

COCONUT DREAMSICLE DELIGHT



Sip your way to a
SWEET, DREAMY slumber.

✦ INGREDIENTS ✦



1 Serving
MaryRuth's Coconut Dream
Liquid Nighttime Multimineral



1/3 Cup
Orange Juice



1/4 Cup
Coconut Water



1/2 Cup
Coconut Milk



1 Tbsp
Lime Juice



1 Pinch
Sea Salt

✦ INSTRUCTIONS ✦

1. Pour the orange juice, coconut water, coconut milk, and lime juice into a shaker with ice. Shake until chilled.
2. Pour the chilled mixture into glasses with ice and add a pinch of sea salt.
3. Stir in one serving of MaryRuth's Coconut Dream Liquid Nighttime Multimineral and sip your way to slumber!