

# Preschool

COURSE BOOK



  
The Good AND THE Beautiful  
CURRICULUM

# Preschool

## Course Book

Written by Jenny Phillips and The Good and the Beautiful Team

A special thanks to the many educators, reading specialists,  
homeschool parents, and editors who gave invaluable input.

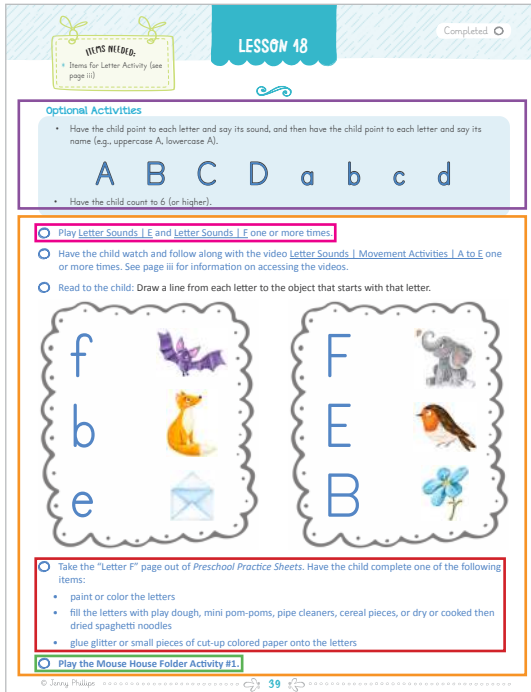


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# Course & Lesson Overview



The Preschool course consists of 90 lessons divided into 7 units. Each lesson is 1–3 pages, is parent-directed, and provides detailed teaching for children ages 3–5. It covers colors, shapes, counting and numbers, rhyming, sequencing, recognition of the letters, and the most common sound of each letter. The course also shows children how to use correct pencil grip, covers beginning handwriting skills such as tracing straight and curved lines, and practices fine motor skills.

**Optional Activities:** Unit 2 introduces optional activity boxes, where you can work on just the things the child has not yet mastered. This kind of learning (focusing on what the child needs specifically) is important, so it is suggested that you do not skip over the optional activity boxes.

**Lesson Text:** Blue text is instructions to the parent. Black text is for the parent to read aloud to the child.

**Songs and Videos:** Song and video titles are underlined. Find information for accessing videos on page iii.

**Letter Activity Pages:** These pages can be found in *Preschool Practice Sheets*. The list of items needed for these pages is found on page iii.

**Folder Activities:** The course will indicate when to use the *Preschool Folder Activities*.

## Extra Items Needed by Lesson

**Lesson 1:** Optional: 7 small items (cold cereal pieces, glass jewels, mini pom-poms)

**Lesson 3:** Optional: 12 seeds (any kind)

**Lesson 6:** Optional: 12 cotton balls

**Lesson 14:** A spoon

**Lesson 15:** A cotton swab, yellow paint; a whiteboard, dry-erase marker

**Lesson 20:** Paper or index cards

**Lesson 23:** A piece of grass (or make a piece of paper grass)

**Lesson 26:** A metal spoon, a glass cup

**Lesson 27:** 6 small items (dried beans, cereal, fruit snacks, etc.); a spoon; a whiteboard, dry-erase marker

**Lesson 30:** A cotton swab, white paint

**Lesson 33:** A fork, a book, and a key

**Lesson 34:** A cotton swab, white paint

**Lesson 37:** Optional: 19 pieces of cold cereal

**Lesson 39:** Lesson instructs child to pick 8 blades of grass

**Lesson 40:** A spoon

**Lesson 46:** A cotton swab, yellow paint

**Lesson 47:** 2 small snacks (cold cereal, raisins, fruit snacks, etc.)

**Lesson 50:** A cotton swab, paint

**Lesson 51:** 8 pennies

**Lesson 54:** A spoon

**Lesson 55:** 1 cotton ball cut in fourths

**Lesson 56:** A spoon

**Lesson 59:** A spoon

**Lesson 64:** A spoon

**Lesson 67:** Lesson instructs child to pick 10 blades of grass or paper grass

**Lesson 68:** 9 pennies; a spoon

**Lesson 70:** A spoon; 9 pennies

**Lesson 73:** A cotton swab, white paint

**Lesson 74:** 1 dime, 10 pennies

**Lesson 78:** 3 dimes

**Lesson 79:** A spoon

**Lesson 83:** A paintbrush, red and blue paint; lesson instructs child to find a small rock

**Lesson 84:** Optional: dried pasta

**Lesson 86:** 3 dimes

**Lesson 87:** A spoon

**Lesson 88:** A spoon; 9 pennies

**Lesson 90:** A craft stick or straw

## Frequently Asked Questions

## How long should a lesson take?

Lesson length will vary greatly between children. Have the child do as much work each day as the child's attention span will allow. You do not need to complete exactly one lesson a day. You might do less or more than one lesson. Look for cues of frustration or fatigue to help you know when to end. The child will learn much from you as you display love, patience, and enthusiasm for learning.

Rather than making it a goal to finish a lesson each day, use this course to help you meet the needs of the child. For example, if the child is loving one of the games and wants to play it again and again—do it. Don't feel as if you need to stop so that you have time to finish a full lesson that day. If the child is grumpy, make sure he or she is not hungry or tired; pause to take a walk or do another activity until the child is ready to learn. If at any point in the course you sense that the child would work better by completing half a lesson each day, or part of a lesson at times, you can feel comfortable allowing him or her to do so. At this age, it's important that the learning feels more like fun to the child than something forced or unpleasant.

Do you include any specific doctrine?

No, the goal of our curriculum is not to teach doctrines specific to any particular Christian denomination but to teach general principles, such as honesty, hard work, and kindness.

## How can I create a positive learning environment?

Be as positive with the child as possible during a lesson. Look for genuine and meaningful ways to praise him or her. For example, instead of saying, “You are so smart!” you might want to say things that praise the child’s **EFFORTS**, such as the following: “You are such a hard worker. You are such a good listener today. I’m so grateful for your cheerful attitude. You are so much fun to work with. Your smile makes me so happy. Thank you so much for not giving up!”

What should I do if my child struggles when using scissors and glue?

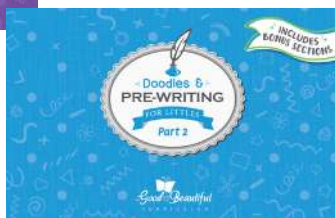
Children develop motor skills at different rates. Let the child work as independently as possible with things such as cutting and gluing, but do not allow too much frustration before you step in to help.

## Recommended Resources

Check out these amazing, optional resources for your preschool child at [goodandbeautiful.com](http://goodandbeautiful.com).



Develop fine motor skills by covering pre-writing strokes and formations.



Encourage a love of reading and learning through wholesome, high-quality books for your child, available at [goodandbeautiful.com/library](http://goodandbeautiful.com/library).

Build listening, comprehension,  
attention, and other valuable skills  
with our beautifully illustrated  
free audiobooks available at  
[goodandbeautifulstorytime.com](http://goodandbeautifulstorytime.com).





OVERVIEW

# UNIT 1

▶ Lessons 1 to 14 ▶

- Letters: A, B, C, D
- Avoiding Lowercase B and D Confusion
- Identifying Beginning Sounds of Words
- Colors: Green, Red, Blue, Black, Brown, Yellow
- Numbers: 1, 2, 3, 4, 5
- Pencil Grip
- Motor Skills



OVERVIEW

# UNIT 2

▶ Lessons 15 to 27 ◀

- Letters: E, F, G, H
- Color: Orange
- Number: 6
- Sorting
- Review of Unit 1

## Note:

If the child needs more help with Letters A to D, use the Unit 1 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 2, or use them as extra practice sheets as you complete Unit 2.



OVERVIEW

# UNIT 3

▶ Lessons 28 to 43 ◀

- Letters: I, J, K, L
- Colors: Pink, Purple
- Number: 7
- Identifying Body Parts
- Review of Units 1 & 2

## Note:

If the child needs more help with Letters E to H, use the Unit 2 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 3, or use them as extra practice sheets as you complete Unit 3.



OVERVIEW

# UNIT 4

▶ Lessons 44 to 56 ◀

- Letters: M, N, O, P
- Number: 8
- Money: Pennies
- Identifying Sounds of Three Letter Words
- Identifying Missing Letters in the Alphabet
- Review of Units 1 through 3

## Note:

If the child needs more help with Letters I to L, use the Unit 3 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 4, or use them as extra practice sheets as you complete Unit 4.



OVERVIEW

# UNIT 5

▶ Lessons 57 to 72 ◀

- Letters: Q, R, S, T
- Identifying Ending Sounds of Words
- Colors: White, Gray
- Number: 9
- Rhyming Words
- Review of Units 1 through 4



**Note:**

If the child needs more help with Letters M to P, use the Unit 4 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 5, or use them as extra practice sheets as you complete Unit 5.



OVERVIEW

# UNIT 6

▶ Lessons 73 to 80 ◀

- Letters: U, V, W
- Numbers to 10
- Shapes: Circle, Oval, Triangle
- Money: Dimes
- Lowercase Q With and Without a Tail
- Review of Units 1 through 5

## Note:

If the child needs more help with Letters Q to T, use the Unit 5 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 6, or use them as extra practice sheets as you complete Unit 6.



OVERVIEW

# UNIT 7

▶ Lessons 81 to 90 ◀

- Letters: X, Y, Z
- Shape: Square
- Shades of Colors
- Review of Units 1 through 6

## Note:

If the child needs more help with Letters U to W, use the Unit 6 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 7, or use them as extra practice sheets as you complete Unit 7.