

Recommended Use: As a dietary supplement, mix 38 grams (one packet) of Paleo Detox in eight ounces of water and take one capsule packet twice per day, or as directed by your health care practitioner.

Single serving drink mix packet contains:

Paleo Detox

Supplement Facts

Serving Size 38 grams (one packet)

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	135	Veggie/Fruit Proprietary Blend	2.5 g †
Calories from Fat	15	[spinach juice powder (<i>Spinacia oleracea</i>)](leaves), organic beet juice powder (<i>Beta vulgaris</i>)](root juice), organic carrot juice powder (<i>Daucus carota</i>)](root juice), organic pomegranate juice powder (<i>Punica granatum</i>)](fruit juice), organic grape juice powder (<i>Vitis labrusca</i>)](fruit juice)	
Total Fat	1.5 g 2%*	Creafibe cellulose	1.5 g †
Total Carbohydrate	11 g 4%*	Glycine	750 mg †
Dietary Fiber	3 g 12%*	Glucosannan	500 mg †
Sugars	1 g †	L-Carnitine	500 mg †
Protein	18 g 36%	L-Threonine	275 mg †
Vitamin A (as Mixed Carotenoids from Algae)	2500 IU 50%	L-Lysine	275 mg †
Vitamin C (as Sodium Ascorbate)	250 mg 420%	L-Cysteine	125 mg †
Vitamin D (as Cholecalciferol)	25 IU 6%	Calcium-D-Glucarate	125 mg †
Vitamin E (as d-alpha tocopherol)	15 IU 50%	High Gamma Mixed Tocopherols (as d-gamma, d-delta, d-alpha, d-beta)	100 mg †
Thiamin (Vitamin B-1)(as Thiamin HCl)	1.5 mg 100%	Quercetin	100 mg †
Riboflavin (Vitamin B-2)(as Riboflavin-5-Phosphate)	1.5 mg 90%	Taurine	100 mg †
Niacin (Vitamin B-3)(as Niacinamide)	4 mg 20%	Milk Thistle (<i>Silybum marianum</i>)](seed) [standardized to contain 80% silymarin]	100 mg †
Vitamin B-6 (as Pyridoxal-5-Phosphate)	2 mg 100%	Choline	50 mg †
Folate (NatureFolate™ blend)	50 mcg 15%	L-Methionine	50 mg †
Vitamin B-12 (as Methylcobalamin)	2 mcg 35%	Inositol	50 mg †
Biotin (as d-Biotin)	70 mcg 25%	N-Acetyl-Cysteine	50 mg †
Pantothenic Acid (as d-Calcium Pantothenate)	12.5 mg 130%	Methylsulfonylmethane (MSM)	50 mg †
Calcium (as DimaCal™ Dicalcium Malate 100 mg, Calcium D-Glucarate 13 mg, Pea Protein 12 mg)	125 mg 15%	Sodium Sulfate	50 mg †
Iron	5 mg 30%	Dandelion Extract (<i>Taraxacum officinale</i>)](root)	50 mg †
Phosphorus (as Dipotassium Phosphate)	100 mg 10%	Green Tea Extract (<i>Camellia sinensis</i>)](leaves) [standardized to contain 98% polyphenols and 45% EGCG]	25 mg †
Iodine (as Potassium Iodide)	25 mcg 15%	Celandine (<i>Chelidonium majus</i>)](whole herb)	25 mg †
Magnesium	100 mg 25%	L-Glutathione	12.5 mg †
(TRAACS® Magnesium Bisglycinate Chelate Buffered, Magnesium Oxide)		Vanadium	25 mcg †
Zinc (TRAACS® Zinc Bisglycinate Chelate)	3.5 mg 25%	(TRAACS® Vanadium Nicotinate Glycinate Chelate)	
Selenium (as Selenomethionine)	25 mcg 35%		
Copper (TRAACS® Copper Bisglycinate Chelate)	500 mcg 25%		
Manganese	500 mcg 25%		
(TRAACS® Manganese Bisglycinate Chelate)			
Chromium	25 mcg 20%		
(TRAACS® Chromium Nicotinate Glycinate Chelate)			
Molybdenum	25 mcg 35%		
(TRAACS® Molybdenum Glycinate Chelate)			
Sodium	310 mg 13%		

Other Ingredients: Tapioca dextrin, natural vanilla flavor, natural berry flavor, vegetable cellulose, natural flavor, steviol glycosides.

Distributed by:
Living Health Integrative Medicine, LLC
1833A Forest Drive
Annapolis, MD, 21401
Report any adverse reactions to 410-216-9180

Each kit contains:

- ✔ 42 - Single serving drink mix packets
- ✔ 42 - Capsule packets

Capsule packet contains:

- ✔ 3- Amino Flush
- ✔ 1- Proto-Zyme

Amino Flush

Supplement Facts

Serving Size 3 capsules

Amount Per Serving	% Daily Value
Glutamine	250 mg *
Glycine	250 mg *
Methylsulfonylmethane (MSM)	200 mg *
N-Acetyl-Cysteine	125 mg *
Taurine	125 mg *
Alpha-Ketoglutarate	100 mg *
Glutathione	100 mg *
Methionine	100 mg *
Ornithine	100 mg *
Calcium-D-Glucarate	100 mg *

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetable stearate.

Proto-Zyme

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
Hydrolyzyme™	200 mg *
(a proprietary proteolytic enzyme blend from <i>Bacillus sp</i> and <i>Ananas comosus</i>)	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetable stearate.



Living Health Paleo Detox is a comprehensive, science-based nutritional program designed to support safe and effective detoxification.** Everything you need is consolidated into packets to make the program easy to follow and to ensure that you don't miss any necessary nutrients. Just take one drink mix packet combined with water and one capsule packet twice per day. Add the simple food plan from the guide book (included in the box) and you're on your way to more energy and a long list of health benefits.**

Program Contains:

Paleo Detox (single serving drink mix packets)

A truly superior functional food powder designed to support healthy detoxification.** Mix one packet of powder with 8 oz. of water in a blender or shaker bottle and drink twice per day.

Each serving provides 18 grams of protein to help maintain muscle during your detoxification program, and to fuel the liver enzyme systems that drive the detoxification process.** This easy-to-digest protein comes from non-GMO, North American grown yellow peas, providing an excellent array of amino acids including healthy levels of the important BCAAs (branched chain amino acids).

Paleo Detox contains quality macronutrients to fuel detoxification pathways, a full multivitamin/mineral for detoxification enzyme support, the nutrients needed to support and balance phase I and II metabolic pathways, and high levels of antioxidant support for safe detoxification.** This formula also contains fiber to support intestinal cleansing and a comprehensive array of herbs to promote optimal liver function.**

Paleo Detox has a pleasant berry-vanilla flavor, a wonderful, smooth texture, and mixes easily in any beverage. It is free of dairy, gluten, and lactose, and is sweetened with the natural herb stevia.

Amino Flush (3 capsules per packet)

This formulation is designed to support effective phase II liver detoxification, which is essential to prevent the production of intermediate metabolites that could cause symptoms or sensitivity reactions during a detoxification program.** Providing nutritional support for phase II detoxification helps conjugate toxins and prepare them for safe elimination from the body.** This added support is one of the reasons most people feel so great on Living Health Paleo Detox.

Proto-Zyme (1 capsule per packet)

Proto-Zyme is a proprietary blend of protease enzymes that helps support efficient digestion and absorption of the protein found in Proto-Zyme.**

Protein digestion is initiated in the stomach. Since liquid meals pass through the stomach more quickly than solid meals, less time in the stomach means less time for digestion. Additionally, many individuals have digestion that is less than optimal and often experience poor digestion and absorption of protein. Protease Assist has been shown to digest over 90% of a typical serving of protein within 30 minutes. It has been demonstrated to be effective with pea, whey, soy, egg, casein, and hemp, but not rice protein.

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Notice: Color, size, shape, taste and density may vary between lots.

Not for sale in the State of California.

STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.