



Written by Jenny Phillips and The Good and the Beautiful Team

A special thanks to the many educators, reading specialists, homeschool parents, and editors who gave invaluable input.



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About This Course

ittle children's hearts and minds are most impressionable during the preschool years, so it's an important time for molding the way they view learning. Your enthusiasm while teaching in a positive and uplifting manner can help foster a love of learning and a desire for all things good and beautiful. This course strives to assist you in creating a solid educational foundation through fun, interactive, hands-on lessons that require minimal preparation.

What Does the Course Set Include?

- Full-color, spiral-bound course book (185 pages)
- Preschool Practice Sheets

Preschool Practice Sheets contains the letter activity pages and Preschool Practice Sheets, which provide additional practice of the concepts taught in each unit.

Preschool Folder Activities

Prepare the folder activities before you start the course. Place punched-out items in the appropriate folders. Then, just grab a folder activity when the course tells you to. Note: Each Folder Activity focuses on a certain set of letters, not the whole alphabet.

Songs and Videos

All the songs used in this course are available as free downloads at **goodandbeautiful.com/letters** (**password**). Many of the songs and videos can also be viewed on The Good and the Beautiful Kids YouTube channel.

How to Get Started with This Course

Prepare the folder activities and gather items to always have on hand for the course. No other preparation time is required for the entire course except for occasionally gathering supplies needed for the lesson.

To complete lessons, simply follow the instructions on each page. Text in blue is instructions to you; text in black is what you read to the child. When a page is completed, check the "completed" box in the upper right-hand corner of the page.

Items to Always Have on Hand

- · Access to videos
- Preschool Folder Activities
- Crayons
- Glue stick and glue (squeeze bottle)
- Pencil
- Scissors
- Tape
- Items for the letter activities (These pages are found in the *Preschool Practice Sheets* book.)—paint, play dough, mini pom-poms, pipe cleaners, cereal pieces, dry or cooked then dried spaghetti noodles, glitter, and/or small pieces of cut-up paper

Extra Items Needed

Lessons occasionally require additional items including a spoon, cotton swab, glass cup, paintbrush, fork, book, key, craft stick, seeds, cotton balls, index cards, grass, beans, fruit snacks, pennies, dimes, pasta, etc.

You can find a breakdown of which items are used in which lessons on page iv.

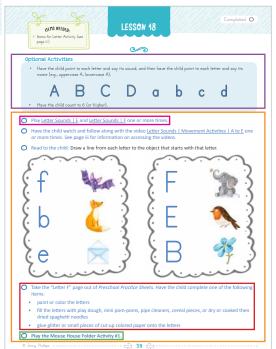
Important Safety Notice

This course suggests using small items such as dried beans. Please monitor all young children in your home around these items at all times to prevent problems with choking. If you feel these items put any of your children at risk, do not use the items. All small items are optional, and the activities can be done without them.

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Course & Lesson Overview



The Preschool course consists of 90 lessons divided into 7 units. Each lesson is 1–3 pages, is parent-directed, and provides detailed teaching for children ages 3–5. It covers colors, shapes, counting and numbers, rhyming, sequencing, recognition of the letters, and the most common sound of each letter. The course also shows children how to use correct pencil grip, covers beginning handwriting skills such as tracing straight and curved lines, and practices fine motor skills.

Optional Activities: Unit 2 introduces optional activity boxes, where you can work on just the things the child has not yet mastered. This kind of learning (focusing on what the child needs specifically) is important, so it is suggested that you do not skip over the optional activity boxes. Lesson Text: Blue text is instructions to the parent. Black text is for the

parent to read aloud to the child.

Songs and Videos: Song and video titles are underlined. Find information for accessing videos on page

Letter Activity Pages: These pages can be found in Preschool Practice Sheets. The list of items needed for these pages is found on page iii. Folder Activities: The course will indicate when to use the Preschool Folder Activities.

Extra Items Needed by Lesson

Lesson 1: Optional: 7 small items (cold cereal pieces,

glass jewels, mini pom-poms)

Lesson 3: Optional: 12 seeds (any kind)

Lesson 6: Optional: 12 cotton balls

Lesson 14: A spoon

Lesson 15: A cotton swab, yellow paint; a whiteboard,

dry-erase marker

Lesson 20: Paper or index cards

Lesson 23: A piece of grass (or make a piece of paper

grass)

Lesson 26: A metal spoon, a glass cup

Lesson 27: 6 small items (dried beans, cereal, fruit

snacks, etc.); a spoon; a whiteboard, dry-erase marker

Lesson 30: A cotton swab, white paint

Lesson 33: A fork, a book, and a key

Lesson 34: A cotton swab, white paint

Lesson 37: Optional: 19 pieces of cold cereal

Lesson 39: Lesson instructs child to pick 8 blades of grass

Lesson 40: A spoon

Lesson 46: A cotton swab, yellow paint

Lesson 47: 2 small snacks (cold cereal, raisins, fruit

snacks, etc.)

Lesson 50: A cotton swab, paint

Lesson 51: 8 pennies

Lesson 54: A spoon

Lesson 55: 1 cotton ball cut in fourths

Lesson 56: A spoon

Lesson 59: A spoon

Lesson 64: A spoon

Lesson 67: Lesson instructs child to pick 10 blades of

grass or paper grass

Lesson 68: 9 pennies; a spoon

Lesson 70: A spoon; 9 pennies

Lesson 73: A cotton swab, white paint

Lesson 74: 1 dime, 10 pennies

Lesson 78: 3 dimes

Lesson 79: A spoon

Lesson 83: A paintbrush, red and blue paint; lesson

instructs child to find a small rock

Lesson 84: Optional: dried pasta

Lesson 86: 3 dimes

Lesson 87: A spoon

Lesson 88: A spoon; 9 pennies

Lesson 90: A craft stick or straw





> Frequently Asked Questions <

How long should a lesson take?

Lesson length will vary greatly between children. Have the child do as much work each day as the child's attention span will allow. You do not need to complete exactly one lesson a day. You might do less or more than one lesson. Look for cues of frustration or fatigue to help you know when to end. The child will learn much from you as you display love, patience, and enthusiasm for learning.

Rather than making it a goal to finish a lesson each day, use this course to help you meet the needs of the child. For example, if the child is loving one of the games and wants to play it again and again—do it. Don't feel as if you need to stop so that you have time to finish a full lesson that day. If the child is grumpy, make sure he or she is not hungry or tired; pause to take a walk or do another activity until the child is ready to learn. If at any point in the course you sense that the child would work better by completing half a lesson each day, or part of a lesson at times, you can feel comfortable allowing him or her to do so. At this age, it's important that the learning feels more like fun to the child than something forced or unpleasant.

Do you include any specific doctrine?

No, the goal of our curriculum is not to teach doctrines specific to any particular Christian denomination but to teach general principles, such as honesty, hard work, and kindness.

How can I create a positive learning environment?

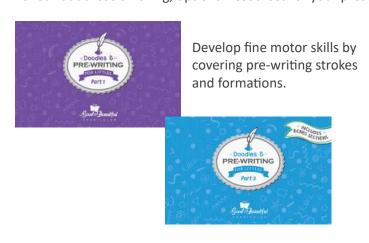
Be as positive with the child as possible during a lesson. Look for genuine and meaningful ways to praise him or her. For example, instead of saying, "You are so smart!" you might want to say things that praise the child's EFFORTS, such as the following: "You are such a hard worker. You are such a good listener today. I'm so grateful for your cheerful attitude. You are so much fun to work with. Your smile makes me so happy. Thank you so much for not giving up!"

What should I do if my child struggles when using scissors and glue?

Children develop motor skills at different rates. Let the child work as independently as possible with things such as cutting and gluing, but do not allow too much frustration before you step in to help.

Recommended Resources

Check out these amazing, optional resources for your preschool child at goodandbeautiful.com.





Encourage a love of reading and learning through wholesome, high-quality books for your child, available at goodandbeautiful.com/library.

Build listening, comprehension, attention, and other valuable skills with our beautifully illustrated free audiobooks available at goodandbeautifulstorytime.com.









- Letters: A, B, C, D
- Avoiding Lowercase B and D Confusion
- Identifying Beginning Sounds of Words
- Ocolors: Green, Red, Blue, Black, Brown, Yellow
- Numbers: 1, 2, 3, 4, 5
- Pencil Grip
- Motor Skills



• Letters: E, F, G, H

Color: Orange

Number: 6

Sorting

Review of Unit I



If the child needs more help with Letters A to D, use the Unit 1 Practice Sheets in *Preschool Practice*Sheets before moving on to Unit 2, or use them as extra practice sheets as you complete Unit 2.



• Letters: I, J, K, L

O Colors: Pink, Purple

O Number: 7

Identifying Body Parts

• Review of Units 1 & 2



If the child needs more help with Letters E to H, use the Unit 2 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 3, or use them as extra practice sheets as you complete Unit 3.



• Letters: M, N, O, P

O Number: 8

Money: Pennies

Identifying Sounds of Three Letter Words

Identifying Missing Letters in the Alphabet

Review of Units I through 3



If the child needs more help with Letters I to L, use the Unit 3 Practice Sheets in *Preschool Practice*Sheets before moving on to Unit 4, or use them as extra practice sheets as you complete Unit 4.



- Letters: Q, R, S, T
- Identifying Ending Sounds of Words
- Colors: White, Gray
- O Number: 9
- Rhyming Words
- · Review of Units I through 4

Note:

If the child needs more help with Letters M to P, use the Unit 4 Practice Sheets in *Preschool Practice*Sheets before moving on to Unit 5, or use them as extra practice sheets as you complete Unit 5.



- Letters: U, V, W
- Numbers to 10
- Shapes: Circle, Oval, Triangle
- Money: Dimes
- Lowercase Q With and Without a Tail
- Review of Units I through 5

Note:

If the child needs more help with Letters Q to T, use the Unit 5 Practice Sheets in *Preschool Practice* Sheets before moving on to Unit 6, or use them as extra practice sheets as you complete Unit 6.



- Letters: X, Y, Z
- Shape: Square
- Shades of Colors
- Review of Units I through 6

Note:

If the child needs more help with Letters U to W, use the Unit 6 Practice Sheets in *Preschool Practice*Sheets before moving on to Unit 7, or use them as extra practice sheets as you complete Unit 7.