

SALTED CHOCOLATE COVERED STRAWBERRIES



A DELICIOUS & EASY dessert
with neurosupportive and
adaptogenic properties!

INGREDIENTS



1 Bag
of Your Favorite
Melting Chocolate



1 Lb
Strawberries
(Washed & Dried Well)



MaryRuth's
Salted Chocolate
Functional Mushrooms
Liposomal

INSTRUCTIONS

1. Wash and dry your strawberries; set aside.
2. Prepare a baking tray lined with parchment paper.
3. Melt your chocolate using a double boiler (stirring constantly) or in the microwave for 1 minute at half-power, stirring & microwaving again for an additional minute.
4. Dip each strawberry in your melted chocolate, lifting & twisting.
5. Set each dipped strawberry on your parchment-lined baking sheet.
6. Set aside until chocolate sets; about 30 minutes.
7. Drizzle with one serving of MaryRuth's Salted Chocolate Functional Mushrooms Liposomal & enjoy!