

Introducing Row Maps

A serendipitous collaboration between
Chad Lewis and Melanie Berg

A Row Map is a printable checklist that accompanies each row in a knitting pattern. It provides clear guidance to the knitter, indicating which row they are currently working on, the corresponding written instruction to follow, and the recommended color to use. All you need to do is check off each row as you complete it, allowing the Row Map to seamlessly guide you from start to finish.


Chad, a knitting instructor at a cancer center in Toronto, Canada, created his first row map to make knitting more accessible for individuals experiencing the cognitive challenges associated with "chemo brain." He shared this Row Map with Melanie, a knitwear designer and cancer survivor who instantly understood its value, and a new cancer awareness initiative was born.

The row map included in this pattern is our gift to you. If you find it helpful, please consider making a donation to a cancer research organization that best aligns with your heart. To the right are links to organizations that are meaningful to us and our work.

We believe that with the help of a Row Map, all knitters facing concentration challenges can confidently pick up their needles and continue knitting with ease. We thank you in advance and are grateful to include you in this beautiful initiative. Happy knitting!!!


Melanie and Chad



 chadknits

 Chadknits1



 mairlynd

 mairlynd

United States

[American Cancer Society](#)

[Pediatric Cancer Research Foundation](#)

Canada

[Canadian Cancer Society](#)

[The Terry Fox Foundation](#)

Germany

[Deutsches Krebsforschungszentrum DKFZ](#)

[Pink Ribbon Deutschland](#)

[mamazone e.V.](#)

France

[Institut Curie](#)

United Kingdom

[Cancer Research UK](#)

Australia

[Australian Cancer Research Foundation](#)

[Peter MacCallum Cancer Foundation](#)

Stripe-alicious Row Map Page 1

My Colours

A =

B =

C =

D =

E =

Start Here

Garter tab cat-on

A: Cast On _____
(9 sts)

Set-up

A: Set-up (WS) _____
A: Row 1 (RS) _____
A: Row 2 _____
(11 sts)

A: Row 1 _____
A: Row 2 _____
A: Row 1 _____
A: Row 2 _____
A: Row 1 _____
A: Row 2 _____
(17 sts)

Begin Shawl

Section 1 : Color B

B: Row 1 _____
B: Row 2 _____
B: Row 3 _____
B: Row 4 _____
B: Row 5 _____
B: Row 6 _____
B: Row 7 _____
B: Row 8 _____
B: Row 9 _____
B: Row 10 _____
(27 sts)

Section 1 : Color C

C: Row 1 _____
C: Row 2 _____
C: Row 3 _____
C: Row 4 _____
C: Row 5 _____
C: Row 6 _____
C: Row 7 _____
C: Row 8 _____
C: Row 9 _____
C: Row 10 _____
(37 sts)

Section 1 : Color D

D: Row 1 _____
D: Row 2 _____
D: Row 3 _____
D: Row 4 _____
D: Row 5 _____
D: Row 6 _____
D: Row 7 _____
D: Row 8 _____
D: Row 9 _____
D: Row 10 _____
(47 sts)

Section 1 : Color A

A: Row 1 _____
A: Row 2 _____
A: Row 3 _____
A: Row 4 _____
A: Row 5 _____
A: Row 6 _____
A: Row 7 _____
A: Row 8 _____
A: Row 9 _____
A: Row 10 _____
(57 sts)

Section 1 : Color B

B: Row 1 _____
B: Row 2 _____
B: Row 3 _____
B: Row 4 _____
B: Row 5 _____
B: Row 6 _____
B: Row 7 _____
B: Row 8 _____
B: Row 9 _____
B: Row 10 _____
(67 sts)

Section 1 : Color C

C: Row 1 _____
C: Row 2 _____
C: Row 3 _____
C: Row 4 _____
C: Row 5 _____
C: Row 6 _____
C: Row 7 _____
C: Row 8 _____
C: Row 9 _____
C: Row 10 _____
(77 sts)

Section 1 : Color D

D: Row 1 _____
D: Row 2 _____
D: Row 3 _____
D: Row 4 _____
D: Row 5 _____
D: Row 6 _____
D: Row 7 _____
D: Row 8 _____
D: Row 9 _____
D: Row 10 _____
(87 sts)

Section 1 : Color A

A: Row 1 _____
A: Row 2 _____
A: Row 3 _____
A: Row 4 _____
A: Row 5 _____
A: Row 6 _____
A: Row 7 _____
A: Row 8 _____
A: Row 9 _____
A: Row 10 _____
(97 sts)

Section 1 : Color B

B: Row 1 _____
B: Row 2 _____
B: Row 3 _____
B: Row 4 _____
B: Row 5 _____
B: Row 6 _____
B: Row 7 _____
B: Row 8 _____
B: Row 9 _____
B: Row 10 _____
(107 sts)

Section 1 : Color C

C: Row 1 _____
C: Row 2 _____
C: Row 3 _____
C: Row 4 _____
C: Row 5 _____
C: Row 6 _____
C: Row 7 _____
C: Row 8 _____
C: Row 9 _____
C: Row 10 _____
(117 sts)

Section 1 : Color D

D: Row 1 _____
D: Row 2 _____
D: Row 3 _____
D: Row 4 _____
D: Row 5 _____
D: Row 6 _____
D: Row 7 _____
D: Row 8 _____
D: Row 9 _____
D: Row 10 _____
(127 sts)

Section 1 : Color A

A: Row 1 _____
A: Row 2 _____
A: Row 3 _____
A: Row 4 _____
A: Row 5 _____
A: Row 6 _____
A: Row 7 _____
A: Row 8 _____
A: Row 9 _____
A: Row 10 _____
(137 sts)

Section 1 : Color B

B: Row 1 _____
B: Row 2 _____
B: Row 3 _____
B: Row 4 _____
B: Row 5 _____
B: Row 6 _____
B: Row 7 _____
B: Row 8 _____
B: Row 9 _____
B: Row 10 _____
(147 sts)

Section 1 : Color C

C: Row 1 _____
C: Row 2 _____
C: Row 3 _____
C: Row 4 _____
C: Row 5 _____
C: Row 6 _____
C: Row 7 _____
C: Row 8 _____
C: Row 9 _____
C: Row 10 _____
(157 sts)

Section 1 : Color D

D: Row 1 _____
D: Row 2 _____
D: Row 3 _____
D: Row 4 _____
D: Row 5 _____
D: Row 6 _____
D: Row 7 _____
D: Row 8 _____
D: Row 9 _____
D: Row 10 _____
(167 sts)

Section 1 : Color A

A: Row 1 _____
A: Row 2 _____
A: Row 3 _____
A: Row 4 _____
A: Row 5 _____
A: Row 6 _____
A: Row 7 _____
A: Row 8 _____
A: Row 9 _____
A: Row 10 _____
(177 sts)

Section 1 : Color B

B: Row 1 _____
B: Row 2 _____
B: Row 3 _____
B: Row 4 _____
B: Row 5 _____
B: Row 6 _____
B: Row 7 _____
B: Row 8 _____
B: Row 9 _____
B: Row 10 _____
(187 sts)

Stripe-alicious Row Map Page 2

Section 1 : Color C

C: Row 1 _____
C: Row 2 _____
C: Row 3 _____
C: Row 4 _____
C: Row 5 _____
C: Row 6 _____
C: Row 7 _____
C: Row 8 _____
C: Row 9 _____
C: Row 10 _____
(197 sts)

Section 1 : Color D

D: Row 1 _____
D: Row 2 _____
D: Row 3 _____
D: Row 4 _____
D: Row 5 _____
D: Row 6 _____
D: Row 7 _____
D: Row 8 _____
D: Row 9 _____
D: Row 10 _____
(207 sts)

Put all stitches to rest

Begin Right Half

E: Pick up Row _____
(103 sts)

E: Set-up (WS) _____
(103 sts)

Section 2 : Repeat until there are only 2 sts left

NOTE:
**For this section, you will
be checking off completed
8 row repeats only.**
**Follow the Section 2
Template below each time
you work rows 1 - 8.**

Section 2 : 8 Row Rep Checkoff Template

E: Row 1 _____
E: Row 2 _____
E: Row 3 _____
E: Row 4 _____
(1 st dec)

A: Row 5 _____
A: Row 6 _____
E: Row 7 _____
E: Row 8 _____
(1 st dec)

Section 2 : Repeat until there are only 2 sts left

Rep 1 : 101 sts _____
Rep 2 : 99 sts _____
Rep 3 : 97 sts _____
Rep 4 : 95 sts _____
Rep 5 : 93 sts _____

Rep 6 : 91 sts _____
Rep 7 : 89 sts _____
Rep 8 : 87 sts _____
Rep 9 : 85 sts _____
Rep 10 : 83 sts _____

Rep 11 : 81 sts _____
Rep 12 : 79 sts _____
Rep 13 : 77 sts _____
Rep 14 : 75 sts _____
Rep 15 : 73 sts _____

Rep 16 : 71 sts _____
Rep 17 : 69 sts _____
Rep 18 : 67 sts _____
Rep 19 : 65 sts _____
Rep 20 : 63 sts _____

Rep 21 : 61 sts _____
Rep 22 : 59 sts _____
Rep 23 : 57 sts _____
Rep 24 : 55 sts _____
Rep 25 : 53 sts _____

Rep 26 : 51 sts _____
Rep 27 : 49 sts _____
Rep 28 : 47 sts _____
Rep 29 : 45 sts _____
Rep 30 : 43 sts _____

Rep 31 : 41 sts _____
Rep 32 : 39 sts _____
Rep 33 : 37 sts _____
Rep 34 : 35 sts _____
Rep 35 : 33 sts _____

Rep 36 : 31 sts _____
Rep 37 : 29 sts _____
Rep 38 : 27 sts _____
Rep 39 : 25 sts _____
Rep 40 : 23 sts _____

Rep 41 : 21 sts _____
Rep 42 : 19 sts _____
Rep 43 : 17 sts _____
Rep 44 : 15 sts _____
Rep 45 : 13 sts _____

Rep 46 : 11 sts _____
Rep 47 : 9 sts _____
Rep 48 : 7 sts _____
Rep 49 : 5 sts _____
Rep 50 : 3 sts _____

Row 1 : 2 sts _____

Begin Left Half

E: Pick up Row _____
(103 sts)

E: Set-up (WS) _____
(103 sts)

Section 3 : Repeat until there are only 2 sts left

NOTE:
**For this section, you will
be checking off completed
8 row repeats only.**
**Follow the Section 3
Template below each time
you work rows 1 - 8.**

Section 3 : 8 Row Rep Checkoff Template

E: Row 1 _____
E: Row 2 _____
E: Row 3 _____
E: Row 4 _____
(1 st dec)

C: Row 5 _____
C: Row 6 _____
E: Row 7 _____
E: Row 8 _____
(1 st dec)

Section 3 : Repeat until there are only 2 sts left

Rep 1 : 101 sts _____
Rep 2 : 99 sts _____
Rep 3 : 97 sts _____
Rep 4 : 95 sts _____
Rep 5 : 93 sts _____

Rep 6 : 91 sts _____
Rep 7 : 89 sts _____
Rep 8 : 87 sts _____
Rep 9 : 85 sts _____
Rep 10 : 83 sts _____

Rep 11 : 81 sts _____
Rep 12 : 79 sts _____
Rep 13 : 77 sts _____
Rep 14 : 75 sts _____
Rep 15 : 73 sts _____

Rep 16 : 71 sts _____
Rep 17 : 69 sts _____
Rep 18 : 67 sts _____
Rep 19 : 65 sts _____
Rep 20 : 63 sts _____

Rep 21 : 61 sts _____
Rep 22 : 59 sts _____
Rep 23 : 57 sts _____
Rep 24 : 55 sts _____
Rep 25 : 53 sts _____

Rep 26 : 51 sts _____
Rep 27 : 49 sts _____
Rep 28 : 47 sts _____
Rep 29 : 45 sts _____
Rep 30 : 43 sts _____

Rep 31 : 41 sts _____
Rep 32 : 39 sts _____
Rep 33 : 37 sts _____
Rep 34 : 35 sts _____
Rep 35 : 33 sts _____

Rep 36 : 31 sts _____
Rep 37 : 29 sts _____
Rep 38 : 27 sts _____
Rep 39 : 25 sts _____
Rep 40 : 23 sts _____

Rep 41 : 21 sts _____
Rep 42 : 19 sts _____
Rep 43 : 17 sts _____
Rep 44 : 15 sts _____
Rep 45 : 13 sts _____

Rep 46 : 11 sts _____
Rep 47 : 9 sts _____
Rep 48 : 7 sts _____
Rep 49 : 5 sts _____
Rep 50 : 3 sts _____

Row 1 : 2 sts _____

Work Border

D: Pick up Row _____

D: Next Row (WS) _____
(2 sts inc'd)

D: Next Row (RS) _____
(4 sts inc'd)

D: Next Row (WS) _____
(2 sts inc'd)

Bind Off

D: Row 1 (RS) _____

**Finish, Celebrate, and
ENJOY!!!**

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