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TRUST IN THE HEART

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“RAMA HI KEWALA PREMA PIYARA
JANI LEU JO JAN NIHARA” - Tulsi Das

Ram Loves only Love

Knowing this, One is immersed in that Love.

“These chants are a manifestation of the Blessings and Grace of my Guru, Neem Karoli Baba. What comes from Him is offered back to Him through the hearts of all who chant. As I try to turn towards Him more completely, life changes around me. As I try to sing to Him more deeply, my experience of who He is deepens and expands. As I try to find that love within me more intimately, I find it all around me reflected in the hearts of all I meet. The Heart of the Universe holds us all within Itself. May we always Trust in the Heart.”

All LOVE
KD

1 Guru Puja

Banda-ooñ guru pada kanj, kripaa sindu nara roopa hari,
mahaa moha tama punja jaasu ravi kara nikara

I bow to the lotus feet of my Guru, who is an ocean of grace and is
God in human form, whose words are sunbeams for dispersing
the mass of darkness of gross ignorance.

Guru Brahma Guru Vishnu Guru Devo Maheshwara
Guru Saakshat parabrahma, Tasmai Shree guruvey namaha

I bow to you, revered Guru.

You are Brahma, the creator; Vishnu, the preserver;
and Maheshwara, the destroyer;
you are directly the limitless Brahman, right before my eyes.

Akhanda mandalaa kaaruñ vyaaptam yena charaa charaṅ
Tatpadam darshitam yena, tasmai shree guruvey namaha

I bow to you, revered Guru. By your Grace the One Infinite Reality
that pervades the cosmos is revealed.

Na Guroradhikam tatwam, na guroradhikam tapaha
Na guroradhikam jnaanam, tasmai Shree guruvey namaha

I bow to you, blessed Guru. There is no truth higher than you;
no higher discipline than obedience to you; and no knowledge higher than you.

Dhyaana mulam guro murtih, puja mulam guro padam
Mantra mulam guro vakyam, moksha mulam guro kripaa

Your form is the root of meditation, Your feet are the root of worship,
Your word is the root of mantra, Your grace is the root of liberation.

Guru Madhye stitaa maataa, maitri madhye stito guru
Guru maataa namaste stu maatri gurum namamyaham

The Mother is within the Guru, the Guru is within the Mother.

I bow to the Mother as the Guru, I bow to the Guru as the Guru.

Shree Guru Charanam

Shree Hari Sharanam

From the feet of the Guru,

One gets refuge in God.

2 Sundhara Chalisa

Shree Guru charana saroja raja nija manu mukuru sudhaari
Taking the dust of my Guru's lotus feet
to polish the mirror of my heart,

Baranaun Raghubara bimala jasu jo daayaku phala chaari
I sing the pure fame of the best of Raghus,
which bestows the four fruits of life.

Buddhi heena tanu jaanike sumiraun pawana kumaara
(Seeya Ram)
I don't know anything, so I remember you, Son of the Wind.

Bala budhi vidyaa dehu mohin harahu kalesa bikaara
Grant me strength, intelligence and wisdom and remove
my impurities and sorrows.

Seeyavara Ramchandra pada jai sharanam
Refuge at the feet of Sita's lord, Ram.

1 Jaya Hanumaan gyaana guna saagara,
Jaya Kapeesa tihun loka ujaagara
Hail Hanuman, ocean of wisdom,
Hail Monkey Lord! You light up the three worlds.

2 Raama doota atulita bala dhaamaa,
Anjani putra Pawanasuta naamaa
You are Ram's messenger, the abode of
matchless power,
Anjani's son, Son of the Wind.

3 Mahaabeera bikrama bajarangee,
Kumati niwaara sumati ke sangee
Great hero, you are a mighty thunderbolt,
Remover of evil thoughts and companion
of the good.

4 Kanchana barana biraaja subesaa,
Kaanana kundala kunchita kesa
Golden hued and splendidly adorned,
with heavy earrings and curly locks.

5 Haata bajra au dwajaa biraajai,
Kaandhe moonja janeu saajai
In your hands shine mace and a banner,
a sacred thread adorns your shoulder.

6 Shankara suwana Kesaree nandana,
Teja prataapa mahaa jaga bandana
You are an incarnation of Shiva and Kesari's son,
Your glory is revered throughout the world.

7 Vidyaawaana gunee ati chaatura,
Raama kaaja karibe ko aatura
You are the wisest of the wise,
virtuous and very clever.
Ever eager to do Ram's work.

8 Prabhu charitra sunibe ko rasiyaa,
Raama Lakhana Seetaa mana basiyaa
You delight in hearing of the Lord's deeds,
Ram, Lakshman and Sita dwell in your heart.

9 Sookshma roopa dhari Siyahin dikhaawaa,
Bikata roopa dhari Lankaa jaraawaa
Assuming a tiny form you appeared to Sita,
In an awesome form you burned Lanka.

- 10 Bheema roopa dhari asura sanghaare,
Raamachandra ke kaaja sanvaare
Taking a dreadful form you slaughtered the demons,
Completing Lord Ram's work.
- 11 Laaya sajeevana Lakhana jiyaaye,
Shree Raghubeera harashi ura laaye
Bringing the magic herb you revived Lakshman,
Shri Ram embraced you with delight.
- 12 Raghupati keenhee bahuta baraaee,
tuma mama priya Bharatahi sama bhaaee
The Lord of the Raghus praised you greatly.
"You are as dear to me as my brother Bharat!"
- 13 Sahasa badana tumharo jasa gaawain,
asa kahi Shreepati kanta lagaawain
"Thousands of mouths will sing your fame!"
So saying Lakshmi's Lord drew you to Himself.
- 14 Sanakaadika Brahmaadi muneesaa,
Naarada Saarada sahita Aheesaa
Sanak and the sages, Brahma, and the munis,
Narada, Saraswati and the King of serpents,
- 15 Yama Kubera digapaala jahaante,
kabi kobida kahi sake kahaante
Yama, Kubera, the guardians of the four quarters,
poets and scholars -none can express your glory.
- 16 Tuma upakaara Sugreevahin keenhaa,
Raama milaaya raaja pada deenhaa
You did great service for Sugriva,
Bringing him to Ram' you gave him kingship.
- 17 Tumharo mantra Vibheeshana maanaa,
Lankeshwara bhaye saba jaga jaanaa
Vibhishana heeded your counsel,
He became the Lord of Lanka,
as the whole world knows.
- 18 Yuga sahasra yojana para bhaanu,
leelyo taahi madhura phala jaanu
Though the sun is millions of miles away,
you swallowed it thinking it to be a sweet fruit.
- 19 Prabhu mudrikaa meli mukha maaheen,
jaladhi laanghi gaye acharaja naaheen
Holding the Lord's ring in your mouth,
it's no surprise that you leapt over the ocean.
- 20 Durgama kaaja jagata ke jete,
sugama anugraha tumhare tete
Every difficult task in this world
becomes easy by your grace.
- 21 Raama duaare tuma rakhawaare,
hota na aagyaa binu paisaare
You are the guardian at Ram's door,
no one enters without your permission.
- 22 Saba sukha lahai tumhaaree sharanaa,
tuma rakshaka kaahu ko dara naa
Those who take refuge in you find all happiness,
those who you protect know no fear.
- 23 Aapana teja samhaaro aapai,
teenon loka haanka ten kaanpai
You alone can withstand your own splendor,
the three worlds tremble at your roar.
- 24 Bhoota pisaacha nikata nahin aawai,
Mahaabeera jaba naama sunaawai
Ghosts and goblins cannot come near,
Great Hero, when your name is uttered.

- 25 Naasai roga hare saba peeraa,
japata nirantara Hanumata beeraa
All disease and pain is eradicated,
by constantly repeating of your name,
brave Hanuman.
- 26 Sankata ten Hanumaana churaawai,
mana krama bachana dhyaana jo laawai
Hanuman, you release from affliction all those
who remember you in thought, word and deed.
- 27 Saba para Raama tapaswee raajaa,
tina ke kaaja sakala tuma saajaa
Ram, the ascetic king, reigns over all,
but you carry out all his work.
- 28 Aura manorata jo koe laawai,
soee amita jeewana phala paawai
One who comes to you with any yearning,
obtains the abundance of the Four Fruits of Life.
- 29 Chaaron juga parataapa tumhaaraa,
hai parasidha jagata ujiyaaraa
Your splendor fills the four ages,
your glory is renowned throughout the world.
- 30 Saadhu santa ke tuma rakhawaare,
asura nikandana Raama dulaare
You are the guardian of saints and sages,
the destroyer of demons and the darling of Ram.
- 31 Ashta siddhi nau nidhi ke daataa,
asa bara deena Jaanakee Maataa
You grant the eight powers and nine treasures,
by the boon you received from Mother Janaki.
- 32 Raama rasaayana tumhare paasaa,
sadaa raho Raghupati ke daasaa
You hold the elixir of Ram's name,
and remain eternally his servant.
- 33 Tumhare bhajana Raama ko paawai,
janama janama ke dukha bisaraawai
Singing your praise, one finds Ram,
and the sorrows of countless lives are destroyed.
- 34 Anta kaala Raghubara pura jaaee,
jahaan janama Hari bhakta kahaee
At death one goes to Ram's own abode,
born there as God's devotee.
- 35 Aura devataa chitta na dharaee,
Hanumata se-ee sarva sukha karaee
Why worship any other deities,
from Hanuman you'll get all happiness.
- 36 Sankata katai mite saba peeraa,
jo sumire Hanumata bala beeraa
All affliction ceases and all pain is removed,
for those who remember the mighty hero, Hanuman.
- 37 Jai jai jai Hanumaana Gosaaee,
kripaa karahu gurudeva kee naee
Victory, Victory, Victory Lord Hanuman,
bestow your grace on me, as my Guru!
- 38 Jo sata baara paata kara koee,
chootahi bandi mahaa sukha hoee
Whoever recites this a hundred times,
is released from bondage and gains bliss.
- 39 Jo yaha parai Hanumaana chaaleesaa,
hoya siddhi saakhee Gaureesaa
One who reads this Hanuman Chalisa,
gains success, as Gauri's Lord (Shiva) is witness.
- 40 Tulasee Daasa sadaa Hari cheraa,
keejai naata hridaya mahaan deraa
Says Tulsi Das, who always remains Hari's servant,
"Lord, make your home in my heart."
- Shree Raam Jai Raam Jai Jai Raam
Seetaraam Seetaraam Seetaraam Jai Seetaraam
Seetaraam Seetaraam Jai Jai Seetaraam
- Raama Lakshmaan Jaanaki
Jai Bolo Hanumaana ki

3 Namoh

Om Namo Gurudev Neem Karoli Baabaaya Namaha
Shree Raam Jaya Raam Jaya Jaya Raam

4 Devi Chant

Jayanti Mangalaa Kaalee Bhadrakaalee kapaalinee
Durgaa Kshaamaa Shiwaa Dhaatree Swaahaa Swadhaa Namostu
Te Swaadhaa Swadhaa Namostu Te

I bow to Jayanti, the Ever-Victorious one, Mangala (Who is the bestower of Auspiciousness), Kali (Who is beyond Kala or Time), Bhadrakali (Who is the controller of Life and Death, being beyond Kala or Time), Kapalini (Who wears a Garland of Skulls). I bow to Durga (Who destroys suffering), Shiva (Who is an embodiment of Patience), Dhatri (Who is the Supporter of all Beings), Swaha, Swadha.

Yaa Devi sarva bhooteshu, vishnumaayeti shabdita
Namastasyai namastasyai namastasyai namo namaha
namastasyai namoh namaha

I bow again and again in reverence to the Devi who lives in every being and is known by the name Vishnu Maya.

Yaa Devi sarva bhuteshu, shakti roopena samstिता
Namastasyai namastasyai namastasyai namo namaha
namastasyai namoh namaha

I bow again and again in reverence to the goddess
who is present lives in all beings as energy.

Sarva swaaroope sarveshe, sarva shaakti samanvite
Bhaye bhaastrahino Devi, Durge Devi namo stu te
Oh Goddess Durga, You are the supreme form, the supreme Deity,
Please Protect Us from Fear, Oh Devi; I bow to You.

Hey Maa, Hey Maa Durgaa

5 River of Mahamantra

Hare Krishna Hare Krishna
Krishna Krishna Hare Hare
Hare Ramaa Hare Ramaa
Ramaa Ramaa Hare Hare

6 Prema Chalisa

Shree Guru charana saroja raja nija manu mukuru sudhaari
Taking the dust of my Guru's lotus feet
to polish the mirror of my heart,

Baranaun Raghubara bimala jasu jo daayaku phala chaari
I sing the pure fame of the best of Raghus, which bestows the
four fruits of life.

**Buddhi heena tanu jaanike sumiraun pawana kumara
(Seeya Ram)**
I don't know anything, so I remember you, Son of the Wind.

Bala budhi vidyaa dehu mohin harahu kalesa bikaara
Grant me strength, intelligence and wisdom and
remove my impurities and sorrows.

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Refuge at the feet of Sita's lord, Ram.

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You are the guardian of saints and sages,
the destroyer of demons and the darling of Ram.
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Singing your praise, one finds Ram,
and the sorrows of countless lives are destroyed.
- 34 Anta kaala Raghubara pura jaaee,
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At death one goes to Ram's own abode,
born there as God's devotee.
- 35 Aura devataa chitta na dharaee,
Hanumata se-ee sarva sukha karaee
Why worship any other deities,
from Hanuman you'll get all happiness.
- 36 Sankata katai mite saba peeraa,
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All affliction ceases and all pain is removed,
for those who remember the mighty hero, Hanuman.
- 37 Jai jai jai Hanumaana Gosaaee,
kripaa karahu gurudeva kee naaee
Victory, Victory, Victory Lord Hanuman,
bestow your grace on me, as my Guru!
- 38 Jo sata baara paata kara koe,
chootahi bandi mahaa sukha hoee
Whoever recites this a hundred times,
is released from bondage and gains bliss.
- 39 Jo yaha parai Hanumaana chaaleesaa,
hoya siddhi saakhee Gauresaa
One who reads this Hanuman Chalisa,
gains success, as Gauri's Lord (Shiva) is witness.
- 40 Tulasee Daasa sadaa Hari cheraa,
keejai naata hridaya mahaan deraa
Says Tulsi Das, who always remains Hari's servant,
"Lord, make your home in my heart."

Pawanatanaya sankata harana mangala moorati roopa
Son of the Wind, destroyer of sorrow, embodiment of blessings,

Raama Lakhana Seetaa sahita hridaya basahu sura bhoopa
With Ram, Lakshman and Sita, LIVE IN MY HEART, King of Gods!

Seeyavara Ramchandra pada jai sharanam
Refuge at the feet of Sita's lord, Ram.

Mangala moorati maaruta nandana
You are the embodiment of blessings, Son of the Wind.

Sakala amangala moola nikandana
You destroy the root of everything that is inauspicious and harmful.

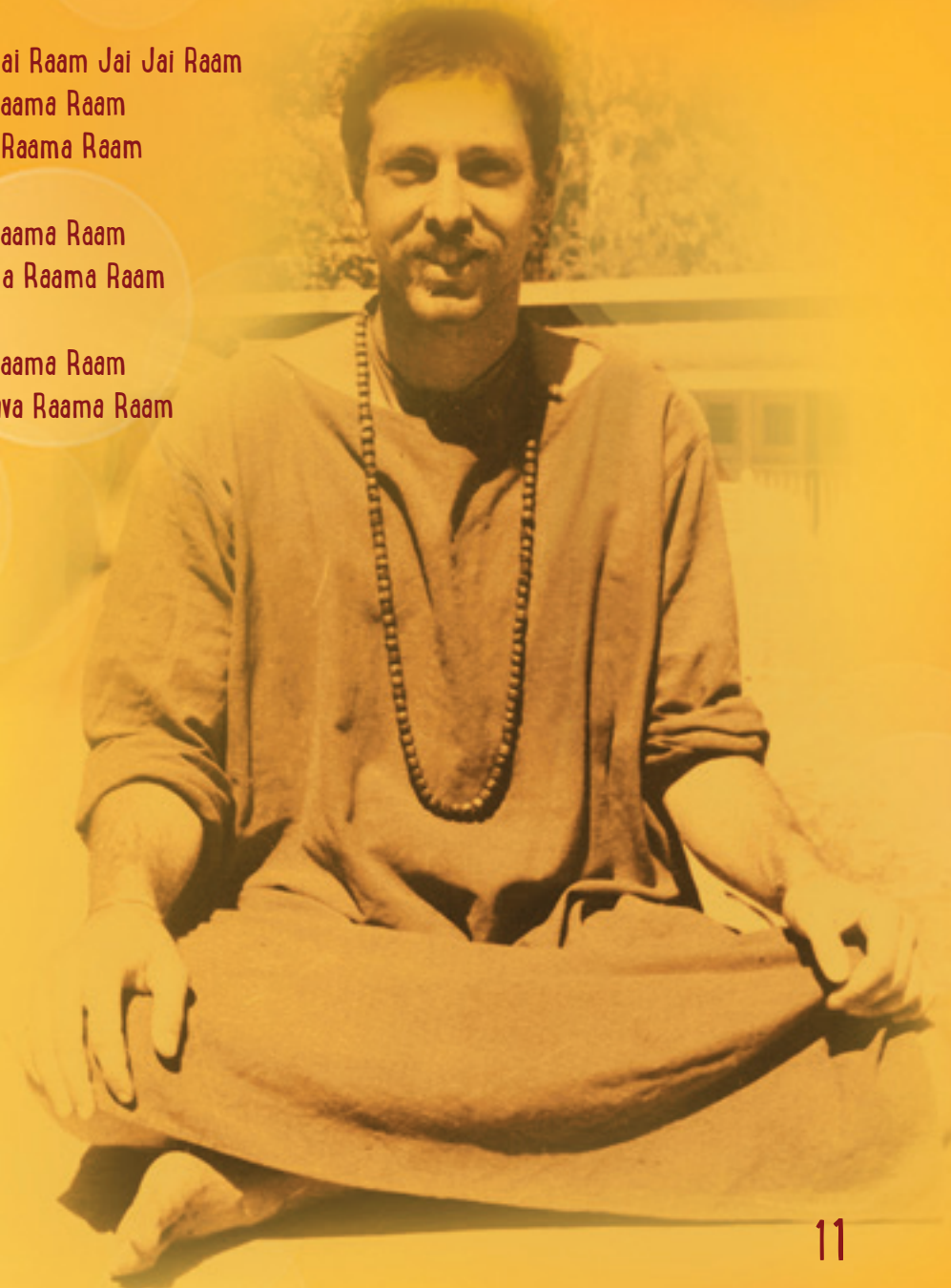
Mangala moorati maaruta nandana
You are the embodiment of blessings, Son of the Wind.

Sakala amangala moola nikandana
You destroy the root of everything that is inauspicious and harmful.

Shree Raam Jai Raam Jai Jai Raam
Hare Raama Raama Raam
Seeta Raama Raama Raam

Hare Raama Raama Raam
Raghu Nandana Raama Raam

Hare Raama Raama Raam
Sharanam Bhava Raama Raam





TRUST IN THE HEART



MUSICIANS

Krishna Das - Vocals & Harmonium
 Janaki Kagel - Vocals on River of Mahamantra
 Arjun Bruggeman - Tabla
 David Nichtern - Guitars
 Genevieve Walker - Violin
 John McDowell - Percussion & Keyboards
 Mark Egan - Bass
 Nina Rao - Kartals
 Noah Hoffeld - Cello

KOSMIC KIRTAN POSSE

Adam Keller • Ambika Cooper • Anjula Prasad • Janaki Kagel
 Jeremy Frindel • Jerry Scarnato • Keith Villanueva • Keli Kate Reddy
 Keshari Das • Kurt Lindsey • Lila Cooper • Lily Cushman
 Marie Maybury • Marsha Bennett • Nina Rao • Nirmala Orvis
 Noah Baumwoll • Noah Hoffeld • Paulette Ciotti • Sandy Chase
 Sarina Rao • Satya Franche Carlson • Shyama Chapin
 Tom Cucinotta • Uma Rao-Labrecque

Artwork & Design - Lynda Carré
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