

2018

Sparkle[★]
PLANNER

Today's PLAN

date:

Today's Top Three

- _____
- _____
- _____

Errands and Tasks

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Kid Stuff

- _____
- _____
- _____
- _____
- _____

Appointments

- _____
- _____
- _____
- _____

extras:

grateful today for :

“

”

mood :

daily habits and goals:



time for myself:

slayed

- ★ workout
- ★ mindfulness
- ★ rest day
- ★ _____

water:

