

### ARE YOU AN ACTIVE OR PASSIVE LEARNER?

Please answer the following questions by circling the response that best describes your study habits.

1. Do you study in a location where you can concentrate and you are free from distractions?	Yes	Sometimes	No
2. Do you have everything you need when you study (pens, notebooks, computer...)?	Yes	Sometimes	No
3. Do you study in an environment with adequate light?	Yes	Sometimes	No
4. Do you use a planner or electronic device to record assignments?	Yes	Sometimes	No
5. When you study, do you give the material your full attention?	Yes	Sometimes	No
6. Do you sit at a table or desk when you study?	Yes	Sometimes	No
7. Do you feel prepared for tests or exams?	Yes	Sometimes	No
8. Are class materials and notebooks well organized?	Yes	Sometimes	No
9. Do you take classes because you are interested in and want to learn the material?	Yes	Sometimes	No
10. Do you do all your homework?	Yes	Sometimes	No

**Scoring:** Give yourself 2 points for every "yes" and 1 points for every "sometimes."  
Plot the total score below:

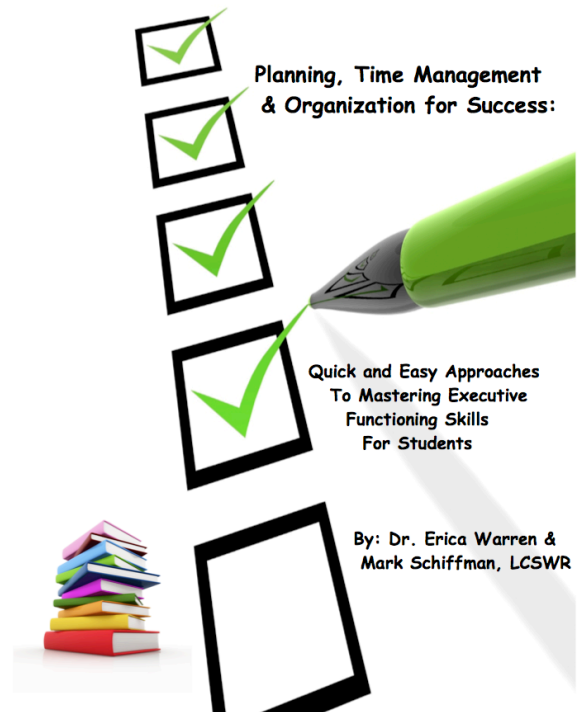
Very Passive      Passive                      Active                      Very Active  
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

**Passive learners** range from 0-10. Lower scores suggest a more passive learning style.

**Active learners** range from 11-20. Higher scores indicate a more active learning style.

The goal is to raise your score by making an active decision to improve your study habits, so you can answer yes to each of the questions above.

Thank you for downloading my Active Passive Learner Questionnaire. I hope you find this activity to be helpful with your students. This activity is included in a publication of mine entitled: [Planning, Time Management and Organization for Success: Quick and Easy Approaches To Mastering Executive Functioning Skills for Students](#). If you are interested in learning more about this publication, click on the title above or the image to the right.



All the best, Dr. Erica Warren, Learning Specialist and Educational Therapist  
[www.GoodSensoryLearning.com](http://www.GoodSensoryLearning.com)  
[www.DyslexiaMaterials.com](http://www.DyslexiaMaterials.com)

## Other Materials

Other materials by Dr. Warren are available as hard copies and colorful downloads too. Go to [www.goodsensorylearning.com](http://www.goodsensorylearning.com) and [www.dyslexiamaterials.com](http://www.dyslexiamaterials.com) to learn more. Here is a list of some published works:

- Multisensory Multiplication and Division to Melodies CD: MMDM
- Reversing Reversals: Help students with reading reversals, tracking and more.
- Reversing Reversals 2: Help students with reading reversals, tracking and more.
- Reversing Reversals Sample: Free
- Abstract Thinking an Multiple Meanings: Developing Higher Order Language and Mental Flexibility
- Teaching Visualization: A Beginners Power Point - Instruction and Activities
- Teaching Visualization: An Intermediate Power Point - Instruction and Activities
- Figurative Language Literary Term and Grammar Game - Word Shuffle
- Making Inferences - The Fun and Easy Way
- 4 Types of Sentences Colorful Power Point with Memory Strategies
- 4 Types of Sentences: Imperative Declarative Exclamatory Interrogative
- Main Idea and Detail Game - Hey, What's the Big Idea?
- Fraction Hockey, Golf, Bowling, Shuffleboard and Stair Toss
- Place Value Golf, Hockey, Bowling, Shuffleboard & Stair Toss Games
- Planning, Time Management and Organization for Success
- Reading Games: Making all Phonics Based and Orton Gillingham Reading Programs Multisensory and Fun
- Reading Games 2: Making all Phonics Based and Orton Gillingham Reading Programs Multisensory and Fun
- Reading Board Games: Making all Phonics Based and Orton Gillingham Reading Programs Multisensory and Fun
- Vowel Combinations Made Easy
- Compound Word Puzzle Games: Making Connections
- Eclectic Learning Profile-Understand/Accommodate 12 Learning Styles
- Eclectic Teaching Approach
- Understand/Accommodate 12 Learning Styles - Eclectic Learning Profile - Free
- Language Arts: Following Directions the Fun and Easy Way - Beginners
- Language Arts: Following Directions the Fun and Easy Way - Intermediate
- Language Arts: Following Directions the Fun and Easy Way - Samples - Free
- Valentines: Language Arts Following Directions and Linguistic Cues
- Helping Students that Struggle with Executive Functioning - Free
- Sentence Building 5 Ws Detectives A Fabulously Fun Writing Game
- Test Prep: Helping students prepare for midterms and finals
- Vowel and Consonant Fabulously Fun Activities
- Nouns are a Blast with Noodle the Noun Hound
- Prepositions are a Blast with Preppy the Preposition Penguin
- My Pet PEMDAS - Order of operations instruction and activities
- Measurement Strategies - PowerPoint instruction
- Angle Memory Strategies - PowerPoint instruction
- Categorizing, Paragraph Building and Transitional Word Activities
- The 12 Ways of Learning - Free
- Defining Executive Functioning: A graphic Organizer - Free
- Short Vowel Game - Puppy Party - Sampling of Reading Board Games - Free
- Monster Multiplication: A New, Multisensory and Mindful Approach to Long Multiplication
- Good Sensory Learning Reading Assessment
- Touch Math Games and more
- Writing the College Essay Workshop
- Kangaroo Hop Metric Conversion
- Show Don't Tell: A Descriptive Writing Game

## About the Author: Dr. Erica Warren

Dr. Warren has always aspired to empower the spirit of those who struggle with learning. So after finishing a bachelor's degree in fine arts, Dr. Warren tailored a special degree program that combined course-work and research in Educational Psychology, Special Education, School Psychology, and Adult Education.

In 1999, Dr. Warren opened the doors of Learning to Learn in Ossining NY. What started as a private practice to help individual students maximize their learning potential and find joy in the learning process, blossomed into a place where students, parents, teachers and schools can receive educational support, materials, training and advice. Her website, [www.learningtolearn.biz](http://www.learningtolearn.biz) offers an ever-growing wealth of information, links, materials and support.

Learning to Learn now offers:

- ❖ One to one educational support
- ❖ Teacher training and workshops
- ❖ Educational materials
- ❖ Cognitive therapy
- ❖ School consultations
- ❖ Learning profiles and reports
- ❖ Technology & software advice
- ❖ Student advocacy

In response to the success of Dr. Warren's multisensory and mindful approach, she created Good Sensory Learning, [www.goodsensorylearning.com](http://www.goodsensorylearning.com), and Dyslexia Materials, [www.dyslexiamaterials.com](http://www.dyslexiamaterials.com), where student-inspired, fun, multisensory teaching and cognitive tools are published and available to the public.