



This smoothie will make a splash with your TODDLER as a DELICIOUS & FUN way to get their VITAMINS!

+ INGREDIENTS +



1 Serving MaryRuth's Organic Toddler Multivitamin Liquid Drops



1 Large Frozen Ripe Banana



Orange (Peeled, Seeded & Sliced)



1/2 Cup Coconut Yogurt



2 Tsp Vanilla Extract



1/3 Cup Canned Coconut Milk



1/4 Cup Orange Juice

+ INSTRUCTIONS +

- 1. Add all of the ingredients to a high-powered blender.
- Blend everything until smooth and creamy.
- 3. Add a bit more coconut milk if needed and serve with slices of banana!