

3-IN-1 PLYOMETRIC BOX 16X14X12

ASSEMBLY INSTRUCTIONS



2 pcs



2 pcs







MAIN SUPPORT

SIDE 1

SIDE 2

SCREWS



LAY PIECE #1 AND PLACE IT ON THE FLOOR WITH THE NUMBERED SIDE FACING UP.



TAKE ONE OF THE PIECES MARKED #2 AND ATTACH IT TO LONGER SIDE, NUMBERED SIDE FACING IN.



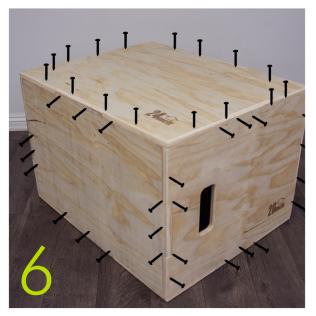
ATTACH THE OTHER PIECE #2 AND ATTACH IT TO THE OPPOSITE SIDE, NUMBERED SIDE FACING IN.



ATTACH ONE OF THE PIECES MARKED #3 AND ATTACH IT TO ONE OF THE SHORT SIDES, NUMBERED SIDE FACING IN.



ATTACH THE OTHER PIECE #3 ON THE OTHER SHORT SIDE, NUMBERED SIDE FACING IN.



ATTACH FINAL PIECE MARKED #1 ON TOP. INSERT ADDITIONAL PRO-VIDED SCREWS INTO EACH HOLE ALONG THE EDGES OF THE BOX.



3-IN-1 PLYOMETRIC BOX

24X16X20 & 30X20X24

ASSEMBLY INSTRUCTIONS



2 pcs



2 pcs



2 pcs





MAIN SUPPORT

SIDE 1

SIDE 2

INSIDE SUPPORT

SCREWS



LAY PIECE #1 WITH THE LOGO SIDE FACING DOWN.



TAKE ONE OF THE PIECES MARKED #2 AND ATTACH IT TO LONGER SIDE, NUMBERED SIDE FACING IN.



ATTACH THE OTHER PIECE #2 AND ATTACH IT TO THE OPPOSITE SIDE, NUMBERED SIDE FACING IN.



ATTACH ONE OF THE PIECES MARKED #3 AND ATTACH IT TO ONE OF THE SHORT SIDES, NUMBERED SIDE FACING IN.



ATTACH THE OTHER PIECE #3 ON THE OTHER SHORT SIDE, NUMBERED SIDE FACING IN.



SLIDE THE MIDDLE SUPPORT PIECES (#4 AND #5) TOGETHER.



SLIDE PIECE #6 ONTO EITHER SUPPORT PIECE, FLUSH AGAINST WHERE #4 AND #5 INTERSECT. INSERT A SCREW THROUGH THE WHOLE TO ATTACH PIECES TOGETHER.



PLACE ASSEMBLED SUPPORT PIECE INSIDE OF THE BOX AS SHOWN.



ATTACH THE FINAL PIECE MARKED #1 ON TOP. INSERT ADDITIONAL PROVIDED SCREWS INTO EACH HOLE ALONG THE EDGES OF THE BOX.