

The Best Detox Products to Nurse Damaged Hair Back to Health



Whether your strands are over-processed from maintaining a platinum blonde shade, you're heavy-handed with haircare products, or you're addicted to heat-styling tools, it going to eventually show. When your strands become dry, frizzy, and you start finding more and more split ends, it's time to treat your hair to a detox.

We've rounded up the best reparative, clarifying, and strengthening hair treatments and stylers that will nurse your hair back to health. The following 15 products are like green juice for your strands.

13 of 16

Briogeo Roscaro Milk Reparative Leave-In Conditioning Spray

\$20

SHOP IT

Spritz a leave-in conditioner all over damp hair before styling it to lock in moisture and shield strands from heat damage.



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