

Discussions, Decisions, and Challenges



Sample

## INTRODUCTION

In the life of every group, there are many opportunities for misunderstandings, disagreements over differences, and full-blown conflicts. Use of effective facilitation skills enables the work and outcomes of any group to be more successful.

# Facilitation techniques can improve

- Meeting management
- Collaboration
- Conflict prevention
- Problem identification

- Solution generation
- Decisions through consensus
- Implementation of decisions
- Impact of decisions

### This book is intended to

- Provide reminders of facilitation concepts and tools
- Serve as a "take along" to prepare for discussions and meeting
- Promote facilitation reflections for improvement
- Give space and blank pages to add your ideas as you go



# What Is Facilitation?

Facilitation is a process in which a person intervenes to help increase the group's effectiveness by how it

- Identifies
- Discusses
- Solves problems
- Makes decisions

Facilitation is the key to opening others' minds and options. Facilitation is defined as *making things easier*.

# Facilitation Promotes Satisfaction

Successful facilitation of any group promotes procedural, psychological, and substantive satisfaction among the group members. Any group member, regardless of role, can facilitate interactions and impact decision-making and outcomes.



## Facilitator as Intervener

#### **Effective facilitators**

- Consider the group's task(s) and goal(s)
- ► Establish or follow an agenda designed to accomplish the task(s)
- ► Intervene throughout the group's process to increase the group's successful completion of the task(s) and goal(s)

Facilitator interventions should be thoughtful and intentional.

#### The 4 Whats

Questions the facilitator should consider prior to intervening

- 4
- What's happening?
- What do I not want to do?
- What do I want to accomplish?
- What intervention is most likely to be effective right now?

# **Group Satisfaction**



### Procedural: Process and Structure

- Before the meeting
- During the meeting
  - · Decision making
  - Consensus
- After the meeting

# Psychological: Interactions and Participation

- Listening
- Questioning
- Summarizing with neutral language
- Acknowledging and affirming
- Separating interests from positions

### Substantive

- Content
- Outcomes



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# Psychological: Interactions and Participation

- Listening
- Questioning
- Summarizing with neutral language
- Acknowledging and affirming
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# Sample

Underlying interests: Reasons behind the demand for specific solutions

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Statement of the real problem based on underlying interests.

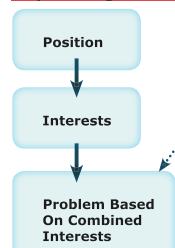
Position: Wants/demands/solutions "I want \_ **Speaker** 

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Sample

Interests/Positions

# Psychological Satisfaction: Problem Statement



- A well defined problem promotes active participation in creating solutions.
- ▶ Define the problem based on needs, not solutions.
- Use positive language.
- ▶ Turn complaints into goals.
- ▶ A well defined problem can serve as a goal for the discussion.

| Question - | "How can we pro  | ovide emotional sup  | port    |
|------------|------------------|----------------------|---------|
|            | to your son whil | le maximizing instru | ctional |
|            | time? How can _  | while at the         |         |
|            | same time        | _?"                  |         |

**Statement** — "Identify ways to improve communication."

**List** — "How can we \_\_\_\_ in a way that:"

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Tip Title

ADD YOUR OWN TIP

**Example** 

Sample