



A FUN and FESTIVE fall spreadable snack!

INGREDIENTS



1 Can Pumpkin Purée



1/3 Cup Maple Syrup



1/2 Lemon (Juiced) Approx. 1oz



1/2 Tsp Pumpkin Spice



1/2 Tsp Cinnamon



Dash of Clove To Taste

INSTRUCTIONS

- 1. Pour all ingredients into a pot on the stove and stir.
- Cook on low for 15-20 minutes. Stir frequently.

 TIP: Super important to stir often so the maple syrup doesn't burn. Cooking this low and slow is the way to go!
- 3. Let cool and pour into a jar.
- ¥4. K ENJOY!