

# RASPBERRY MULTIVITAMIN SPRITZER

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MRO's Summer Intern Class of 2022



A FUN & REFRESHING way to enjoy  
your daily servings of vitamins!

## INGREDIENTS



1 Serving (2 Tbsp)\*  
MaryRuth's Liquid  
Morning Multivitamin



8-10  
Raspberries



2 Tbsp  
Monk Fruit  
(& more to taste)



1 oz  
Orange Juice



2 Tbsp  
Lime Juice



4 oz  
Orange Flavor  
Sparkling Water



Orange Slices,  
Raspberries & Monkfruit  
(for Garnish)

## INSTRUCTIONS

1. Run a lime wedge along the rim of a glass and coat in monk fruit.
2. Muddle raspberries, 2 tbsp (or more to taste) monk fruit, and lime juice in a drink shaker until monk fruit dissolves.
3. Add orange juice and lots of ice and shake well.
4. Strain into a glass over ice.
5. Stir in 1 serving of Liquid Morning Multivitamin and stir until just combined.
5. Top off with sparkling water.
5. Garnish with orange slice and raspberries (optional).

\*Dosing for this product varies by age. Please check the dosage chart for the proper age group's recommended serving.