

# LEMONADE LULLABY PALOMA



Sweet dreams are made  
of this **EASY & TASTY**  
evening elixir!

(Yields: 2 Servings)

## ✦ INGREDIENTS ✦



MaryRuth's Lemonade Dream  
Extra Strength Liquid  
Nighttime Multimineral



1 Cup  
Sugar-Free Lemonade



1/3 Cup  
Grapefruit Sparkling Water



Ice

## ✦ INSTRUCTIONS ✦

1. Pour the lemonade and sparkling water into a pitcher and stir to combine.
2. Add ice to the glasses and pour in your Paloma mixture.
3. Stir in one serving of the Liquid Nighttime Multimineral into each glass and enjoy for sleep support!