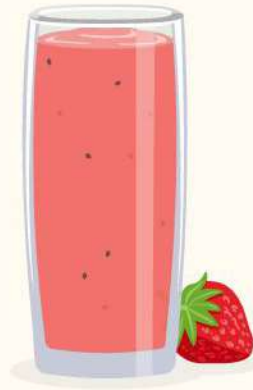


STRAWBERRY BANANA SLUMBER SHAKE



A sweet shake to sip on
& **SUPPORT** your sleep!

✦ INGREDIENTS ✦



1 Serving
MaryRuth's Coconut Dream
Liquid Nighttime Multimineral



1/2
Banana
Frozen



1/2 Cup
Strawberries
(Fresh or Frozen)



1 Cup
Almond Milk

✦ INSTRUCTIONS ✦

1. Blend the bananas, strawberries, and almond milk together.
2. Pour into a glass and stir in MaryRuth's Liquid Nighttime Multimineral.
3. Enjoy your sleep-inducing shake!