

R3 Gear List

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- ☐ Fleece/Wool Hat that can be worn under a helmet
- ☐ Buff (optional for cold and/or sun protection)
- ☐ Synthetic/Wool Baselayer Shirt ☐ Synthetic/Wool Midlayer Hoody
- ☐ Synthetic/Wool Baselayer Pant (optional depending on weather)
- ☐ Synthetic/Wool Socks
- ☐ Softshell Jacket or ☐ Hardshell Jacket weather (optional depending on weather)
- ☐ Hardshell Pants (optional depending on weather)
- ☐ Light Insulated Jacket (optional depending on weather)

The following personal climbing gear is required:

- ☐ Daypack 35-45L (recommend BD Speed 40)*
- ☐ Helmet (recommend Petzl Sirocco)* ☐ Harness (recommend Petzl Sama)*
- ☐ Light Mountaineering Boots or Approach Shoes ☐ Climbing Shoes
- ☐ Collapsible Pole (recommend BD Expedition 3)*
- ☐ Assisted Braking Belay Device (recommend BD ATC Guide)* ☐ Belay Gloves (recommend Petzl Cordex)*
- ☐ Auto Locking Carabiner w captive eye (recommend BD Gridlock)*
- ☐ Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S)*
- ☐ 3x locking carabiners (recommend Petzl Attache 3D)*
- ☐ 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)*
- ☐ 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)*
- ☐ 3x quickdraw (recommend Petzl Finesse) ☐ 3x alpine draw (recommend 2x Petzl Ange S and BD 10mm Dyex 60cm)
- ☐ Knife on a carabiner (recommend Spyderco Ladybug H1 and Ange S)*
- ☐ First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- ☐ Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size)
- ☐ SOL Emergency Sleeping Bag – optional ☐ Sunglasses ☐ Sunscreen
- ☐ Water Bottle (recommend 2L minimum depending on temperature)
- ☐ Headlamp (recommend Petzl Reactik +)*
- ☐ Camera or Smartphone – optional

*These items can be coordinated through PeakSTRATAGEM.

Please contact us in advance if you do not have your own and need to rent or purchase.



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