



## Welcome to the Star Essence Repertory.

Here you can look up, alphabetically by concern, suggested essences for specific conditions.

The essence suggestions in the Repertory are made based on each flower or gemstone's known healing correspondence with the condition, as well as testimonials, experience, and intuitive resonance. In the case of physical conditions and ailments, essences that address the possible root emotional cause or thought pattern are also suggested (reference: *Heal Your Body A-Z* by Louise L. Hay). Please note that all of the essences are broad-spectrum and multi-faceted, and the particular concern for which an essence is suggested may not be mentioned in the brief descriptive space on its product page. As always, we urge you to follow your own guidance.

We continue to discover and be "told" new and exciting uses for each essence, and it is an ongoing adventure! We welcome your stories, experiences and insights. [Contact us](#) with your written accounts.

*Star Essences can support you physically, mentally, emotionally, and/or spiritually.*

*They can support you on a personal level, within relationships and in the greater context of your environment, the world and the Universe.*

*Suggested Essences are listed alphabetically, with flowers first, followed by gemstones and any miscellaneous essences, with relevant Constellations (blends) below. Suggested Sprays, Etc. are also alphabetical, followed by any mouth mists or topical blessings.*

Navigate below or scroll down...

A ★ B ★ C ★ D ★ E ★ F ★ G ★ H ★ I ★ J ★ K ★ L ★ M ★ N ★ O ★ P  
Q ★ R ★ S ★ T ★ U ★ V ★ W ★ X ★ Y ★ Z

For more information on any of these essences click their names or visit [www.staessence.com](http://www.staessence.com).

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Abandonment</b>	Be Nurtured, Early Bloomer, Earth is My Heaven, Graceful Shift, Mother and Child ReUnion, One Heart, Sacred Union, Soul Family, Star of Bethlehem, Jade-Imperial, Moonstone-Clear, Mother of Pearl  Happy Kid Drops, Shield of Light Drops	Angel Rejuvenation Spray, Happy Kid Spray
<b>Abundance &amp; Prosperity</b>	Be Nurtured, Cup of Gold, For Giving, Freedom/Libertad, Gold + Silver/White Chakra, I Am Generosity, I Am Gratitude / Mustard, Inner Guru, One Heart, Agate-Moss, Andalucite, Aventurine-Green, Chalcopyrite, Diamond, Emerald, Gold-24k, Jade-Imperial, Pyrite, Sapphire-Green  Prosperity Alchemy Drops, Soul Purpose	Prosperity Alchemy Spray

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Abuse, recovering from</b>	Be Nurtured, Brave Heart, Divine Goddess, Early Bloomer, Echinacea Energy, Emancipation, Faith and Courage, For Giving, Freedom/Libertad, Spirited Audacious and Bold, Star of Bethlehem, Strength and Chi, Moonstone-Green, Mother of Pearl, Sapphire-Pink  Loving Thoughts, Quintessential Balance, Shield of Light Drops	Crystal Clear Spray, Holy Harmony Spray, Shield of Light Spray
<b>Acceptance</b>	Beech, Deep Breath, Epic Tolerance, Faith and Courage, Gold + Silver/White Chakra, Intimacy, Let Go and Trust, My Passion, One Heart, Pine, Sweet New Beginnings, True Compassion, Wilka Mayu (Sacred River), Apatite-Green, Apatite-Teal, Chrysoprase, Iolite, Lepidolite, Quartz-Rose, Riverstone~Sweet Surrender, Sapphire-Pink  Loving Thoughts	Leap of Faith Spray, Transcendence Spray, Yoga Mind Mouth Mist
<b>Aches</b>	Be Nurtured, Master Teacher, One Heart, Chrysoprase, Mother of Pearl, Obsidian-Rainbow, Sunstone	
<b>Acid Reflux</b>	Balance and Stability, Be Nurtured, Purification, Sublime Chocolate, Hessonite, Mookaite, Moonstone-Blue Rainbow  Quintessential Balance	Angel Breath Mouth Mist, Star Speaker Mouth Mist
<b>Acne</b>	About Face, Cerato, Crabapple, Eternal Youth, Fairy Princess, For Giving, Intimacy, Magic Healer, Pine, Wild Rose, Chrysoprase, Fluorite-Green, Mookaite, Opal-Pink, Quartz-Rose, Topaz-White  Forever Young, Loving Thoughts, Magnificent Moontime	Angel Rejuvenation Spray, Cool Flash Spray, Love Lover Beloved Spray,
<b>ADD/ADHD</b>	See: Attention Deficit (Hyperactive) Disorder	
<b>Addiction</b> <i>See Also: Alcoholism; Codependency</i>	Emancipation, Freedom/Libertad, Graceful Shift, Inner Guru, Inocencia Coca, Master Teacher, Pine, Agate-Moss, Amazonite, Amethyst, Iolite, Rhodochrosite  Emancipated Master	
<b>Adolescence</b>	See: Puberty; Teens	
<b>Adrenals</b>	Aspen, Recharge and Nourish, Strength and Chi, Wild Rose, Apatite-Teal, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Calcite-Green, Chrysoberyl-Green, Chrysoberyl-Yellow, Jade-Imperial, Kyanite, Nephrite, Opal-Fire, Quartz-Rose, Ruby	Cool Flash Spray
<b>Aggression</b> <i>See Also: Anger (Temper)</i>	Art of Gentle Communication, Cherry Plum, Light Codes of Unification, One Heart, True Compassion, Vervain, Violet Flame, Vine  Loving Thoughts	Holy Harmony Spray, Yoga Mind Mouth Mist

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Aging</b>	Divine Child, Eternal Youth, Faith and Courage, My Passion, Pure Joy, Spicy Vitality, Sweet New Beginnings, Walnut, Wilka Mayu (Sacred River), Zania, Topaz-White  Forever Young, Glorious Menopause	Angel Rejuvenation Spray, Celebration Blessings Spray
<b>AIDS</b>	Earth is My Heaven, Floral Erotica, God/Goddess Unity, Mustard, Pine, The Way I Am, Ametrine, Andalucite, Gold-24k  Loving Thoughts, Super Immune Drops, Vortex of Harmony	Holy Harmony Spray, Love Lover Beloved Spray, Super Immune Spray
<b>Alcoholism</b> <i>See Also: Codependency</i>	About Face, Emancipation, For Giving, Freedom/Libertad, Gorse, Pine, Wild Rose, Amethyst, Charoite, Iolite  Emancipated Master, Loving Thoughts	Crystal Clear Spray, Shield of Light Spray
<b>Alertness</b>	Ancient Wisdom, Clear Head, Clematis, Creation/Focus, Faith and Courage, Inocencia Coca, I Remember, My Passion, Spicy Vitality  Attention Formula, Brilliant Student	FAB Spray
<b>Alienation</b>	About Face, Early Bloomer, Earth is My Heaven, Intimacy, Light Codes of Unification, One Heart, Soul Family, Kunzite-Clear/Pink/Yellow, Moldavite, Chaska, Otter Delight	
<b>Allergies</b>	Balance and Stability, Earth is My Heaven, Faith and Courage, For Giving, Graceful Shift, Nature Communion, Recharge and Nourish, Solar Power, Stand Tall, Aquamarine, Agate-Moss, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Calcite-Green, Diamond, Jasper-Poppy, Kunzite-Clear/Pink/Yellow, Obsidian-Mahogany, Spinel-Green  Quintessential Balance, Super Immune Drops, Vortex of Harmony	Holy Harmony Spray
<b>Alzheimer's Disease</b>	For Giving, I Remember, Let Go and Trust, Pure Joy, Sweet New Beginnings, Walnut, Wild Rose, Willow, Azurite/Malachite, Lepidolite, Quartz-Rose, Sapphire-Blue, Sodalite-Dark Blue, Sugilite-Purple, Tanzanite, Tourmaline-Purple  Forever Young	Angel Rejuvenation Spray
<b>Amenorrea (Absence of Menstruation)</b>	Bushilla, Dance, Divine Goddess, Let Go and Trust, Mango Paradise, Spirited, Audacious and Bold, The Way I Am, Wild Feminine, Bloodstone, Chrysocola, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Ruby, Sapphire-Pink, Spinel-Pink  Magnificent Moontime	Love Lover Beloved Spray,
<b>Amnesia</b>	Cerato, Earth is My Heaven, Faith and Courage, I Remember, Mimulus, Stand Tall, Pine, Rock Rose, Wild Rose	
<b>Ancestral Healing</b>	Ancient Wisdom, Whale Time,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Anemia</b>	Faith and Courage, My Passion, Nature Communion, Pure Joy, Spicy Vitality, Wild Rose, Bloodstone, Coral-Pink, Coral-Red, Coral-White, Emerald, Prehnite, Ruby	Celebration Blessings Spray,
<b>Angels / Angelic Connection</b>	Anchoring Light, Deep Breath, Divine Goddess, Divine Messenger, High Frequency, Initiation of the Heartlight, Pineal Light Infusion, Pituitary Master, Telepathic Reception, Wisdom of Bliss, Apatite-Blue, Apatite-Green, Apatite-Yellow, Aquamarine, Azestulite, Chrysoberyl-Yellow, Dumortierite-Indigo, Emerald (Archangel Raphael), Gold-24k, Kyanite, Quartz-Rutilated, Topaz-Blue, Topaz-White, Sapphire-Blue (Archangel Michael), Sapphire-Yellow (Sanat Kumara Angels), Tourmaline-Blue,  Illumination	Angel Rejuvenation Spray, Transcendence Spray, Yoga Mind Mouth Mist
<b>Anger (Temper)</b> <i>See Also: Aggression</i>	About Face, Be Nurtured, Cherry Plum, Clear Head, Epic Tolerance, For Giving, Initiation of the Heartlight, One Heart, Pure Joy, True Compassion, Vervain, Azurite-Blue, Calcite-Amber, Howlite, Sugilite-Purple, Topaz-Imperial,  Loving Thoughts, Quintessential Balance	Holy Harmony Spray, Love Lover Beloved Spray, Yoga Mind Mouth Mist
<b>Animals / Animal Care</b>	Balance and Stability, Nature Communion, Fuchsite/Ruby/Kyanite, Kyanite, Jasper-Poppy, Obsidian-Mahogany, Otter Delight, Whale Time,  Happy Pet Drops, Quintessential Balance, Kidney Formula,	Happy Pet Spray,
<b>Ankle</b>	Mango Paradise, Strength of Achilles, Rock Water, Wilka Mayu (Sacred River), Willow,	Leap of Faith Spray
<b>Anorexia Nervosa</b> <i>See Also: Appetite, Balancing; Self-Love</i>	Be Nurtured, Fairy Princess, Faith and Courage, Magic Healer, Mimulus, New Perspective, Recharge and Nourish, Rock Water, Sublime Chocolate, The Way I Am, Agate-Moss, Azurite/Malachite, Lepidolite, Topaz-Imperial, Topaz-Blue, Topaz-White,  Perfect Weight, Shield of Light Drops	Love Lover Beloved Spray, Shield of Light Spray
<b>Anus</b>	Let Go and Trust, Let The Light In, Pure and Simple, Ruby	
<b>Antibiotic</b>	Echinacea Energy, Wise Body, Agate-Tree, Chalcedony-Yellow, Jasper-Snake,  Super Immune Drops	Super Immune Spray
<b>Anxiety</b> <i>See Also: Worry</i>	About Face, Adaptability, Aspen, Balance and Stability, Be Nurtured, Earth is My Heaven, Faith and Courage, Freedom/Libertad, Let Go and Trust, Mimulus, Rock Water, True Compassion, Violet Flame, Zeal Point Magenta Chakra, Jade-Imperial, Jade-Snow, Labradorite, Quartz-Rutilated,  Quintessential Balance, Shield of Light Drops	Holy Harmony Spray, Leap of Faith Spray, Shield of Light Spray

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Apathy</b>	Dance, Eternal Youth, Gorse, I Am Gratitude / Mustard, Mango Paradise, My Passion, Nature Communion, One Heart, Pure Joy, Strength and Chi, Wild Oat, Wild Rose, Wisdom of Bliss, Jade-Imperial,  Soul Purpose	Angel Rejuvenation Spray, Celebration Blessings Spray
<b>Appendicitis</b>	Dance, Faith and Courage, Let Go and Trust, Pure Joy, Rock Water,  Quintessential Balance, Shield of Light Drops	Shield of Light Spray
<b>Appetite, Balancing</b>	Balance and Stability, Be Nurtured, Inocencia Coca, Nature Communion, Recharge and Nourish, Sublime Chocolate, Apatite-Yellow,  Perfect Weight, Shield of Light Drops,	Shield of Light Spray
<b>Arm(s)</b>	Complete with the Past, One Heart, Walnut, Willow,	
<b>Arrogance</b>	Cup of Gold, Humility, One Heart, Solar Power, Vine, Citrine, Emerald,	
<b>Arteries</b>	Pure Joy, Rock Water, Agate-Tree, Alexandrite, Bloodstone, Chrysoprase, Larimar, Malachite, Obsidian-Mahogany, Obsidian-Rainbow, Obsidian-Snowflake, Opal-Dendrite, Spinel-Red	
<b>Arthritis</b>	Be Nurtured, Beech, Divine Child, One Heart, For Giving, Let Go and Trust, Recalibrate and Flourish, Rock Water, Strength of Achilles, Wilka Mayu (Sacred River), Willow, Zania, Agate-Blue Lace, Apatite-Blue, Apatite-Green, Apatite-Teal, Apatite-Yellow, Azurite-Blue, Azurite/Malachite, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Carnelian, Chalcopyrite, Chrysocolla, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Malachite, Obsidian-Mahogany, Obsidian-Rainbow, Obsidian-Snowflake, Rhodonite, Tsavorite	
<b>Ascension</b>	Anchoring Light, Divine Messenger, Freedom/Libertad, Graceful Shift, High Frequency, Light Codes of Unification, Pineal Light Infusion, Pituitary Master, Azestulite, Beryl-White, Gold-24k, Labradorite, Morganite, Rhodolite, Selenite  Blue Lotus Temple Drops, Illumination, Quintessential Balance, Harmonic Concordance	Blue Lotus Temple Spray, Holy Harmony Spray, Angel Breath Mouth Mist
<b>Assimilation</b>	Complete with the Past, Graceful Shift, Integration, Nature Communion, Sublime Chocolate, Sweet New Beginnings, Agate-Moss, Alexandrite, Calcite-Amber, Gold-24k, Pyrite, Silver  Down to Earth,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Asthma</b>	Awakened Thymus Chakra, Deep Breath, Freedom/Libertad, High Frequency, Solar Power, Wild Rose, Aquamarine, Calcite-Green, Fluorite-Green, Malachite, Moldavite, Morganite, Pyrite, Quartzite, Spinel-Purple, Topaz-Imperial,  Quintessential Balance	Holy Harmony Spray, Angel Breath Mouth Mist
<b>Astral Travel</b>	13th Gate, Anchoring Light, High Frequency, Light Navigator, Zeal Point Magenta Chakra, Chaska, Azestulite, Howlite, Iolite, Labradorite, Lepidolite  Illumination	Transcendence Spray
<b>Athlete's Foot</b>	Dance, Let Go and Trust, Rock Water, Strength of Achilles, Walnut, Wilka Mayu (Sacred River)  Graceful Passages	Angel Drops
<b>Attention Deficit (Hyperactive) Disorder (ADD/ADHD)</b>	Articulate Expression, Creation/Focus, Divine Child, Earth is My Heaven, Strength and Chi, Vervain, Agate-Blue Lace, Pearl-Soul Shine, Sodalite-Transparent Indigo, Sugilite-Purple, Tourmaline-Blue,  Attention Formula, Brilliant Student, Happy Kid Drops,	FAB Spray, Happy Kid Spray,
<b>Attunement (to Higher Realms)</b>	Anchoring Light, Divine Messenger, Endearing Remembrance, Grace of Creation, High Frequency, Light Codes of Unification, Nature Communion, Pineal Light Infusion, Pituitary Master, Soul Family, Wisdom of Bliss, Aquamarine, Azestulite, Chrysoberyl-Yellow, Kunzite-Clear/Pink/Yellow, Moonstone-Blue Rainbow, Quartz-Clear, Quartz-Rutilated, Turquoise-Blue,  Blue Lotus Temple, Illumination	Angel Rejuvenation Spray, Blue Lotus Temple Spray, Transcendence Spray
<b>Audition / Interview</b> <i>See Also: Performance</i>	Articulate Expression, Balance and Stability, Brave Heart, Cerato, Dance, Fairy Princess, Faith and Courage, I Remember, My Passion, Stand Tall, Citrine, Labradorite, Sapphire-Blue,  Brilliant Student, Prosperity Alchemy Drops, Soul Purpose,	FAB Spray, Leap of Faith Spray, Prosperity Alchemy Spray, Star Speaker Mouth Mist,
<b>Aura</b>	See: Cleansing, Aura / Environment	
<b>Autism</b>	Articulate Expression, Divine Child, Pituitary Master, Whale Time, Charoite, Malachite, Opal-Pink,  Attention Formula, Happy Kid Drops	FAB Spray, Happy Kid Spray
<b>Awareness</b>	Ancient Wisdom, Clematis, Expanded Awareness, High Frequency, My Passion, Pituitary Master, True Compassion, Chrysoberyl-Green, Jasper-Picture, Kyanite, Lapis Lazuli, Lepidolite, Selenite, Topaz-Imperial, Tourmaline-Blue,	Angel Rejuvenation Spray, Blue Lotus Temple Spray

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Back Issues</b> <i>See Also: Spine / Spinal Column</i>	Balance and Stability, Be Nurtured, Faith and Courage, God/Goddess Unity, Initiation of the Heartlight, Male Strength, Master Teacher, One Heart, Recalibrate and Flourish, Soul Force Balance, Strength and Chi, Wilka Mayu (Sacred River), Apatite-Teal, Carnelian, Gold-24k, Ruby, Prosperity Alchemy Drops, Quintessential Balance,	Prosperity Alchemy Spray,
<b>Balance, Emotional/Mental</b>	Balance and Stability, Cherry Plum, God/Goddess Unity, Gold + Silver/White Chakra, Integration, One Heart, Soul Force Balance, Sweet New Beginnings, Apatite-Teal, Aquamarine, Azurite/Malachite, Chrysoprase, Coral-Pink, Fluorite-Green, Fuchsite/Ruby/Kyanite, Moonstone-Blue Rainbow, Moonstone-Clear, Quartz-Clear, Rhodochrosite, Topaz-Blue, Emancipated Master, Quintessential Balance	Holy Harmony Spray
<b>Balance, Physical</b>	About Face, Balance and Stability, Recalibrate and Flourish, Strength and Chi, Hessonite, Quartz-Clear, Quintessential Balance	Cool Flash Spray
<b>Baldness</b>	See: Hair Loss	
<b>Bedwetting (Enuresis)</b>	Divine Child, Earth is My Heaven, Mimulus, Solar Power, Tourmaline-Green, Happy Kid Drops	Happy Kid Spray
<b>Bell's Palsy</b>	About Face, Eternal Youth, For Giving, Freedom/Libertad, Honeysuckle, I Am Gratitude / Mustard, Magic Healer, Rock Water, Larimar, Forever Young,	Angel Rejuvenation Spray,
<b>Belonging</b>	Early Bloomer, Earth is My Heaven, One Heart, Soul Family, Kunzite-Clear/Pink/Yellow, Moldavite, Loving Thoughts,	
<b>Bi-Polar Disorder</b>	Cherry Plum, Freedom/Libertad, Violet Flame, Sugilite-Purple, Tourmaline-Yellow, Quintessential Balance,	
<b>Birth Defects</b>	Divine Child, Freedom/Libertad, Let The Light In, Pituitary Master, Star of Bethlehem, Happy Kid Drops, Quintessential Balance, Soul Purpose,	Crystal Clear Spray, Happy Kid Spray,
<b>Bites (Animal, Insect)</b>	Faith and Courage, For Giving, Intimacy, Magic Healer, Shield of Light Drops,	Celebration Blessings Spray

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Bitterness</b>	Divine Goddess, For Giving, Gold+Silver/White Chakra, I Am Gratitude / Mustard, My Passion, Open Mind/Future Vision, Sweet New Beginnings, Wild Rose, Wilka Mayu (Sacred River), Willow,  Celebration Drops,	Celebration Blessings Spray
<b>Bladder</b>	Aspen, Complete with the Past, For Giving, Let Go and Trust, Rock Water, Sweet New Beginnings, True Compassion, Walnut, Bloodstone, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Chalcedony-Blue, Citrine, Coral-Red, Kyanite, Prehnite, Quartz-Clear, Spinel-Blue, Spinel-Green, Tourmaline-Blue, Turquoise-Blue,  Loving Thoughts, Kidney Formula,	
<b>Blame</b>	About Face, Cooperative Service, Divine Goddess, For Giving, Freedom/Libertad, Light Codes of Unification, Master Teacher, One Heart, True Compassion, Willow,	
<b>Bliss</b>	Gold + Silver/White Chakra, Pure Joy, Wisdom of Bliss,  Blue Lotus Temple, Celebration Drops,	Blue Lotus Temple Spray, Celebration Blessings Spray, Transcendence Spray
<b>Blisters</b>	Dance, Strength of Achilles, Sweet New Beginnings, Moonstone-Clear, Quartz-Clear, Quartz-Rose	
<b>Bloating</b>	Azurite/Malachite, Hessonite, Mookaite, Moonstone-Clear, Quartz-Rose,  Magnificent Moontime, Perfect Weight	
<b>Blood</b>	Ancient Wisdom, Artistic Inspiration, Freedom/Libertad, God/Goddess Unity, Pure Joy, Recharge and Nourish, Wise Body, Agate-White, Amethyst, Bloodstone, Bronzite, Carnelian, Chalcedony-Blue, Chalcedony-Yellow, Citrine, Coral-Pink, Coral-Red, Coral-White, Fuchsite/Ruby/Kyanite, Hessonite, Lepidolite, Mookaite, Opal-Andean Blue, Opal-Clear, Opal-Dendrite, Opal-Ethiopian, Opal-Fire, Opal-Pink, Prehnite, Quartz-Rutilated, Rhodonite, Ruby, Sapphire-Blue, Sapphire-Green, Sapphire-Pink, Sapphire-Yellow, Spinel-Deep Red, Sugilite-Pink/Purple, Sugilite-Purple	
<b>Blood Sugar</b> <i>See Also: Diabetes</i>	Sublime Chocolate, Amazonite, Chrysocolla,	
<b>Blood Pressure, High</b>	Be Nurtured, Complete with the Past, For Giving, God/Goddess Unity, Initiation of the Heartlight, Master Teacher, One Heart, Azurite-Blue, Azurite/Malachite, Bloodstone, Ruby, Topaz-Imperial	
<b>Blood Pressure, Low</b>	Be Nurtured, Divine Child, Mother and Child ReUnion, My Passion, Pure Joy, Wild Rose, Aventurine-Peach, Bloodstone, Calcite-Amber, Carnelian, Coral-Red, Jasper-Picture, Jasper-Poppy, Ruby, Spinel-Red, Unakite,	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Bodywork</b>	Shield of Light Drops,	Crystal Clear Spray, Shield of Light Spray
<b>Boils</b>	Clear Head, For Giving, One Heart, Loving Thoughts,	Holy Harmony Spray
<b>Bonding</b>	Cooperative Service, One Heart, Sacred Union, Soul Family,	Celebration Blessings Spray
<b>Bones</b>	Ancient Wisdom, Balance and Stability, Majestic Mandala, Recalibrate and Flourish, Sweet New Beginnings, Agate-Blue Lace, Agate-Botswana, Apatite-Blue, Apatite-Green, Agate-Yellow, Apatite-Teal, Azurite-Blue, Azurite/Malachite, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Chalcedony-Blue, Chalcedony-Yellow, Chrysocolla, Coral-Pink, Coral-Red, Coral-White, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Howlite, Jasper-Picture, Lapis Lazuli, Opal-Dendrite, Pyrite, Scapolite  Quintessential Balance,	
<b>Bone Marrow</b>	Balance and Stability, Be Nurtured, Divine Goddess, Oak, Bloodstone, Chalcedony-Yellow, Lapis Lazuli, Malachite, Marble, Spinel-Orange, Tavorite	
<b>Boundaries</b>	Cerato, Faith and Courage, Spirited, Audacious and Bold, Spunky, Solar Power,	Shield of Light Spray
<b>Brain</b>	Ancient Wisdom, Freedom/Libertad, Pineal Light Infusion, Pituitary Master, Strength and Chi, Agate-Blue Lace, Alexandrite, Ametrine, Apatite-Teal, Azurite-Blue, Coral-White, Diamond, Emerald, Fluorite-Purple Rainbow, Fluorite-Yellow, Gold-24k, Kyanite, Labradorite, Lepidolite, Marble, Moldavite, Moonstone-Blue Rainbow, Obsidian-Rainbow, Rhodolite, Spinel-Deep Red, Spinel-Orange, Sugilite-Pink/Purple, Sugilite-Purple, Tanzanite, Tourmaline-Blue, Tourmaline-Green, Tourmaline-Orange, Tourmaline-Purple, Tourmaline-Yellow	
<b>Breasts</b>	Be Nurtured, Bushilla, Divine Child, Divine Goddess, High Frequency, Oak, Recharge and Nourish, Wild Feminine, Calcite-Green, Coral-Pink, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Quartz-Rose, Sapphire-Pink, Selenite	
<b>Breath (Odor)</b>	Art of Gentle Communication, Deep Breath, For Giving, Freedom/Libertad, Zeal Point Magenta Chakra,  Loving Thoughts,	Angel Breath Mouth Mist, Star Speaker Mouth Mist, Yoga Mind Mouth Mist
<b>Breathing</b>	Deep Breath, For Giving, High Frequency, My Passion, Apatite-Blue, Apatite-Green, Aventurine-Blue, Calcite-Green, Fluorite-Blue, Fluorite-Green, Lapis Lazuli, Malachite, Opal-Andean Blue, Spinel-Blue, Sunstone, Topaz-Blue, Tourmaline-Blue, Turquoise-Green, Unakite,	Yoga Mind Mouth Mist

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Broken Heart</b>	Doorway to the Heart, Endearing Remembrance, For Giving, High Frequency, One Heart, Star of Bethlehem, Kunzite-Clear/Pink/Yellow, Morganite, Quartz-Rose, Ruby, Sapphire-Pink,  Loving Thoughts, Shield of Light Drops,	Holy Harmony Spray,
<b>Bronchitis</b>	Deep Breath, Epic Tolerance, High Frequency, Strength of Achilles, Amazonite, Azurite/Malachite, Calcite-Green, Chalcedony-Blue, Fluorite-Green, Gold-24k, Kyanite, Nephrite, Pyrite, Quartz-Rose, Quartz-Rutilated, Sunstone  Quintessential Balance, Shield of Light Drops, Super Immune Drops	Shield of Light Drops, Super Immune Spray
<b>Bruises</b>	Art of Gentle Communication, Be Nurtured, Faith and Courage, Magic Healer, Amazonite	
<b>Bulimia</b>	Be Nurtured, Divine Child, Earth is My Heaven, Mimulus, The Way I Am, Wild Feminine, Wild Rose, Quartz-Rose,  Perfect Weight, Shield of Light Drops,	Love Lover Beloved Spray, Shield of Light Spray
<b>Burn-Out</b>	Echinacea Energy, Eternal Youth, Inocencia Coca, My Passion, Oak, Olive, Recharge and Nourish, Strength and Chi, Sweet New Beginnings,  Soul Purpose,	Angel Rejuvenation Spray,
<b>Burns</b>	Clear Head, Epic Tolerance, Magic Healer, Star of Bethlehem, Chrysocolla, Quartz-Clear, Quartz-Rose, Tourmaline-Blue,  Quintessential Balance, Loving Thoughts, Shield of Light Drops,	Cool Flash Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Caffeine</b>	Clear Head, Clematis, Creation/Focus, Emancipation, Inocencia Coca, Spicy Vitality, Spunky, Sublime Chocolate, Wild Oat, Mookaite,  Attention Formula, Emancipated Master, Perfect Weight,	FAB Spray,
<b>Calming</b>	Art of Gentle Communication, Aspen, Balance and Stability, Be Nurtured, Cherry Plum, Emancipation, Faith and Courage, Full Moonlight, Gold + Silver/White Chakra, Initiation of the Heartlight, Rock Rose, Star of Bethlehem, Agate-Blue Lace, Amethyst, Apatite-Teal, Aventurine-Blue, Aventurine-Yellow, Azurite-Blue, Bronzite, Chrysocolla, Chrysoprase, Fuchsite/Ruby/Kyanite, Diopside, Fluorite-Blue, Howlite, Kyanite, Larimar, Moonstone-Blue Rainbow, Moonstone-Green, Nephrite, Opal-Andean Blue, Opal-Pink, Pearl-Soul Shine, Prehnite, Sapphire-Green, Selenite, Sodalite-Transparent Indigo, Tourmaline-Pink,  Peaceful Sleep, Quintessential Balance,	Angel Rejuvenation Spray, Holy Harmony Spray, Shield of Light Spray, Transcendence Spray, Yoga Mind Mouth Mist,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Cancer</b>	About Face, Deep Breath, Expanded Awareness, For Giving, Let The Light In, Star of Bethlehem, Sweet New Beginnings, The Way I Am, Wild Rose, Willow, Aventurine-Green, Bloodstone, Calcite-Green, Emerald, Fluorite-Green, Gold-24k, Malachite, Selenite, Tektite  Loving Thoughts, Super Immune Drops, Vortex of Harmony,	Super Immune Spray
<b>Candida</b>	About Face, Balance and Stability, Chicory~Cornflower, Clear Head, Crabapple, Creation/Focus, Epic Tolerance, I Am Gratitude / Mustard, Intimacy, Let Go and Trust, Oak, Purification, Bloodstone, Charoite, Lepidolite, Quartz-Clear, Obsidian-Snowflake,  Emancipated Master, Loving Thoughts, Super Immune Drops,	Super Immune Spray
<b>Caring</b>	Be Nurtured, For Giving, One Heart, Solar Power, True Compassion,  Loving Thoughts,	
<b>Carpal-Tunnel Syndrome</b>	I Am Gratitude / Mustard, Recalibrate and Flourish, Wilka Mayu (Sacred River), Willow, Fuchsite/Ruby/Kyanite	
<b>Cartilage</b>	Agate-Yellow, Apatite-Blue, Apatite-Green, Apatite-Teal, Larimar, Sunstone, Tsavorite	
<b>Cataracts</b>	Anchoring Light, Gorse, Open Mind/Future Vision, Sweet New Beginnings, Telepathic Reception, Wild Rose, Chrysoberyl-Green, Chrysoberyl-Yellow, Scapolite, Turquoise-Blue, Turquoise-Green	
<b>Cellulite</b>	For Giving, Freedom/Libertad, One Heart, Pine, Apatite-Teal, Apatite-Yellow, Sardonyx-Black, Sardonyx-Red, Scapolite,  Loving Thoughts, Perfect Weight,	Love Lover Beloved Spray
<b>Centeredness</b>	Balance and Stability, Divine Goddess, Faith and Courage, Graceful Shift, High Frequency, I Am Gratitude / Mustard, Initiation of the Heartlight, Nature Communion, Soul Force Balance,  Down to Earth, Quintessential Balance,	
<b>Chakras, All</b>	Balance and Stability, QUARTZ-CLEAR	
<b>Chakra, 1st (Root)</b>	Dance, Divine Goddess, Let Go and Trust, Mango Paradise, Nature Communion, Spirited, Audacious and Bold, Agate-Moss, Andalucite, Coral-Red, Fuchsite/Ruby/Kyanite, Jasper-Polychrome, Moldavite, Obsidian-Mahogany, Obsidian-Rainbow, Obsidian-Snowflake, Opal-Dendrite, Ruby, Sardonyx-Red, Tektite,	
<b>Chakra, 2nd (Sacral)</b>	Bushilla, Mango Paradise, Spirited, Audacious and Bold, Spunky, Alexandrite, Aventurine-Peach, Carnelian, Garnet-Mandarin, Jasper-Leopard, Jasper-Polychrome, Jasper-Poppy, Sardonyx-Red, Spinel-Orange, Sunstone, Tourmaline-Orange, Tourmaline-Yellow, Zoisite/Ruby,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Chakra, 3rd, (Solar Plexus)</b>	Solar Power, Spirited, Audacious and Bold, Agate-Yellow, Ametrine, Apatite-Yellow, Aventurine-Peach, Bronzite, Chrysoberyl-Green, Chrysoberyl-Yellow, Chrysocolla, Citrine, Fluorite-Yellow, Garnet-Mandarin, Hessonite, Jasper-Polychrome, Opal-Fire, Pyrite, Sardonyx-Black, Sardonyx-Red, Sapphire-Yellow, Tourmaline-Yellow, Unakite,	
<b>Chakra, 4th (Heart)</b>	Doorway to the Heart, High Frequency, Initiation of the Heartlight, One Heart, Agate-Moss, Agate-Tree, Andesine, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Bloodstone, Calcite-Amber, Calcite-Green, Chrysoberyl-Green, Chrysoprase, Coral-Pink, Diopside, Emerald, Fluorite-Green, Jade-Imperial, Kunzite-Clear/Pink/Yellow, Labradorite, Malachite, Moonstone-Green, Morganite, Nephrite, Opal-Andean Blue, Opal-Pink, Phosphosiderite, Quartz-Rose, Quartz-Scepter, Rhodochrosite, Rhodonite, Sapphire-Green, Sapphire-Pink, Spinel-Deep Red, Spinel-Green, Spinel-Pink, Tourmaline-Green,	
<b>Chakra, 5th (Throat)</b>	Cerato, Agate-Blue Lace, Aventurine-Peach, Chalcedony-Blue, Dumortierite-Indigo, Fluorite-Blue, Garnet-Mandarin, Kyanite, Lapis Lazuli, Mookaite, SAPPHIRE-BLUE, Sodalite-Opaque, Spinel-Blue, Tanzanite, Topaz-Blue, Tourmaline-Blue, Turquoise-Blue, Turquoise-Green,	Star Speaker Mouth Mist,
<b>Chakra, 6th (Third Eye)</b>	Grace of Creation, Open Mind/Future Vision, Pineal Light Infusion, Telepathic Reception, Agate-White, Aventurine-Blue, Azurite-Blue, Azurite/Malachite, Beryl-White, Dumortierite-Indigo, Fluorite-Blue, Fuchsite/Ruby/Kyanite, Iolite, Jasper-Picture, Kyanite, Labradorite, Lapis Lazuli, Marble, Moonstone-Blue Rainbow, Moonstone-Clear, Mother of Pearl, Opal-Clear, Pietersite, Prehnite, Quartzite, Riverstone~Sweet Surrender, Scapolite, Sodalite-Transparent Indigo, Spinel-Blue, Spinel-Clear, Sugilite-Pink/Purple, Tanzanite, Tsavorite,	Blue Lotus Temple Spray, Transcendence Spray,
<b>Chakra, 7th (Crown)</b>	Anchoring Light, Artistic Inspiration, Pituitary Master, Agate-Botswana, Amethyst, Ametrine, Azestulite, Calcite-Golden Clear, Chalcedony-Yellow, Charoite, Coral-White, Dumortierite-Indigo, Fluorite-Purple Rainbow, Heliodor, Iolite, Jade-Snow, Jasper-Snake, Jasper-Yellow Beige, Lavender, Lepidolite, Opal-Ethiopian, Pearl~Soul Shine, Quartz-Rutilated, Selenite, Spinel-Green, Spinel-Purple, Sugilite-Purple, Tanzanite, Tourmaline-Purple,	Blue Lotus Temple Spray, Transcendence Spray,
<b>Chakra, 8th (Thymus)</b>	Awakened Thymus Chakra, Light Codes of Unification, Amazonite, Apatite-Blue, Apatite-Green, Apatite-Teal, Aquamarine, Aventurine-Peach, Larimar, Turquoise-Green,	
<b>Chakra, 9th (Zeal Point)</b>	Ancient Wisdom, Zeal Point Magenta Chakra, Rhodolite, Tourmaline-Pink,	Star Speaker Mouth Mist,
<b>Chakra, 10th (Halo)</b>	Gold + Silver/White Halo Chakra, Diamond, Gold-24k, SAPPHIRE-YELLOW, Selenite, Topaz-Imperial,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Chakra, 11th (Light Body)</b> See Also: <b>Light Body</b>	Gold + Silver/White Halo Chakra, Sublime Chocolate, Topaz-White,	Yoga Mind Mouth Mist,
<b>Change</b>	Adaptability, Epic Tolerance, Faith and Courage, Graceful Shift, Integration, Let Go and Trust, Walnut, Wilka Mayu (Sacred River), Wisdom of Bliss, Chalcedony-Yellow, Alexandrite, Chrysoberyl-Green, Charoite, Fluorite-Purple Rainbow, Moldavite, Rhodolite, Sugilite-Pink/Purple  Down to Earth, Graceful Passages,	
<b>Channeling</b>	Divine Messenger, Telepathic Reception, Alexandrite, Azurite-Blue, Chrysoberyl-Green, Dumortierite-Indigo, Fluorite-Blue, Iolite, Lavender, Rhodolite, Tanzanite, Topaz-Blue, Tourmaline-Purple,  Illumination,	
<b>Childbirth</b>	Be Nurtured, Divine Child, Mother and Child ReUnion, Soul Family, Sweet New Beginnings, Coral-Red,  Graceful Passages,	Angel Rejuvenation Spray, Celebration Blessings Spray, Crystal Clear Spray,
<b>Childbirth, Premature</b>	Early Bloomer,  Graceful Passages,	
<b>Children &amp; Child Care</b>	Be Nurtured, Divine Child, Early Bloomer, Otter Delight, Apatite-Blue, Chalcedony-Blue, Coral-White, Mother of Pearl, Opal-Pink, Rhodonite, Nephrite,  Happy Kid Drops,	Happy Kid Spray
<b>Choice</b>	See: Clarity; Decision Making	
<b>Circulation</b>	Awakened Thymus Chakra, Rock Water, Wilka Mayu (Sacred River), Agate-Moss, Bloodstone, Chalcedony-Blue, Citrine, Coral-Red, Kunzite-Clear/Pink/Yellow, Opal-Dendrite, Opal-Ethiopian, Pyrite, Spinel-Orange, Tektite,  Super Immune Drops,	
<b>Cirrhosis</b>	See: Liver	
<b>City Life</b>	Anchoring Light, Cup of Gold, Emancipation, Freedom/Libertad, Nature Communion, Soul Family, Sardonyx-Black, Sardonyx-Red,  Shield of Light Drops, Vortex of Harmony, Earth Balancing Trinity,	Holy Harmony Spray, Sacred Sanctuary Spray, Shield of Light Spray,
<b>Clairvoyance</b> See Also: <i>Psychic Abilities</i>	Grace of Creation, Pineal Light Infusion, Telepathic Reception, Dumortierite-Indigo, Jasper-Picture, Rhodolite, Sodalite-Transparent Indigo, Tanzanite, Tourmaline-Purple,  Illumination,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Clarity</b>	Ancient Wisdom, Balance and Stability, Clear Head, Eternal Youth, I Remember, Inner Guru, Sweet New Beginnings, Telepathic Reception, Wild Oat, Agate-Tree, Agate-White, Amazonite, Aquamarine, Diamond, Fluorite-Blue, Fluorite-Purple Rainbow, Jade-Snow, Marble, Moonstone-Blue Rainbow, Opal-Clear, Opal-Fire, Quartz-Rutilated, Quartzite, Scapolite, Sodalite-Transparent Indigo, Topaz-Blue, Illumination,	Crystal Clear Spray, FAB Spray, Yoga Mind Mouth Mist,
<b>Claustrophobia</b>	Faith and Courage, Freedom/Libertad, Mimulus, Rock Rose, Tourmaline-Green,	
<b>Cleansing, Physical</b>	About Face, Crabapple, Inner Guru, Let Go and Trust, Let The Light In, Open Mind/Future Vision, Purification, Agate-Tree, Agate-Yellow, Aventurine-Green, Chalcedony-Yellow, Emerald, Jasper-Picture, Jasper-Snake, Opal-Fire  Super Immune Drops, Vortex of Harmony	Crystal Clear Spray, Shield of Light Spray, Super Immune Spray
<b>Cleansing, Aura / Environment</b>	Eternal Youth, Gold + Silver/White Chakra, Let The Light In, Nature Communion, Pure and Simple, Purification, Alexandrite, Amethyst, Diamond, Fluorite-Yellow, Prehnite, Quartz-Clear/Rainbow, Selenite, Spinel-Clear,  Shield of Light Drops, Super Immune Drops, Vortex of Harmony	Angel Rejuvenation Spray, Crystal Clear Spray, Sacred Sanctuary Spray, Shield of Light Spray, Super Immune Spray
<b>Clumsiness</b>	Anchoring Light, Balance and Stability,  Quintessential Balance,	
<b>Clutter</b>	Let Go and Trust, Let The Light In, Pure and Simple, Sweet New Beginnings,	Sacred Sanctuary Spray,
<b>Codependency</b>	Cerato, Chicory-Cornflower, Emancipation, Freedom/Libertad, Inner Guru, Mother and Child ReUnion, One Heart, Solar Power, Spirited, Audacious and Bold, Spunky, Star of Bethlehem, Aventurine-Yellow, Bronzite, Dumortierite-Indigo, Iolite, Lepidolite,  Emancipated Master,	
<b>Cold Sores</b>	Art of Gentle Communication, Clear Head, Intimacy,  Loving Thoughts,	Star Speaker Mouth Mist,
<b>Colds</b>	Awakened Thymus Chakra, Clear Head, Complete with the Past, Crabapple, Deep Breath, Echinacea Energy, High Frequency, Soul Force Balance, Wise Body, Agate-Moss, Agate-Tree, Aquamarine-Blue/Green, Bloodstone, Carnelian, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Gold-24k, Jasper-Poppy, Labradorite, Mookaite, Obsidian-Rainbow, Opal-Fire, Sapphire-Blue,  Super Immune Drops,	Super Immune Spray, Star Speaker Mouth Mist,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Colic</b>	Epic Tolerance, Inner Guru, Nature Communion, Nephrite, Loving Thoughts, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Colon</b>	Graceful Shift, Honeysuckle, Let Go and Trust, Let The Light In, Aventurine-Peach	Sacred Sanctuary Spray,
<b>Coma</b>	About Face, Clematis, Earth is My Heaven, Faith and Courage, Gorse, Honeysuckle, Mimulus, Star of Bethlehem, Sweet New Beginnings, Tanzanite, Shield of Light Drops,	Angel Rejuvenation Spray, Shield of Light Spray,
<b>Commitment</b>	Faith and Courage, God/Goddess Unity, One Heart, Sacred Union,	
<b>Communication</b>	Art of Gentle Communication, Articulate Expression, Awakened Thymus Chakra, God/Goddess Unity, One Heart, Zeal Point Magenta Chakra, Apatite-Blue, Sapphire-Blue, Loving Thoughts,	Star Speaker Mouth Mist,
<b>Community</b>	Cooperative Service, Light Codes of Unification, One Heart, Soul Family, True Compassion, Wild Feminine, DoFUN~Being Love, Otter Delight, Celebration, Harmonic Concordance,	Celebration Blessings Spray,
<b>Compassion</b>	Beech, Doorway to the Heart, For Giving, I Am Gratitude / Mustard, Initiation of the Heartlight, My Passion, One Heart, Solar Power, True Compassion, Opal-Pink, Sapphire-Pink, Spinel-Pink, Loving Thoughts,	
<b>Complaining</b>	Be Happy, For Giving, Heather, I Am Gratitude / Mustard, One Heart, Pure Joy, Willow, Wisdom of Bliss,	
<b>Compulsiveness</b>	Balance and Stability, Inocencia Coca, Vervain, Emancipated Master, Quintessential Balance,	
<b>Concentration</b>	See: Focus	
<b>Confidence</b> <i>See Also: Self-Esteem</i>	About Face, Aspen, Brave Heart, Cerato, Fairy Princess, Faith and Courage, My Passion, Solar Power, Stand Tall, Wild Feminine, Agate-Tree, Amazonite, Citrine, Coral-Red, Diamond, Iolite, Labradorite, Larimar, Moonstone-Green, Quartz-Rose, Rhodochrosite, Rhodonite, Fuchsite/Ruby/Kyanite, Sapphire-Yellow, Spinel-Clear, Topaz-Imperial,	Leap of Faith Spray, Star Speaker Mouth Mist,
<b>Confusion</b>	See: Clarity; Decision Making	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Constipation</b>	Complete with the Past, Freedom/Libertad, I Am Generosity, Let Go and Trust, Let The Light In, Rock Water, Wilka Mayu (Sacred River), Chrysoprase, Citrine, Hessonite, Tourmaline-Green, Tourmaline-Orange,	
<b>Contentment</b>	Be Happy, I Am Gratitude / Mustard, Pure Joy	
<b>Control</b>	Chicory~Cornflower, Deep Breath, Faith and Courage, Graceful Shift, God/Goddess Unity, Integration, Let Go and Trust, Oak, Rock Water, Vine, Wilka Mayu (Sacred River), Sapphire-Pink,  Shield of Light Drops,	Shield of Light Spray, Transcendence Spray,
<b>Convalescence / Recuperation</b>	Awakened Thymus Chakra, Be Nurtured, Graceful Shift, Initiation of the Heartlight, Integration, Magic Healer, Recalibrate and Flourish, Recharge and Nourish, Star of Bethlehem, Wise Body,  Forever Young, Quintessential Balance, Super Immune Drops,	Angel Rejuvenation Spray, Super Immune Spray,
<b>Cooperation</b>	Cooperative Service, Nature Communion, One Heart, True Compassion, DoFUN~Being Love, Otter Delight	
<b>Coping</b>	About Face, Brave Heart, Cherry Plum, Faith and Courage, Graceful Shift, Star of Bethlehem,  Down to Earth, Graceful Passages, Quintessential Balance, Shield of Light Drops, Travel Solution,	Holy Harmony Spray, Shield of Light Spray,
<b>Coughs</b>	Articulate Expression, Awakened Thymus Chakra, High Frequency, Spirited, Audacious and Bold, Zeal Point Magenta Chakra, Azurite/Malachite, Mookaite, Quartz-Rose,  Super Immune Drops	Super Immune Spray, Star Speaker Mouth Mist,
<b>Courage</b>	Brave Heart, Cerato, Cherry Plum, Faith and Courage, Freedom/Libertad, Intimacy, Let Go and Trust, Male Strength, Rock Rose, Solar Power, Stand Tall, Spunky, Bloodstone, Chrysocolla, Diamond, Hessonite, Jasper-Poppy, Opal-Andean Blue, Sardonyx-Black, Ruby, Ruby/Fuchsite/Kyanite, Zoisite/Ruby,  Quintessential Balance, Shield of Light Drops,	Shield of Light Spray,
<b>Cosmic Consciousness</b>	13th Gate, Divine Messenger, Freedom/Libertad, Grace of Creation, Gold+Silver/White Chakra, Initiation of the Heartlight, Wisdom of Bliss, Azestulite, ChalcoPyrite, Labradorite, Moldavite, Chaska,  Blue Lotus Temple Drops, Illumination,	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Cramps (Menstrual)</b>	See: Dysmenorrhea (Menstrual Cramps); Menstruation	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Cramps (Muscle)</b>	Anchoring Light, Balance and Stability, Deep Breath, Freedom/Libertad, Gold + Silver/White Chakra, Let Go and Trust, Azurite/Malachite, Chrysocolla, Chrysoprase, Diopside, Lepidolite, Jasper-Leopard, Malachite, Obsidian-Mahogany, Obsidian-Rainbow, Obsidian-Snowflake, Turquoise-Blue, Turquoise-Green  Loving Thoughts, Quintessential Balance,	
<b>Creativity</b>	Artistic Inspiration, Creation/Focus, Divine Goddess, Expanded Awareness, Grace of Creation, I Remember, My Passion, Project Catalyst, Spicy Vitality, Agate-Blue Lace, Agate-Moss, Apatite-Blue, Apatite-Teal, Aquamarine, Aventurine-Peach, Aventurine-Yellow, Carnelian, Fluorite-Yellow, Hessonite, Jasper-Picture, Larimar, Mookaite, Moonstone-Clear, Moonstone-Green, Nephrite, Opal-Ethiopian, Spinel-Orange, Tourmaline-Orange, Tourmaline-Pink, Tourmaline-Yellow,  Brilliant Student,	
<b>Crisis</b>	Aspen, Balance and Stability, Brave Heart, Cherry Plum, Deep Breath, Faith and Courage, Rock Rose, Star of Bethlehem  Down to Earth, Quintessential Balance, Shield of Light Drops,	Angel Rejuvenation Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Criticism</b>	See: Judgmental	
<b>Croup</b>	See: Bronchitis	
<b>Crown Chakra</b>	See: Chakra, 7th (Crown)	
<b>Crystal Children</b>	Be Nurtured, Divine Child, Faith and Courage, Pituitary Master, Regal Amaranth ~ RA, Kunzite-Clear/Pink/Yellow, Opal-Pink, Quartz-Clear, Whale Time,  Happy Kid Drops,	Crystal Clear Spray, Happy Kid Spray, Shield of Light Spray,
<b>Cushing's Disease</b>	About Face, Pituitary Master, Recalibrate and Flourish, Regal Amaranth~RA, Recharge and Nourish, Apatite-Teal, Aventurine-Green, Pietersite,  Vortex of Harmony,	
<b>Cynicism</b>	Be Happy, Faith and Courage, Gorse, Inner Guru, Pure Joy, Wild Rose,  Celebration Drops, Prosperity Alchemy Drops,	Celebration Blessings Spray
<b>Cystitis</b>	See: Bladder	
<b>Cysts</b>	About Face, Complete with the Past, For Giving, Let Go and Trust, One Heart, Rock Water, Star of Bethlehem, Sweet New Beginnings, Wilka Mayu (Sacred River),  Illumination,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Daydreaming</b>	Anchoring Light, Clematis, Creation/Focus, Deep Breath, Integration, I Remember, My Passion, Nature Communion, Open Mind/Future Vision,  Down to Earth, Brilliant Student,	
<b>Death and Dying</b>	Endearing Remembrance, Graceful Shift, High Frequency, Soul Family, Star of Bethlehem, Zeal Point Magenta Chakra,  Graceful Passages,	
<b>Decision Making</b>	Ancient Wisdom, Cerato, Clear Head, Creation/Focus, High Frequency, Inner Guru, I Remember, Majestic Mandala, Telepathic Reception, Wild Oat, Aventurine-Yellow, Lapis Lazuli, Selenite, Topaz-Imperial,  Soul Purpose,	
<b>Denial</b>	About Face, Emancipation, Faith and Courage, I Remember, Pineal Light Infusion, Walnut, Willow, Fluorite-Purple Rainbow,  Illumination,	
<b>Depression</b>	Be Happy, Divine Child, Eternal Youth, Faith and Courage, Freedom/Libertad, Gorse, High Frequency, I Am Gratitude / Mustard, My Passion, Pure Joy, Star of Bethlehem, Walnut, Zania, Agate-Moss, Carnelian, Citrine, Hessonite, Jade-Snow, Labradorite, Lepidolite, Quartz-Rutilated, Sunstone, Tourmaline-Purple, Turquoise-Blue, Turquoise-Green,  Soul Purpose,	Celebration Blessings Spray, Holy Harmony Spray, Leap of Faith Spray,
<b>Destiny</b>	Ancient Wisdom, Inner Guru, I Remember, ChalcoPyrite, Labradorite, Moonstone-Green, Tavorite, Whale Time,  Soul Purpose,	
<b>Determination</b>	Deep Breath, Freedom/Libertad, Gold+ Silver/White Chakra, Spunky, Stand Tall, Zeal Point Chakra, Spinel-Orange,  Quintessential Balance,	
<b>Detoxification</b>	About Face, Balance and Stability, Crabapple, Emancipation, I Am Generosity, Inner Guru, Integration, Let The Light In, Magic Healer, Purification, Wild Feminine, Agate-Yellow, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Bloodstone, Calcite-Green, Citrine, Diopside, Jade-Imperial, Jasper-Snake, Jasper-Yellow Beige, Malachite, Turquoise-Blue,  Super Immune Drops,	Crystal Clear Spray, Super Immune Spray,
<b>Diabetes (Hyperglycemia, Mellitus)</b>	Divine Child, Earth is My Heaven, For Giving, Honeysuckle, Let Go and Trust, Sweet New Beginnings, Sublime Chocolate, Wisdom of Bliss, Amazonite, Citrine, Diopside, Emerald, Opal-Pink, Prehnite, Spinel-Green, Spinel-Orange, Tourmaline-Green	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Diarrhea</b>	About Face, Balance and Stability, Graceful Shift, Integration, Agate-Moss, Tourmaline-Green,	
<b>Digestive System</b>	About Face, Anchoring Light, Faith and Courage, Graceful Shift, Inner Guru, Let Go and Trust, Mango Paradise, Recharge and Nourish, Solar Power, Soul Force Balance, Sweet New Beginnings, Walnut, Agate-Blue Lace, Agate-Botswana, Agate-Moss, Agate-White, Chrysoprase, Chrysocolla, Citrine, Garnet-Mandarin, Hessonite, Jasper-Leopard, Jasper-Picture, Jasper-Poppy, Jasper-Snake, Jasper-Yellow Beige, Labradorite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Obsidian-Mahogany, Obsidian-Rainbow, Obsidian-Snowflake, Pearl-Soul Shine, Quartz-Clear,	
<b>Dignity</b>	Fairy Princess, Inner Guru, Regal Amaranth ~ RA, Solar Power,	
<b>Direction</b>	Ancient Wisdom, Inner Guru, Light Navigator, Wild Oat, Soul Purpose,	
<b>Disillusionment</b>	About Face, Faith and Courage, I Am Gratitude / Mustard, Let Go and Trust, Pure Joy, Illumination,	
<b>Disorientation</b>	Clear Head, Balance and Stability, I Remember, Light Navigator, Down to Earth, Quintessential Balance,	Crystal Clear Spray
<b>Dizziness</b>	See: Vertigo	
<b>DNA (Repair, Restructuring, Enhancement)</b>	Pineal Light Infusion, Recalibrate and Flourish, Sublime Chocolate, Ametrine, Chalcopyrite, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Gold-24k, Jasper-Leopard, Lapis Lazuli, Lepidolite, Malachite, Moldavite, Nephrite, Pyrite, Zoisite/Ruby, Whale Time,	
<b>Dogmatic</b>	Art of Gentle Communication, Dance, Faith and Courage, Freedom/Libertad, Let Go and Trust, Vervain, Wild Feminine, Zania,	
<b>Dominating</b>	Be Nurtured, God/Goddess Unity, Initiation of the Heartlight, Master Teacher, One Heart, Vine	
<b>Dreamwork</b>	Anchoring Light, Ancient Wisdom, Faith and Courage, High Frequency, I Remember, Inner Guru, Open Mind/Future Vision, Pineal Light Infusion, Azurite-Blue, Lapis Lazuli, Larimar, Selenite  Illumination, Soul Purpose,	
<b>Dyslexia</b>	Articulate Expression, Malachite, Opal-Pink, Scapolite, Sugilite-Purple,  Attention Formula, Brilliant Student,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Dysmenorrhea (Menstrual Cramps)</b>	Bushilla, Divine Goddess, Mother and Child ReUnion, The Way I Am, Wild Feminine, Carnelian, Hessonite, Jasper-Leopard, Moonstone-Green, Mother of Pearl, Ruby, Sapphire-Pink,  Magnificent Moontime, Radiant Sensuality	Love, Lover, Beloved Spray
<b>Earache</b>	Ancient Wisdom, Divine Child, Early Bloomer, Inner Guru, Strength of Achilles, Zeal Point Magenta Chakra, Bronzite, Citrine, Moonstone-Blue Rainbow, Rhodonite, Tourmaline-Blue, Turquoise-Blue, Turquoise-Green, Otter Delight,  Super Immune Drops,	Holy Harmony Spray, Angel Breath Mouth Mist, Star Speaker Mouth Mist,
<b>Earth Healing</b>	Balance and Stability, Divine Goddess, Nature Communion, Pure and Simple, Chrysocolla, Obsidian-Mahogany,  Earth Balancing Trinity,	
<b>Eczema</b>	Clear Head, Faith and Courage, I Remember, Intimacy, Let Go and Trust,	Angel Rejuvenation Spray,
<b>Ego, Balancing</b>	Cooperative Service, Humility, I Am Gratitude / Mustard, Inner Guru, Solar Power, Alexandrite, Chrysoberyl-Green, Apatite-Yellow, Heliodor, Opal-Clear, Sugilite,	
<b>Electrical System</b>	Recalibrate and Flourish, Gold-24K, Topaz-Imperial,  Super Immune Drops,	Super Immune Spray,
<b>Electromagnetic Field (EMF) Protection</b>	Balance and Stability, Inocencia Coca, Strength of Achilles, Agate-Botswana, Amazonite, Chrysocolla, Lepidolite, Quartz-Rutilated, Sardonyx-Black, Sardonyx-Red, Tourmaline-Purple,  Shield of Light Drops, Travel Solution, Vortex of Harmony,	Shield of Light Spray,
<b>Emergencies</b>	Balance and Stability, Bushilla, Deep Breath, Faith and Courage, Integration, Rock Rose, Star of Bethlehem,  Down to Earth, Quintessential Balance, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Emotional Blockages</b>	About Face, Divine Child, Emancipation, For Giving, One Heart, Coral-Pink, Howlite, Moonstone-Green, Morganite, Opal-Clear, Rhodochrosite, Rhodonite, Quartz-Rose, Ruby, Sapphire-Pink, Spinel-Pink, Sugilite-Pink/Purple, Tourmaline-Pink, Zoisite/Ruby,	
<b>Emotional Cleansing / Release</b>	Be Nurtured, Full Moonlight, Let Go and Trust, Mother and Child ReUnion, One Heart, Purification, Fluorite-Green, Mother of Pearl, Quartz-Rose,  Magnificent Moontime, Quintessential Balance,	
<b>Emotional Detachment</b>	Divine Goddess, Faith and Courage, Graceful Shift, High Frequency, I Am Gratitude / Mustard, Nature Communion,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Empathy</b>	Beech, Divine Child, Light Codes of Unification, One Heart, Pituitary Master, True Compassion, Emerald, Moonstone-Blue Rainbow, Morganite, Sapphire-Yellow,  Loving Thoughts,	
<b>Empowerment</b>	Anchoring Light, Ancient Wisdom, Cerato, Divine Goddess, Emancipation, Epic Tolerance, Faith and Courage, Freedom/Libertad, Inner Guru, Light Navigator, Male Strength, Open Mind/Future Vision, Pituitary Master, Solar Power, Spirited, Audacious and Bold, Spunky, Willow, Lapis Lazuli, Sapphire-Blue, Scapolite, Tavorite, Unakite,  Prosperity Alchemy Drops, Shield of Light Drops, Soul Purpose	Shield of Light Spray, Star Speaker Mouth Mist,
<b>Emptiness</b>	Be Nurtured, Gold + Silver/White Chakra, Gorse, Inner Guru, Morganite, Mother of Pearl, Quartz-Rose,	
<b>Endocrine System</b>	Initiation of the Heartlight, Amethyst, Apatite-Teal, Garnet-Mandarin, Gold-24k, Jasper-Yellow Beige, Pietersite, Topaz-Imperial, Tourmaline-Pink,  Super Immune Drops,	Super Immune Spray
<b>Energy Level, Increasing/Balancing</b>	Echinacea Energy, Eternal Youth, High Frequency, Olive, Spicy Vitality, Strength and Chi, Alexandrite, Labradorite, Mookaite, Opal-Dendrite, Coral-Pink, Coral-Red, Jasper-Poppy, Tourmaline-Orange,  Forever Young, Man Alive,	FAB Spray
<b>Enlightenment</b>	Divine Messenger, Faith and Courage, Grace of Creation, Initiation of the Heartlight, Light Codes of Unification, Pineal Light Infusion, Pituitary Master, Wisdom of Bliss, Obsidian-Rainbow, Spinel-Purple,  Blue Lotus Temple Drops, Illumination,	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Enthusiasm</b>	Dance, Eternal Youth, High Frequency, I Am Gratitude / Mustard, My Passion, Pure Joy, Zania,  Celebration Drops, Forever Young, Prosperity Alchemy Drops,	Celebration Blessings Spray, Prosperity Alchemy Spray
<b>Evolution</b>	Divine Messenger, Freedom/Libertad, Pineal Light Infusion, Malachite,	
<b>Exhaustion</b>	See: Fatigue	
<b>Expression</b>	Articulate Expression, Artistic Inspiration, Creation/Focus, Freedom/Libertad, Project Catalyst, Spirited, Audacious and Bold, Zeal Point Magenta Chakra, Agate-Blue Lace, Moonstone-Green, Opal-Andean Blue, Sapphire-Blue, Topaz-Imperial,  Brilliant Student	Star Speaker Mouth Mist
<b>Extraterrestrials</b>	13th Gate, Fuchsite/Ruby/Kyanite, Moldavite, Tektite, Chaska	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Eyes</b> <i>See also: Glaucoma; Sight</i>	Anchoring Light, Expanded Awareness, Agate-Blue Lace, Agate-Moss, Agate-White, Ametrine, Andalucite, Apatite-Blue, Apatite-Yellow, Aventurine-Green, Beryl-White, Chalcedony-Blue, Chalcedony-Yellow, Charoite, Chrysoberyl-Green, Chrysoberyl-Yellow, Chrysoprase, Diamond, Emerald, Fluorite-Blue, Iolite, Kyanite, Labradorite, Lapis Lazuli, Moonstone-Clear, Obsidian-Snowflake, Opal-Andean Blue, Opal-Clear, Opal-Dendrite, Opal-Ethiopian, Opal-Fire, Opal-Pink, Quartzite, Sapphire-Blue, Sapphire-Green, Sapphire-Pink, Sapphire-Yellow, Scapolite, Spinel-Blue, Spinel-Green, Sugilite-Purple, Tanzanite, Topaz-Blue, Tourmaline-Blue, Tourmaline-Green, Turquoise-Blue, Turquoise-Green	
<b>Face</b>	About Face, Brave Heart, God/Goddess Unity, Humility, Initiation of the Heartlight, Intimacy, Magic Healer, Pine, Regal Amaranth~RA, Spirited, Audacious and Bold, Stand Tall, Zania, Opal-Ethiopian, Pearl~Soul Shine,  Forever Young,	Angel Rejuvenation Spray,
<b>Fainting</b>	Brave Heart, Clematis, Mimulus, Rock Rose,	
<b>Faith</b>	Faith and Courage, Let Go and Trust,	Leap of Faith Spray
<b>Family Harmony</b>	Cooperative Service, Divine Child, Early Bloomer, Emancipation, Faith and Courage, Freedom/Libertad, Inner Guru, One Heart, Open Mind/Future Vision, Soul Family, Larimar, Opal-Pink, Sapphire-Pink, Otter Delight,  Happy Kid Drops	Crystal Clear Spray, Happy Kid Spray, Holy Harmony Spray, Sacred Sanctuary Spray
<b>Fasting</b>	Crabapple, Let The Light In, Pure and Simple, Purification, Agate-Yellow, Jasper-Leopard, Opal-Fire,	
<b>Father Issues</b>	Solar Power, Spunky, Tourmaline-Green,	
<b>Fatherhood</b>	Brave Heart, Divine Child, God/Goddess Unity, Inner Guru, Male Strength, One Heart, Solar Power, Citrine, Emerald, Gold-24k, Tourmaline-Green,  Happy Kid Drops, Man Alive, Prosperity Alchemy Drops	Happy Kid Spray, Holy Harmony Spray, Prosperity Alchemy Spray
<b>Fatigue</b>	Balance and Stability, Dance, Divine Child, Echinacea Energy, Eternal Youth, High Frequency, Inocencia Coca, My Passion, Olive, Pure Joy, Recalibrate and Flourish, Recharge and Nourish, Regal Amaranth~RA, Spicy Vitality, Strength and Chi, Sublime Chocolate, Wild Rose, Ametrine, Apatite-Yellow, Emerald, Gold-24k, Lepidolite, Pietersite, Quartz-Rutilated, Sunstone, Tourmaline-Green,  Brilliant Student, Forever Young, Quintessential Balance,	Angel Rejuvenation Spray, Cool Flash Spray, FAB Spray

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Fear</b>	Aspen, Awakened Thymus Chakra, Be Nurtured, Brave Heart, Cherry Plum, Faith and Courage, Freedom/Libertad, I Remember, Let Go and Trust, Mimulus, Rock Rose, Star of Bethlehem, Violet Flame, Zeal Point Magenta Chakra, Diamond, Diopside, Labradorite, Larimar, Obsidian-Rainbow, Sapphire-Blue, Tektite,  Quintessential Balance, Shield of Light Drops, Vortex of Harmony,	Angel Rejuvenation Spray, Shield of Light Spray,
<b>Feet</b>	Anchoring Light, Dance, Graceful Shift, Stand Tall, Walnut, Larimar, Pietersite, Sunstone, Whale Time,	Leap of Faith Spray,
<b>Feminine Aspects</b>	Bushilla, Divine Goddess, Full Moonlight, Pineal Light Infusion, Wild Feminine, Moonstone-Green, Quartz-Rose, Sapphire-Pink, Spinel-Pink, Tourmaline-Pink,  Magnificent Moontime, Radiant Sensuality	Love, Lover, Beloved Spray
<b>Feng Shui</b>	Let Go and Trust, Let The Light In, Pure and Simple, Purification	Crystal Clear Spray, Sacred Sanctuary Spray
<b>Fertility &amp; Conception</b>	Bushilla, Eternal Youth, Floral Erotica, Male Strength, Mother and Child ReUnion, Nature Communion, Soul Family, Spunky (male), Agate-Moss, Aventurine-Peach, Azurite-Blue, Carnelian, Chrysoprase, Hessonite, Jade-Imperial, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Pearl-Soul Shine, Quartz-Rose, Quartz-Rutilated, Rhodonite, Ruby, Spinel-Orange, Tourmaline-Pink (female), Tourmaline Green (male), Tourmaline-Orange,  Magnificent Moontime, Man Alive, Radiant Sensuality,	Love, Lover, Beloved Spray
<b>Fever</b>	Ancient Wisdom, Clear Head, Master Teacher, Recharge and Nourish, Wise Body, Agate-Blue Lace, Chrysocolla, Fuchsite/Ruby/Kyanite, Iolite, Opal-Andean Blue, Opal-Clear, Opal-Dendrite, Opal-Ethiopian, Opal-Fire, Opal-Pink, Pyrite, Ruby, Sodalite-Opaque, Sodalite-Transparent Indigo, Tektite,  Super Immune Drops,	Cool Flash Spray, Super Immune Spray
<b>Fingers</b>	Emancipation, Let Go and Trust, Majestic Mandala, New Perspective, Rock Water, Calcite-Amber,	
<b>First Aid</b>	Balance and Stability, Rock Rose, Star of Bethlehem,  Quintessential Balance	Angel Rejuvenation Spray, Angel Drops
<b>Flexibility</b>	Ancient Wisdom, Awakened Thymus, Be Nurtured, God/Goddess Unity, I Am Generosity, I Am Gratitude / Mustard, Initiation of the Heartlight, Master Teacher, Let Go and Trust, One Heart, Rock Water, Sacred Union, Wilka Mayu (Sacred River), Willow, Azurite/Malachite, Riverstone-Sweet Surrender, Tourmaline-Orange	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Flu</b>	Awakened Thymus, Crabapple, Echinacea Energy, Graceful Shift, Recharge and Nourish, Wise Body, Agate-Moss, Agate-Tree, Bloodstone, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Jasper-Snake, Obsidian Rainbow, Opal-Fire,  Super Immune Drops, Vortex of Harmony	Super Immune Spray
<b>Fluid Retention</b>	Let Go and Trust, Wild Feminine, Andalucite, Hessonite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Opal-Andean Blue,  Magnificent Moontime, Perfect Weight	
<b>Focus</b>	Ancient Wisdom, Balance and Stability, Clear Head, Clematis, Creation/Focus, Expanded Awareness, Inner Guru, Male Strength, Solar Power, Strength and Chi, Sublime Chocolate, Agate-Blue Lace, Apatite-Yellow, Carnelian, Fluorite-Yellow, Howlite, Sapphire-Yellow, Sodalite-Transparent Indigo, Topaz-Imperial,  Attention Formula, Brilliant Student	FAB Spray,
<b>Forgiveness</b>	About Face, Divine Goddess, For Giving, Freedom/Libertad, Master Teacher, Light Codes of Unification, One Heart, True Compassion, Aquamarine, Chrysoprase, Moonstone-Green, Obsidian-Mahogany, Quartz-Rose, Sapphire-Pink,  Loving Thoughts	
<b>Freedom</b>	Emancipation, Freedom/Libertad, Rock Water, Wild Feminine, Zeal Point Magenta Chakra, Jade-Imperial, Rhodochrosite	Leap of Faith Spray, Angel Breath Mouth Mist, Star Speaker Mouth Mist
<b>Frigidity</b>	Dance, Faith and Courage, Floral Erotica, Mango Paradise, My Passion, Rock Water, Sacred Union, Spirited, Audacious and Bold, Wilka Mayu (Sacred River), Carnelian,  Loving Thoughts, Radiant Sensuality,	Love, Lover, Beloved Spray
<b>Full Moon</b>	13th Gate, Anchoring Light, Divine Goddess, Full Moonlight, Pineal Light Infusion, Wild Feminine, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green,  Celebration, Illumination, Magnificent Moontime, Peaceful Sleep,	
<b>Gall Bladder &amp; Gall Stones</b>	Complete with the Past, For Giving, Gold + Silver/White Chakra, Let Go and Trust, Willow, Agate-Tree, Aventurine-Green, Azurite-Blue, Carnelian, Chalcedony-Blue, Chalcedony-Yellow, Chrysocolla, Diopside, Emerald, Jasper-Leopard, Jasper-Poppy, Sapphire-Green, Sapphire-Yellow, Spinel-Green, Topaz-Imperial, Tourmaline-Yellow,	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Gardening</b>	Cup of Gold, Eternal Youth, Magic Healer, Mango Paradise, Nature Communion, Wild Feminine, Wisdom of Bliss, Agate-Yellow, Alexandrite, Obsidian-Mahogany, Riverstone-Sweet Surrender, Selenite, Tourmaline-Green,  Earth Balancing Trinity,	
<b>Glands</b>	Project Catalyst, Apatite-Blue, Apatite-Green, Apatite-Teal, Apatite-Yellow, Beryl-White, Fluorite-Yellow, Moldavite, Pietersite, Pyrite, Sapphire-Yellow, Scapolite,	
<b>Glaucoma</b> <i>See Also: Eyes; Sight</i>	For Giving, Recalibrate and Flourish, Star of Bethlehem, Telepathic Reception, Willow, Agate-White, Amethyst, Andalucite, Diamond, Scapolite,	
<b>Goddess Energy</b>	Be Nurtured, Bushilla, Divine Goddess, Wild Feminine, Aquamarine, Chrysoprase, Moonstone-Blue Rainbow, Ruby, Sapphire-Pink, Topaz-White,  Glorious Menopause, Magnificent Moontime,	Beloved Anointing Oil
<b>Greed</b>	Be Nurtured, Cooperative Service, Cup of Gold, Faith and Courage, Freedom/Libertad, I Am Generosity, Let Go and Trust, Male Strength, Solar Power, Vine, Violet Flame, Andalucite, Chalcedony-Blue, Gold-24k, Pyrite,  Prosperity Alchemy Drops, Quintessential Balance,	Prosperity Alchemy Spray,
<b>Grief</b>	About Face, Balance and Stability, Be Nurtured, Endearing Remembrance, Eternal Youth, High Frequency, Initiation of the Heartlight, Mango Paradise, Pure Joy, Soul Family, Star of Bethlehem, Sweet New Beginnings, Zania, Aquamarine, Carnelian, Howlite, Moonstone-Green, Mother of Pearl, Sardonyx-Black, Sardonyx-Red, Turquoise-Blue,  Graceful Passages,	Angel Rejuvenation Spray, Holy Harmony Spray,
<b>Grounding</b>	Anchoring Light, Awakened Thymus Chakra, Clematis, Emancipation, I Remember, Let The Light In, Azurite/Malachite, Bloodstone, Charoite, Jasper-Leopard, Labradorite, Obsidian-Mahogany, Obsidian-Rainbow, Pietersite, Ruby/Zoisite, Tektite, Turquoise-Blue,  Down to Earth, Quintessential Balance,	Crystal Clear Spray, Yoga Mind Mouth Mist,
<b>Group Dynamics</b>	Cooperative Service, Light Codes of Unification, Nature Communion, One Heart, Pure Joy, Soul Family, DoIFUN~Being Love, Otter Delight,  Celebration Drops, Loving Thoughts,	Celebration Blessings Spray,
<b>Guidance</b>	Ancient Wisdom, Divine Messenger, Inner Guru, Light Navigator, Pituitary Master, Telepathic Reception, Fluorite-Blue, Opal-Ethiopian, Opal-Pink, Tanzanite,  Illumination,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Guilt</b>	About Face, Divine Goddess, Faith and Courage, For Giving, Freedom/ Libertad, Graceful Shift, High Frequency, I Am Gratitude / Mustard, Master Teacher, Nature Communion, One Heart, Pine, Wild Rose, Whale Time,  Loving Thoughts,	Transcendence Spray,
<b>Gums</b>	Cerato, Creation/Focus, Obsidian-Mahogany, Spinel-Blue,	
<b>Hair Loss</b>	Aspen, I Remember, Let Go and Trust, Recharge and Nourish, Rock Water, Wilka Mayu (Sacred River), Charoite, Quartz-Rutilated, Selenite, Unakite,	
<b>Halo Chakra</b>	See: Chakra, 10th (Halo)	
<b>Happiness</b>	Balance and Stability, Be Happy, Be Nurtured, High Frequency, Initiation of the Heartlight, Pure Joy, Otter Delight, Calcite-Green, Chrysoberyl-Green,  Celebration Drops,	Celebration Blessings Spray,
<b>Harmony</b>	Balance and Stability, Gold + Silver/White Chakra, Emerald, Iolite, Rhodonite, Tourmaline-Blue, Otter Delight,  Graceful Passages, Loving Thoughts, Vortex of Harmony,	Holy Harmony Spray, Yoga Mind Mouth Mist,
<b>Headache</b>	Anchoring Light, Ancient Wisdom, Balance and Stability, Clear Head, Dance, Divine Goddess, For Giving, Freedom/Libertad, Master Teacher, One Heart, Pine, Rock Water, Zeal Point Magenta Chakra, Agate-Blue Lace, Amazonite, Amethyst, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Fluorite-Blue, Kyanite, Lavender, Spinel-Blue, Sugilite-Pink/Purple, Sugilite-Purple, Tanzanite, Topaz-Blue, Tourmaline-Blue, Turquoise-Green,  Quintessential Balance,	Angel Rejuvenation Spray, Holy Harmony Spray, Angel Anointing Oil,
<b>Healing, Emotional</b>	13th Gate, Balance and Stability, Be Nurtured, Brave Heart, Doorway to the Heart, High Frequency, Initiation of the Heartlight, Intimacy, I Remember, Magic Healer, Pure Joy, Gold-24k, Jade-Imperial, Morganite, Quartz-Clear, Quartz-Rose, Sapphire-Pink,  Graceful Passages,	Angel Rejuvenation Spray,
<b>Healing, Physical</b>	13th Gate, Balance and Stability, Be Nurtured, Echinacea Energy, Inocencia Coca, I Remember, Magic Healer, Pure Joy, Recalibrate and Flourish, Recharge and Nourish, Regal Amaranth ~ RA, Wise Body, Aventurine-Green, Bloodstone, Emerald, Fuchsite/Ruby/Kyanite, Gold-24k, Jade-Imperial, Moonstone-Blue Rainbow, Moonstone-Green, Nephrite, Opal-Pink, Quartz-Clear, Spinel-Green, Sugilite-Purple,  Super Immune Drops, Vortex of Harmony	Crystal Clear Spray, Shield of Light Spray, Super Immune Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Hearing</b>	Art of Gentle Communication, Beech, Clear Head, Heather, Intimacy, One Heart, Telepathic Reception, True Compassion, Amazonite, Citrine, Morganite, Rhodonite, Spinel-Green, Spinel-Purple, Tsavorite,	
<b>Heart</b>	Brave Heart, Cup of Gold, Doorway to the Heart, High Frequency, I Am Gratitude / Mustard, Initiation of the Heartlight, One Heart, Agate-Tree, Amazonite, Alexandrite, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Beryl-White, Bloodstone, Chalcedony-Yellow, Charoite, Chrysoprase, Chrysocolla, Chrysoprase, Citrine, Coral-Pink, Diopside, Emerald, Gold-24k, Jade-Imperial, Larimar, Lepidolite, Malachite, Marble, Moldavite, Morganite, Nephrite, Opal-Andean Blue, Opal-Pink, Quartz-Rose, Quartz-Scepter, Quartzite, Rhodochrosite, Rhodolite, Ruby, Sapphire-Green, Sapphire-Pink, Sapphire-Yellow, Tourmaline-Green, Tourmaline-Pink, Zoisite/Ruby,  Loving Thoughts,	
<b>Heart Chakra</b>	See: Chakra, 4th (Heart)	
<b>Heart Opening</b>	Doorway to the Heart, Initiation of the Heartlight, Light Codes of Unification, One Heart, Solar Power, Quartz-Rose, Spinel-Deep Red, Spinel-Pink,  Blue Lotus Temple Drops,	Blue Lotus Temple Spray,
<b>Heart-Mind Connection</b>	Ametrine, Apatite-Blue, Apatite-Teal, Charoite, Chrysocolla, Fluorite-Purple Rainbow, Kyanite, Lapis Lazuli, Larimar,  Down to Earth,	
<b>Heartburn</b>	Deep Breath, Faith and Courage, Let Go and Trust, Fluorite-Green,  Quintessential Balance,	Holy Harmony Spray,
<b>Hepatitis</b>	Freedom/Libertad, Open Mind/Future Vision, Sweet New Beginnings, Wisdom of Bliss,  Loving Thoughts, Super Immune Drops,	Super Immune Spray,
<b>Higher Frequencies (opening up to)</b>	Divine Messenger, Grace of Creation, Light Codes of Unification, Pineal Light Infusion, Pituitary Master, Agate-Yellow, Apatite-Green, Citrine, Fluorite-Yellow, Moonstone-Blue Rainbow, Opal-Fire, Selenite, Tsavorite,  Blue Lotus Temple Drops, Illumination,	Angel Rejuvenation Spray, Blue Lotus Temple Spray, Transcendence Spray, Transcendence Anointing Oil
<b>Higher Self</b>	Beech, Heather, Gold+Silver/White Chakra, Alexandrite, Azurite-Blue, Chalcedony-Blue, Chalcopyrite, Chrysoberyl-Yellow, Diamond, Fluorite-Purple Rainbow, Jade-Snow, Jasper-Picture, Kyanite, Labradorite, Lavender, Obsidian-Rainbow, Opal-Pink, Selenite, Spinel-Purple, Spinel-Clear, Topaz-White, Turquoise-Blue,  Blue Lotus Temple Drops, Illumination,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Hips</b>	About Face, Adaptability, Balance and Stability, Cerato, Walnut, Wild Oat, Wild Rose, Willow, Recalibrate and Flourish, Stand Tall, Sweet New Beginnings, Wilka Mayu (Sacred River),  Quintessential Balance,	Leap of Faith Spray
<b>Homesickness</b>	Earth is My Heaven, Eternal Youth, Faith and Courage, Honeysuckle, Soul Family, Sweet New Beginnings, Chaska, Kunzite-Clear/Pink/Yellow,	
<b>Honesty</b>	Faith and Courage, Freedom/Libertad, Spirited, Audacious and Bold, Zeal Point Magenta Chakra, Jade-Imperial, Moldavite, Opal-Andean Blue, Sapphire-Blue, Sapphire-Yellow,	Star Speaker Mouth Mist,
<b>Hope</b>	Balance and Stability, Be Nurtured, Divine Goddess, Faith and Courage, Graceful Shift, Gorse, High Frequency, I Am Gratitude / Mustard, Initiation of the Heartlight, Nature Communion, Sunstone,	
<b>Hormone Balance, Female</b>	Bushilla, Divine Goddess, Strength and Chi, Chrysoprase, Hessonite, Jasper-Yellow Beige, Labradorite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Pietersite, Quartz-Scepter, Tourmaline-Pink,  Glorious Menopause, Magnificent Moontime,	Cool Flash Spray,
<b>Hormone Balance, Male</b>	Bushilla, God/Goddess Unity, Male Strength, Pituitary Master, Spunky, Strength and Chi, Chrysoprase, Jasper-Yellow Beige, Labradorite, Pietersite, Quartz-Scepter, Tourmaline-Green,  Man Alive,	
<b>Hot Flashes</b>	Clear Head, Divine Goddess, Master Teacher, Mookaite, Moonstone-Clear,  Glorious Menopause,	Cool Flash Spray,
<b>Humanitarianism</b>	Cooperative Service, Light Codes of Unification, One Heart, True Compassion, Apatite-Blue, Apatite-Yellow, Aquamarine, Jasper-Picture,  Loving Thoughts,	
<b>Humility</b>	God/Goddess Unity, Humility, Vine,	
<b>Humor</b>	Eternal Youth, Expanded Awareness, Pure Joy, Zania, Otter Delight,	
<b>Hyperactivity</b>	Balance and Stability, Creation/Focus, Vervain, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Pearl-Soul Shine, Prehnite, Tourmaline-Green, Tourmaline-Pink,  Attention Formula, Happy Kid Drops, Quintessential Balance, Peaceful Sleep,	Happy Kid Spray, Holy Harmony Spray, Shield of Light Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Hyperventilation</b>	Deep Breath, Graceful Shift, High Frequency, Let Go and Trust, Calcite-Green,	
<b>Hypochondria</b>	Be Nurtured, Cerato, Emancipation, Heather, Inner Guru, One Heart, Walnut,	
<b>Ideas</b>	Ancient Wisdom, Artistic Inspiration, Creation/Focus, Open Mind/Future Vision, Aventurine-Peach, Howlite, Kyanite, Pyrite, Sunstone, Topaz-Imperial,  Illumination, Soul Purpose,	
<b>Identity</b>	About Face, Ancient Wisdom, Freedom/Libertad, God/Goddess Unity, I Remember, Majestic Mandala, Regal Amaranth ~ RA, Solar Power, Wild Oat, Chalcopyrite,  Soul Purpose,	
<b>Immaturity</b>	Ancient Wisdom, Inner Guru, Solar Power	
<b>Immune System</b>	Awakened Thymus Chakra, Crabapple, Echinacea Energy, Emancipation, Recharge and Nourish, Regal Amaranth~RA, Strength of Achilles, Wise Body, Agate-Moss, Agate-Tree, Amazonite, Amethyst, Apatite-Yellow, Bloodstone, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Chalcedony-Blue, Gold-24k, Iolite, Jasper-Picture, Jasper-Snake, Lapis Lazuli, Lepidolite, Malachite, Moldavite, Mookaite, Mother of Pearl, Quartz-Clear, Rhodonite, Sodalite-Opaque, Sodalite-Transparent Indigo, Tourmaline-Blue, Tourmaline-Green, Tavorite, Turquoise-Blue, Turquoise-Green  Super Immune Drops, Vortex of Harmony	Super Immune Spray,
<b>Impatience</b>	See: Patience	
<b>Impotence</b>	About Face, Bushilla, Dance, Floral Erotica, For Giving, God/Goddess Unity, Intimacy, Male Strength, Mango Paradise, Mother and Child ReUnion, My Passion, Pine, Spunky, Zania, Carnelian, Hessonite, Morganite, Quartz-Rutilated,  Man Alive,	
<b>Inadequacy / Inferiority Complex</b>	See: Self-Esteem / Self-Worth	
<b>Incontinence</b>	Dance, Initiation of the Heartlight, One Heart, Rock Water, Wild Feminine, Scapolite,	
<b>Indecision</b>	See: Decision Making	
<b>Independence</b>	Cerato, Freedom/Libertad, One Heart, Solar Power, Spirited, Audacious and Bold, Spunky, Walnut, Aventurine-Yellow, Sapphire-Blue, Scapolite, Sunstone,	Angel Breath Mouth Mist,
<b>Indigestion</b>	See: Digestive System	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Indigo Children</b>	Divine Child, Early Bloomer, Earth is My Heaven, Pineal Light Infusion, Zeal Point Magenta Chakra, Jade-Imperial, Sodalite-Transparent Indigo, Whale Time,  Attention Formula, Happy Kid Drops, Soul Purpose, Shield of Light Drops,	Crystal Clear Spray, Happy Kid Spray, Shield of Light Spray,
<b>Infection</b>	Balance and Stability, Crabapple, Echinacea Energy, Intimacy, Purification, Sublime Chocolate, Wise Body, Agate-Moss, Bloodstone, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Chrysoberyl-Green, Chrysoberyl-Yellow, Chrysocolla, Emerald, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Gold-24k, Jasper-Snake, Marble, Mookaite, Obsidian-Mahogany, Obsidian-Rainbow, Opal-Andean Blue, Opal-Clear, Opal-Dendrite, Opal-Ethiopian, Opal-Fire, Opal-Pink, Quartzite, Rhodochrosite, Tektite,  Loving Thoughts, Super Immune Drops, Kidney Formula	Angel Rejuvenation Spray, Cool Flash Spray, Super Immune Spray
<b>Infectious Disease</b>	Emerald, Ruby	
<b>Inflammation</b>	Awakened Thymus Chakra, Clear Head, For Giving, Intimacy, Let Go and Trust, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Azestulite, Calcite-Green, Chalcopyrite, Pyrite, Quartz-Scepter, Rhodonite, Turquoise-Blue, Turquoise-Green,  Loving Thoughts,	
<b>Inherited Behavior Patterns</b> <i>See Also: Ancestral Healing</i>	About Face, Dance, Divine Child, Early Bloomer, Emancipation, Faith and Courage, Graceful Shift, Inocencia Coca, Male Strength, Mother and Child ReUnion, Pineal Light Infusion, Star of Bethlehem, Walnut, Wild Feminine, Citrine, Hessonite, Lapis Lazuli, Obsidian-Snowflake, Rhodochrosite, Whale Time,  Emancipated Master, Graceful Passages, Illumination,	Angel Breath Mouth Mist,
<b>Initiative</b>	Cerato, Faith and Courage, Male Strength, Solar Power, Spunky, Scapolite, Tourmaline-Yellow,	
<b>Injuries</b>	Balance and Stability, Be Nurtured, Eternal Youth, Inocencia Coca, Magic Healer, One Heart, Pine, Recharge and Nourish, Recalibrate and Flourish, Strength of Achilles, Wise Body, Amethyst, Amazonite, Emerald,  Forever Young, Quintessential Balance, Vortex of Harmony	Angel Rejuvenation Spray, Shield of Light Spray,
<b>Inner Child</b>	Be Nurtured, Complete with the Past, Divine Child, Early Bloomer, Fairy Princess, Mother and Child ReUnion, Star of Bethlehem, Aventurine-Blue, Larimar, Moonstone-Green, Mother Of Pearl, Opal-Dendrite, Rhodonite, Quartz-Rose,  Happy Kid Drops,	Angel Rejuvenation Spray, Happy Kid Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Inner Truth</b>	Ancient Wisdom, Divine Messenger, Inner Guru, Amethyst, Aquamarine, Diopside, Jade-Imperial, Sodalite-Transparent Indigo,  Soul Purpose,	
<b>Inner Peace</b>	See: Peace, Inner	
<b>Insecurity</b>	Aspen, Cerato, Faith and Courage, I Remember, Wild Oat,	
<b>Insight</b>	Ancient Wisdom, Inner Guru, I Remember, Open Mind/Future Vision, Pineal Light Infusion, Pituitary Master, Amethyst, Moonstone-Blue Rainbow, Opal-Pink, Selenite, Sugilite-Pink/Purple, Chaska,  Blue Lotus Temple Drops, Illumination,	Blue Lotus Temple Spray, Transcendence Spray,
<b>Insomnia</b>	Aspen, Balance and Stability, Expanded Awareness, Faith and Courage, Freedom/Libertad, Full Moonlight, Gold + Silver/White Chakra, Inner Guru, Let Go and Trust, Open Mind/Future Vision, Wilka Mayu (Sacred River), Amazonite, Amethyst, Charoite, Gold-24k, Howlite, Lapis Lazuli, Lepidolite, Moonstone-Clear, Moonstone-Blue Rainbow, Moonstone-Green, Opal-Andean Blue, Sodalite-Opaque, Sodalite-Transparent Indigo, Tektite, Tourmaline-Blue,  Peaceful Sleep,	Angel Rejuvenation Spray, Shield of Light Spray, Angel Anointing Oil,
<b>Inspiration</b>	Artistic Inspiration, Creation/Focus, Deep Breath, Master Teacher, My Passion, Project Catalyst, Amethyst, Aventurine-Peach, Aventurine-Yellow, Chalcedony-Yellow, Carnelian, Charoite, Hessonite, Howlite, Jasper-Picture, Lapis Lazuli, Opal-Pink, Prehnite, Sapphire-Yellow,  Brilliant Student, Illumination, Soul Purpose,	Leap of Faith Spray,
<b>Integration</b>	Anchoring Light, Complete with the Past, Initiation of the Heartlight, Inner Guru, Integration, Light Codes of Unification, My Passion, Andalucite, Apatite-Green, Apatite-Yellow, Quartzite, Sugilite-Purple,  Down to Earth, Quintessential Balance,	
<b>Integrity</b>	Ancient Wisdom, Awakened Thymus Chakra, Echinacea Energy, Vine, Pearl,	
<b>Intestines</b>	Adaptability, Complete with the Past, Integration, Sweet New Beginnings, Beryl-White, Bloodstone, Fluorite-Green, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Obsidian-Mahogany, Obsidian-Mahogany, Obsidian-Snowflake, Pietersite, Quartz-Clear, Quartz-Rutilated, Sapphire-Blue, Sapphire-Green, Sapphire-Pink, Sapphire-Yellow, Tourmaline-Orange,	
<b>Intimacy</b>	Floral Erotica, Initiation of the Heartlight, Intimacy, One Heart, Sacred Union,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Intuition</b>	Cerato, Divine Goddess, Inner Guru, I Remember, Pineal Light Infusion, Pituitary Master, Telepathic Reception, Alexandrite, Azurite-Blue, Chrysoberyl-Green, Chrysoberyl-Yellow, Gold-24k, Iolite, Lapis Lazuli, Moonstone-Blue Rainbow, Moonstone-Clear, Sapphire-Blue, Spinel-Clear, Tanzanite, Tourmaline-Blue,  Illumination,	Transcendence Spray,
<b>Irrational Behavior</b>	About Face, Cherry Plum, Faith and Courage, Inner Guru, Light Navigator,  Quintessential Balance, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Irritability</b>	About Face, Clear Head, Divine Goddess, Epic Tolerance, For Giving, Freedom/Libertad, I Am Gratitude / Mustard, Impatiens, Initiation of the Heartlight, Intimacy, Master Teacher, One Heart, Fuchsite/Ruby/Kyanite, Mookaite,  Celebration Drops, Magnificent Moontime,	Celebration Blessings Spray,
<b>Isolation</b>	God/Goddess Unity, I Am Generosity, Initiation of the Heartlight, Mango Paradise, One Heart, Soul Family, Opal-Andean Blue, Otter Delight,	
<b>Itching</b>	Freedom/Libertad, Impatiens, Intimacy, Magic Healer, Open Mind/Future Vision,  Loving Thoughts,	Angel Drops,
<b>Jaw (TMJ Syndrome)</b>	For Giving, One Heart, Willow, Apatite-Teal, Aquamarine, Beryl-White, Chrysoprase, Fluorite-Blue, Lapis Lazuli, Mookaite, Quartz-Rose, Rhodochrosite,	Star Speaker Mouth Mist,
<b>Jealousy</b>	Cerato, For Giving, God/Goddess Unity, Gold + Silver/White Chakra, I Am Gratitude / Mustard, Initiation of the Heartlight, One Heart, Apatite-Green, Mother of Pearl, Labradorite, Quartz-Rose, Rhodonite, Sapphire-Pink,  Celebration Drops, Loving Thoughts, Soul Purpose,	Celebration Blessings Spray, Prosperity Alchemy Spray, Transcendence Spray,
<b>Jet Lag</b>	Down to Earth, Quintessential Balance, Peaceful Sleep, Travel Solution	
<b>Joints</b>	Graceful Shift, Integration, Let Go and Trust, Recalibrate and Flourish, Strength of Achilles, Sweet New Beginnings, Wilka Mayu (Sacred River), Agate-Yellow, Azurite/Malachite, Calcite-Amber, Chrysocolla, Coral-Red, Jasper-Poppy, Tavorite,  Graceful Passages,	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Journey (Spiritual)</b>	13th Gate, Early Bloomer, Initiation of the Heartlight, Light Codes of Unification, Light Navigator, Open Mind/Future Vision, Pineal Light infusion, Pituitary Master, Amethyst, Aquamarine, Calcite-Golden Clear, Citrine, Diamond, Labradorite, Opal-Pink, Ruby, Sapphire-Blue, Spinel-Purple, Unakite,  Blue Lotus Temple Drops, Illumination, Soul Purpose, Travel Solution,	Blue Lotus Temple Spray, Leap of Faith Spray, Transcendence Spray,
<b>Joy</b>	Be Happy, Dance, Divine Child, Eternal Youth, I Am Gratitude / Mustard, Mango Paradise, My Passion, Pure Joy, Wild Feminine, Zania, Fuchsite/Ruby/Kyanite, Sunstone, Otter Delight,  Celebration Drops, Happy Kid Drops,	Celebration Blessings Spray,
<b>Judgmental</b> <i>See Also: Acceptance; Compassion</i>	About Face, Beech, Chicory~Cornflower, Doorway to the Heart, Freedom/Libertad, Initiation of the Heartlight, Master Teacher, New Perspective, One Heart, True Compassion, Apatite-Green,  Loving Thoughts,	
<b>Karma</b>	Complete with the Past, Freedom/Libertad, Light Codes of Unification, Obsidian-Snowflake, Whale Time,	Transcendence Spray, Angel Breath Mouth Mist,
<b>Kidneys</b>	Faith and Courage, Male Strength, Wild Feminine, Aquamarine, Azurite/Malachite, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Citrine, Diopside-Green, Emerald, Jade-Imperial, Jasper-Leopard, Jasper-Poppy, Quartz-Rose, Rhodochrosite,	
<b>Kundalini</b>	Zeal Point Magenta Chakra, Diamond, Jasper-Snake, Ruby, Spinel-Green, Spinel-Orange, Sugilite-Purple, Tourmaline-Pink,	
<b>Laryngitis</b>	Articulate Expression, Cerato, Faith and Courage, Solar Power, Stand Tall, Walnut, Zeal Point Magenta Chakra, Lapis Lazuli, Rhodolite, Sapphire-Blue, Sodalite-Opaque Dark Blue, Spinel-Blue,  Super Immune Drops,	Star Speaker Mouth Mist,
<b>Laughter</b>	Expanded Awareness, Pure Joy, Zania,  Celebration Drops,	Celebration Blessings Spray,
<b>Laziness</b>	Dance, Deep Breath, Emancipation, My Passion, Purification, Spicy Vitality, Spunky, Wild Oat, Willow, Carnelian, Coral-Red, Garnet-Mandarin, Opal-Ethiopian, Opal-Fire, Scapolite, Spinel-Deep Red,  Soul Purpose,	FAB Spray, Happy Kid Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Learning Disability</b>	13th Gate, Ancient Wisdom, Articulate Expression, Cerato, Creation/Focus, I Remember, Master Teacher, New Perspective, Strength and Chi, Malachite, Sugilite-Purple, Attention Formula, Brilliant Student, Happy Kid Drops,	FAB Spray, Happy Kid Spray,
<b>Left Side of the Body</b>	Art of Gentle Communication, Bushilla, Divine Goddess, I Am Gratitude / Mustard, Initiation of the Heartlight, Mother and Child ReUnion, Aquamarine, Larimar, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Quartz-Rose, Sapphire-Pink, Spinel-Pink,	
<b>Lethargy</b>	Dance, Clear Head, Creation/Focus, Freedom/Libertad, Graceful Shift, High Frequency, Integration, Nature Communion, Recharge and Nourish, Strength and Chi, Agate-Botswana, Amethyst, Ametrine, Gold-24k, Ruby, Zoisite/Ruby, Attention Formula, Quintessential Balance, Vortex of Harmony,	FAB Spray, Shield of Light Spray,
<b>Letting Go</b>	Graceful Shift, Inner Guru, Let Go and Trust, Let The Light In, Male Strength, One Heart, Pure and Simple, Rock Water, Wilka Mayu (Sacred River), Charoite, Chrysoprase, Riverstone~Sweet Surrender, Spinel-Blue, Graceful Passages, Perfect Weight	Crystal Clear Spray, Leap of Faith Spray, Sacred Sanctuary Spray
<b>Ligaments</b>	Agate-Yellow, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Tavorite,	
<b>Light Body</b>	Gold + Silver/White Halo Chakra, Sublime Chocolate, Apatite-Yellow, Calcite-Golden Clear, Fluorite-Yellow, Kyanite, Selenite, Sapphire-Yellow, Topaz-White,	Crystal Clear Spray,
<b>Light Quotient Builder</b>	Anchoring Light, Be Happy, Solar Power, Apatite-Yellow, Agate-Yellow, Chalcedony-Yellow, Citrine, Diamond, Fluorite-Yellow, Heliodor, Prehnite, Quartz-Clear, Quartz-Rutilated, Sapphire-Yellow, Spinel-Green, Sunstone, Tourmaline-Yellow, Blue Lotus Temple Drops, Illumination,	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist, Transcendence Anointing Oil,
<b>Lightwork</b>	Anchoring Light, Awakened Thymus Chakra, Let The Light In, Light Codes of Unification, Light Navigator, Master Teacher, Pineal Light Infusion, Pituitary Master, Telepathic Reception, Azestulite, Quartz-Clear, Quartz-Rutilated, Quartz-Scepter, DoIFUN~Being Love, Whale Time, Illumination, Soul Purpose, Shield of Light Drops, Earth Balancing Trinity,	Crystal Clear Spray, Shield of Light Spray, Transcendence Spray, Transcendence Anointing Oil,
<b>Listening</b>	Gold + Silver/White Halo Chakra, Heather, Inner Guru, One Heart, True Compassion, Azurite-Blue/Malachite, Morganite, Quartz-Rose, Rhodonite, Sapphire-Blue, Loving Thoughts, Soul Purpose,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Liver</b>	<p>About Face, Beech, Inocencia Coca, Light Codes of Unification, Purification, True Compassion, Willow, Agate-Tree, Agate-Yellow, Apatite-Yellow, Aquamarine, Aventurine-Green, Azurite-Blue, Azurite/Malachite, Beryl-White, Bloodstone, Chalcedony-Yellow, Charoite, Chrysoberyl-Green, Chrysoberyl-Yellow, Citrine, Diopside, Emerald, Fluorite-yellow, Gold-24k, Heliodor, Howlite, Iolite, Jade-Imperial, Morganite, Obsidian-Snowflake, Pietersite, Quartz-Rose, Sapphire-Green, Sapphire-Yellow, Scapolite, Spinel-Green, Topaz-Imperial, Tourmaline-Yellow,</p> <p>Loving Thoughts,</p>	
<b>Loneliness</b>	<p>Dance, Eternal Youth, Doorway to the Heart, Earth Is My Heaven, Heather, I Am Gratitude / Mustard, Intimacy, Mango Paradise, My Passion, Nature Communion, One Heart, Pure Joy, Sacred Union, Soul Family, Strength and Chi, Walnut, Moldavite, Morganite, Opal-Andean Blue, Sapphire-Pink, Sunstone, Tourmaline-Pink, Chaska, DoFUN-Being Love, Otter Delight,</p>	
<b>Love</b>	<p>Awakened Thymus Chakra, Anchoring Light, Be Nurtured, Doorway to the Heart, Gold + Silver/White Chakra, I Am Gratitude, Initiation of the Heartlight, Light Codes of Unification, One Heart, Pituitary Master,</p> <p>Amazonite, Apatite-Green, Apatite-Teal, Chrysocolla, Chrysoprase, Coral-Pink, Diamond, Jasper-Poppy, Labradorite, Morganite, Opal-Andean Blue, Opal-Pink, Quartz-Clear, Quartz-Rose, Rhodonite, Ruby, Sapphire-Pink, Sapphire-Yellow, Spinel-Deep Red, Spinel-Pink, Sugilite-Pink/Purple, Tanzanite, Topaz-Imperial, Otter Delight,</p> <p>Loving Thoughts,</p>	<p>Celebration Blessings Spray, Love Lover Beloved Spray, Yoga Mind Mouth Mist,</p>
<b>Love, Difficulty Expressing</b>	See: Repressed Emotions	
<b>Love, Romantic</b>	See: Relationships, Romantic	
<b>Love, Self</b>	See: Self-Love	
<b>Lungs</b>	<p>Balance and Stability, Deep Breath, Doorway to the Heart, For Giving, Gorse, High Frequency, I Am Gratitude / Mustard, Open Mind/Future Vision, Star of Bethlehem, Agate-Botswana, Alexandrite, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine, Yellow, Bloodstone, Calcite-Green, Chalcedony-Blue, Chrysocolla, Diopside, Emerald, Fluorite-Green, Fluorite-Purple Rainbow, Kyanite, Morganite, Opal-Andean Blue, Opal-Andean Blue, Opal-Pink, Pietersite, Prehnite, Pyrite, Quartz-Rose, Quartz-Rutilated, Rhodonite, Rhodolite, Sardonyx-Black, Sardonyx-Red, Spinel-Green, Tanzanite, Topaz-Imperial, Tourmaline-Blue, Tourmaline-Pink, Turquoise Blue, Turquoise-Green, Zoisite/Ruby,</p>	<p>Holy Harmony Spray, Yoga Mind Mouth Mist,</p>

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Lupus</b>	Awakened Thymus Chakra, Echinacea Energy, Eternal Youth, Gorse, Mimulus, Recalibrate and Flourish, Recharge and Nourish, Spirited, Audacious and Bold, Solar Power, Stand Tall, Wild Rose, Wise Body, Zeal Point Magenta Chakra, Agate-Yellow, Aquamarine, Rhodolite, Sapphire-Blue,  Shield of Light Drops, Super Immune Drops, Vortex of Harmony,	Angel Rejuvenation Spray, Super Immune Spray, Star Speaker Mouth Mist,
<b>Lymphatic System</b>	Be Happy, Ancient Wisdom, I Am Gratitude / Mustard, Pure Joy, Purification, Rock Water, Solar Power, Sublime Chocolate, Agate-Blue Lace, Agate-Moss, Agate-Tree, Agate-White, Agate-Yellow, Alexandrite, Apatite-Yellow, Garnet-Mandarin, Lapis Lazuli, Mother of Pearl, Ruby, Sodalite-Opaque, Sodalite-Transparent, Spinel-Orange, Sugilite-Pink/Purple, Sugilite-Purple, Tourmaline-Orange,	
<b>Manic Depression</b>	Anchoring Light, Faith and Courage, Gorse, I Am Gratitude / Mustard, Pure Joy, Hessonite,  Celebration Drops, Quintessential Balance,	Celebration Blessings Spray,
<b>Manipulation</b>	Chicory-Cornflower, For Giving, Freedom/Libertad, High Frequency, I Am Generosity, Let Go and Trust, One Heart, Vine,	
<b>Materialism</b>	Cup of Gold, Inner Guru, Pure and Simple, Solar Power, Violet Flame, Zania	
<b>Meditation</b>	13th Gate, Divine Messenger, Expanded Awareness, High Frequency, Full Moonlight, Initiation of the Heartlight, Light Codes of Unification, Light Navigator, Pineal Light Infusion, Pituitary Master, Telepathic Reception, Wisdom of Bliss, Chaska, Whale Time,  Agate-Blue Lace, Agate-White, Amethyst, Ametrine, Azurite-Blue, Beryl-White, Calcite-Golden Clear, Chalcedony-Blue, Chrysoprase, Diamond, Gold-24k, Heliodor, Howlite, Jasper-Picture, Larimar, Lavender, Kyanite, Marble, Moonstone-Blue Rainbow, Pietersite, Quartzite, Sapphire-Yellow, Sodalite-Transparent Indigo, Sugilite-Pink/Purple, Turquoise-Blue,  Blue Lotus Temple Drops, Illumination,	Angel Rejuvenation Spray, Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist, Transcendence Anointing Oil,
<b>Memory</b>	Ancient Wisdom, Creation/Focus, I Remember, Recalibrate and Flourish, Strength and Chi, Andalucite, Bronzite, Chalcopryite, Howlite, Lapis Lazuli, Malachite, Opal-Andean Blue, Opal-Clear, Opal-Dendrite, Opal-Ethiopian, Opal-Fire, Opal-Pink, Pyrite, Sapphire-Blue, Sapphire-Green, Sugilite-Purple, Tourmaline-Purple, Tourmaline-Yellow,  Attention Formula, Brilliant Student, Soul Purpose,	
<b>Menopause</b>	Bushilla, Graceful Shift, I Remember, Master Teacher, Sweet New Beginnings, Coral-Red, Moonstone-Clear, Topaz-White, Tourmaline-Pink,  Glorious Menopause, Forever Young,	Cool Flash Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Menstruation</b> <i>See Also: Dysmenorrhea (Menstrual Cramps); Pre-menstrual Syndrome (PMS)</i>	Bushilla, Divine Goddess, Full Moonlight, Mango Paradise, Sublime Chocolate, Wild Feminine, Wilka Mayu (Sacred River), Bloodstone, Hessonite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Ruby, Tourmaline-Orange,  Illumination, Magnificent Moontime, Peaceful Sleep,	Holy Harmony Spray, Love Lover Beloved Spray, Sacred Sanctuary Spray,
<b>Mental Clarity</b>	Clear Head, Creation/Focus, Strength and Chi, Agate-Blue Lace, Aventurine-Blue, Beryl-White, Carnelian, Diamond, Fluorite-Blue, Howlite, Iolite, Kyanite, Sapphire-Blue, Sapphire-Green, Sapphire-Yellow, Scapolite, Selenite, Sodalite-Opaque, Sodalite-Transparent Indigo, Spinel-Blue, Spinel-Green, Topaz-Blue, Tourmaline-Blue, Tourmaline-Purple,  Attention Formula, Brilliant Student,	Crystal Clear Spray, FAB Spray,
<b>Mental Illness</b>	Cherry Plum, Quintessential Balance	
<b>Meridians</b>	Awakened Thymus Chakra, Emancipation, I Remember, Purification, Alexandrite, Apatite-Blue, Apatite-Yellow, Topaz-White,	
<b>Metabolism</b> <i>See Also: Weight, Balancing</i>	I Remember, Inocencia Coca, Nature Communion, Sublime Chocolate, Coral-Red, Hessonite, Labradorite, Pietersite, Sodalite-Transparent Indigo,  Glorious Menopause, Perfect Weight,	Cool Flash Spray,
<b>Migraines</b>	Clear Head, Nature Communion, Aventurine-Yellow, Fluorite-Purple Rainbow, Sugilite-Purple,	
<b>Mood Swings</b>	Balance and Stability, Cherry Plum, Creation/Focus, Inner Guru, Male Strength, Solar Power, Strength and Chi, Sublime Chocolate,	
<b>Mother Issues</b>	Bushilla, Divine Goddess, Mother and Child ReUnion,	
<b>Motherhood</b> <i>See Also: Childbirth; Nursing Baby; Pregnancy</i>	Be Nurtured, Bushilla, Divine Child, Divine Goddess, Eternal Youth, Graceful Shift, Mother and Child ReUnion, Soul Family, Moonstone-Green, Mother of Pearl, Ruby, Sapphire-Pink, Zoisite/Ruby,  Graceful Passages, Happy Kid Drops,	Angel Rejuvenation Spray, Celebration Blessings Spray, Happy Kid Spray, Holy Harmony Spray,
<b>Motivation</b>	Creation/Focus, Deep Breath, Freedom/Libertad, My Passion, Spicy Vitality, Carnelian, Opal-Fire, Sapphire-Green,  Man Alive,	
<b>Movement, Physical</b>	Anchoring Light, Awakened Thymus Chakra, Balance and Stability, Dance, Regal Amaranth ~ RA, Spunky, Strength of Achilles, Agate-Blue Lace,  Celebration Drops,	Celebration Blessings Spray, Crystal Clear Spray, Leap of Faith Spray,
<b>Multiple Sclerosis</b>	Emerald, Sapphire-Blue, Spinel-Purple,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Muscles</b>	Male Strength, Apatite-Green, Aventurine-Blue, Azurite/Malachite, Calcite-Amber, Chrysocolla, Coral-Red, Fuchsite/Ruby/Kyanite, Jasper-Leopard, Obsidian-Mahogany,	
<b>Muscular Dystrophy</b>	About Face, Balance and Stability, Dance, Freedom/Libertad, Sacred Union,  Quintessential Balance,	
<b>Nails</b>	Calcite-Amber, Howlite, Obsidian-Rainbow, Selenite,	
<b>Nature Awareness / Attunement</b>	Cup of Gold, Nature Communion, Wisdom of Bliss, Agate-Yellow, Alexandrite, Azurite/Malachite, Obsidian-Mahogany, Selenite, Earth Balancing Trinity,  Happy Pet Drops,	Happy Pet Spray, Transcendence Spray,
<b>Nausea</b>	Be Nurtured, Crabapple, Faith and Courage, Graceful Shift, I Am Gratitude, Inocencia Coca, Let Go and Trust, Moonstone-Blue Rainbow,	
<b>Neck</b>	About Face, Ancient Wisdom, Zeal Point Magenta Chakra, Willow, Amazonite, Apatite-Blue, Calcite-Golden Clear, Rhodolite, Sapphire-Blue, Tourmaline-Pink,	Crystal Clear Spray, Star Speaker Mouth Mist,
<b>Negativity, Shielding From</b>	Echinacea Energy, Faith and Courage, Let The Light In, Strength of Achilles, Amethyst, Ametrine, Aquamarine, Bloodstone, Calcite-Green, Gold-24k, Jasper-Snake, Lapis Lazuli, Mookaite, Pyrite, Quartz-Clear, Sapphire-Blue, Tourmaline-Pink, Turquoise-Blue, Zoisite/Ruby,  Shield of Light Drops, Super Immune Drops, Travel Solution, Vortex of Harmony,	Crystal Clear Spray, Shield of Light Spray, Super Immune Spray, Star Speaker Mouth Mist,
<b>Negativity, Transmuting/ Healing</b>	Be Happy, Emancipation, Eternal Youth, Let The Light In, Magic Healer, Pineal Light infusion, Purification, Sweet New Beginnings, Violet Flame, Amethyst, Ametrine, Fluorite-Green, Fuchsite/Ruby/Kyanite, Lapis Lazuli, Mookaite, Quartz-Clear,  Emancipated Master, Loving Thoughts,	Angel Rejuvenation Spray, Crystal Clear Spray, Holy Harmony Spray, Transcendence Spray,
<b>Nervous Breakdown</b>	Balance and Stability, Cherry Plum, Faith and Courage, God/Goddess Unity, Graceful Shift, Let Go and Trust, Rock Rose, Alexandrite, Gold-24k, Moonstone-Blue Rainbow,  Quintessential Balance,	
<b>Nervous System</b>	Emancipation, Alexandrite, Amethyst, Chrysoberyl-Green, Fluorite-Purple Rainbow, Gold-24k, Moldavite, Opal-Andean Blue, Opal-Dendrite, Opal-Fire, Scapolite, Sodalite-Opaque, Spinel-Purple, Sugilite-Purple, Tourmaline-Blue, Tourmaline-Purple,  Quintessential Balance,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Nervousness</b>	Aspen, Balance and Stability, Faith and Courage, God/Goddess Unity, Let Go and Trust, Mimulus, Azurite-Blue, Chalcedony-Blue, Ruby/Fuchsite/Kyanite, Opal-Andean Blue,  Down to Earth, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Nightmares</b>	About Face, Balance and Stability, Bushilla, Deep Breath, Faith and Courage, Full Moonlight, Integration, My Passion, Pineal Light Infusion, Star of Bethlehem, Charoite, Gold-24k, Moonstone-Blue Rainbow,  Peaceful Sleep, Quintessential Balance, Shield of Light Drops,	Angel Rejuvenation Spray, Shield of Light Spray,
<b>Nose Bleeds</b>	Be Nurtured, Divine Child, For Giving, Gold+Silver/White Chakra, Pine, Bloodstone, Carnelian, Mother of Pearl,	
<b>Nursing Baby</b>	Be Nurtured, Divine Child, Moonstone-Clear, Sapphire-Pink, Happy Kid Drops,	Angel Rejuvenation Spray, Crystal Clear Spray, Happy Kid Spray,
<b>Nurturing</b>	Be Nurtured, Bushilla, Recharge and Nourish, Wilka Mayu (Sacred River), Chalcedony-Yellow, Jade-Imperial, Marble, Moonstone-Blue Rainbow, Mother of Pearl, Ruby, Sapphire-Pink, Topaz-White,  Attention Formula, Forever Young, Happy Kid Drops,	Angel Rejuvenation Spray, Happy Kid Spray, Holy Harmony Spray,
<b>Obesity</b>	Crabapple, Creation/Focus, Emancipation, For Giving, Inocencia Coca, Integration, Let Go and Trust, Magic Healer, Pineal Light Infusion, Recalibrate and Flourish, Regal Amaranth ~ RA, Sublime Chocolate, Quartz-Rose,  Emancipated Master, Perfect Weight, Shield of Light Drops, Soul Purpose,	Holy Harmony Spray, Shield of Light Spray,
<b>Obsessive Compulsive Disorder (OCD)</b>	Art of Gentle Communication, Freedom/Libertad, New Perspective, Pituitary Master, Pure and Simple, Ametrine, Amethyst,  Down to Earth, Loving Thoughts,	Holy Harmony Spray,
<b>Oneness</b>	Doorway to the Heart, God/Goddess Unity, Initiation of the Heartlight, Light Codes of Unification, Nature Communion, One Heart, Sacred Union, Alexandrite, Charoite, Morganite, Quartz-Clear,  Blue Lotus Temple Drops, Illumination, Loving Thoughts,	Angel Rejuvenation Spray, Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Oppression</b>	Emancipation, Freedom/Libertad, Spirited, Audacious and Bold, Zeal Point Magenta Chakra,	
<b>Optimism</b>	About Face, Expanded Awareness, Faith and Courage, God/Goddess Unity, Gorse, High Frequency, I Am Generosity, I Am Gratitude / Mustard, Initiation of the Heartlight, Let Go and Trust, Mango Paradise, Pure Joy, Soul Family, Wild Rose, Zania, Chrysoprase, Jasper-Snake, Spinel-Green, Sunstone, Tanzanite, Turquoise-Green,  Prosperity Alchemy Drops,	Prosperity Alchemy Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Osteoporosis</b>	Be Nurtured, Balance and Stability, Faith and Courage, Male Strength, Recalibrate and Flourish, Recharge and Nourish, Solar Power, Strength of Achilles, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Coral-White, Emerald, Malachite, Opal-Dendrite, Tektite,  Shield of Light Drops,	Shield of Light Spray,
<b>Out Of Body Experiences</b>	13th Gate, Light Navigator, Iolite, Labradorite, Lepidolite, Moldavite, Tavorite, Chaska,  Illumination,	Transcendence Spray,
<b>Ovaries</b>	Bushilla, Carnelian, Hessonite, Moonstone-Clear, Opal-Pink, Topaz-Imperial, Tourmaline-Orange, Tourmaline-Pink, Zoisite/Ruby,	
<b>Overreacting</b>	Balance and Stability, Cherry Plum, Dance, Divine Child, Freedom/Libertad, Rock Rose, Sacred Union, Vervain, Wilka Mayu (Sacred River),  Down to Earth, Quintessential Balance,	
<b>Overwhelmed</b>	Faith and Courage, Master Teacher, Pure Joy, Rock Rose, Solar Power, Zania,  Down to Earth, Quintessential Balance, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Pain</b>	Dance, For Giving, Let Go and Trust, Magic Healer, Star of Bethlehem, Calcite-Amber,  Quintessential Balance,	
<b>Pancreas</b>	Integration, Mango Paradise, Sublime Chocolate, Sweet New Beginnings, Calcite-Golden Clear, Calcite-Green, Chalcedony-Yellow, Charoite, Chrysocolla, Citrine, Diopside, Emerald, Heliodor, Jasper-Yellow Beige, Marble, Moonstone-Blue Rainbow, Nephrite, Opal-Pink, Prehnite, Rhodochrosite, Sapphire-Green, Selenite, Spinel-Green, Sunstone,  Celebration Drops,	Celebration Blessings Spray,
<b>Paralysis</b>	Dance, Eternal Youth, Faith and Courage, For Giving, Inner Guru, Mango Paradise, My Passion, Recalibrate and Flourish, Regal Amaranth – RA, Sacred Union, Wilka Mayu (Sacred River), Wise Body,	
<b>Paranoia</b>	Faith and Courage, Let Go and Trust, Solar Power,  Quintessential Balance,	
<b>Parasites</b>	Balance and Stability, Crabapple, Emancipation, Inner Guru, Male Strength, Solar Power,	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Parenting</b> <i>See Also: Family Harmony; Fatherhood; Motherhood</i>	Balance and Stability, Be Nurtured, Divine Child, Early Bloomer, Let Go and Trust, One Heart, Solar Power, Soul Family, Chalcedony-Blue, Lepidolite, Mookaite, Opal-Pink, Pearl-Soul Shine, Rhodonite, Ruby, Spinel-Green, Otter Delight,  Attention Formula, Happy Kid Drops,	Angel Rejuvenation Spray, Happy Kid Spray, Holy Harmony Spray, Leap of Faith Spray,
<b>Past, Letting Go</b>	Complete with the Past, Eternal Youth, For Giving, Graceful Shift, Honeysuckle, Labradorite, Let Go and Trust, Mango Paradise, Open Mind/Future Vision, Star of Bethlehem, Sweet New Beginnings, Chalcedony-Blue, Morganite, Sapphire-Pink, Spinel-Blue, Whale Time,  Graceful Passages,	Leap of Faith Spray,
<b>Past Lives</b>	About Face, Divine Goddess, High Frequency, Magic Healer, Male Strength, Inocencia Coca, Chalcopryite, Howlite, Jade-Imperial, Jasper-Picture, Labradorite, Obsidian-Snowflake, Sapphire-Pink, Tourmaline-Purple, Tavorite, Whale Time,	
<b>Patience</b>	Deep Breath, Freedom/Libertad, Gold + Silver/White Halo Chakra, Impatiens, Let Go and Trust, Majestic Mandala, Aquamarine, Hessonite, Howlite, Labradorite, Lepidolite, Mookaite, Moonstone-Green, Morganite, Opal-Pink, Ruby, Sapphire-Pink,  Down to Earth, Loving Thoughts, Quintessential Balance,	Angel Rejuvenation Spray, Yoga Mind Mouth Mist,
<b>Peace</b>	13th Gate, Anchoring Light, Awakened Thymus Chakra, Balance and Stability, Gold + Silver/White Halo Chakra, Emancipation, Full Moonlight, I Am Gratitude / Mustard, Light Codes of Unification, Sacred Union, Alexandrite, Amethyst, Aquamarine, Jasper-Picture, Moonstone-Blue Rainbow, Rhodolite, Riverstone-Sweet Surrender, Earth Balancing Trinity, Whale Time,  Loving Thoughts, Quintessential Balance, Vortex of Harmony,	Angel Rejuvenation Spray, Holy Harmony Spray, Sacred Sanctuary Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Peace, Inner</b>	Awakened Thymus Chakra, Emancipation, Gold + Silver/White Chakra, Heather, I Am Gratitude / Mustard, Pineal Light Infusion, Pituitary Master, Agate-White, Alexandrite, Amethyst, Aquamarine, Apatite-Blue, Apatite-Green, Aquamarine, Calcite-Green, Charoite, Chrysoprase, Chrysocolla, Chrysoprase, Fluorite-Blue, Hessonite, Howlite, Jade-Imperial, Jasper-Picture, Labradorite, Larimar, Quartzite, Rhodolite, Tourmaline-Blue, Turquoise-Blue, Turquoise-Green,  Blue Lotus Temple Drops, Graceful Passages, Happy Kid Drops, Loving Thoughts, Peaceful Sleep, Quintessential Balance,	Angel Rejuvenation Spray, Blue Lotus Temple Spray, Holy Harmony Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Pelvic Inflammatory Disease (PID)</b>	Dance,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Perfectionism</b>	For Giving, Cerato, Impatiens, Let Go and Trust, One Heart, Pine, Soul Force Balance, Wilka Mayu (Sacred River), Willow, Zania, Riverstone~Sweet Surrender,  Happy Kid Drops, Soul Purpose,	Happy Kid Spray, Leap of Faith Spray,
<b>Performance</b>	Balance and Stability, Cerato, Creation/Focus, Dance, Deep Breath, I Remember, My Passion, Pure Joy, Labradorite, Sapphire-Blue,  Brilliant Student, Celebration Drops,	Celebration Blessings Spray, FAB Spray, Star Speaker Mouth Mist,
<b>Perseverance</b>	Anchoring Light, Cerato, Deep Breath, Faith and Courage, High Frequency, Inocencia Coca, Male Strength, My Passion, Spunky, Diamond, Howlite, Scapolite, Spinel-Orange,	Leap of Faith Spray,
<b>Perspective</b>	Ancient Wisdom, Balance and Stability, Expanded Awareness, High Frequency, Light Navigator, Majestic Mandala, Amethyst, Jade-Imperial, Jasper-Picture, Lavender, Moonstone-Green, Sodalite-Transparent Indigo,  Illumination,	
<b>Physical Awareness</b>	Dance, Mango Paradise, Nature Communion, Regal Amaranth~RA, Recalibrate and Flourish, Spunky, Wise Body, Agate-Botswana, Coral-Red, Selenite,  Radiant Sensuality, Vortex of Harmony,	Crystal Clear Spray, Love Lover Beloved Spray,
<b>Pineal Gland</b>	Pineal Light Infusion, Telepathic Reception, Chalcedony-Yellow, Malachite, Moonstone-Blue Rainbow, Pietersite, Sapphire-Yellow, Sugilite-Pink/Purple, Tanzanite, Tourmaline-Yellow,	Transcendence Spray,
<b>Pituitary Gland</b>	Doorway to the Heart, Pituitary Master, Chalcedony-Yellow, Jasper-Picture, Moonstone-Blue Rainbow, Moonstone-Green, Pietersite, Opal-Pink, Quartz-Clear, Sapphire-Yellow, Tourmaline-Yellow,	Transcendence Spray,
<b>Playfulness</b>	Eternal Youth, Zania, DoFUN~Being Love, Otter Delight,  Forever Young, Happy Kid Drops,	Happy Kid Spray,
<b>Pleasure</b>	Dance, Divine Child, Floral Erotica, God/Goddess Unity, Male Strength, Mango Paradise, My Passion, Pure Joy, Sacred Union, Wild Feminine, Jade-Imperial, Sapphire-Pink, Spinel-Orange, Tourmaline-Orange,  Celebration Drops, Man Alive, Radiant Sensuality,	Celebration Blessings Spray, Love Lover Beloved Spray,
<b>Poisoning (Food, Metal)</b>	Crabapple, Purification, Aventurine-Green,  Quintessential Balance,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Positive Attitude</b>	Be Happy, Expanded Awareness, I Am Generosity, I Am Gratitude / Mustard, Wild Rose, Pure Joy, Purification, Violet Flame, Agate-Blue Lace, Agate-White, Alexandrite, Aventurine-Peach, Chrysoberyl-Yellow, Chrysoprase, Fuchsite/Ruby/Kyanite, Hessonite, Jasper-Poppy, Lapis Lazuli, Spinel-Green, Tourmaline-Yellow, Unakite, Zoisite/Ruby,  Celebration Drops, Loving Thoughts, Prosperity Alchemy Drops,	Celebration Blessings Spray, Prosperity Alchemy Spray,
<b>Possessiveness</b>	Be Nurtured, Chicory~Cornflower, Cup of Gold, For Giving, Freedom/Libertad, High Frequency, I Am Generosity, Let Go and Trust, Light Codes of Unification, One Heart, Pituitary Master, Chrysoprase, Morganite,  Prosperity Alchemy Drops,	Prosperity Alchemy Spray,
<b>Posture</b>	Cerato, Solar Power, Stand Tall, Amazonite, Azurite/Malachite, Chrysoprase, Rhodochrosite, Sapphire-Yellow,	
<b>Power</b>	See: Empowerment	
<b>Pregnancy</b>	Be Nurtured, Divine Child, Divine Goddess, Graceful Shift, Soul Family, Sweet New Beginnings, Aventurine-Peach, Coral-Red, Hessonite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Ruby, Zoisite/Ruby, Whale Time,  Graceful Passages,	
<b>Prejudice</b>	Beech, Doorway to the Heart, For Giving, Initiation of the Heartlight, Light Codes of Unification, My Passion, One Heart, Pineal Light Infusion, True Compassion, Agate-White, Chalcedony-Blue, Chrysoprase, Moldavite, Morganite,  Loving Thoughts,	
<b>Pre-Menstrual Syndrome (PMS)</b> <i>See Also: Dysmenorrhea (Menstrual Cramps); Menstruation</i>	Be Nurtured, Bushilla, Cherry Plum, Divine Goddess, Full Moonlight, Sublime Chocolate, Wild Feminine, Hessonite, Moonstone-Clear, Moonstone-Green, Ruby, Tourmaline-Orange,  Loving Thoughts, Magnificent Moontime,	Holy Harmony Spray,
<b>Procrastination</b>	About Face, Creation/Focus, Dance, Faith and Courage, My Passion, Project Catalyst, Walnut, Wild Feminine, Wild Oat,  Brilliant Student,	FAB Spray
<b>Prosperity</b>	See: Abundance	
<b>Prostate</b>	Male Strength, Sacred Union, Solar Power, Spunky, Chalcedony-Yellow, Tourmaline-Green,  Man Alive,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Protection</b>	<p>Divine Child, Echinacea Energy, Faith and Courage, Let The Light In, Agate-White, Amethyst, Ametrine, Apatite-Teal, Apatite-Yellow, Aquamarine, Bloodstone, Coral-White, Jasper-Snake, Mookaite, Mother Of Pearl, Pyrite, Quartz-Clear, Sapphire-Blue, Sapphire-Yellow, Sodalite-Transparent Indigo, Spinel-Orange, Spinel-Purple, Tektite, Topaz-Blue, Tourmaline-Pink, Turquoise-Blue, Zoisite/Ruby,</p> <p>Shield of Light Drops, Super Immune Drops, Travel Solution, Vortex of Harmony,</p>	Shield of Light Spray,
<b>Psychic Abilities</b>	<p>Light Navigator, Open Mind/Future Vision, Pineal Light Infusion, Pituitary Master, Sublime Chocolate, Telepathic Reception, Alexandrite, Apatite-Teal, Azestulite, Azurite-Blue, Dumortierite-Indigo, Iolite, Jasper-Picture, Rhodolite, Sodalite-Transparent Indigo, Quartz-Clear, Spinel-Blue, Spinel-Purple, Tourmaline-Blue, Tourmaline-Purple, Zoisite/Ruby,</p> <p>Blue Lotus Temple Drops, Illumination,</p>	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Puberty</b>	<p>bout Face, Bushilla, Dance, Early Bloomer, Faith and Courage, Freedom/Libertad, Full Moonlight (female), Graceful Shift, Cerato, Inner Guru, Master Teacher, Regal Amaranth ~ RA, Carnelian, Tourmaline-Green (male),</p> <p>Magnificent Moontime (female), Quintessential Balance, Shield of Light Drops, Soul Purpose,</p>	Crystal Clear Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Pubic Bone</b>	<p>Mango Paradise, Sacred Union, Wild Feminine,</p> <p>Radiant Sensuality,</p>	Love Lover Beloved Spray,
<b>Purification</b>	<p>Crabapple, Doorway to the Heart, Let The Light In, Pineal Light Infusion, Purification, Recharge and Nourish, Violet Flame, Wise Body, Agate-Yellow, Alexandrite, Apatite-Teal, Aventurine-Blue, Azurite-Blue, Beryl-White, Bloodstone, Chrysocolla, Coral-Red, Heliodor, Jasper-Snake, Malachite, Opal-Fire, Quartz-Rose, Sodalite-Opaque, Topaz-Blue,</p> <p>Super Immune Drops,</p>	Crystal Clear Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Purpose</b>	<p>Ancient Wisdom, Cerato, I Remember, Inner Guru, My Passion, Open Mind/Future Vision, Regal Amaranth ~ RA, Wild Oat, Diamond, Jade-Imperial, Sapphire-Blue, Sapphire-Yellow, Sodalite-Opaque, Sodalite-Transparent Indigo,</p> <p>Illumination, Prosperity Alchemy Drops, Soul Purpose,</p>	Leap of Faith Spray, Prosperity Alchemy Spray,
<b>Rash</b>	<p>Clear Head, Crabapple, Eternal Youth, Graceful Shift, Impatiens, Intimacy, Magic Healer, Open Mind/Future Vision, Bloodstone, Calcite-Golden Clear, Calcite-Green, Jasper-Picture, Jasper-Yellow Beige, Kyanite, Mookaite, Opal-Pink, Rhodochrosite, Topaz-White,</p> <p>Forever Young, Loving Thoughts,</p>	Angel Rejuvenation Spray, Holy Harmony Spray, Angel Drops,
<b>Rebelliousness</b>	<p>Ancient Wisdom, Freedom/Libertad, Inner Guru, Male Strength, One Heart, Solar Power, Stand Tall, Wild Oat,</p> <p>Attention Formula, Illumination,</p>	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Receptivity</b>	<p>Art of Gentle Communication, Divine Goddess, I Am Gratitude / Mustard, Initiation of the Heartlight, One Heart, Open Mind/Future Vision, Telepathic Reception, Aquamarine, Beryl-White, Chalcedony-Blue, Gold-24k, Quartz-Rose, Sugilite-Pink/Purple, Otter Delight,</p> <p>Blue Lotus Temple Drops, Illumination, Prosperity Alchemy Drops,</p>	<p>Angel Rejuvenation Spray, Blue Lotus Temple Spray, Prosperity Alchemy Spray,</p>
<b>Rejection</b>	<p>Cerato, For Giving, One Heart, Rock Water, Soul Family, Star of Bethlehem,</p> <p>Soul Purpose,</p>	
<b>Rejuvenation</b>	<p>Be Nurtured, Complete with the Past, Crabapple, Eternal Youth, Initiation of the Heartlight, Olive, Recharge and Nourish, Regal Amaranth ~ RA, Wilka Mayu (Sacred River), Amazonite, Aventurine-Peach, Chrysoprase, Gold-24k, Jade-Imperial, Nephrite, Quartz-Clear, Spinel-Clear, Spinel-Deep Red, Spinel-Pink, Topaz-White,</p> <p>Forever Young,</p>	<p>Angel Rejuvenation Spray, Angel Anointing Oil</p>
<b>Relationships</b>	<p>Beech, Chicory~Cornflower, Cooperative Service, Divine Child, Doorway to the Heart, Heather, Initiation of the Heartlight, Mother and Child ReUnion, One Heart, Soul Family, Solar Power, True Compassion, Azurite/Malachite, Chrysoprase, Emerald, Obsidian-Rainbow, Opal-Andean Blue, Quartz-Rose, Sapphire-Pink, Tourmaline-Green, Otter Delight,</p> <p>Celebration Drops, Loving Thoughts, Shield of Light Drops,</p>	<p>Celebration Blessings Spray, Holy Harmony Spray, Sacred Sanctuary Spray, Shield of Light Spray,</p>
<b>Relationships, Romantic</b>	<p>Doorway to the Heart, Floral Erotica, God/Goddess Unity, My Passion, One Heart, Open Mind/Future Vision, Sacred Union, Wild Feminine, Aventurine-Peach, Morganite, Nephrite, Opal-Andean Blue, Quartz-Rose, Ruby, Sapphire-Pink, Spinel-Orange, Sunstone, Tourmaline-Orange, Turquoise-Green, Otter Delight,</p> <p>Loving Thoughts, Man Alive, Radiant Sensuality,</p>	<p>Love Lover Beloved Spray, Beloved Anointing Oil,</p>
<b>Relaxation</b>	<p>About Face, Balance and Stability, Complete with the Past, Dance, Expanded Awareness, Freedom/Libertad, Full Moonlight, Inner Guru, Let Go and Trust, Sacred Union, Zania, Chrysoprase, Jade-Imperial, Kyanite, Larimar, Moonstone-Blue Rainbow, Sapphire-Green, Turquoise-Green,</p> <p>Peaceful Sleep, Quintessential Balance,</p>	<p>Angel Rejuvenation Spray, Holy Harmony Spray,</p>
<b>Repressed Emotions</b>	<p>About Face, Brave Heart, Cherry Plum, Divine Child, Doorway to the Heart, Faith and Courage, Gold + Silver/White Chakra, High Frequency, Initiation of the Heartlight, Intimacy, Let Go and Trust, Spirited, Audacious and Bold, Zeal Point Magenta Chakra, Aquamarine, Aventurine-Light Green, Azurite/Malachite, Chrysoprase, Emerald, Fluorite-Green, Jade-Imperial, Lapis Lazuli, Moldavite, Moonstone-Clear, Mother of Pearl, Morganite, Opal-Andean Blue, Obsidian-Snowflake, Quartz-Rose, Rhodochrosite, Sodalite-Opaque, Sodalite-Transparent Indigo,</p>	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Reproductive Organs, Female</b>	Bushilla, Divine Goddess, Mango Paradise, Sacred Union, Wild Feminine, Aventurine-Peach, Carnelian, Chrysocolla, Hessonite, Malachite, Moonstone-Blue Rainbow, Moonstone-Clear, Moonstone-Green, Spinel-Pink, Tourmaline-Orange, Zoisite/Ruby,	
<b>Reproductive Organs, Male</b>	God/Goddess Unity, Male Strength, Mango Paradise, Sacred Union, Spunky, Agate-Yellow, Carnelian, Tourmaline-Green, Tourmaline-Orange, Zoisite/Ruby,  Man Alive,	
<b>Resentment</b>	For Giving, Gold + Silver/White Halo Chakra, I Am Gratitude / Mustard, Initiation of the Heartlight, My Passion, Willow, Agate-White, Morganite, Quartz-Rose, Riverstone-Sweet Surrender, Sapphire-Pink,  Loving Thoughts,	
<b>Resistance</b>	Let Go and Trust, Rock Water, Wilka Mayu (Sacred River), Willow, Riverstone-Sweet Surrender,	
<b>Respiratory System</b>	Deep Breath, Faith and Courage, High Frequency, Agate-Tree, Aventurine-Blue, Chalcedony-Blue, Emerald, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Iolite, Jade-Snow, Lapis Lazuli, Pyrite, Quartz-Rutilated, Quartzite, Spinel-Blue, Spinel-Green, Topaz-Blue,  Super Immune Drops,	Super Immune Spray,
<b>Responsibility</b>	Balance and Stability, Creation/Focus, Emancipation, Inner Guru, Inocencia Coca, Male Strength, Solar Power, Sublime Chocolate, Walnut, Willow, Chrysoberyl-Green, Iolite, Jasper-Leopard,	
<b>Restlessness</b>	Balance and Stability, Be Nurtured, Emancipation, Freedom/Libertad, Impatiens, Inocencia Coca, Solar Power, Strength and Chi, Sublime Chocolate,  Attention Formula, Down to Earth, Quintessential Balance,	
<b>Restorative</b>	Be Nurtured, Eternal Youth, Olive, Recalibrate and Flourish, Recharge and Nourish, Spunky, Star of Bethlehem, Strength and Chi, Agate-Tree, Apatite-Green, Bloodstone, Jade-Imperial, Malachite, Spinel-Clear,  Forever Young, Man Alive,	Angel Rejuvenation Spray, Angel Anointing Oil,
<b>Right Side of the Body</b>	God/Goddess Unity, I Am Generosity, Male Strength, Project Catalyst, Solar Power, Spunky, Wild Oat, Tourmaline-Green,	
<b>Root Chakra</b>	See: Chakra, 1st (Root)	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Rumination</b>	Be Happy, Complete with the Past, Honeysuckle, I Am Gratitude / Mustard, Let Go and Trust, New Perspective, Pineal Light Infusion, Star of Bethlehem, Sweet New Beginnings, Willow,  Loving Thoughts,	Celebration Blessings Spray,
<b>Sacral Chakra</b>	See: Chakra, 2nd (Sacral)	
<b>Sadness</b> <i>See Also: Depression; Grief</i>	Anchoring Light, Be Happy, Faith and Courage, High Frequency, I Am Gratitude / Mustard, Mango Paradise, Pure Joy, Zania, Agate-Yellow, Citrine, Gold-24k, Hessonite, Rhodochrosite, Sunstone,  Celebration Drops, Soul Purpose,	Angel Rejuvenation Spray, Celebration Blessings Spray, Holy Harmony Spray,
<b>Safety</b>	Faith and Courage, Mimulus, Rock Rose, Jasper-Leopard, Jasper-Snake, Obsidian-Rainbow, Tektite, Tourmaline-Pink, Turquoise-Blue,  Shield of Light Drops, Travel Solution,	Shield of Light Spray,
<b>Safety, Emotional</b>	Aspen, Be Nurtured, Divine Child, Earth is My Heaven, Faith and Courage, Aventurine-Green, Mother of Pearl,  Shield of Light Drops,	Shield of Light Spray,
<b>Sarcasm</b>	Art of Gentle Communication, Beech, For Giving, Freedom/Libertad, I Am Gratitude / Mustard, Initiation of the Heartlight, One Heart,	
<b>Schizophrenia</b>	Adaptability, Aspen, Balance and Stability, Cerato, Clear Head, Clematis, Divine Child, Rock Rose, Strength of Achilles, Telepathic Reception, Gold-24K, Larimar, Lepidolite, Ruby, Sugilite-Pink/Purple, Sugilite-Purple,  Quintessential Balance, Loving Thoughts, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Scoliosis</b> <i>See Also: Spine / Spinal Column</i>	Aspen, Balance and Stability, Cerato, Faith and Courage, Let Go and Trust, Rock Water, Solar Power, Stand Tall, Azurite-Blue,	
<b>Seizures</b>	Aspen, Early Bloomer, Earth is My Heaven, Faith and Courage, Mimulus, Selenite, Sugilite-Purple, Chaska,  Attention Formula, Quintessential Balance,	Holy Harmony Spray,
<b>Self-Esteem / Self-Worth</b> <i>See Also: Confidence</i>	Adaptability, Cerato, Divine Goddess, Early Bloomer, Fairy Princess, For Giving, Integration, Pine, Regal Amaranth~RA, Solar Power, The Way I Am, Wilka Mayu (Sacred River), Alexandrite, Amazonite, Apatite-Green, Chrysoprase, Citrine, Coral-Red, Diamond, Jade-Imperial, Labradorite, Mookaite, Mother of Pearl, Obsidian-Mahogany, Opal-Andean Blue, Pyrite, Quartz-Rose, Rhodochrosite, Rhodonite, Rhodolite, Ruby, Sugilite-Pink/Purple, Tourmaline-Pink, Otter Delight,  Loving Thoughts, Perfect Weight, Soul Purpose,	Leap of Faith Spray, Love Lover Beloved Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Selfishness</b>	Be Nurtured, Cooperative Service, I Am Generosity, Light Codes of Unification, One Heart, Soul Family, Aquamarine,	
<b>Self-Love</b>	Fairy Princess, One Heart, Pine, Sacred Union, Rock Water, The Way I Am, Wilka Mayu (Sacred River), Apatite-Green, Chrysoprase, Mother of Pearl, Opal-Andean Blue, Opal-Pink, Quartz-Rose, Ruby, Sugilite-Pink/Purple, Otter Delight, Perfect Weight, Soul Purpose,	
<b>Self-Pity</b>	For Giving, Freedom/Libertad, Heather, High Frequency, I Am Generosity, One Heart, Wild Rose, Willow,	
<b>Self-Realization</b>	About Face, Early Bloomer, Eternal Youth, Gold + Silver/White Halo Chakra, Inner Guru, Pineal Light Infusion, Pituitary Master, Illumination, Soul Purpose,	Crystal Clear Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Sensitivity, Enhancing</b>	Nature Communion, Agate-Botswana, Coral-Pink, Marble-White, Obsidian-Mahogany, Obsidian-Snowflake, Rhodonite, Tsaveite,	
<b>Service</b>	Anchoring Light, Balance and Stability, Freedom/Libertad, Inocencia Coca, Master Teacher, True Compassion, Apatite-Blue, Lavender, Sapphire-Yellow, Spinel-Purple, Soul Purpose,	
<b>Sexual Abuse</b>	Divine Child, Divine Goddess, Floral Erotica, God/Goddess Unity, I Remember, Intimacy, Pine, Sacred Union, Star of Bethlehem, Morganite, Mother of Pearl, Whale Time, Quintessential Balance, Shield of Light Drops,	Holy Harmony Spray, Shield of Light Spray,
<b>Sexuality</b>	Floral Erotica, God/Goddess Unity, Male Strength, Mango Paradise, My Passion, Nature Communion, Open Mind/Future Vision, Sacred Union, Spunky, Wild Feminine, Aventurine-Peach, Mookaite, Obsidian-Mahogany, Spinel-Orange, Sunstone, Tourmaline-Orange, Tourmaline-Pink, Tourmaline-Green, Zoisite/Ruby, Otter Delight, Man Alive, Radiant Sensuality,	Love Lover Beloved Spray, Beloved Anointing Oil,
<b>Shame</b>	Divine Child, For Giving, Pine, Rhodolite, Quartz-Rose,	
<b>Sharing</b>	Cooperative Service, For Giving, I Am Generosity, I Am Gratitude / Mustard, One Heart, Otter Delight, Celebration Drops, Prosperity Alchemy Drops,	Celebration Blessings Spray, Prosperity Alchemy Spray,
<b>Shock</b>	Balance and Stability, Cherry Plum, Faith and Courage, Integration, Rock Rose, Star of Bethlehem, Quintessential Balance,	Angel Rejuvenation Spray, Holy Harmony Spray,



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Shyness</b>	Cerato, Dance, Faith and Courage, Freedom/Libertad, Let Go and Trust, Male Strength, Mango Paradise, Solar Power, Spirited, Audacious and Bold, Stand Tall, Opal-Clear, Sapphire-Blue,  Quintessential Balance, Radiant Sensuality,	Star Speaker Mouth Mist,
<b>Sight</b> <i>See Also: Eyes</i>	Anchoring Light, Early Bloomer, Light Navigator, Open Mind/Future Vision, Telepathic Reception, Aventurine-Green, Chrysoberyl-Green, Chrysoberyl-Yellow, Diamond, Sapphire-Green, Sodalite-Transparent Indigo,  Illumination,	
<b>Sinus</b>	Deep Breath, Agate-Tree, Aquamarine, Aventurine-Blue, Aventurine-Green, Aventurine-Peach, Aventurine-Yellow, Chalcedony-Blue, Chrysocolla, Emerald, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Iolite, Moonstone-Blue Rainbow, Sapphire-Blue, Spinel-Blue, Spinel-Green, Tourmaline-Blue,	
<b>Skeletal System / Structure</b>	Agate-Yellow, Azurite-Blue, Azurite/Malachite, Calcite-Amber, Chalcedony-Blue, Chrysocolla, Coral-White, Jasper-Picture, Lapis Lazuli, Obsidian-Snowflake, Opal-Dendrite, Tsavorite,	
<b>Skin</b> <i>See Also: Acne; Eczema; Rash</i>	About Face, Crabapple Eternal Youth, Intimacy, Magic Healer, Soul Force Balance, Agate-White, Amethyst, Calcite-Golden Clear, Calcite-Green, Howlite, Jasper-Leopard, Jasper-Picture, Jasper-Yellow Beige, Kyanite, Mookaite, Moonstone-Clear, Moonstone-Green, Obsidian-Rainbow, Opal-Pink, Prehnite, Quartz-Rose, Sapphire-Green, Selenite, Sunstone, Topaz-White,  Forever Young,	Angel Rejuvenation Spray, Cool Flash Spray, Angel Drops,
<b>Sleep</b>	Aspen, Balance and Stability, Faith and Courage, Freedom/Libertad, Full Moonlight, Gold + Silver/White Chakra, Inner Guru, Open Mind/Future Vision, Pineal Light Infusion, Amethyst, Apatite-Blue, Gold-24k, Howlite, Moonstone-Blue Rainbow, Opal-Andean Blue, Tektite, Tourmaline-Green,  Peaceful Sleep,	Angel Rejuvenation Spray, Holy Harmony Spray, Shield of Light Spray, Transcendence Spray, Yoga Mind Mouth Mist, Angel Anointing Drops,
<b>Smoking, Quitting</b>	Emancipation, Expanded Awareness, Inocencia Coca, Male Strength, Sublime Chocolate, Jasper-Picture,  Emancipated Master,	
<b>Solar Plexus Chakra</b>	See: Chakra, 3rd (Solar Plexus)	
<b>Spine / Spinal Column (Discs, Vertebrae)</b>	Balance and Stability, Magic Healer, Male Strength, Solar Power, Stand Tall, Azurite/Malachite, Calcite-Amber, Coral-Red, Coral-White, Jasper-Poppy, Opal-Andean Blue, Pyrite, Selenite, Sugilite-Purple, Sunstone,	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Spirituality</b>	<p>Anchoring Light, Ancient Wisdom, Awakened Thymus Chakra, Gold + Silver/White Chakra, High Frequency, Pineal Light Infusion, Pituitary Master, Zeal Point Magenta Chakra, Amethyst, Citrine, Obsidian-Rainbow, Sapphire-Yellow, Unakite,</p> <p>Blue Lotus Temple Drops, Illumination,</p>	<p>Blue Lotus Temple Spray, Transcendence Spray, Transcendence Anointing Oil,</p>
<b>Spleen</b>	<p>Emancipation, Faith and Courage, Freedom/Libertad, Let Go and Trust, Mimulus, New Perspective, One Heart, Vervain, Agate-Yellow, Apatite-Yellow, Aventurine-Green, Aventurine-Peach, Azurite-Blue, Bloodstone, Calcite-Amber, Calcite-Golden Clear, Calcite-Green, Carnelian, Chalcedony-Blue, Chalcedony-Yellow, Citrine, Coral-Pink, Coral-Red, Coral-White, Emerald, Garnet-Mandarin, Heliodor, Jade-Imperial, Malachite, Marble, Opal-Clear, Opal-Pink, Prehnite, Rhodochrosite, Ruby, Sapphire-Green, Sapphire-Yellow, Scapolite, Spinel-Orange, Sunstone, Topaz-Imperial, Tourmaline-Yellow, Zoisite/Ruby</p>	
<b>Sports</b>	<p>Inocencia Coca, Male Strength, My Passion, Recalibrate and Flourish, Spunky, Strength of Achilles, Strength and Chi, Wise Body, Aventurine-Blue, Bloodstone, Coral-Red, Diopside, Gold-24k, Jasper-Leopard, Jasper-Poppy, Scapolite, Spinel-Deep Red, Tourmaline-Green, Turquoise-Blue,</p> <p>Forever Young, Man Alive, Quintessential Balance, Super Immune Drops,</p>	<p>FAB Spray, Leap of Faith Spray,</p>
<b>Spontaneity</b>	<p>Let Go and Trust, Pure Joy, Rock Water, Spicy Vitality, Spirited Audacious and Bold, Wild Feminine, Zania, Opal-Clear, Rhodochrosite, Turquoise-Green, DolFUN~Being Love, Otter Delight,</p> <p>Celebration Drops,</p>	<p>Celebration Blessings Spray,</p>
<b>Stability / Stabilizing</b>	<p>Anchoring Light, Balance and Stability, Cherry Plum, Nature Communion, Agate-Moss, Ametrine, Aventurine-Green, Bloodstone, Bronzite, Chalcedony-Yellow, Jasper-Leopard, Jasper-Snake, Malachite, Obsidian-Rainbow, Pyrite, Quartz-Rutilated, Quartzite, Tektite, Turquoise-Blue, Earth Balancing Trinity,</p> <p>Down to Earth, Quintessential Balance,</p>	
<b>Stamina</b>	<p>Eternal Youth, Echinacea Energy, Inocencia Coca, Male Strength, Solar Power, Spunky, Strength and Chi, Diamond, Diopside, Gold-24k, Scapolite,</p> <p>Man Alive, Super Immune Drops,</p>	<p>Angel Rejuvenation Spray, FAB Spray,</p>

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Stomach</b>	Graceful Shift, Let Go and Trust, Soul Force Balance, Agate-Tree, Agate-White, Apatite-Yellow, Aventurine-Green, Aventurine-Peach, Beryl-White, Bloodstone, Calcite-Amber, Carnelian, Chalcedony-Yellow, Chrysoberyl-Green, Chrysoberyl-Yellow, Chrysocolla, Citrine, Coral-Pink, Emerald, Fluorite-Green, Heliodor, Hessonite, Jasper-Yellow Beige, Malachite, Moonstone-Blue Rainbow, Moonstone-Clear, Obsidian-Mahogany, Obsidian-Rainbow, Pietersite, Quartz-Clear, Sapphire-Blue, Sapphire-Green, Sapphire-Pink, Sapphire-Yellow, Selenite, Spinel-Red, Spinel-Green, Sunstone, Topaz-Imperial, Tourmaline-Yellow, Turquoise-Blue, Turquoise-Green,	
<b>Strength / Strengthening</b>	About Face, Dance, Echinacea Energy, Faith and Courage, Freedom/Libertad, Inner Guru, Inocencia Coca, Let Go and Trust, Male Strength, Mango Paradise, Master Teacher, Oak, Recalibrate and Flourish, Recharge and Nourish, Regal Amaranth-RA, Solar Power, Spunky, Strength of Achilles, Strength and Chi, Agate-Tree, Alexandrite, Amazonite, Aventurine-Green, Aventurine-Peach, Bloodstone, Chrysocolla, Diamond, Diopside, Emerald, Gold-24k, Fuchsite/Ruby/Kyanite, Lapis Lazuli, Malachite, Obsidian-Snowflake, Pyrite, Quartz-Scepter, Ruby, Tektite, Topaz-White, Tourmaline-Green, Turquoise-Blue,  Emancipated Master, Man Alive, Quintessential Balance, Super Immune Drops, Vortex of Harmony,	Super Immune Spray,
<b>Stress Relief</b>	About Face, Anchoring Light, Aspen, Be Happy, Balance and Stability, Brave Heart, Emancipation, Faith and Courage, Gold + Silver/White Halo Chakra, Rock Rose, True Compassion, Zeal Point Magenta Chakra, Aquamarine, Amethyst, Apatite-Blue, Aventurine-Peach, Azurite-Blue, Azurite/Malachite, Chrysoprase, Jade-Imperial, Kyanite, Labradorite, Larimar, Lepidolite, Moonstone-Blue Rainbow, Prehnite, Sapphire-Blue, Spinel-Blue, Topaz-Blue, Tourmaline-Blue,  Down to Earth, Loving Thoughts, Quintessential Balance, Shield of Light Drops,	Angel Rejuvenation Spray, Holy Harmony Spray, Shield of Light Spray, Transcendence Spray, Angel Breath Mouth Mist, Yoga Mind Mouth Mist,
<b>Student / Studying</b>	Cerato, Clear Head, Clematis, Creation/Focus, Dumortierite-Indigo, I Remember, My Passion, Agate-Blue Lace, Aquamarine, Apatite-Yellow, Calcite-Amber, Fluorite-Yellow, Sapphire-Yellow,  Attention Formula, Brilliant Student,	FAB Spray, Star Speaker Mouth Mist,
<b>Stuttering</b>	Art of Gentle Communication, Articulate Expression, Brave Heart, Cerato, Star of Bethlehem, Lapis Lazuli, Mookaite, Rhodolite,	Leap of Faith Spray, Star Speaker Mouth Mist,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Subconscious Issues</b>	About Face, Anchoring Light, Ancient Wisdom, Cherry Plum, Divine Goddess, High Frequency, Inner Guru, I Remember, Initiation of the Heartlight, Light Navigator, Pineal Light Infusion, Star of Bethlehem, Violet Flame, Alexandrite, Amethyst, Azurite-Blue, Chrysoberyl-Green, Chrysoberyl-Yellow, Fluorite-Yellow, Jade-Imperial, Obsidian-Mahogany, Obsidian-Snowflake, Pietersite, Rhodochrosite, Sodalite-Opaque, Sodalite-Transparent Indigo, Tourmaline-Blue, Illumination,	Transcendence Spray, Angel Breath Mouth Mist,
<b>Suicidal Thoughts</b>	Cherry Plum, Gorse, Graceful Shift, High Frequency, Rock Water, Solar Power, Star of Bethlehem, Wild Rose, The Way I Am, Aventurine-Yellow, Citrine, Fluorite-Yellow, Sapphire-Yellow, Tourmaline-Yellow,  Graceful Passages, Quintessential Balance,	Angel Rejuvenation Spray, Holy Harmony Spray, Transcendence Spray,
<b>Sun Sensitivity</b>	Heliodor, Sapphire-Yellow, Sunstone,	
<b>Sunburn</b>	Anchoring Light, Clear Head, Eternal Youth, Intimacy, Solar Power, Soul Force Balance, Star of Bethlehem, Sunstone, Forever Young,	Cool Flash Spray,
<b>Support / Supported</b>	Balance and Stability, Be Nurtured, Divine Child, Faith and Courage, Mother and Child ReUnion, Nature Communion, Oak, Walnut, Mother of Pearl, Sapphire-Pink,  Shield of Light Drops,	Shield of Light Spray,
<b>Surgery</b>	Balance and Stability, Crabapple, Echinacea Energy, Faith and Courage, Magic Healer, Rock Rose, Star of Bethlehem, Wise Body, Emerald,  Quintessential Balance, Shield of Light Drops, Super Immune Drops, Vortex of Harmony	Angel Rejuvenation Spray, Crystal Clear Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Swelling</b>	Clear Head, For Giving, Open Mind/Future Vision, Rock Water, Opal-Andean Blue,	
<b>Tantra</b>	Floral Erotica, God/Goddess Unity, Sacred Union,  Radiant Sensuality,	Love Lover Beloved Spray, Beloved Anointing Oil,
<b>Tantrums</b>	Adaptability, Art of Gentle Communication, Cherry Plum, Chicory-Cornflower, Cooperative Service, Graceful Shift, Heather, Willow,  Happy Kid Drops,	Happy Kid Spray, Holy Harmony Spray, Angel Anointing Oil,
<b>Teachers</b>	Creation/Focus, Master Teacher, My Passion, Solar Power, Vine, Zeal Point Magenta Chakra, Sapphire-Blue, Sapphire-Yellow, Spinel-Green,  Attention Formula, Brilliant Student, Happy Kid Drops, Shield of Light Drops, Soul Purpose,	FAB Spray, Happy Kid Spray, Holy Harmony Spray, Shield of Light Spray, Star Speaker Mouth Mist,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Teens</b> <i>See also: Puberty; Student / Studying</i>	About Face, Anchoring Light, Awakened Thymus Chakra, Be Nurtured, Cerato, Early Bloomer, Fairy Princess, Faith and Courage, Freedom/Libertad, Inner Guru, Master Teacher, Regal Amaranth ~ RA, Soul Family, Stand Tall, Sweet New Beginnings, Walnut, Zeal Point Magenta Chakra, Chalcedony-Blue, Lepidolite, Opal-Pink, Rhodolite, Whale Time,  Brilliant Student, Magnificent Moontime, Quintessential Balance, Shield of Light Drops, Soul Purpose,	Angel Rejuvenation Spray, FAB Spray, Holy Harmony Spray, Leap of Faith Spray, Shield of Light Spray
<b>Teeth</b>	Cerato, Inner Guru, Walnut, Wild Oat, Agate-Botswana, Agate-Tree, Amethyst, Apatite-Yellow, Azurite-Blue, Azurite/Malachite, Calcite-Amber, Chalcedony-Blue, Coral-White, Fluorite-Blue, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Howlite, Lapis Lazuli, Moonstone-Blue Rainbow, Obsidian-Mahogany, Spinel-Blue, Tavorite,	Angel Breath Mouth Mist, Yoga Mind Mouth Mist, Star Speaker Mouth Mist,
<b>Teething</b>	Be Nurtured, Divine Child, Early Bloomer, Star of Bethlehem, Sweet New Beginnings, Rhodolite,  Happy Kid Drops,	
<b>Telepathy</b>	Pineal Light Infusion, Telepathic Reception, Diamond, Fuchsite/Ruby/Kyanite, Kyanite, Moldavite, Selenite, Sodalite-Transparent Indigo, Tavorite,  Illumination,	Transcendence Spray, Yoga Mind Mouth Mist, Transcendence Anointing Oil,
<b>Tenderness</b>	Be Nurtured, Balance and Stability, Initiation of the Heartlight, Intimacy, Mother and Child ReUnion, One Heart, Kyanite, Moonstone-Green, Opal-Pink, Tourmaline-Pink  Loving Thoughts, Radiant Sensuality,	Love Lover Beloved Spray, Yoga Mind Mouth Mist,
<b>Tension</b>	About Face, Cherry Plum, Clear Head, Let Go and Trust, Recalibrate and Flourish, Rock Water, True Compassion, Wilka Mayu (Sacred River), Zeal Point Magenta Chakra, Agate-Blue Lace, Agate-Yellow, Ametrine, Chrysoprase, Lepidolite, Obsidian-Mahogany, Opal-Pink, Sardonyx-Black, Sardonyx-Red, Spinel-Blue, Sunstone, Tourmaline-Blue,  Quintessential Balance, Loving Thoughts,	Angel Rejuvenation Spray, Holy Harmony Spray,
<b>Testicles</b>	Balance and Stability, Be Nurtured, Faith and Courage, Freedom/Libertad, God/Goddess Unity, Male Strength, Solar Power, Spunky, Strength and Chi, Agate-Yellow, Carnelian, Chrysoprase, Opal-Pink, Tourmaline-Green, Tourmaline-Orange, Zoisite/Ruby,  Man Alive,	
<b>Tetanus</b>	Crabapple, I Am Gratitude / Mustard, Intimacy, One Heart, Wild Rose,  Loving Thoughts,	
<b>Third Eye Chakra</b>	See: Chakra, 6th (Third Eye)	
<b>Throat Chakra</b>	See: Chakra, 5th (Throat)	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Throat, Sore</b>	Articulate Expression, Awakened Thymus Chakra, Echinacea Energy, Wise Body, Zeal Point Magenta Chakra, Agate-Blue Lace, Apatite-Blue, Fluorite-Blue, Kyanite, Lapis Lazuli, Marble, Mookaite, Moonstone-Blue Rainbow, Sapphire-Blue, Spinel-Blue, Sunstone, Tourmaline-Blue, Tourmaline-Orange, Turquoise-Blue, Turquoise-Green,  Super Immune Drops,	Super Immune Spray, Star Speaker Mouth Mist,
<b>Thymus</b>	Awakened Thymus Chakra, Echinacea Energy, High Frequency, Strength of Achilles, Alexandrite, Amazonite, Apatite-Blue, Apatite-Green, Apatite-Teal, Aquamarine, Aventurine-Peach, Calcite-Green, Chalcedony-Yellow, Fluorite-Blue, Jasper-Picture, Jasper-Yellow Beige, Lapis Lazuli, Larimar, Moldavite, Moonstone-Blue Rainbow, Opal-Andean Blue, Opal-Pink, Selenite, Tourmaline-Blue, Turquoise-Green, Whale Time,  Loving Thoughts, Shield of Light Drops, Super Immune Drops,	Shield of Light Spray, Super Immune Spray, Star Speaker Mouth Mist,
<b>Thymus Chakra</b>	See: Chakra, 8th (Thymus)	
<b>Thyroid</b>	Freedom/Libertad, Humility, Project Catalyst, Spirited, Audacious and Bold, Willow, Agate-Blue Lace, Alexandrite, Amazonite, Apatite-Yellow, Aquamarine, Azurite-Blue, Citrine, Coral-Red, Fluorite-Blue, Kyanite, Lapis Lazuli, Malachite, Moonstone-Blue Rainbow, Morganite, Quartz-Rutilated, Quartzite, Sapphire-Blue, Sardonyx-Black, Sardonyx-Red, Spinel-Blue, Tourmaline-Blue,	
<b>Tics / Twitches</b>	Ancient Wisdom, Divine Goddess, Earth Is My Heaven, Faith and Courage, Freedom/Libertad, Graceful Shift, High Frequency, I Am Gratitude / Mustard, Inner Guru, Mimulus, My Passion, Nature Communion, Rock Water, Stand Tall, Star of Bethlehem, Aventurine-Blue, Aventurine-Peach, Fluorite-Blue, Mookaite, Moonstone-Blue Rainbow, Opal-Fire, Opal-Pink, Topaz-Imperial,	
<b>Time (Warping, Resolving Past)</b>	13th Gate, Doorway to the Heart, Whale Time,	
<b>Tinnitus (ringing in the ears)</b>	Ancient Wisdom, Cerato, High Frequency, I Remember, Inner Guru, Telepathic Reception, Chrysoberyl-Yellow, Fuchsite/Ruby/Kyanite, Jade-Snow, Kyanite, Quartz-Rutilated, Spinel-Green,	
<b>Tiredness</b>	See: Fatigue	
<b>TMJ Syndrome (Temporomandibular Joint Disorder)</b>	See: Jaw	
<b>Toes</b>	Aspen, Balance and Stability, Let Go and Trust, New Perspective,	Angel Drops,
<b>Tolerance</b>	See: Acceptance	

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Tongue</b>	I Am Gratitude / Mustard, Mango Paradise, Pituitary Master, Pure Joy, Rock Water, Wild Rose, Wisdom of Bliss,	Angel Breath Mouth Mist, Star Speaker Mouth Mist, Yoga Mind Mouth Mist,
<b>Tonsillitis</b>	Articulate Expression, Artistic Inspiration, Project Catalyst, Zeal Point Magenta Chakra, Apatite-Blue, Aquamarine-Blue, Labradorite, Lapis Lazuli, Sapphire-Blue, Spinel-Blue,  Super Immune Drops,	Star Speaker Mouth Mist,
<b>Totem Connection</b>	13th Gate, Light Navigator, Open Mind/Future Vision, Purification, Charoite, Chrysoberyl-Yellow, Chrysocolla, Jasper-Leopard, Jasper-Poppy, Jasper-Snake, Obsidian-Mahogany, Obsidian-Rainbow, Chaska, DoFUN~Being Love, Otter Delight, Whale Time,	
<b>Tourette Syndrome</b>	Art of Gentle Communication, Cherry Plum, Faith and Courage, Freedom/Libertad, Mimulus, My Passion, Rock Water, Stand Tall, Star of Bethlehem, Aventurine-Blue, Fluorite-Blue, Mookaite, Opal-Fire,	Holy Harmony Spray, Shield of Light Spray,
<b>Toxicity</b>	Crabapple, Graceful Shift, Let The Light In, Open Mind/Future Vision, Purification, Recharge and Nourish, Calcite-Green, Gold-24k, Jasper-Yellow Beige, Malachite, Moldavite, Sardonyx-Black, Sardonyx-Red,  Graceful Passages, Shield of Light Drops, Super Immune Drops, Vortex of Harmony,	Crystal Clear Spray, Sacred Sanctuary Spray, Shield of Light Spray, Super Immune Spray,
<b>Transcendence</b>	13th Gate, Anchoring Light, Awakened Thymus Chakra, Gold + Silver/White Halo Chakra, High Frequency, Integration, Light Navigator, Pineal Light Infusion, Pituitary Master, Charoite, Jasper-Poppy, Selenite, Chaska,  Blue Lotus Temple Drops, Illumination,	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist, Transcendence Anointing Oil,
<b>Transformation</b>	Adaptability, Faith and Courage, Freedom/Libertad, Graceful Shift, Inocencia Coca, Integration, Let Go and Trust, Light Codes of Unification, Sweet New Beginnings, Walnut, Wilka Mayu (Sacred River), Wisdom of Bliss, Amethyst, Ametrine, Andalucite, Azurite/Malachite, Charoite, Labradorite, Moldavite, Opal-Fire, Rhodochrosite, Riverstone~Sweet Surrender, Sapphire-Blue, Unakite, Whale Time,  Emancipated Master, Graceful Passages, Soul Purpose,	Leap of Faith Spray, Holy Harmony Spray, Angel Breath Mouth Mist,
<b>Transition</b>	Be Nurtured, Early Bloomer, Earth Is My Heaven, Endearing Remembrance, Faith and Courage, Freedom/Libertad, Graceful Shift, I Remember, Let Go and Trust, Soul Family, Star of Bethlehem, Sweet New Beginnings, Zeal Point Magenta Chakra, Bronzite, Lepidolite, Quartzite, Tourmaline-Pink,  Graceful Passages, Travel Solution,	Angel Rejuvenation Spray, Holy Harmony Spray, Leap of Faith Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Trauma</b>	Balance and Stability, Be Nurtured, Brave Heart, Cherry Plum, Faith and Courage, Rock Rose, Star of Bethlehem, Mother of Pearl,  Loving Thoughts, Quintessential Balance, Shield of Light Drops,	Angel Rejuvenation Spray, Holy Harmony Spray, Shield of Light Spray,
<b>Travel</b>	Ancient Wisdom, Earth Is My Heaven, Faith and Courage, Freedom/Libertad, Integration, Light Navigator, One Heart, Open Mind/Future Vision, Soul Family, Sweet New Beginnings, Zeal Point Magenta Chakra, Aventurine-Green, Emerald, Tourmaline-Pink, Turquoise-Blue,  Shield of Light Drops, Super Immune Drops, Travel Solution, Vortex of Harmony, Earth Balancing Trinity,	Crystal Clear Spray, Shield of Light Spray, Super Immune Spray, Angel Drops,
<b>Trust</b>	Awakened Thymus Chakra, Cerato, Deep Breath, Divine Child, Early Bloomer, Faith and Courage, Initiation of the Heartlight, Let Go and Trust, Light Codes of Unification, One Heart, Open Mind/Future Vision, Wilka Mayu (Sacred River), Aventurine-Green, Bloodstone, Chrysoprase, Sapphire-Pink, Topaz-Imperial, Otter Delight,  Graceful Passages, Loving Thoughts,	Leap of Faith Spray,
<b>Tuberculosis</b>	Chicory-Cornflower, Deep Breath, Doorway to the Heart, Echinacea Energy, For Giving, High Frequency, I Am Generosity, Initiation of the Heartlight, One Heart, Purification, Recharge and Nourish, Agate-Tree, Calcite-Amber, Calcite-Green, Calcite-Golden Clear, Emerald, Jasper-Snake, Marble, Morganite, Obsidian-Mahogany, Tourmaline-Blue,  Loving Thoughts, Super Immune Drops,	Holy Harmony Spray, Super Immune Spray,
<b>Tumors</b>	Complete with the Past, Doorway to the Heart, Freedom/Libertad, Honeysuckle, One Heart, Star of Bethlehem, Sweet New Beginnings, Bloodstone, Fluorite-Green, Fluorite-Purple Rainbow, Fluorite-Yellow, Malachite, Selenite,  Loving Thoughts,	
<b>Understanding</b>	High Frequency, One Heart, Pineal Light Infusion, True Compassion, Agate-Yellow, Alexandrite, Amethyst, Chrysoberyl-Green, Chalcedony-Yellow, Emerald, Heliodor, Rhodolite, Selenite, Unakite,	
<b>Uterus</b>	Be Nurtured, Bushilla, Divine Goddess, Mother and Child ReUnion, Agate-White, Aventurine-Peach, Carnelian, Hessonite, Obsidian-Snowflake, Opal-Dendrite, Pietersite, Zoisite/Ruby,	



PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Varicose Veins</b>	Anchoring Light, Balance and Stability, Dance, Faith and Courage, Nature Communion, One Heart, Rock Water, Stand Tall, Wild Rose, Wilka Mayu (Sacred River), Bloodstone, Chalcedony-Blue, Coral-Pink, Coral-Red, Coral-White, Obsidian-Dendrite, Obsidian-Snowflake,  Quintessential Balance, Shield of Light Drops,	
<b>Venereal Disease</b>	Crabapple, God/Goddess Unity, Pine, The Way I Am, Amazonite, Moonstone-Clear, Mother of Pearl, Sapphire-Pink,	
<b>Vertebrae</b>	See: Spine	
<b>Vertigo</b>	About Face, Ancient Wisdom, Balance and Stability, Clear Head, Creation/Focus, Faith and Courage, Pineal Light Infusion, Lapis Lazuli, Malachite, Morganite, Quartz-Clear, Quartz-Rose,	FAB Spray,
<b>Victim Mentality</b>	See: Empowerment	
<b>Viruses</b>	Awakened Thymus Chakra, Crabapple, Echinacea Energy, Pure Joy, Recharge and Nourish, Wise Body, Gold-24k, Jasper-Snake,  Super Immune Drops, Vortex of Harmony,	Super Immune Spray,
<b>Vision</b>	Creation/Focus, My Passion, Open Mind/Future Vision, Pineal Light Infusion, Amethyst, Carnelian, Charoite, Chrysoberyl-Green, Chrysoberyl-Yellow, Chrysoprase, Coral-Red, Howlite, Iolite, Obsidian-Rainbow, Sapphire-Green, Sodalite-Transparent Indigo, Spinel-Clear, Sugilite-Pink/Purple, Tanzanite, Tourmaline-Orange,  Blue Lotus Temple Drops, Illumination, Soul Purpose,	Blue Lotus Temple Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Vitality</b>	Faith and Courage, Male Strength, Olive, Recalibrate and Flourish, Recharge and Nourish, Spicy Vitality, Strength and Chi, Carnelian, Chrysocolla, Spinel-Deep Red, Sunstone, Zoisite/Ruby,  Man Alive, Radiant Sensuality, Shield of Light Drops, Super Immune Drops,	
<b>Voice</b>	Awakened Thymus Chakra, Cerato, Purification, Zeal Point Magenta Chakra, Fluorite-Blue, Lapis Lazuli, Rhodolite, Sapphire-Blue, Spinel-Blue, Topaz-Blue,	Star Speaker Mouth Mist,
<b>Vomiting</b>	Anchoring Light, Faith and Courage, Graceful Shift, Integration, Let Go and Trust, Recharge and Nourish, Sweet New Beginnings, Walnut, Wilka Mayu (Sacred River), Citrine, Hessonite, Labradorite,  Graceful Passages, Quintessential Balance	
<b>Vulnerability</b>	Cerato, Faith and Courage, Male Strength, Mango Paradise, Solar Power, Stand Tall, Violet Flame, Wise Body,  Perfect Weight, Shield of Light Drops,	Shield of Light Spray,

PRIMARY CONCERN	SUGGESTED ESSENCES	SUGGESTED SPRAYS, ETC.
<b>Warts</b>	Crabapple, Divine Goddess, Fairy Princess, Pine, Solar Power, Strength and Chi, Calcite-Golden Clear, Quartz-Rose,  Forever Young, Loving Thoughts, Perfect Weight,	Love Lover Beloved Spray, Angel Drops,
<b>Weakness</b>	See: Strength / Strengthening; Vitality	
<b>Weight, Balancing</b>	Balance and Stability, Be Nurtured, Emancipation, Divine Goddess, Faith and Courage, Freedom/Libertad, Gold + Silver/White Halo Chakra, Inocencia Coca, Inner Guru, Solar Power, Strength of Achilles, Sublime Chocolate, Quartz-Rose, Sardonyx-Black, Sardonyx-Red,  Loving Thoughts, Perfect Weight, Quintessential Balance,	Love Lover Beloved Spray,
<b>Willpower</b>	Cerato, Emancipation, God/Goddess Unity, Freedom/Libertad, Inocencia Coca, Inner Guru, Magic Healer, Male Strength, Pituitary Master, Solar Power, Sublime Chocolate, Amethyst, Ametrine, Diopside, Scapolite,  Emancipated Master,	Crystal Clear Spray, Angel Breath Mouth Mist,
<b>Worry</b>	Aspen, Be Happy, Faith and Courage, Freedom/Libertad, High Frequency, Let Go and Trust, Mimulus, Jade-Imperial,  Loving Thoughts, Prosperity Alchemy Drops, Quintessential Balance, Shield of Light Drops	Leap of Faith Spray, Prosperity Alchemy Spray, Shield of Light Spray, Angel Breath Mouth Mist, Yoga Mind Mouth Mist,
<b>Wrist</b>	Balance and Stability, Eternal Youth, Recalibrate and Flourish, Rock Water, Strength of Achilles, Wilka Mayu (Sacred River)	Crystal Clear Spray, Angel Breath Mouth Mist,
<b>Yeast Infection</b>	Be Nurtured, Divine Goddess, Oak, Rock Water, Soul Force Balance, Lepidolite	
<b>Yoga</b>	Anchoring Light, Awakened Thymus Chakra, Balance and Stability, Dance, Deep Breath, Doorway to the Heart, Gold + Silver/White Halo Chakra, High Frequency, Freedom/Libertad, Initiation of the Heartlight, Light Codes of Unification, Majestic Mandala, One Heart, Recalibrate and Flourish, Recharge and Nourish, Strength and Chi, Wilka Mayu (Sacred River), Wise Body, Zeal Point Magenta Chakra,  Agate-Blue Lace, Agate-White, Aventurine-Blue, Chalcedony-Blue, Quartzite, Topaz-White,  Blue Lotus Temple Drops, Celebration Drops, Illumination, Vortex of Harmony,	Blue Lotus Temple Spray, Celebration Blessings Spray, Transcendence Spray, Yoga Mind Mouth Mist,
<b>Youth</b>	Balance and Stability, Cup of Gold, Divine Child, Early Bloomer, Eternal Youth, Zania, Zeal Point Magenta Chakra, Apatite-Blue, Aquamarine, Chrysoprase, Coral-White, Larimar, Moonstone-Green, Nephrite, Opal-Pink, Quartz-Rose, Otter Delight, Whale Time,  Happy Kid Drops, Forever Young	Angel Rejuvenation Spray, Happy Kid Spray,
<b>Zeal Point Chakra</b>	See: Chakra, 9th (Zeal Point)	