

SMALL CHANGES,

BIG IMPACT!

Sophia Bush tells Us how to heal the Earth one habit at a time



Eco-warrior **Sophia Bush** practices what she preaches. At home in L.A., that means tending to compost — "I'm that nerdy person who rotates it every day," the star, 32, tells Us. And on the set of *Chicago P.D.*, it means aggressive recycling: "I dig through garbage and yank out bottles. The crew thinks I'm a lunatic!" The California native shares her tree-hugger rules with Us.

BRUSH UP ON TOOLS Handles attached to cruelty-free bristles on Bush's favorite EcoTools blushers "are bamboo — a renewable resource," she says. Bonus: For every brush bought, EcoTools donates a dollar to nonprofit Global Green. (\$5 to \$9, ecotools.com)

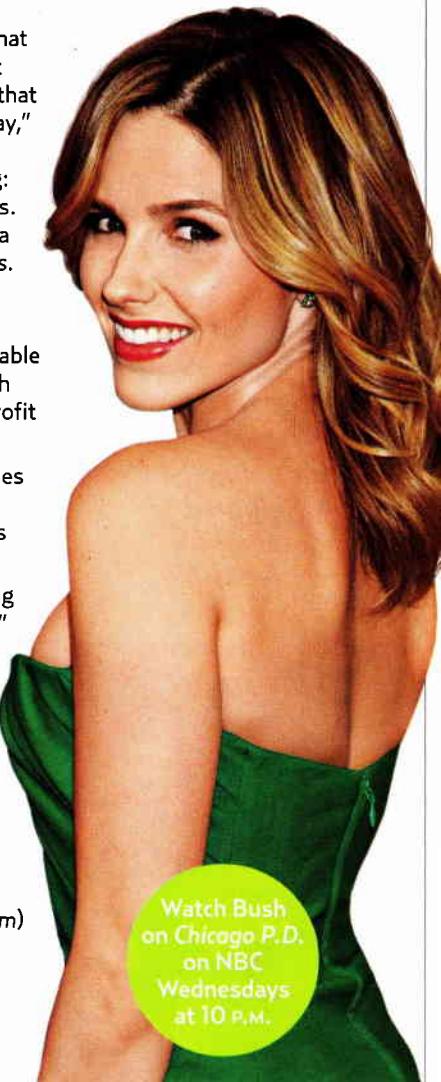
FIND CLEAN OIL California-based Osea uses natural ingredients in its vegan line. "You don't have to worry about what your skin is soaking up." (\$40, oseamalibu.com)

EAT AND RUN "If you want to go wild, bring Pyrex in a Baggu nylon bag to restaurants," says Bush, who dates costar **Jesse Lee Soffer**. "When we have leftovers, I'm like, 'Here, use this glass!'" (\$9, baggu.com)

DRIVE THE MESSAGE HOME "I have a clean diesel vehicle — an Audi A3 TDI. My emissions are superclean, and that's exciting." (From \$32,600, audiusa.com)

SLEEP ON IT "I bought my mattress from Casper. The beds are affordable and don't contain chemicals." (From \$500, casper.com)

STAY AFLOAT Last year, she had "a crazy filtration system" installed in her home to remove chemicals from water. Jokes Bush, "That's how you know you're an adult!"



Watch Bush
on *Chicago P.D.*
on NBC
Wednesdays
at 10 p.m.

GOODS THAT GIVE BACK



Maggie Q designed the label on this limited-edition avocado eye cream. All proceeds go to Recycle Across America. (\$47, kiehls.com)



Aveda's Light the Way candle burns vanilla and cinnamon notes. All proceeds benefit Global Greengrants Fund. (\$12, aveda.com)



These spring hues are preservative-free. Ten percent of proceeds goes to Sustainable Harvest International. (\$11.50 each, glossnaturals.com)



Felicity Jones loves Baked Blush in Peach. Twenty percent of proceeds benefits Oceana. (\$36, antonymcosmetics.com)