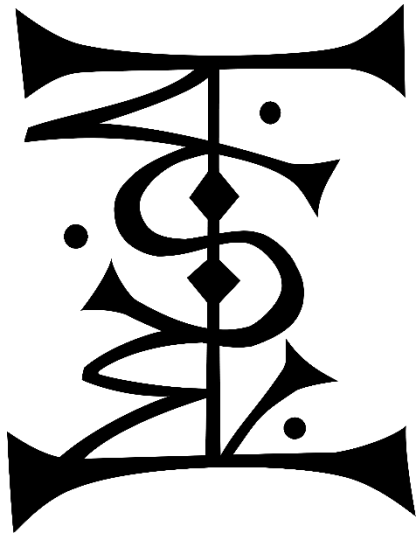


~ SIGIL MAGICK ~

Sigil Magick is one of the easiest and most commonly used forms of magick today. It infuses your intentions and desires into a magickal symbol, created by you. Sigils created by others can be used as inspiration or as a focal piece for meditation, but to perform powerful sigil magick, you should create your own sigils.



"I AM OPEN TO POSITIVE LOVE"

There are many ways to create sigils, especially if you are artistic. The instructions here are for the easiest way to create a sigil, and the one pictured will be used as an example.

*1. **Define your intention.** It is best to phrase your intention in the present tense. The Universe also does not understand negatives, so it is best to refrain from statements using words like 'do not', 'no' and 'will not.' Write your intention out on a piece of paper. For the sigil here, the intention is "I Am Open to Positive Love."*

*2. **Create your sigil.** Start by writing out your intention as one sentence with no spaces, removing vowels and any repeating consonants. For this sigil, that would be MPNTSVL. Combine these letters into a sigil of your creation. Work with it until it feels right to you.*

*3. **Charge the sigil.** Visualize your intention becoming a reality. Place your sigil where you can see it. Look at your sigil and smile, knowing deep inside yourself that it will soon become reality. Meditate on your sigil to merge it with your unconscious mind and your Higher Self.*

*4. **Trust in your magick.** For some, this step involves forgetting your sigil. Remove it from sight. Burn the piece of paper on which the sigil was created. Bury the sigil in your garden. The act of forgetting releases the sigil to the Universe to help manifest. For others, the act of forgetting isn't a necessity, but not focusing on it on a daily basis can help things manifest.*

You'll know when your sigil has manifested. You'll just feel it. There isn't a set amount of time; every spell and magickal working is different.



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