

# PAPAYA PINEAPPLE PUNCH



A blended beverage  
for **BEAUTY, ENERGY,  
IMMUNITY** & more!

## ✦ INGREDIENTS ✦



1 Serving  
MaryRuth's Fruit Punch  
Liquid Morning Multivitamin  
Essentials+



5-6 Pieces  
Papaya  
(Fresh or Frozen)



2-3  
Pineapple Chunks



1/2 Cup  
Orange Juice



1/2 Cup  
Water

## ✦ INSTRUCTIONS ✦

1. Add the papaya, pineapple, orange juice, and water to a blender and blend until smooth.
2. Pour into a glass and stir in one serving of MaryRuth's Fruit Punch Liquid Morning Multivitamin Essentials+.