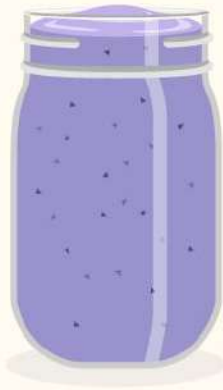


TODDLER BERRY BLITZ SMOOTHIE



A **BERRY** delicious way
to **SUPPORT** your toddler's
IMMUNE SYSTEM!

✦ INGREDIENTS ✦



1 Serving
MaryRuth's Organic Toddler
Elderberry Liquid Drops



1
Frozen Banana



1 Cup
Frozen Blueberries



1 1/2 Cups
Almond or Soy Milk



1/2 Cup
Coconut Yogurt

✦ INSTRUCTIONS ✦

1. Add the banana, blueberries, milk, and yogurt into a blender and blend until smooth and creamy.
2. Stir in one serving of the Organic Toddler Elderberry Liquid Drops and serve!