MEAL PLANNER

MON
b
l
d

TUES
b
l
d

WEDS
b
l
d

THURS
b
l
d

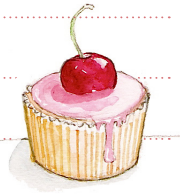
FRI
b
l
d

SAT
b
l
d

SUN
b
l
d

don't forget!

SNACKS & TREATS



SHOPPING LIST