

TELOMERE PROTM

for HEALTHY AGING^{*}



Longevity and healthy aging are the gold standards of health. Epigenetic factors, including nutrition, exercise, stress management, and our surrounding environment, can all directly affect the rate at which telomeres shorten.¹ Short telomeres have been associated with higher levels of oxidative stress and premature cellular aging.

Telomere length has a lot to do with aging and is what some scientists have used to assess biological age.² Young cells have long telomeres, and older cells have short telomeres. Every time a cell divides, the telomeres get shorter and shorter. Eventually, they become too short to sustain cell division, and the cell dies. This is cellular aging. Other factors besides aging that may lead to accelerated telomere shortening include stress, lifestyle choices, and environmental toxins. A standard day dilemma, psychological stress — both perceived and consistent stress is linked to shorter telomere length.³

Telomerase is a naturally occurring enzyme that influences a cell's ability to lengthen telomeres and prevent them from shortening. Most cells do not have sufficient levels of this enzyme to maintain telomere length, leading to accelerated cell aging.^{4, 5} Telomerase plays a key role in aging and research shows activating telomerase can delay aging and even possibly reverse tissue degeneration.^{6*} Maintaining telomere length is essential to overall health, and can be accomplished by supplementing with a telomerase activator.^{*}

TELOMERIN[™] BLEND – A PROVEN FOUNDATION

Telomerin[™] Blend is a unique combination of Astragalus (root), SGS[™] Broccoli seed extract, and Rhodiola extract (root), which has been shown to support increased telomerase activity, according to a 2016 research study conducted by the Roskamp Institute.*⁷ The extract component of *Astragalus membranaceus*, Astragalus Root, is a staple in Traditional medicine and has been shown to support telomerase activity and the innate immune response.⁸ Broccoli seed extract is a cruciferous vegetable that yields the highest amounts of the organic compound, Sulforaphane. A Nrft (nuclear factor erythroid 2-related factor 2) activator, Sulforaphane is important for gene expression, detoxification, and oxidative stress.⁹ Various extras of the botanical adaptogen, Rhodiola (*Rhodiola rosea*) support cellular energy, mood and cognitive function.^{*10}

VITAMIN D3

Vitamin D3 plays a vital role in optimal health as it is well known for its benefits in bone health and the immune system.^{11*} Vitamin D3 has been shown to positively correlate with



SUPPLEMENT FACTS

Vitamin D3 (as Cholecalciferol) 12.5 mcg (500 IU) Telomerin™ blend 495 mg Astragalus (root) SGS™ Broccoli seed extract Rhodiola extract (*Rhodiola rosea* P.E.) (root)

OTHER INGREDIENTS:

100% Vegetarian Capsule (cellulose, water), rice bran

CONTAINS NO:

Gluten, milk, casein, soy, egg, artificial colors or flavors

RECOMMENDED DOSAGE:

1 capsule daily with or without food. Consult with a physician prior to use if you are pregnant or nursing.

§PMID: 27433836

OUR QUALITY



2 IN 1 FORMULA



telomerase activity, a naturally occurring enzyme in the body that lengthens telomeres and protects them from shortening*

INCREASES

SUPPORTS stress tolerance, immune health and promotes cell protection*



telomere length as it is necessary for many cellular processes in the body, such as cellular differentiation, proliferation, and apoptosis.¹²

TELOMERE PRO™ ACHIEVING OPTIMAL HEALTH

Healthy aging is the cornerstone to optimal health. Telomeres shorten naturally with age. Eating habits, exercise, stress, sleep, lifestyle choices, and environmental factors all play a role in the pace of telomere shortening. Accelerated shortening can affect overall health and lifespan. The synergy of astragalus root, broccoli seed, and Rhodiola extracts, combined with vitamin D3, provides immune support, stress tolerance, and cellular protection in one easy-to-use formula.*

REFERENCES

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.