

Dog and Cat Diet and Nutrition

A pet's diet needs to be well-rounded, and have all the essential nutrients necessary to help them live a long, happy, energy-filled, and long life. The food you buy for your pet will be ideal if it is 100-percent organic and all-natural. This type of food assures you that there is nothing present in the food that will lead to chronic health issues and illnesses, and ultimately shorten their lives.

Many dog and cat foods on the marketplace contain harmful ingredients that are perfectly legal for producers to use. It would be beneficial for you to always read the ingredient labels on pet food brands, and know what some of these ingredients can do to your pet's health.

Some of the worst ingredients to avoid are:

- Onion
- Garlic
- GMOs
- Synthetic additives and preservatives
- Soy
- Corn (as a primary ingredient)
- Carbohydrates
- Sweeteners
- Animal by-products

Basics of Cat Health

Exercise

Cats sometimes need someone to play with, so make sure they have an assortment of colorful, noisy toys such as balls with bells inside or squeaky mice. A bit of catnip sprinkled over their pillows and toys can help to get them into a playful. Cats usually sleep 15-18 hours per day, so exercise during the sections of the day that they are awake is key.

Grooming

Cats are regular groomers and will wash themselves daily, including their face and paws, after eating and toileting. Brush your cat at least weekly or more often if they like brushing. Be sure to remove any matted hair. You should also take this time to check for fleas and ticks during the warmer months.

Housing

Cats typically enjoy the same housing options as a dog, but they also enjoy elevated positions. Furniture such as a cat stand can be used for scratching their nails, climbing, sitting and watching, even for sleeping. The higher, the better, as cats like it up high.

Licensing and Identification

Cat licensing varies by state, you should check your local regulations to know for sure what licensing and identification is required. If you put a collar on a cat, always make sure the collar is an Easy Release Collar. Attach a tag with their name and your phone number, and their updated rabies vaccination.

Basics of Dog Health

Exercise

Dogs need exercise every day, so taking your dog for a walk a couple of times a day will be ideal. The type and level of exercise depends on the dog's breed, sex, age, and current health. Make sure your dog has plenty of colorful chewy toys, and take time to play with your dog using these toys. Movement eliminates boredom in your pet.

Grooming

Dogs need a bath at least a couple of times a year, and more often in some cases or environments. You will want to use an eco-friendly soap, and be sure to rinse the soap out of their hair well. Excess soap left in can harm their hair and skin. Brush their hair every day, and take this time to check for fleas and ticks, as well as remove any matted hair.

Housing

Dogs enjoy a warm, quiet, comfortable place to lay and rest. You can use a dog bed and soft blanket or a training crate. You will want to wash your dog's bedding at least weekly. If they sleep outside, make sure your dog has plenty of fresh, cool, filtered water in reach.

Licensing and Identification

The level of licensing for your dog will vary depending upon your state, so you should always check your local regulations. Attach the license to their collar and an ID tag with the dog's name and your phone number, and their updated rabies vaccination.

Other Health Measures

Fleas and Ticks

Use flea and tick prevention on your dog or cat as directed. Speak to your vet about deworming and.

Medicines, Poisons, and Harmful Human Foods

Many foods and human medicines are toxic and poisonous to dogs and cats. Never give your pet any treatment not prescribed by your vet.

Contact the ASPCA Animal Poison Control Center for 24-hour animal

poison information at (888) 426- 4435.

Spaying and Neutering

Unless you are a dog or cat breeder, it is essential to spay or neuter your pet by the age of six months.

Vaccinations

Some states have laws that dogs and cats must have a specific vaccination, such as a rabies shot. You are required to keep that certificate handy. Speak with your vet about the vaccinations required in your area.

Choose Cornucopia

Remember that the first five ingredients on the food label are what the food contains the most. Cornucopia uses all-natural human-grade ingredients, meaning that you could even eat this food and enjoy it as much as your pet will.

Cornucopia foods:

- Is easy to digest
- Uses real, non-toxic ingredients
- Contains the right amount and combination of vitamins, minerals, probiotics, digestive enzymes, and antioxidants.

Please take a look at the wide variety of different cat foods we have. Your pet will like them all and know, that you will never see any of the nasty ingredients in our food products for cats or dogs. Please access our website to become familiar with these ingredients your dog or cat must avoid. There are well over 15 bad things found in most pet foods.