



CLOCKWISE FROM LEFT: Always-chic holistic lifestyle expert Shiva Rose photographed in her Pacific Palisades home; Rose gets her fashion fix at Individual Medley, which carries many organic items; the beauty guru likes to support local creatives such as handbag designer Clare Vivier.



## Botanical Radical

WITH A NEW NATURAL SKINCARE LINE, HOLISTIC BEAUTY DIVA SHIVA ROSE GIVES IT UP FOR ORGANIC LA. BY EMERSON PATRICK

Shiva Rose—actress, holistic-lifestyle blogger, and natural skincare product creator—is the ultimate chic, bohemian earth mother. In that spirit, we asked the Pacific Palisades resident, who will soon add detoxifying bath salts and a face balm to her eponymous line, to share her eco-aware LA address book.

A lover of vintage—which she gets at **Hidden Treasures** (154 S. Topanga

Canyon Blvd., Topanga, 310-455-2998; [hiddentreasurestopanga.com](http://hiddentreasurestopanga.com))—Rose is adept at mixing old, new, and eco-friendly, like naturally dyed silks by **Awaveawake** ([awaveawake.com](http://awaveawake.com)). She recently scored leather moccasins from **Individual Medley** (3176 Glendale Blvd., LA, 323-665-5344; [theindividualmedley.com](http://theindividualmedley.com)), where “a lot of things are local and handmade,” she says. More than

anything, Rose supports LA creatives, like designers **Raquel Allegra** ([raquelallegra.com](http://raquelallegra.com)), **Beatrice Valenzuela** (1547 Echo Park Ave., LA, 213-986-8914; [beatricevalenzuela.com](http://beatricevalenzuela.com)), and **Clare Vivier** (3339 W. Sunset Blvd., LA, 323-665-2476; [clarev.com](http://clarev.com)). “I love when people I’ve known for years achieve success. I’d rather buy something from a friend first.”

Although Rose sells her

own handmade beauty tinctures, she visits **Côte** (11714 San Vicente Blvd., LA, 310-820-0906; [coteshop.co](http://coteshop.co)) for “great manicures using nontoxic nail polishes” and **Shades** (144 S. Doheny Dr., Beverly Hills, 310-275-4882; [shadesnaturalcolor.com](http://shadesnaturalcolor.com)) for all-natural hair color mixed by Susan Henry. Kundalini yoga at **Ra Ma Institute** (304 Lincoln Blvd., Venice, 310-664-3700; [ramayoga.institute.com](http://ramayoga.institute.com)) is a must: “It connects me to my higher power, harnesses my energy and creativity, and gets me to breathe. And next door is **Kippy’s!** (326 Lincoln Blvd., Venice, 310-399-4871; [kippysicecream.com](http://kippysicecream.com)), which makes one of my favorite desserts. It’s nondairy ice cream made with healthy

coconut fat that feeds your brain—it’s like a wonder food.”

Venice isn’t the only place Rose travels to for a culinary fix. “I have no problem jumping in my car and driving to Echo Park to my favorite little store, **Cookbook** (1549 Echo Park Ave., Echo Park, 213-250-1900; [cookbookla.com](http://cookbookla.com)). They sell raw milk and beautiful foods and produce.” For a meal out, “I love the healthy samosas at **Cafe Gratitude** (512 Rose Ave., Venice, 424-231-8000; [cafegratitudevenice.com](http://cafegratitudevenice.com)). “They grow a lot of their own food, and I like their ethics.” With her healthy intuition and eco-savvy spirit, we’ll follow Rose wherever she leads. [thelocalrose.com](http://thelocalrose.com) **LAC**