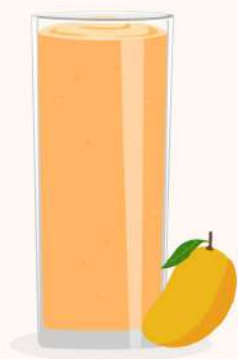


# PEACH MANGO MULTIVITAMIN SMOOTHIE



Get **RADIANT HAIR**  
with the help of  
a morning smoothie!

## + INGREDIENTS +



1 Serving  
MaryRuth's Liquid Morning  
Multivitamin + Hair Growth



1/2 Cup  
Frozen Peach Slices



1 Cup  
Frozen Mango Slices



1/2 Cup  
Peach Juice



1/2 Cup  
Vegan Vanilla Milk

## + INSTRUCTIONS +

1. Add the peaches, mangoes, milk, and juice to a blender and puree until smooth.
2. Pour the smoothie into a glass, and stir in the Liquid Morning Multivitamin + Hair Growth.