COCONUT WHIPPED CREAM

Top off any pie or other dessert with this tasty NON-DAIRY whipped cream!



INGREDIENTS



2 cans of 13.5 ounce full fat coconut milk, left in fridge overnight



2 cups palm shortening



2 teaspoons vanilla extract



2 tablespoons maple syrup



1/4 teaspoon pink sea salt

INSTRUCTIONS

- Place the whisk attachment on your hand or stand mixer.
- Open the chilled coconut cans and take only the TOP layers of the coconut milk off the can leaving all the coconut water in the bottom of the can.
- Beat the coconut cream on high speed for 3 minutes.
- Add 2 cups of palm shortening and beat on high speed for another 5 minutes until airy soft peaks arise.
- Add vanilla extract, maple syrup, and pink sea salt to the mixture and beat on high for one more minute until well combined.
- Refrigerate for 20 minutes before serving chilled.