



TriPlex MCT-3 vs Other MCT Oil BRANDS

CocoTherapy TriPlex MCT-3 Oil	Other Brands of MCT Oil
Made with 100% organic coconuts	Made with palm kernel oil, or palm oil mixed with coconut oil
Made with cold-pressed, organic, virgin (unrefined) coconut oil	Made with expeller-pressed, RBD (refined, bleached, deodorized) coconut oil or palm kernel oil
Smells and tastes like coconuts	Does not have the smell and taste of coconuts – odorless and tasteless
Not processed with high heat or hexane	Processed with high heat and solvents (hexanes)
Fatty Acid breakdown (<i>Average</i>): Caprylic Acid (C8:0) 7000 mg Capric Acid (C10:0) 4700 mg Lauric Acid (C12:0) 1500 mg	Fatty Acid breakdown (<i>Average</i>): Caprylic Acid (C8:0) 5600 mg Capric Acid (C10:0) 3800 mg Lauric Acid (C12:0) 0 mg
Contains Lauric Acid (1500 mg)	Does not contain Lauric Acid (0 mg)
Bottled in glass jars	Bottled in plastic jars – (fats break down plastics, and can leach into the oil).