesium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and bone formation.[‡] It also serves as a cofactor for hundreds of enzymes and is important in the uptake and metabolism of nutrients such as calcium and vitamin D. Supplementation with magnesium may also support cardiovascular and immune health.[‡] Many individuals do not obtain sufficient magnesium from their diet. **Magnesium Citrate** is more easily digested and absorbed in the body than other forms of magnesium.[‡]

Ordering Options:

53260A 60 capsules

532180A 180 capsules

Serving Size 2 Capsule

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	150 mg	38%

*Daily value not established.

Other Ingredients: Gelatin capsule.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

MOLYBDENUM CITRATE™



- Essential mineral for the action of specific enzymes[‡]
- Aides in the breakdown of harmful substances[‡]
- Formulated with molybdenum citrate[‡]

Molybdenum is a trace element that plays important roles in maintaining overall health.[‡] It acts as a cofactor for several enzymes in the body.[‡] These enzymes are catalysts in reactions that breakdown harmful substances in the body.[‡] It also works with an enzyme that is necessary for the metabolism of sulfur-containing amino acids.[‡] Supplementation with molybdenum may be necessary to ensure adequate levels of this essential trace mineral.[‡] Bio-Tech uses **molybdenum citrate**, a common form of molybdenum.

Ordering Options:

282A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Molybdenum (as molybdenum citrate)	30 mcg	40%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Se-100™ NON-YEAST



- Supports immune, cardiovascular, and thyroid health[‡]
- Essential nutrient for the action of antioxidant enzymes[‡]
- Formulated with bioavailable L-selenomethionine[‡]

Selenium is a trace mineral that plays important roles in maintaining overall health.[‡] Enzymes that regulate thyroid hormone metabolism require selenium to function properly.[‡] Selenium is also essential for the action of certain antioxidant enzymes, which provide vital protection against oxidative stress.[‡] Research indicates that supplementation with selenium supports optimal immune, cardiovascular, and thyroid health.[‡] **Se-100** provides selenium as the amino acid L-selenomethionine, which is found naturally in foods. L-Selenomethionine is more bioavailable than commonly used inorganic salts such as sodium selenite and sodium selenate.[‡]

Ordering Options:

184A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Selenium (as L-selenomethionine)	100 mcg	143%

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



SODIUM POTASSIUM BICARB



- Supports healthy muscle and nerve function[‡]
- Maintains normal blood pressure and cardiovascular health[‡]
- Promotes a healthy water balance[‡]
- Formulated with sodium bicarbonate and potassium bicarbonate

Sodium and Potassium are essential minerals that play a role in a wide range of physiological processes. They aide in the transport of nutrients in and out of cells, which makes them vital components in many bodily functions.[‡] They work together to promote a healthy water balance along with muscle and nerve function.[‡] Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.[‡] Sodium and potassium are found in several different foods, however supplementation may be necessary to ensure optimal levels.[‡] Bio-Tech uses a formulation of equal parts sodium and potassium.

Ordering Options:

273A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Sodium (from 320 mg sodium bicarbonate)	81 mg	3%
Potassium (from 320 mg potassium bicarbonate)	119 mg	3%

*Daily value not established.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, soy, wheat, gluten, sugar, yeast, artificial preservatives or colors.

MINERALS

STRONTIUM™ CITRATE



- Balances bone metabolism to help maintain healthy bones[‡]
 - Supports healthy bone collagen[‡]
 - Pure strontium citrate, providing 300 mg of elemental strontium per capsule
 - An excellent complement to calcium and vitamin D supplements for optimal bone health[‡]
- Bones are complex living structures that are constantly being rebuilt and repaired in response to growth, aging, and everyday stress. Strontium is one of the many nutrients essential for optimal bone health.[‡] This trace mineral plays a role in the maintenance of compact bone, which is the structural part of the skeletal system.[‡] Clinical research has shown that strontium balances bone formation and bone breakdown in favor of building stronger bones.[‡] It may also support healthy bone collagen, which gives bones strength under stress.[‡] Strontium competes with calcium for absorption, so it should be taken separately from calcium supplements or foods.[‡]

Ordering Options:

477A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Strontium (as strontium citrate)	300 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

ZN-50™



- Essential nutrient that supports overall health[‡]
- Promotes optimal immune health and tissue repair[‡]
- Supports nervous system, eye, and reproductive health[‡]
- Formulated with bioavailable zinc gluconate[‡]

Zinc is an essential mineral that plays a role in a wide range of physiological processes, such as growth, development, and metabolism.[‡] Zinc serves as a cofactor for over 100 enzymes, including superoxide dismutase (SOD), an important antioxidant enzyme.[‡] Adequate zinc intake is critical for optimal immune system function and tissue repair following injury or surgery.[‡] Supplementation with zinc may also support nervous system, eye, and reproductive health.[‡] Individuals at risk for zinc deficiency include vegetarians, those with digestive disorders, pregnant women, and older adults.[‡] Zn-50 is formulated with bioavailable zinc gluconate.[‡]

Ordering Options:

249A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Zinc (as zinc gluconate)	50 mg	333%

*Daily value not established.

Other Ingredients: Gelatin capsule, microcrystalline cellulose.**Contains NO:** Dairy, egg, fish, shellfish, nuts, soy, wheat, gluten, sugar, yeast, artificial preservatives or colors.

TRI-SALTS™ CAPSULES AND POWDER



- Calcium, Potassium, and Sodium are essential minerals that play a role in a wide range of physiological processes. Calcium is vital to the proper development and maintenance of healthy bones and teeth.‡
- Potassium and sodium aide in the transport of nutrients in and out of cells, which makes them vital components in many bodily functions.‡
- They work together to promote a healthy water balance along with muscle and nerve function.‡
- Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.‡
- These minerals are found in several different foods, however supplementation may be necessary to ensure optimal levels.‡
- Bio-Tech uses a formulation of calcium, sodium, and potassium in a convenient capsule form that is free of fillers and preservatives.

Health Benefits

- Supports healthy muscle and nerve function‡
- Helps maintain normal blood pressure and cardiovascular health‡
- Promotes a healthy water balance‡
- Formulated with calcium carbonate, potassium bicarbonate, and sodium bicarbonate.

Ordering Options:

- 417A 100 capsules
267A 120 grams



Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Calcium (from 125 mg calcium carbonate)	48 mg	3%
Sodium (from 375 mg sodium bicarbonate)	95 mg	4%
Potassium (from 250 mg potassium bicarbonate)	93 mg	3%

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

Serving Size 1 teaspoon (5 g)

Servings Per Container 24

	Amount Per Serving	% Daily Value
Calcium (from 833 mg calcium carbonate)	317 mg	32%
Sodium (from 2,500 mg sodium bicarbonate)	635 mg	26%
Potassium (from 1,667 mg potassium bicarbonate)	618 mg	18%

*Daily value not established.

Other Ingredients: None

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives, flavors, sweeteners or colors.

SPECIAL FORMULATIONS

AndroDIM™ Formulated by Denise Rose Mark, M.D.



- Supports healthy cellular function, body composition, and mood[‡]
- Promotes estrogen balance in both men and women[‡]
- Formulated with the phytonutrient diindolylmethane[‡]
- Provides additional support for men's reproductive health[‡]

Formulated by Dr. Denise Rose Mark, DIM is a combination of ingredients that supports healthy cellular function, body composition, and mood.[‡] DIM contains diindolylmethane, a phytonutrient supplied in small amounts by cruciferous vegetables such as broccoli, cabbage, and kale. Supplementation with diindolylmethane promotes estrogen balance in both men and women by increasing 2-hydroxy estrogens and reducing 16-hydroxy estrogens.[‡] AndroDIM also includes vitamins, minerals, and herbal extracts as synergistic ingredients that support men's reproductive health and overall health for both men and women.[‡]

Ordering Options:

446A 90 capsules

Serving Size 3 Capsules	Servings Per Container 30	
	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	75 IU	250%
Vitamin B6 (as pyridoxal 5'-phosphate)	30 mg	1,500%
Folic Acid	12,000 mcg	3,000%
Vitamin B12 (as methylcobalamin)	3,000 mcg	50,000%
Zinc (as zinc L-methionine)	15 mg	100%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as copper lysinate)	1 mg	50%
Diindolylmethane (DIM)	300 mg	*
Proprietary Complex containing:	1,137 mg	*
Arginine HCl, Saw Palmetto Extract (fruit), Nettle Root Extract, Tribulus Extract (fruit), Lycopene, BioPerine® Black Pepper Extract (fruit)		

*Daily value not established.
Other Ingredients: Gelatin capsule, silica, modified food starch, glucose syrup, corn starch, DL-A-tocopherol, and sodium ascorbate. Contains soy
Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.
 BioPERINE® is a registered trademark of Sabinsa Corp.

DIM™ Diindolylmethane



- Supports healthy cellular function, body composition, and mood[‡]
- Promotes estrogen balance in both men and women[‡]
- Formulated with the phytonutrient diindolylmethane[‡]

Formulated by Dr. Denise Rose Mark, DIM is a combination of ingredients that supports healthy cellular function, body composition, and mood.[‡] DIM contains diindolylmethane, a phytonutrient supplied in small amounts by cruciferous vegetables such as broccoli, cabbage, and kale. Supplementation with diindolylmethane promotes estrogen balance in both men and women by increasing 2-hydroxy estrogens and reducing 16-hydroxy estrogens.[‡] DIM also includes synergistic nutrients that support women's reproductive health and overall health for both men and women.[‡]

Ordering Options:

441A 100 capsules

Serving Size 1 Capsule	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	40 IU	133%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	500%
Folate (as folic acid and Quatrefolic® L-5-Methyltetrahydrofolate glucosamine salt)	5,000 mcg	1,250%
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%
Selenium (as L-selenomethionine)	100 mcg	143%
Diindolylmethane (DIM)	100 mg	*

*Daily value not established.
Other Ingredients: Gelatin capsule, microcrystalline cellulose, silica. *Contains soy*
Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.

LACTO-PECTIN™ Probiotic



- Beneficial to overall digestive and immune health[†]
- Supports a healthy balance of good intestinal bacteria when used daily[†]
- May help control digestive disruptions caused by diet, travel, or stress[†]
- Formulated with six Lactobacillus and Bifidobacterium probiotic strains

The human gastrointestinal tract is home to trillions of bacterial organisms. For healthy individuals, these bacteria perform many helpful functions: digestion, vitamin and hormone production, and immune system regulation. The body's natural balance of good bacteria can be disrupted by changes in diet, travel, or stress. Lacto-Pectin is formulated to supply beneficial bacteria, known as probiotics, that can help balance and support overall digestive health.[†] While many probiotic formulas contain only one strain (type) of bacteria, **Lacto-Pectin** includes six probiotic strains to provide maximum support.

Ordering Options:

094A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend (from freeze-dried live organisms)	20 billion cfu**	*
<i>Bifidobacterium longum</i>		*
<i>Lactobacillus acidophilus</i>		*
<i>Lactobacillus rhamnosus</i>		*
<i>Bifidobacterium breve</i>		*
<i>Lactobacillus casei</i>		*
<i>Lactobacillus plantarum</i>		*

* Daily value not established.

** At time of manufacture

Other Ingredients: Gelatin capsule, microcrystalline cellulose, lemon pectin cellulose complex, silica.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

SAGE MEMORIES™



Formulated by Dr. Jonathan Wright, Sage Memories™ is a combination of ingredients designed to support optimal memory and cognitive function.[†]

- Lithium aspartate - Regulates neurotransmitter activity and nerve cell health; may limit the harmful effects of toxins and oxidative stress on the brain and nervous system[†]
- Niacinamide - A form of vitamin B3 that supports recall and cognition by promoting healthy communication between neurons[†]
- Meriva® curcumin - Bio-available curcumin phytosome complex; a potent antioxidant that supports natural inflammatory responses[†]
- Sage and rosemary - Antioxidant-rich herbal extracts that are known through tradition and research to support optimal memory[†]

Ordering Options:

479A 120 capsules

Serving Size 4 Capsules

Servings Per Container 30

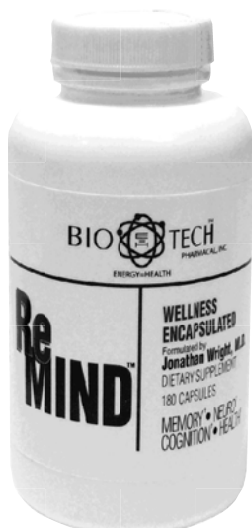
	Amount Per Serving	% Daily Value
Niacin (as niacinamide)	500 mg	2,500%
Lithium (as lithium aspartate)	25 mg	*
Proprietary Complex:	650 mcg	*
Sage (<i>Salvia officinalis</i>) extract (leaf), Meriva® Turmeric Phytosome (<i>Curcuma longa</i>) extract (root), Rosemary extract (leaves and flowers)		

Daily value not established.

Other Ingredients: Gelatin capsule, microcrystalline cellulose. *Contains soy.*

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.

REMIND™



Formulated by Dr. Jonathan Wright, ReMIND™ is a combination of ingredients designed to support optimal memory and cognitive function.*

Lithium aspartate - Regulates neurotransmitter activity and nerve cell health; may limit the harmful effects of toxins and oxidative stress on the brain and nervous system*

Taurine – Taurine has demonstrated neuroprotective and neurogenic activities that may support cognitive function with aging.

Quercetin - Natural flavonoid that has antioxidant effects. Quercetin also supports tissue health by having anti-inflammatory effects.

Carnosine – This dipeptide, or combination of amino acids, supports muscle vitality and cognitive function.* It also acts as an antioxidant by protecting cell membranes from free radicals.*

Ordering Options:

533180A 180 capsules

Serving Size 6 Capsule

Servings per Container 30

	Amount Per Serving	% Daily Value
Lithium (as lithium aspartate)	20 mg	10%
Proprietary Complex Taurine, Quercetin Dihydrate, Carnosine	4,000 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule, microcrystalline cellulose.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

PROS-TECH ULTRA™



Pros-Tech Ultra is a unique combination of ingredients formulated to support prostate, urinary, and male reproductive health.*

Zinc - An essential mineral that serves as a cofactor for over 100 enzymes and is found in high concentration in healthy prostate glands*

Green Tea Extract - A great source of bioavailable compounds, including polyphenols, that help protect against oxidative stress.*

Quercetin dihydrate – A natural flavonoid that is found in many plants and foods. It has antioxidant effects that support a variety of health benefits including cardiovascular and gastrointestinal health.* Not only does it act as an antioxidant, it also has anti-inflammatory effects.*

Cranberry Extract - Cranberries are known to contain polyphenols, tannins, and other phytonutrients. Research has shown that these nutrients play a role in urinary tract health.*

Tocotrienols - Tocotrienols reduce free radicals and may help to promote normal cardiovascular function and supports brain and liver health.*

Curcumin – A natural extract derived from turmeric root. Curcumin is a potent antioxidant that can protect against oxidative stress and regulate normal inflammatory responses.*

Beta-Sitosterol – Beta-Sitosterol is a phytosterol found naturally in plants such as vegetable oil, nuts, and avocados. Beta-Sitosterol supports healthy cholesterol levels and normal urinary function.*

Vitamin D3 - Vitamin D functions as a hormone, a chemical messenger that has widespread effects in the human body. In addition to its role in the development of strong bones, vitamin D is important for optimal cardiovascular, neuromuscular, and immune health.*

Ordering Options:

145A 60 capsules

Serving Size 2 Capsules Servings Per Container 30		
	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (as mixed tocotrienols/ tocopherols)	6 mcg	*
Zinc (as zinc L-methionine)	3.75 mg	25%
Beta-Sitosterol (from phytosterols)	100 mg	*
Proprietary Complex Cranberry Extract (fruit), Green Tea Extract (leaf), Curcumin C3 Complex from (Turmeric/ rhizomes), Quercetin dihydrate.	285 mg	*
*Daily value not established.		
Other Ingredients: Gelatin capsule.		
Contains NO: Dairy, egg, soy, fish, shellfish, nuts, wheat, gluten, sugar, yeast, or artificial preservatives or colors.		

SPECIAL FORMULATIONS

OSTEO-TECH™



A unique combination of minerals, vitamins, and other co-factors that promote healthy bones and joints.†

Bones are complex living structures that are constantly being rebuilt and repaired in response to growth, aging, and everyday stresses on the body. Adequate calcium and vitamin D throughout life, along with a well-balanced diet and physical activity, may reduce the risk of bone loss and osteoporosis. Building and maintaining bone requires more than just calcium and vitamin D. Osteo-Tech™ is a unique combination of minerals, vitamins, and other co-factors that promote healthy bones and joints.†

- Bioavailable calcium and phosphorus from all-natural hydroxyapatite whole bone extract
- Other minerals important for calcium metabolism and bone structure, including magnesium, zinc, manganese, copper and boron†
- Adequate vitamin D3 for optimal calcium metabolism and utilization†
- Vitamin K1 and vitamin K2 as menaquinone-7 (MK-7) to direct calcium deposition to bones instead of soft tissues, a factor in both skeletal and cardiovascular health†
- Vitamin C, vitamin B12 as methylcobalamin, and folic acid for the maintenance of healthy bone collagen, which gives bones strength under stress

Ordering Options:

406A 100 capsules

Serving Size 4 Capsules Servings Per Container 25		
	Amount Per Serving	% Daily Value
Vitamin C (from manganese & zinc ascorbates)	66 mg	110%
Vitamin D3 (as cholecalciferol)	5,000 IU	1,250%
Vitamin K (as phytonadione and MK-7)	145 mcg	181%
Folate (as Quatrefolic® L-5-methyltetrahydrofolate glucosamine salt)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	500 mcg	8,333%
Calcium (from microcrystalline hydroxyapatite as New Zealand bovine whole bone extract)	400 mg	40%
Phosphorous (from microcrystalline hydroxyapatite)	164 mg	16%
Magnesium (as magnesium carbonate)	200 mg	50%
Zinc (as zinc ascorbate)	10 mg	67%
Copper (as copper lysinate)	1 mg	50%
Manganese (as manganese ascorbate)	5 mg	250%
Proprietary Complex	524 mg	*
Horsetail extract (stems and leaves), boron citrate, lemon bioflavonoid complex, lycopene, BioPerine® black pepper extract (fruit)		

*Daily value not established.

Other Ingredients: Gelatin capsule, dicalcium phosphate, maltodextrin, silica.

Contains NO: Dairy, egg, soy, fish, shellfish, nuts, wheat, gluten, sugar, yeast, or artificial colors.

Individuals taking blood-thinning medications should consult a healthcare professional.

Quatrefolic® is a registered trademark of Gnosis S.p.A.

BioPerine® is a registered trademark of Sabinsa Corp.

VITA-MIN™ HYPO-ALLERGENIC BIO-AVAILABLE



- Excellent source of essential vitamins and minerals
- Supplements the diet with vital nutrients
- Formulated in one simple, convenient capsule

Vita-Min is a unique multi-vitamin/mineral product that contains essential nutrients needed for optimal health.[‡] Often times, the human diet does not receive all the necessary nutrients with today's processed foods. A high-quality multi-vitamin can help supplement the diet to ensure one is receiving enough of the recommended allowance of vitamins and minerals.[‡] Having a broad range of nutrients in one capsule is a simple and convenient way to fill the areas of nutrition that are lacking in our diets.[‡] Vita-Min's comprehensive formula includes vitamins A, C, D, E, K1, and K2 as well as many different B vitamins including thiamine, riboflavin, niacin, pyridoxine, biotin, folic acid, and B12 (methylcobalamin). Several minerals are also used in the formula including magnesium, iodine, zinc, selenium, copper, manganese, and potassium to name a few. These ingredients and more are all combined in one capsule to make a comprehensive product that supports our daily diet.

Ordering Options:

240A 100 capsules

240180A 180 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin A (Natural Beta-Carotene)	5,000 IU	100%
Vitamin C (Ascorbic acid, Magnesium & Manganese Ascorbates)	100 mg	167%
Vitamin D3 (Cholecalciferol)	2,000 IU	500%
Vitamin E(d-Alpha Tocopheryl Succinate)	80 IU	267%
Vitamin K (Vitamin K1 & K2)	205 mcg	256%
Thiamine (HCl)	25 mg	1,667%
Riboflavin	25 mg	1,471%
Niacin (Niacin/Niacinamide)	25 mg	125%
Vitamin B6 (Pyridoxine HCl)	25 mg	1,250%
Folic Acid (As Quatrefolic® L-5-Methyltetrahydrofolate glucosamine salt)	800 mcg	200%
Vitamin B12 (Methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (d-Calcium Pantothenate)	25 mg	250%
Iodine (as potassium iodide)	200 mcg	133%
Magnesium (Ascorbate/Aspartate)	15 mg	4%
Zinc (Methionine)	15 mg	100%
Selenium (L-Selenomethionine)	100 mcg	143%
Copper (Lysinate)	0.05 mg	3%
Manganese (Ascorbate)	0.20 mg	10%
Chromium (Polynicotinate)	200 mcg	167%
Molybdenum (Citrate)	200 mcg	267%
Potassium (Aspartate)	10 mg	<1%
Proprietary Complex (Inositol, Choline Bitartrate, p-Aminobenzoic Acid (PABA), Boron Citrate, Vanadium Citrate)	50 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule, dicalcium phosphate, and maltodextrin. *Contains Corn and Soy*

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, sugar, yeast, artificial preservatives or colors.

Individuals taking blood-thinning medications should consult a healthcare professional.

Quatrefolic® is a registered trademark of Gnosis S.p.A.

MISCELLANEOUS

BROMASE® Bromelain



- Supports muscle, joint, and cardiovascular health[‡]
- Promotes normal inflammatory responses and good circulation[‡]
- Reduces swelling, bruising, and healing time following injury or surgery[‡]
- Useful as a digestive aid[‡]

Bromelain is an extract from pineapples that contains a mixture of proteolytic (protein-digesting) enzymes and other compounds. Bromelain supports muscle, joint, and cardiovascular health by promoting normal inflammatory responses and good circulation.[‡] Supplementation with bromelain may also reduce swelling, bruising, and healing time following injury or surgery.[‡] When taken with food, bromelain may be useful as a digestive aid.[‡] Long-term use of bromelain is generally well tolerated, even at doses of 2-3 grams per day.[‡] Bromase® is formulated with concentrated bromelain from pineapple stem.

Ordering Options:

151180A 180 capsules

Serving Size 3 Capsules

	Amount Per Serving	% Daily Value
Bromelain (full strength)	1500 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule, maltodextrin .**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

DNZ-2™ DMAE



- Supports healthy memory, mood, and focus[‡]
- Provides a precursor to the neurotransmitter acetylcholine[‡]
- May be preferable to choline supplementation[‡]
- Formulated with DMAE acetamidobenzoate

Dimethylaminoethanol, also known as DMAE and deanol, is a naturally-occurring compound that can be found in foods such as anchovies and sardines. DMAE is a precursor to choline and acetylcholine, which are chemicals in the nervous system responsible for neurotransmission, muscle contraction, and cognition.[‡] DMAE may be more bioavailable to the central nervous system than choline.[‡] Supplementation with DMAE supports healthy mood and emotional well-being.[‡] It may also promote optimal memory and an improved ability to maintain focus.[‡] DNZ-2 supplies DMAE as the acetamidobenzoate salt.

Ordering Options:

123A 100 capsules - 250 mg

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Deanol p-Acetamidobenzoate	250 mg	*
Providing 83 mg of DMAE (2-dimethylaminoethanol)		

*Daily value not established.

Other Ingredients: Gelatin capsule**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors

DHEA



- Supports mental and reproductive health[‡]
- Promotes lean body mass and healthy energy levels[‡]
- Formulated with micronized DHEA for optimal absorption
- Available as 5 mg and 25 mg per capsule

Dehydroepiandrosterone (DHEA) is a hormone produced by the adrenal glands and is the most abundant circulating steroid in humans. Natural production of DHEA declines with age, a factor which may contribute to the aging process. DHEA is a precursor to the hormones testosterone and estrogen, which regulate metabolism and reproductive functions.[‡] Supplementation with DHEA may support mental health, including memory, mood, and focus.[‡] Some research suggests that DHEA can also support lean body mass and healthy energy levels.[‡] DHEA is formulated with micronized dehydroepiandrosterone for optimal absorption.

Ordering Options:

420A 100 capsules - 5 mg

419A 100 capsules - 25 mg

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
DHEA (micronized dehydroepiandrosterone)	5 mg	*
DHEA (micronized dehydroepiandrosterone)	25 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors

MISCELLANEOUS

EVAC™ PSYLLIUM FIBER CAPSULES AND POWDER



- Supports cardiovascular health by maintaining normal cholesterol levels[‡]
 - Promotes digestive regularity and may aid in weight management[‡]
 - Good source of both soluble and insoluble fiber
 - All-natural psyllium seed husk fiber, sugar-free, with no net digestible carbohydrates
- Dietary fiber is an essential part of a healthy diet. Insoluble fiber promotes digestive regularity and can help relieve occasional constipation.[‡] Soluble fiber plays an important role in cardiovascular health by maintaining normal cholesterol and blood sugar levels.[‡] Diets low in saturated fat and cholesterol that include seven grams of soluble fiber per day from psyllium seed husk may reduce the risk of heart disease.[‡] Most individuals consume less fiber than is recommended for good health. Bio-Tech's Evac Psyllium Fiber provides a good supplemental source of both insoluble and soluble fiber. Psyllium fiber aids in appetite control and weight management by promoting satiety, or the feeling of being full.[‡]

Ordering Options:

463A 180 capsules

Serving Size 5 Capsules	Servings Per Container 36	
	Amount Per Serving	% Daily Value
Calories	10	*
Total Carbohydrates	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	2 g	*
Insoluble Fiber	1 g	*
Psyllium Seed Husk (<i>Plantago ovata</i>)	3 g	*

*Daily value not established.

† Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives, flavors, sweeteners or colors.

**Ordering Options:**

021A 12 oz.

Serving Size 1 teaspoon (3 g)	Servings Per Container 113	
	Amount Per Serving	% Daily Value
Calories	10	*
Total Carbohydrates	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	2 g	*
Insoluble Fiber	1 g	*
Psyllium Seed Husk (<i>Plantago ovata</i>)	3 g	*

*Daily value not established.

† Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: None.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives, flavors, sweeteners or colors.

Kosher-certified

d-MANNOSE™ CAPSULES AND POWDER

- Supports bladder and urinary tract health[†]
- Does not interfere with blood sugar regulation[†]
- Formulated with pure, all natural D-mannose
- Available in capsule and powder forms

Mannose is a simple sugar that occurs naturally in fruits such as cranberries and pineapples. The human body metabolizes only small amounts of mannose, while most is excreted unchanged. As mannose is flushed out of the body, it helps maintain a healthy bladder and urinary tract.[‡] Supplementation with mannose should not interfere with blood sugar regulation because very little is converted into glucose.[‡]

Ordering Options:

40750A 50 capsules

407A 100 capsules

Serving Size 1 Capsule	Amount Per Serving	% Daily Value
D-Mannose	350 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, yeast, artificial preservatives or colors.**Ordering Options:**

34250A 50 grams

342A 100 grams

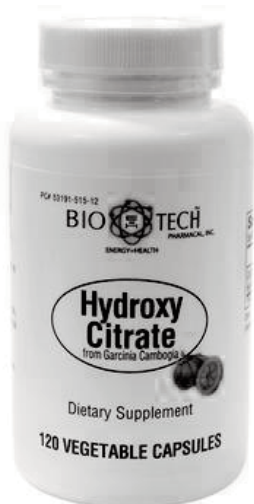
Serving Size 1/2 teaspoon	Servings Per 50 g Container 56	
	Amount Per Serving	% Daily Value
D-Mannose	0.9 grams	*

*Daily value not established.

Other Ingredients: None.**Contains NO:** Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, yeast, artificial preservatives, flavors, sweeteners or colors.

Halal-certified

HYDROXY CITRATE



- Maintains healthy fatty acid synthesis[‡]
- Supports appetite control[‡]
- Formulated with Citrin® (a registered trademark of Sabinsa Corp.)

Hydroxycitric acid is a derivative of citric acid which is a critical component for the metabolism of macronutrients.[‡] It is naturally found in the tropical plant *Garcinia cambogia*. The effects of hydroxycitric acid on the generation of fatty acids have been extensively studied. Research indicates that hydroxycitric acid blocks enzymes that are responsible for the production of fatty acids.[‡] It has also been known to support appetite control.[‡] Bio-Tech **HydroxyCitrinate** uses Citrin® (a registered trademark of Sabinsa Corp.) which is standardized for a minimum of 50% hydroxycitric acid and is obtained from the dried fruit rinds of *Garcinia cambogia*.

Ordering Options:

515A 120 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Calcium (from Citrin®)	95 mg	10%
Hydroxycitric Acid (from Citrin®)	250 mg	*

*Daily value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable) capsules.

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

MISCELLANEOUS

MELATONIN



- Promotes healthy sleep-wake cycles and relaxation[‡]
- Assists with jet lag, altered sleep schedules, and occasional sleeplessness[‡]
- Potent antioxidant that may support immune, cardiovascular, and bone health[‡]
- Available as 1 mg, 3 mg, 5 mg, and 20 mg per capsule

Melatonin is a natural hormone secreted by the pineal gland of the human brain. It is important for maintaining normal circadian rhythms and sleep-wake cycles. Natural production of melatonin from the amino acid L-tryptophan may decrease with age. Supplementation with melatonin may be beneficial for individuals with altered sleep schedules due to jet lag or shift work. It may also assist those who experience occasional sleeplessness.[‡] Melatonin is a potent antioxidant that may support immune, cardiovascular, and bone health.[‡]

Ordering Options:

226A 100 capsules - 1 mg

227A 100 capsules - 3 mg

214A 100 capsules - 5 mg

424A 100 capsules - 20 mg

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Melatonin	1 mg	*
Melatonin	3 mg	*
Melatonin	5 mg	*
Melatonin	20 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.



OLIVE LEAF EXTRACT™



- Supports immune and cardiovascular health[‡]
- Source of antioxidants that protect against oxidative stress[‡]
- Promotes normal inflammatory responses and good circulation[‡]
- Formulated with a high quality extract of *Olea europaea* leaves

The fruit, oil, and leaves of the olive tree have a long tradition of use in supporting good health and nutrition.[‡] Olive leaf extracts are a rich source of antioxidant compounds, which can protect cells and tissues against oxidative stress.[‡] Supplementation with olive leaf extract also promotes normal inflammatory responses and good circulation.[‡] Research indicates that olive leaf extract supports optimal immune and cardiovascular health.[‡] **Olive Leaf Extract** is formulated with a high quality extract of *Olea europaea* leaves.

Ordering Options:

334A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Olive Leaf Extract	500 mg	*

*Daily value not established.

Other Ingredients: Silica, vegetable capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

THISILIBIN MILK THISTLE



- Supports liver and kidney health[‡]
- Aids in nutrient absorption and chemical detoxification[‡]
- Excellent source of antioxidants[‡]
- Maintains blood sugar levels already within the normal range[‡]

Milk thistle extract is derived from the seeds of the *Silybum marianum* plant. This antioxidant-rich extract is known through tradition and research to support liver and kidney health.[‡] Supplementation with milk thistle extract promotes the production of bile, a digestive fluid that aids in nutrient absorption and chemical detoxification.[‡] Milk thistle extract may also support natural inflammatory responses and assist in the maintenance of blood sugar levels already within the normal range.[‡] **Thisilibin** is formulated with 300 mg of milk thistle extract.[‡]

Ordering Options:

228A 100 capsules

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>)	300 mg	*

*Daily value not established.

Other Ingredients: Gelatin capsule

Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

IODINE



- Supports thyroid and immune health[†]
- Aids in nutrient absorption and chemical detoxification[†]
- Important for fetal development during pregnancy[†]
- Formulated with potassium iodide[†]

Iodine is a trace mineral that plays important roles in maintaining overall health.* It is an essential component of thyroid hormones, which are responsible for regulating growth, metabolism, and energy production.* Iodine is also critical for fetal development during pregnancy.* Research indicates that iodine promotes antioxidant activity in certain tissues and may support the immune system. Iodine is formulated with potassium iodide, a common source of iodine.

Ordering Options:

519A 100 capsules

Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Iodine (as potassium iodide)	2,000 mcg	1,333%

*Daily value not established.

Other Ingredients: Maltodextrin, gelatin capsules, microcrystalline cellulose, silica.
Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

PIPERINE



- Supports digestive, joint, and immune health[†]
- May enhance bioavailability of compounds and nutrients[†]
- Natural antioxidant[†]

Black Pepper (*Piper nigrum*) is one of the most common spices in the world and had long been used in cooking and in traditional medicine. The active phenolic component of black pepper extract- piperine- has been shown to support gastrointestinal health by slowing intestinal transit and increasing absorption rates of nutrients.* It is also a natural antioxidant and may support joint health.* Piperine is formulated with a natural black pepper extract standardized to 95% piperine and provides 10mg of piperine per capsule.

Ordering Options:

448A 100 capsules

Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Black Pepper Extract (Standardized to 95% Piperine)	10 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, methylcellulose (vegetable) capsule.
Contains NO: Dairy, egg, fish, shellfish, nuts, wheat, gluten, soy, sugar, yeast, artificial preservatives or colors.

