

Before you buckle up to ride, double check your helmet:



IS YOUR HELMET ASTM/SEI-CERTIFIED FOR EQUESTRIAN USE?

Look for the SEI certified model ASTM F1163-15 sticker inside your helmet to verify it's approved for equestrian use.



DOES YOUR HELMET FIT YOU?

A helmet that correctly fits will perform better in the event of a fall. It's tempting to get a helmet that a child will "grow into" to start but it's not the safest choice.

Visit troxelhelmets.com/helmet-sizing to learn more.



HAS YOUR HELMET ALREADY BEEN IN AN ACCIDENT?

Equestrian helmets are designed for a single impact event. If you hit your head during a fall, even if your helmet does not look damaged from the outside, it needs to be replaced since the protective capabilities have been compromised.



HOW OLD IS YOUR HELMET?

It's good practice to replace your helmet at least every 5 years from the date of purchase. Evolving helmet standards, technologies, and the potential for unseen material deterioration are good reasons to replace your helmet every 5 years, even if it has not been in an accident. If you ride a lot, then you will want to replace your helmet even sooner.



CORRECT HELMET ADJUSTMENT IS IMPORTANT!

- Set your helmet level on your head, resting above your eyebrows.
- Use the comfort features such as the DialFit™, SureFit™, FlipFold™ tabs in the headliner and/or separate pads included with your helmet to customize the internal fit for your head shape. Always start with the smallest helmet size that fits your head comfortably, then adjust from there.
- Adjust the retention straps so the slide glides are under each ear forming a "v" and the chin strap is snug under your chin with no more than a finger width of space allowed between your chin and the strap. Visit troxelhelmets.com/helmet-fitting to learn more.
- Check that your chin strap is securely buckled every time you put on your helmet and go enjoy your ride!