

From the author of the acclaimed IBS Audio Program100

The home use hypnotherapy based IBS treatment option – used in over 45 countries.

One Day IBS Masterclass

Sunday 13th October 2019

Registration 9.30 for 10.00 ending approx. 5.00pm

Swainby Village Hall Northallerton DL6 3EL

(An Impressive Victorian building - on the edge of the North York Moors National Park, with easy access!)

£50 Secures a place

Speaker: Michael Mahoney - Award winning Clinical Hypnotherapist.

The Benefits and uses of Hypnotherapy With Irritable Bowel Syndrome (IBS)

The day will consist of:

- 1) Explanation of all IBS variations
- 2) How to mitigate and / or remove symptoms completely, of this troublesome complaint, which affects up to One in five of the population at some times in their lives!
- 3) Step by step structured approach which has proven to work for over 27 years!

This Workshop will cover

- Patient Counselling / Information gathering,
- IBS Variations Recognition,
- Aetiology,
- Pathogenesis,
- Understanding Medical Terms,
- Structuring & Planning sessions,
- Monitoring Responses & Feedback,
- **Scripts,**
- Managing Secondary Gain Issues,
- Replying to Referring GPs & Consultants
- Plus insights, ideas, tips, pitfall avoidance and much more

The incidence and prevalence of IBS is growing. It has been for years. The reasons why IBS develops remains unclear. What is beyond doubt is that hypnotherapy, when delivered professionally and with knowledge, is proven to mitigate the physical and the emotional symptoms of IBS. Research studies acknowledge it, and have done so for more than 30 years. The NICE guidelines in the UK recognise the effectiveness of hypnosis as a psychological intervention with IBS patients, as does the international Rome Criteria guidelines.

As a qualified hypnotherapist, developing a deep understanding of IBS can set you above the rest. It can generate an increased revenue stream for your practice, specialising in this area can be both positive for you, your patients, your practice and your interaction with the medical profession.

For the second time, this IBS Masterclass is being run in the North East of England. It has been run since 2000 in the North West of England, Scotland, Ireland, Holland and USA.

This masterclass is self-funding, just one extra client more than pays for this training.

No medical or clinical training is necessary as this workshop is designed for Lay Hypnotherapists in Practice.

All delivered in an easy to understand way, with humour, sensitivity and in-depth knowledge. Also this is an opportunity to benefit from Michaels' 30+ years in-practice experience, with tips, tricks, ideas and pitfall avoidance freely given during the day.

Pay in Full now and receive £15 reduction = £142 [Click here](#)

Pay £50 Deposit [Click here](#)

Pay Balance 2 weeks before (£107) [Click here](#)

Alternatively email mikeforhelp@gmail.com for payment by PayPal information

Presenter Background

Michael Mahoney is a multiple innovation and research award winning Clinical Hypnotherapist in professional practice since 1986, specialising in IBS since 1991. For 23 years he worked within several GP medical centres 4 days a week. He has now moved to the North East of England, after marrying Cathryn. He is author of several acclaimed IBS Audio Programs for adults and children in addition to authoring programs for Emotional Recovery after breast cancer, Stress, Anxiety, Confidence and Self Esteem and others.

He holds membership of several primary care societies. His services are used by GP's / NHS & Private Hospital Consultants throughout the North West of England, and beyond, soon to also North Yorkshire ☺

He has Medical Research Project Experience funded and audited by the Medical Profession. He is a trained Trainer of NHS HoNoS. He has presented to Medical Forums on both Hypnosis and Stress Management which have been PGEA (GP Training) Accredited. In October 2001 he presented his work in IBS to the Annual Scientific Meeting of the Primary Care Society.

He has worked as a consultant at a local hospital one day a week working alongside psychiatrists and other medical personnel. In March 2002 he was asked to give evidence to an NHS Priority Sub Setting Committee regarding IBS and its impact on the patient and a proposed structure to allow hypnotherapy for IBS management to be used on the NHS.

He also holds membership of several international education and research groups. In July 2011, he attended the Queens garden party at Buckingham Palace in recognition of his practice work in developing 'innovative healthcare solutions' delivered through his recorded audio programs.

Michaels' Practice -TimeLine Services: Are experienced service providers to Occupational Health Departments, Corporate Organisations and local government. Providing caring services to the carers; such as Counselling, Hypnotherapy, Stress Management Workshops and more.

The cost for the day is £157.00 (**£50 none refundable deposit secures place**) this includes tea/coffee on arrival, afternoon tea/coffee, and download link on the day to all course notes, including scripts - **which can be used immediately in your practice!**

Venue has road side parking. Disabled Access Wi-Fi. Book now!

Registration is at 9.30am for a 10.00am start and finishing at approx. 5.00pm.

Just one extra client easily pays for this workshop which is perhaps the most complete and full Masterclass of its kind in the UK, it is certainly the longest running – for good reason!

Take advantage now, prepare for and specialise in a field that is growing, use proven methods of improvement from one of the recognised leaders in this field.

Places are always genuinely limited.

Places to Stay www.airbanb.co.uk www.trivago.com

Directions www.theaa.co.uk Journey Planner – to - DL6 3EL

(Just so you know: I use this village hall, because it is a grand Victorian building with ample space and good facilities including free Wi-Fi. We could go to a large city hotel, but then I would have to charge you more. In the process we are helping the local village. Also I like the village, and stream which runs through it. Ideal for a walk at lunchtime!)

What Attendees have said about our One Day IBS Workshop.

- A very interesting and informative day - Excellent! *RP-Nottingham*
- An Excellent day - Thank You - *MG - Hull*
- Very Enjoyable & Informative - Thank You! *BC-Shropshire*
- Excellent workshop, well presented and informative. Definitely worth while giving up a Weekend away for. *CH-Wilmslow*
- Very Informative, handouts were marvellous, learned more than I had ever hoped. *SK-Gloucester*
- One of the most instructive and enjoyable training seminars I have attended-JFC Hants**
- Very Informative - Thanks for an enjoyable day - *LT-Altrincham*
- Found information first class - *GD-Edinburgh*
- Lots of information in a short time, and all of it good - *SD-Chester*
- Excellent Workshop! *PH-Congleton*
- Very nicely and thoroughly delivered. *AM-Manchester*
- Very useful and interesting, a most thorough approach. *TC-Edinburgh*
- I will be in touch when my feet touch the ground again! Many thanks for the course, I have learnt a lot and feel better about handling IBS clients. PM-Watford**
- I've been to a few courses before when I've left wondering if I've really learnt anything - I'm leaving this course feeling like I've really learned a lot. Thank you. RDF-Doncaster**
- A very interesting day. *NF-Manchester*
- Very interesting and enjoyable. *AJ-Manchester*
- Excellent!! *DE-Cheshire*
- Most enjoyable and informative. *CL-Bolton*
- Excellently Balanced. *HW-Manchester*
- Very Interesting and informative. *RJ-Leeds*
- Excellent. *SJ-Hull*
- I am looking forward to the next seminar - *GM- London*
- Best Workshop in a long time.- RD- London**
- I am impressed with all aspects of the lecture. *SF-Wiltshire*
- Excellent Course! *JG-London*
- Fine, Informative and enjoyable.- *KL-Surrey*
- An Excellent and extremely comprehensive seminar. *UM-Cheltenham*
- Very Relaxed & Informative. *MD-West Midlands.*
- Very Enjoyable & Informative. *JK - Newcastle*
- Many Thanks for a very comprehensive presentation in easy to follow terms. *NC-Birmingham*

Stress in the NHS (£225)

Want to work with GPs? Want to know where and how to start? Start by giving workshops to GP medical centre staff – helps them to develop confidence in your services – much better than a leaflet!! Be seen to know their concerns, provide practical help – in short, provide care for the carers, and build their trust in your skills! Email if you would like full details sent to you. mikeforhelp@gmail.com

Also on the same day and included in the above - Corporate Stress Awareness Presentation.

Get a foot in the door of employer organisations. A structured presentation to highlight the costs of stress in the workplace, the organisational exposure this brings, the financial risk this brings to the organisation and their duty of care. And of course, how you can help them avoid exposure and reduce risk.

Working with Cancer patients (£185)

From when something is suspected – through to end of life

A full day Masterclass which while not making you an Oncologist at the end of the day, will give you knowledge confidence and insight into how easily you can help this patient population.

Email if you would like full details sending to you mikeforhelp@gmail.com

Michael is the Author of the Acclaimed Emotional Recovery after Breast Cancer Audio Program. In 2004 he received Professional Certification, Working with People with Cancer, Bristol Cancer Help Center, with accreditation from the University of the West of England, Bristol. Certification presented by Prof Mike Richards UK National Clinical Director for Cancer.

Contact Michael: mikeforhelp@gmail.com

Websites: www/michaelmahoneyhypnotherapist.com Products site: www.healthyaudiohypnosis.com

Helping today – For a better tomorrow!