

MY MIAMI
LEADING LADY

Just because we haven't seen her on TV or the movies lately doesn't mean Miami Beach resident **Gabrielle Anwar** has been resting on her laurels. The actress has been busy directing a documentary, *Sexology*, about female pleasure, as well as completing a novel and a couple of screenplays. This month, she's back in the spotlight as the celebrity emcee at the InterContinental Make-A-Wish Ball, the popular annual gala that raises funds to grant the wishes of children with life-threatening medical conditions and whose theme this year is Night of the Animal. As she prepares to dazzle the crowd (as is her usual style) at the glamorous evening, we asked her for her Miami leisure musts between projects. *Nov. 12, 7PM, from \$1,000, 100 Chopin Plaza, Miami, 954.967.9474, ext. 318, makeawishball.com -LRR*

↓ **SEXY ENCOUNTERS**

"While directing my documentary *Sexology*, I grew to love the **World Erotic Art Museum** (1205 Washington Ave., Miami Beach, 305.532.9336, weam.com). The collection and archives there are superbly curated."



↑ **HANDS & FEET** "I'm very specific about how my body is treated and spas often make me tense, but when I simply must do something about my extremities, I head to **GLOSS Nail Bar** (214 Andalusia Ave., Coral Gables, 305.569.7700, glossmiami.com), where I feel feminine and fussed over."



↑ **PHYSICAL CONTACT** "I'm not fond of gyms in general, as I find them sweaty, germ-y and full of testosterone and vanity. However, **Anatomy at 1220** (1220 20th St., Miami Beach, 786.213.1220, anatomyat1220.com) has succeeded in getting me there twice a week so that I can keep up with my husband. My trainer, Jacqueline Kasen, has the superhuman ability to convince me to do extraordinary things."



← **EAT & DRINK** "Every single dish at **The Forge** (432 W. 41st St., Miami Beach, 305.538.8533, theforge.com) is go-to worthy. I have to exhibit extreme restraint when ordering, and when it comes to cocktails, I am partial to the cucumber martini there."



← **SECOND HOME** "**Soho Beach House** (4385 Collins Ave., Miami Beach, 786.507.7900, sohobeachhouse.com) is just my cup o' tea. The design is so comfortable and aesthetically pleasing, which is a rather unusual combination in Miami. And the annuities the membership affords are both fabulous and family-friendly."



DIAMOND STANDARD Breguet's \$1.8 million **B Crazy** Haute Joaillerie watch will be among the exquisite timepieces on display at Bal Harbour Shops' Collectors Weekend.

SAVE THE DATE

FAST TIMES

Throughout its 51-year history, Bal Harbour Shops has always raised the bar when it comes to luxury shopping and leisure, so it makes sense that the retail center would be the setting for this month's **Collectors Weekend**, Nov. 3-6, a showcase (the largest of its kind outside of Switzerland, for that matter) that celebrates unique timepieces through a series of presentations, round-table discussions and invite-only collector lunches, dinners and cocktail parties. Among the brands that will be bringing out their brightest and rarest are Audemars Piguet, Breguet, Bulgari, Chopard, Tourneau and Van Cleef & Arpels, among others. In addition to the watch wonders on display, on Nov. 5 and 6, the mall's parking lot will be filled with dozens of collectible automobiles from all around the world. As BHS Operating Partner Matthew Whitman Lazenby puts it: "Guests will be immersed in the artistry and quality of craftsmanship that defines both the wristwatch industry and the automotive world, and the history that unites them both." We're counting down the minutes. 9700 Collins Ave., Bal Harbour, 305.866.0311, balharbourshops.com -LRR

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