

PREGNANCY FRIENDLY HIGH TEA MENU

Savoury

Pumpkin & Bean Sausage Roll
Vegetarian Quiche
Indian Spiced Filo
Vegetarian Frittata
Scone with Jam & Cream

Sweet

Vanilla Cupcake
Lemon Slice
Chocolate Macaron
Almond Frangipane Tart
Coconut Ice
Bliss Ball

Refreshment

One of the following from our drinks menu Coffee Supreme Coffee Zealong Organic New Zealand Grown Tea Karma Cold Drink - Juice | Kombucha | Soda Karma Still or Sparkling Water

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(Menu is subject to seasonal change)