



# After School Explorers

by: Project Playdate



It is our mission to create an after school program that will help shape our children into the next generation of global thinkers and change makers. Not only is it our goal to expose children to a wide variety of new skills, interests, and experiences, but to also enhance their love for learning, instill a passion for trying new things, perpetuate their curiosity and promote their development into well-rounded young leaders.

# Fall Schedule



**Pine Street  
School**  
GREEN IVY SCHOOLS

	3:00-3:45PM	3:45-4:30PM	4:30-5:15PM	5:15-6:00PM
<b>MONDAY</b>	Open Play, Snack Time, Craft Time	Language and Culture (Spanish)	Music and the Performing Arts	Language and Culture (French)
		Sports and Recreation (Tennis)	Science, Strategy and Technology	Martial Arts (Taekwondo)
<b>TUESDAY</b>	Open Play, Snack Time, Craft Time	Science, Strategy and Technology	Language and Culture (Spanish)	Food and Healthy Habits (Cooking)
		Language and Culture (Mandarin)	Yoga, Movement and Dance	Sports and Recreation (Soccer)
<b>WEDNESDAY</b>	Open Play, Snack Time, Craft Time	Language and Culture (French)	Martial Arts (Taekwondo)	Food and Healthy Habits (Cooking)
		Science, Strategy and Technology	Sports and Recreation (Soccer)	Music and the Performing Arts
<b>THURSDAY</b>	Open Play, Snack Time, Craft Time	Sports and Recreation (Tennis)	Science, Strategy and Technology	Language and Culture (Mandarin)
		Visual Arts and Creative Expression	Yoga, Movement and Dance	Visual Arts and Creative Expression
<b>FRIDAY</b>	Special Programming			





# Class Description

During the first 45 minutes of each afternoon, students will be supervised while eating parent-packed and nut-free snacks. You may also opt for them to receive individualized homework help or academic support in place of Child-Directed Play Time

## Child Directed Play Time

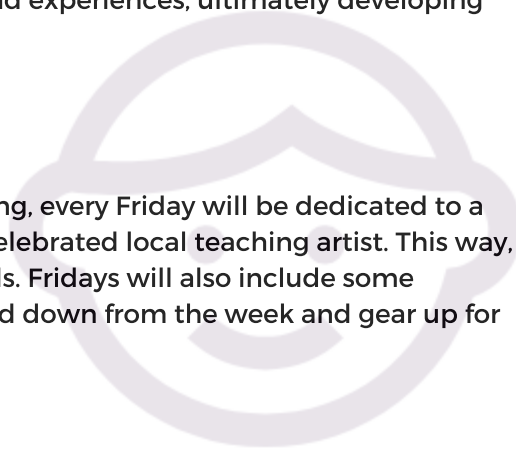
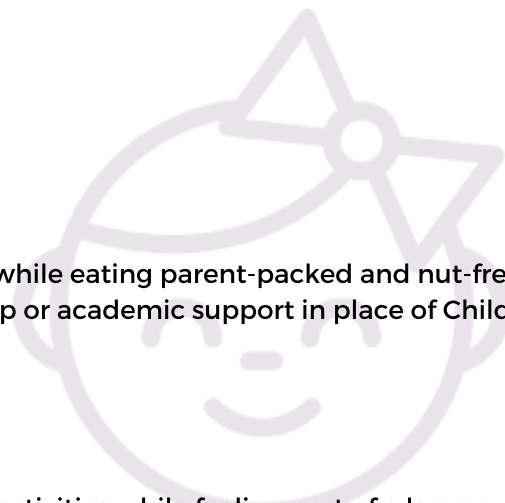
This playful experience encourages them to engage in social and creative activities while feeling part of a larger community and learning to trust themselves in a new surrounding. In a group play setting, children are able to appreciate and respond to peers' feelings, develop healthy verbal and non-verbal communication skills, negotiate roles, collaborate, resolve conflict, self-advocate, and share both objects and experiences, ultimately developing powerful interpersonal skills.

## Friday Programming

To maintain the highest standard of explorative and transformative learning, every Friday will be dedicated to a new and enriching educational experience led by our in-house staff or a celebrated local teaching artist. This way, we can sustain a diverse set of fun and educational experiences for our kids. Fridays will also include some downtime - with extra play, story time and movie time so that we can wind down from the week and gear up for the weekend!

## Supervised Walk Over Service

The Pine Street School is located in the heart of the Financial District - a booming community of families with children that may attend any one of the other schools local to the area. This innovative after school program is open to all children in the community, with a supervised walk-over service specifically from the Peck Slip School Pre-K Center and Pre-School.



# Class Description



## Language and Culture

This class is highly engaging and interactive, using movement, multi-media, and the arts to instill a love of learning a new language. Offered this year in French, Spanish, or Mandarin. Our conversational methods encourage student participation and get them talking in another language from the very beginning. Age-appropriate instruction and materials will feature lively and fun activities that also celebrate the culture of regions that identify as native speakers of the particular language.



## Sports and Recreation

During this class, kids will learn the rules and fundamentals of various sports. Skills developed include passing, catching, hitting and kicking (balls of course!), jumping, throwing, etc. While there will be a special focus on tennis and soccer on certain days, over the course of each season, they will also have exposure to other sports like baseball, football, basketball, hockey, and more. This curriculum includes exercise and fitness training, team building activities, an opportunity to explore the basics of each sport, and to gain the skills that prepare them to participate in any physically-focused hobby they choose.



## Science Strategy and Technology

This class brings science, technology, engineering, and math (STEM), to our kids in a fun and challenging way. Through science experiments, building activities, engineering, strategy games (like chess), coding and much more, this curriculum fosters creativity, critical thinking, collaboration, and problem-solving skills.



## Music and the Performing Arts

This class covers a broad spectrum of the performing arts through music, movement, and imaginative play. From sing-a-longs to instrumental practice, from puppetry to storytelling, from improvisation to theatrical performances, children will sing, play, create, explore and move! This curriculum fosters creativity, self expression and a love for the performing arts. In the process, children will develop their listening skills, teamwork, and concentration while staying active, being silly, and having some fun!

# Class Description



## Martial Arts

The five tenets of Tae Kwon Doe are courtesy, integrity, perseverance, self-control and indomitable spirit. Through this introduction to Tae Kwon Doe practice, this class focuses on building these essential life skills. Students will learn a fun and simplified version of Tae Kwon Doe techniques, while also the developing physical strength, agility and mental focus.



## Visual Arts and Creative Expression

This class provides a strong foundation in the visual arts through a practice in drawing, painting and crafting. Children will practice their motor skills and nurture self-expression while exploring a wide variety of materials. We encourage our kids to work together or independently to figure out how to complete each activity without too much adult guidance so that they can practice their problem solving skills. We make sure that all of our projects instill creativity and a love for the arts! Pride: We see, first-hand, the sense of pride they experience once their project is complete. This increased self-esteem contributes to a child's feeling of confidence in the classroom.



## Cooking and Health Class

This cooking and nutrition class introduces kids to basic cooking skills including how to prepare and enjoy healthy foods that are both nutritious and delicious. In addition, students will learn about basic nutrition, making healthy choices, and will even practice select life skills (like mindfulness) that will foster healthy habits and positive well-being.



## Yoga, Movement, and Dance Class

On a daily basis, children engage with so many stimulation, distractions and external pressures. Yoga and dance help to create awareness in the body through deep breathing and movement. It gives kids a way to express themselves, build a strong connection between what they hear and what they do. Yoga and dance increase confidence and decreases anxiety. This curriculum explores a different theme each week that inspire self-expression and balance through the power of yoga and dance.

