

# PROBIOTIC HOLIDAY FIZZ



Toast to the holidays with  
this sparkling drink  
including a **PROBIOTIC!**

## INGREDIENTS



1 Serving  
MaryRuth's Organic  
Liquid Probiotic



1/3 Cup  
Sparkling Cider



1/3 Cup  
100% Cranberry Juice



2 Tbsp  
Monk Fruit Sweetener



1 Tbsp  
Cinnamon



2  
Lime Wedges

## INSTRUCTIONS

1. Mix the monk fruit sweetener and cinnamon on a small plate.
2. Rub a lime wedge around the edge of your glass, and dip it into your spice mixture.
3. Add ice to your glass, then pour in the cranberry juice and top off with sparkling cider.
4. Stir in 1 serving of MaryRuth's Organic Liquid Probiotic, squeeze in lime juice from the other lime wedge, and cheers to the holidays!