

CRANBERRY LIME SLEEP DELIGHT



A cranberrylicious
way to **SUPPORT** sleep!

✦ INGREDIENTS ✦



1 Serving
MaryRuth's Cranberry Dream
Liquid Nighttime Multimineral



1 Can
Cranberry Seltzer



1 Oz
Lime Juice



Lime Slice
(For Garnish)

✦ INSTRUCTIONS ✦

1. Pour MaryRuth's Liquid Nighttime Multimineral and lime juice to a glass and stir.
2. Add ice to the glass and top off with cranberry seltzer.
3. Stir to combine and garnish with a lime slice.