

heavenly heat  
saunas

# 2 Person

Infrared  
Sauna

Instruction  
Manual



# Table of Contents

**Installation Procedure ..... 03**

Caution ..... 03

Instructions ..... 03

    Step: 1 ..... 03

    Step: 2 ..... 03

    Step: 3 ..... 04

    Step: 4 ..... 04

    Step: 5 ..... 05

    Step: 6 ..... 05

    Step: 7 ..... 06

    Step: 8 ..... 07

    Step: 9 ..... 08

**How to Use Instructions ..... 09**

Caution ..... 09

Use Environment ..... 09

Operation Instructions ..... 09

Maintenance ..... 11



# Installation Procedure

Dear users,

Please read the directions carefully before use. The installation of the sauna requires a minimum of 2 people. You should not try to install the sauna on your own.

## Caution

- No plumbing or plumbing fixtures should be placed in the sauna.
- Keep all liquids away from the heating panels.
- Install sauna on a completely level surface.
- Install sauna in an area that is dry.
- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

## Instructions

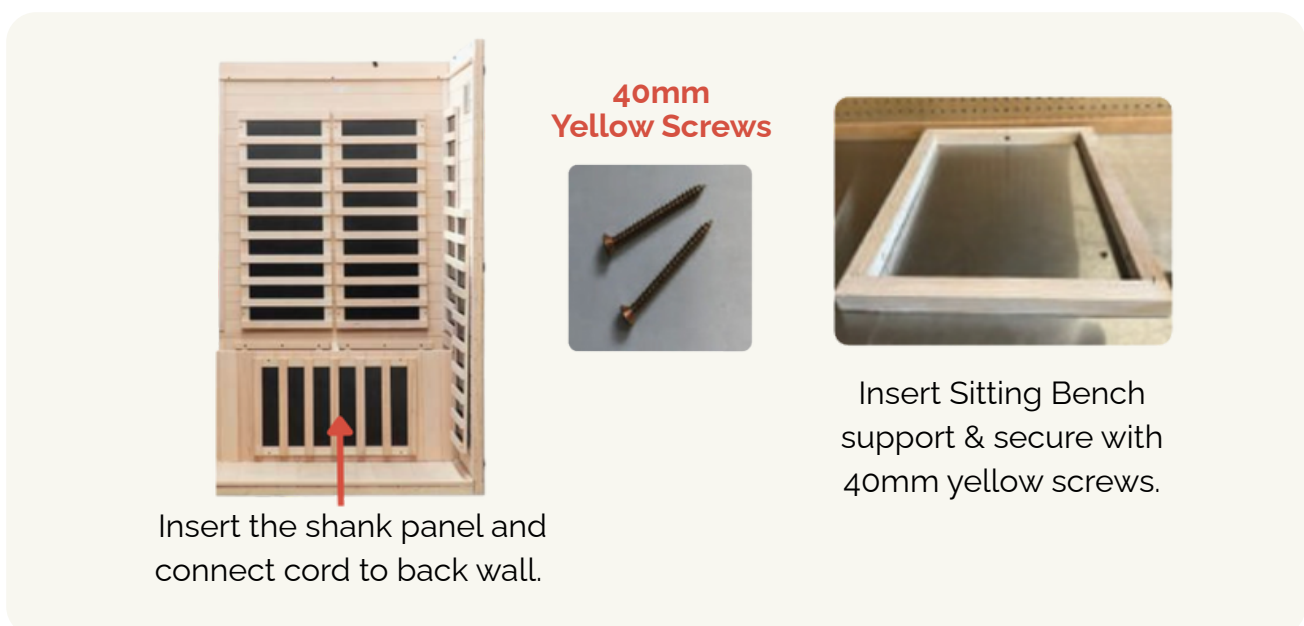
- 1 Open sauna packages in a large area. Place Floor Panel (Box C) in desired location.
- 2 Place Back Panel (Box A) snug behind Floor Panel.



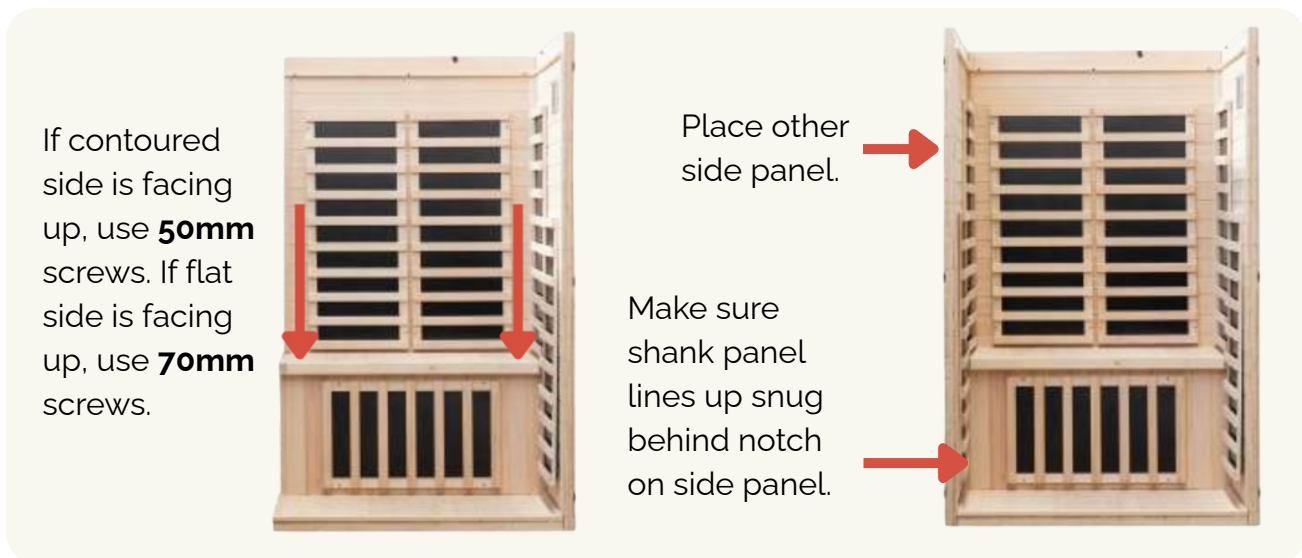
3. Place Side Panel (Box B) snug to Floor Panel and Back Panel. Make sure panels are completely snug (You may need to give it a few strong taps). Secure with three external buckles on exterior of panels. The external buckles should only be used to secure the panel. They are not used to tighten the fit of the panels. Make sure panels are completely snug before securing external buckles.



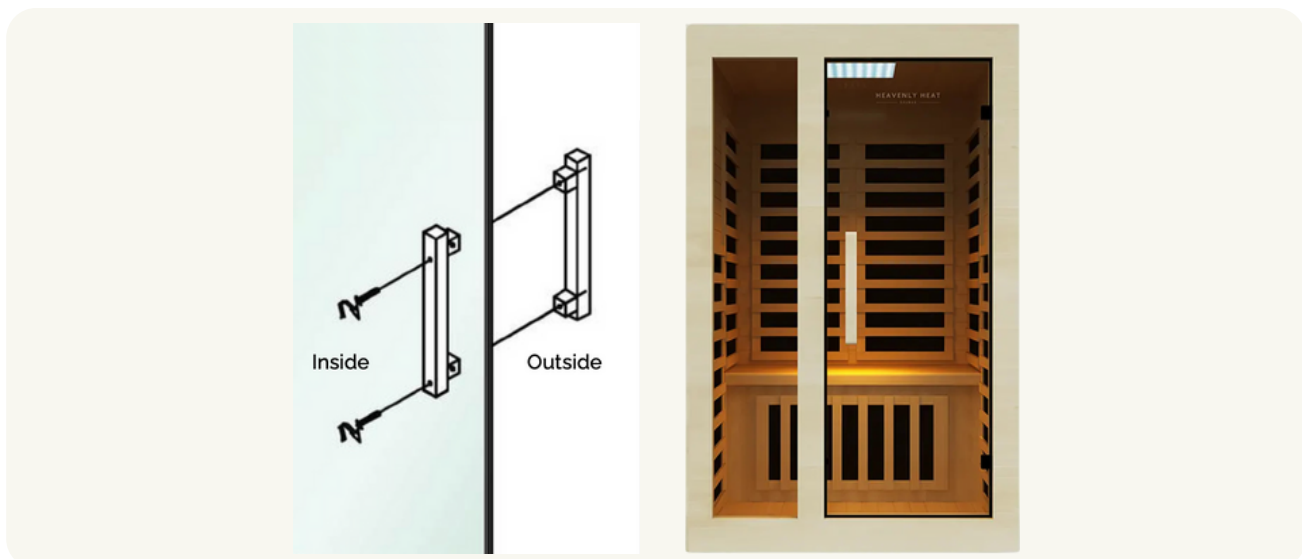
4. Insert the shank panel snug behind the notch on the side panel and connect cord to the Back Panel. Insert Sitting Bench support & secure with 40mm yellow screws.



- 5 Slide the sitting bench into place. You can choose to have either side facing up. If you have the contoured side facing up, use 50mm screws in pre-drilled holes to secure into place. If the flat side is facing up, use 70mm screws to secure. Then place the other side panel snug with Floor and Back Panel. Ensure shank panel is snug behind notch on side panel.

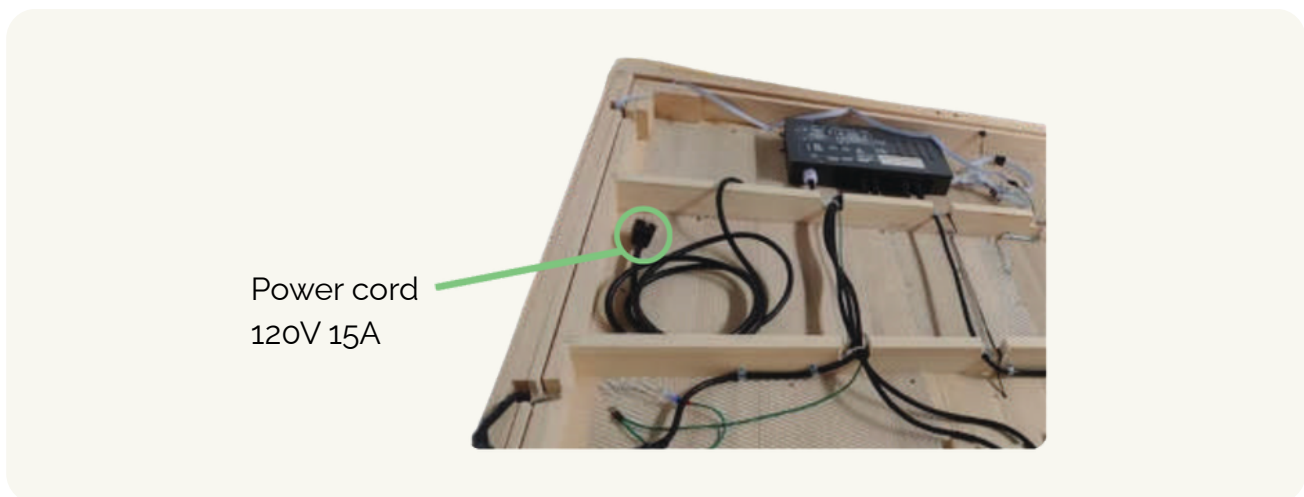
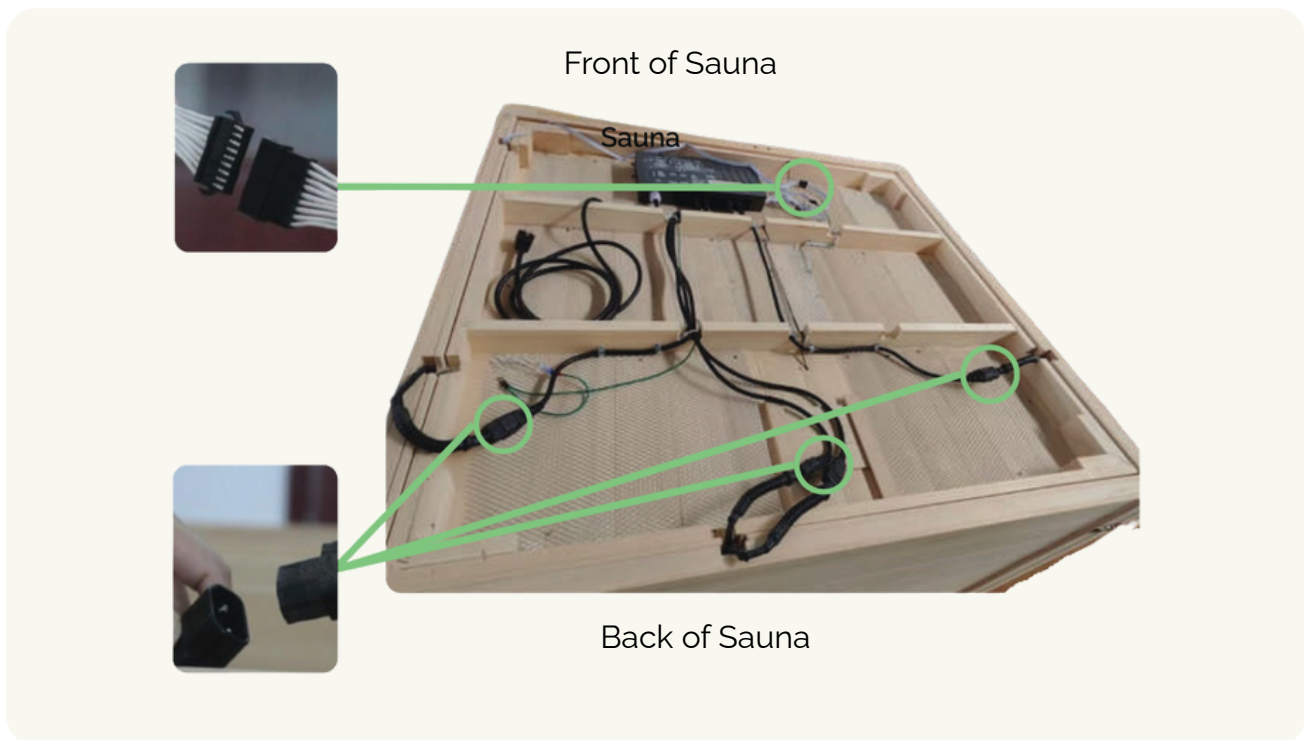


- 6 Install door handle with provided bolts. Do not over-tighten bolts. Then install front panel (Box A). Ensure front panel is snug with the Floor and both Side Panels before securing external buckles.



7 **Make sure to clear all wires from the walls to the outside of the sauna so the ceiling will fit into place.**

Lift ceiling over the top of sauna and it will slide into place snug with Front, Back, and Side Panels. The vent is located at the back of the sauna above the bench, and the black electrical box is located towards the front of the sauna. Next, connect all cords from the Back and Side panels to the corresponding plugs on the ceiling.



- 8 **Optional:** Use 40mm (or 30mm) black screws or brass screws to secure ceiling to wall panels. This is not required for the function of the sauna, but if you will be sliding the sauna around we recommend adding these screws.



40mm Black Screws  
or Brass Screws



9 Whole sauna.



**Congratulations!**

The assembly of the sauna is complete

# How to Use Instructions

## Caution

- Check all the circuitry and the plug connections carefully.
- Do not share the outlet with other electrical appliances to avoid danger.
- Do not use the sauna room if under the influence of alcohol, drugs, or medications.
- Pregnant women or persons with poor health should consult their physicians before use.
- Minors should be supervised in order to prevent injury.
- Allow up to 15 minutes heat up time.
- Do not use the room for drying clothes, bathing suits, etc.
- Do not put animals in the sauna.

## Use Environment

Temperature: 41F ~ 106F.

Comparative humidity:  $\leq 85\%$ .

Atmospheric pressure: 700 hpa ~ 1060 hpa.

## Operation Instructions



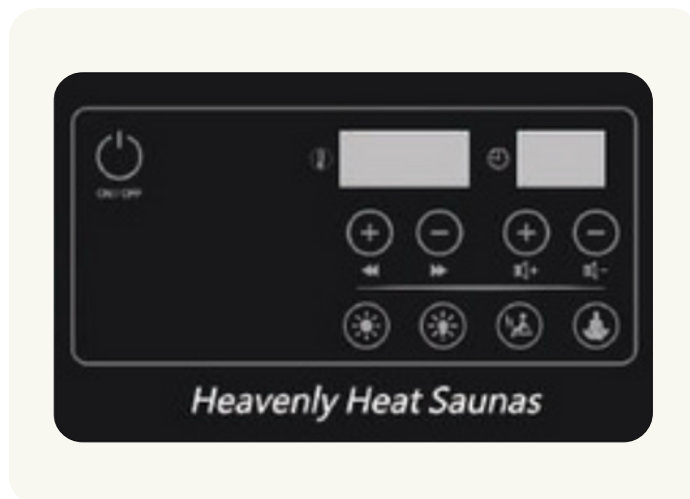
Press the key (🔌) to turn light on/off. To change the color hold the (🔌) key for 8 seconds. You will hear the beep and the temperature display will show "LE". Press the (🔌) key to toggle between colors. Once you have the setting you want, do not touch press any buttons for 5 seconds and your setting will be saved. The Infrared Heaters will shut off once the temperature of the sauna reaches 165F.

## Standby state

When plugged in, the sauna will be on standby. The backlight will be on.

## Turning on (🔌)

Press (🔌) key, the sauna will be on, it will display "---", "--" on screen, Lamp will be on. LOGO backlight will also be on.



## Function

When the sauna is on, press (🕒) key. Temperature and time will turn on to the setting from the last use of the sauna.

## Time setting

When the sauna is on, press +, - to adjust time, time range is 5 min to 60 min, every press will adjust 1 min, if you keep pressing this key, time will adjust continuously.

## Temperature setting

When the sauna is on, press +, - to adjust temperature. Temperature range is to 165F. Every press will adjust 1F. If you keep pressing this key, temperature will adjust continuously. Press this therapy key (🧘) to start therapy function. Temperature is fixed at 113F. Time is 30 min.

## Lamp setting

When the sauna is on, press (🌈) to turn on / off lamp. Press it for 5 seconds and it will show. "LE" in temperature display screen, and "oX" in time display zone. Press it again to change color. Temperature screen display "oX(" X is 1-9).

When it displays "LE", press (🌈) once to change one color and memorize. (Lo1 RGB is all on, Lo2b red blue, Lo3 blue, Lo4 blue green, Lo5 green, Lo6 green red, Lo7 red, Lo8 jumping change, Lo9 gradual change). If no key is pressed for 8 seconds, the sauna will return to normal mode and the last light setting will be active.

## Errors/alerts

1. High temperature protect function. When temperature sensor detects sauna temperature is over 75°C, the two display screen will show "HH", it will buzz and flicker, the sauna will be off. When temperature is lower than 75°C, the sauna still can't be turned on, need to unplug and plug the electric outlet to have the sauna turned on again.
2. Temperature sensor fault detect.
  - Open circuit: when the two display screens show "EO" and flicker, the control panel will buzz, sauna can not be running, will return normal use after trouble removal.
  - Short circuit: when the two display screens show "E1" and flicker, the control panel will buzz, sauna can not be running, will return normal use after trouble removal.

## Maintenance

- The sauna room should be kept clean and odor free.
- Towels should always be used on benches and floor otherwise perspiration penetrates the soft wood.
- Air out the room often by keeping the door and vents open when the room is not in use.
- Clean the glass with diluted vinegar.
- To clean stains in the sauna. Scrub dampened baking soda into the wood and then wipe it clean with a damp cloth. If you do anything to dampen the wood, follow-up with heating-up the sauna long enough to assure thorough drying.
- With more persistent staining, use a fine grit sandpaper and sand along the grain of the wood (to avoid scratching). Vacuum away the dust or wipe it up with a dampened cloth and dry.

 Call or Text: 1-888-825-2085  
 [heavenlyheat@heavenlyheatsaunas.com](mailto:heavenlyheat@heavenlyheatsaunas.com)  
 900 Commonwealth Place PMB 2067  
Virginia Beach, VA 23464

Since 1988.  
Heavenly Heat Saunas.  
All rights reserved.



heavenly health

[heavenlyheatsaunas.com](https://heavenlyheatsaunas.com)