



## HOW TO MAKE A DOSAGE BOTTLE FROM CONCENTRATE

- ★ Take a clean 1 oz. bottle- or size of your choice- with a glass dropper.  
*(Preferably previously unused, unless with the same essence... As always, use your own guidance.)*
- ★ Add: ¾ ounce of \*water that you feel good about and ¼ ounce of \*\*alcohol to preserve it.
- ★ FOR FLOWER & ANIMAL ESSENCES: add 4 drops of the ½ oz. essence concentrate.
- ★ FOR GEMSTONE ESSENCES & MISC / OTHER: add 7 drops of the ½ oz. essence concentrate.
- ★ FOR EARTH BALANCING TRINITY: add 3 drops of the 1 oz. essence concentrate.

*That's it!*

\* The **water** we use is distilled - and we know the distiller, and feel good about the water. We place it in two or five gallon glass bottles, add 1 oz. of Sacred Healing Water to each bottle and do an Activation. We originally got the Sacred Healing Water and Activation Process from Patricia Cota-Robles ([www.eraofpeace.org](http://www.eraofpeace.org)). It is water collected from sacred sites all over the world and blessed during several sacred events. By request we will be happy to send you 1 oz. of Sacred Healing Water to start you, and the [instructions for Activation](#). (If you request this with an order, we will send it free of charge. Without an order, we request that you pay shipping.)

\*\* The alcohol is added so things don't grow in it. Traditionally (in the past) brandy was used to preserve flower essences. We are guided to use vodka. We also add a few drops per quart of the essential oils of Tangerine, Lemon and Nutmeg for a number of reasons alchemically, and to increase the antiseptic qualities as well as give it a nice flavor. If you are going to use the dosage essence fairly quickly and if you take care to keep the dropper from touching anything, you don't need to preserve it at all. You can also use vegetable glycerin, vinegar, or full spectrum light to preserve the dosage bottle.

**Please note: these steps are not necessary. You can simply put a few drops of the concentrate into a clean bottle with good water. Or into a glass of water, or your bathtub, or into massage oil, or shampoo, or a mister, or...or...or... Ask for Divine guidance and get co-creative with nature!**

## OKAY, DOSAGE vs. CONCENTRATE BOTTLES: WHAT'S THE DIFFERENCE?

1 OZ. DOSAGE ESSENCES ARE THE MOST CONVENIENT- "no alchemy required"! They are ready to use (for immediate gratification), preserved with a ratio of 20% vodka to 80% Sacred Healing Water. We recommend Dosage for those new to Star Essence products (or essences in general), and for those who don't choose to spend the time making their own Dosage bottles or blends. *1 oz. Dosage bottles of singular essences are \$18 each.*

½ OZ. CONCENTRATE ESSENCES ARE THE MOST ECONOMICAL, and you can create your own Constellations (combinations) with them. They are preserved with a ratio of 50% vodka to 50% Sacred Healing Water. 4-7 drops of Concentrate (in water, with or without a preservative) makes 1 Dosage bottle, and there are 300-380 drops in a Concentrate bottle! We recommend Concentrate for Practitioners (so they can make individual bottles or create unique essence blends for their clients), and for those who enjoy making their own Dosage bottles and blends for personal use. If there is a particular essence that you take regularly and know you will be using for some time, purchasing it in Concentrate will save you money as you can make roughly 60 Dosage bottles from 1 Concentrate bottle. *½ oz. Concentrate bottles of singular essences are \$22 each.*

*NOTE: Earth Balancing Trinity (\$15) and Harmonic Concordance (\$13) are special cases of a 1 oz. Concentrate, and make up to 180 1 oz. Dosage bottles.*

**For more information on using and choosing essences, see the FAQ section of our website.**

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