

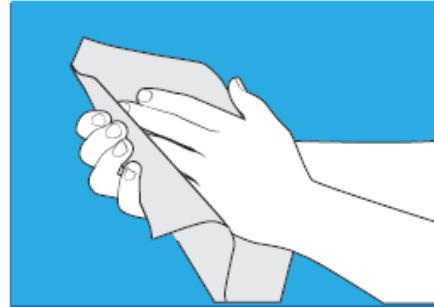
How to Sanitise Your Hands



Duration of the entire procedure: 30-80 seconds



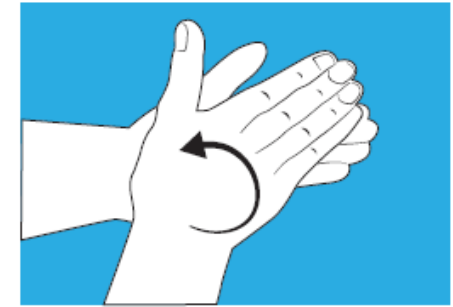
1 If your hands are dirty wash them with Mandel -Anti Bac & water. If clean & dry skip steps 1 & 2.



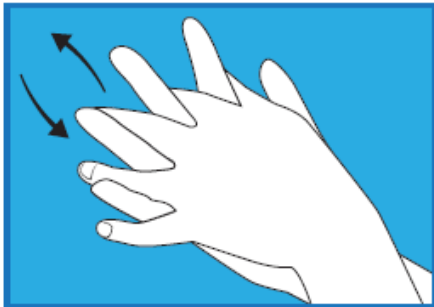
2 Dry hands thoroughly using a single use towel



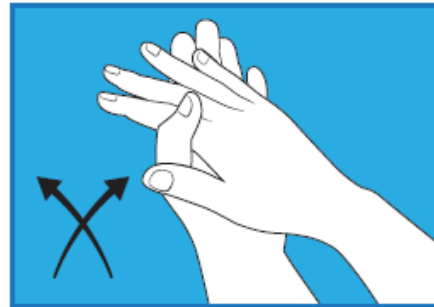
3 Dispense 20 cent coin sized amount of Alcasan or OxyGel into palm of hand



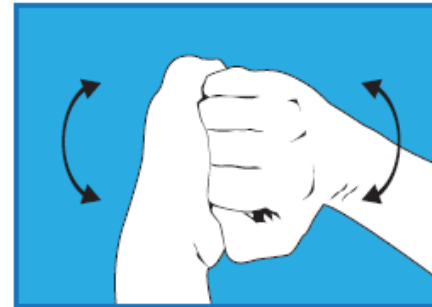
4 Rub hands palm to palm;



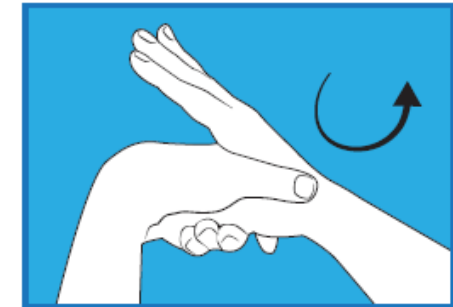
5 Right palm over left dorsum with interlaced fingers and vice versa;



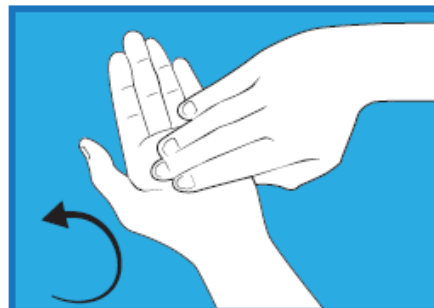
6 Palm to palm with fingers interlaced;



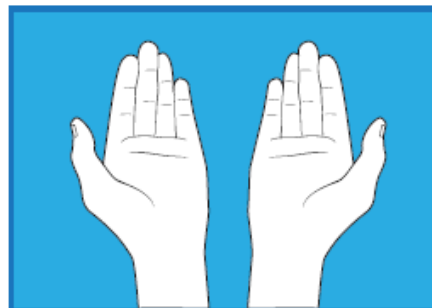
7 Backs of fingers to opposing palms with fingers interlocked;



8 Rotational rubbing of left thumb clasped in right palm and vice versa;



9 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



10 Allow your hands to air dry naturally and they are now safe.