

# MANGO MOJITO MORNING MOCKTAIL



A fruity & REFRESHING  
way to kick-start your  
morning & HAIR GROWTH!

## ✦ INGREDIENTS ✦



1 Serving  
MaryRuth's Liquid Morning  
Multivitamin + Hair Growth



1/2 Cup  
Mango  
(Fresh or Frozen)



2 Tbsp  
Lime Juice



1 Cup  
Sparkling Water



2 Tbsp  
Water



6  
Mint Leaves



1-2  
Mint & Lime  
(For Garnish)

## ✦ INSTRUCTIONS ✦

1. Pour the lime juice into a glass.
2. Clap the mint together in your hands until the scent is released. Add to the lime juice and give it a gentle press with a muddler.
3. In a small blender, blend the mango and water to create a mango puree.
4. Add the mango puree to the lime and mint mixture and stir gently.
5. Add ice to the glass and top with sparkling water.
6. Gently stir in one serving of MaryRuth's Liquid Morning Multivitamin + Hair Growth.
7. Garnish with mint and a lime wheel.