1. **Lubricate Control Arm Bushing Shell**- Using the supplied brush, apply a light coat of the supplied assembly lube to the inside of the control arm bushing shell. (See Fig. 1 on back)

2. **Lubricate Polyurethane Bushings**- Apply a light coat of the assembly lube to the outside of the control arm bushings and bushing spacers. (See Fig. 2)

3. **Install Bushings**- First install the bushing spacers into the control arm bushing shells. 79-04 Mustang Upper control arms require a single 3/8” thick spacers, 79-04 Mustang lower control arms require 2 of the 3/8” thick spacers. 2005-2011 Mustang lower control arms require a single 3/8” spacer on the axle side of the control arm only. 2005-2011 Mustang upper control arm requires 2 of the 3/8” spacers. Install the polyurethane bushings in the bushing shells of the control arm.

4. **Lubricate Inside of Poly Bushings**- Apply a light coat of the assembly lube to the inside of the control arm bushings. (See Fig. 3)

5. **Lubricate Delrin Bearing**- Apply a light coat of the assembly lube to the outside of the Delrin bearing. (See Fig. 4)

6. **Install Delrin Bearing**- Press the Delrin bearing into the Poly Bushings until it is flush with the bushing face. A Shop or Arbor press is ideal; however, a vise will work as well. Do not hammer directly on the Delrin Bearing or it may be damaged. (See Fig. 5)

7. **Lubricate Crush Sleeve**- Apply a light coat of the assembly lube to the outside of the Steel Crush Sleeve.

8. **Lubricate Inside of Delrin Bearing**- Apply a light coat of the assembly lube to the inside of the Delrin bearing.

9. **Install Crush Sleeve**- Install the Steel Crush Sleeve into the Delrin Bearing until it is flush with the face of the Delrin Bearing. The Crush Sleeve should slide into the bearing relatively easily and rotate freely inside of the Delrin Bearing. (See Fig. 6)

An online photo installation guide is available on our website, www.cheperformance.com. Go to the technical section and click the link for the installation instructions for the Control Arm Bushings.

If you require technical assistance, please contact our technical support team via e-mail at: support@cheperformance.com

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