



1. Blended oils including:

- Organic Greek Olive Oil
- Organic Avocado Oil
- Grapeseed Oil
- Coconut Oil

2. **Beeswax:** Used to treat wounds from abrasion, burns, and soothe joint pain. For nearly all of human history, beeswax has also been used to aid in speeding up the recovery of bruising. The antimicrobial, antiviral, antifungal, and anti-inflammatory properties of beeswax have been well-known throughout history and heavily utilized. The advent of Western medicine caused this glorious product to become one of the “forgotten” cures. Thankfully, researchers have been rectifying that mistake and proving its scientific benefits in recent years.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5487425/>;

<https://www.sciencedirect.com/science/article/pii/S1995764516301407>

3. **African Shea Butter:** The moisturizing, anti-inflammatory, rich in Vitamin A and E, and emollient** properties all reduce swelling and have anti-aging benefits and an array of other benefits. <https://www.sciencepublishinggroup.com/article/10.11648/j.ajls.20140205.18>

4. **Organic Turmeric:** One of nature's more well-known antioxidant and anti-inflammatory gifts. <https://www.hopkinsmedicine.org/health/wellness-and-prevention/turmeric-benefits>

5. **Organic Ginger:** Antioxidant, anti-inflammatory, anticancer, antimicrobial, and contains a high concentration of antiviral compounds. Promotes healthy aging, reduces morbidity, and prolongs a healthy lifespan. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9110206/>

6. **Lemon Zest:** High in antioxidants and Vitamins C, and D-limonene. Shown to also have antimicrobial and antifungal effects in scientific studies.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6026940/>;

https://www.healthline.com/nutrition/lemon-peel#TOC_TITLE_HDR_5

7. **Organic Honey:** Used by humans on the skin for as long as we've been able to trace human existence, this golden nectar is packed with phytochemicals, antimicrobial and antioxidant

properties, as well as a wide array of vitamins and amino acids. Honey aids in healing time reduction while also keeping the skin soft and supple. Studies show that honey regulates the pH of the skin, prevents infections; heals ailments such as contact dermatitis and dandruff.

<https://pubmed.ncbi.nlm.nih.gov/24305429/>

8. *Thymus vulgaris* - **Thyme**: Loaded with phytonutrients, minerals and vitamins to naturally regulate sebum (skin oil) production, and prevent the skin from drying out. Shown to have antioxidant, anti-inflammatory, antimicrobial properties, and antineoplastic** actions.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9147557/>
9. *Rosmarinus officinalis* - **Rosemary**: Known for its purification properties for skin. Also, helps tone and reinvigorate dull skin. Contains bioactive elements for the treatment of inflammation, various wounds and skin infections, and possibly even cancer (studies are still being conducted on this potential). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10045493/>
10. *Salvia Officinalis* - **Dalmatian Sage**: Natural astringent, antiseptic, antimicrobial, antioxidant, free radical protection, antispasmodic; contains anticancer, carminative** properties; polyphenols**, and flavonoids. Sage is used for pain relief and protecting the body against oxidative stress, angiogenesis, inflammation, and bacterial and viral infections. Sage also contains components that aid in memory retention and restoration.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4003706/#:~:text=For%20a%20long%20time%20C%20sage,be%20considered%20for%20drug%20development>
11. **Collagen Peptides**: Plant derived added collagen peptides aid in the anti-aging benefits of our products. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8824545/>



1. *Plantago major* - **Broadleaf Plantain** (the “weed,” not the vegetable): Antimicrobial, antioxidant, anti-inflammatory, and even anti-tumor properties. It also has been shown to boost the immune system and to help treat ulcers, diarrhea, and fatigue. Biochemical constituents (flavonoids, terpenoids, alkaloids, and phenolic acid derivatives)
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5878035/>
2. *Lamium purpureum* - **Purple Dead Nettle**: Contains high levels of vitamin C, iron, and fiber. Medicinal qualities include: antioxidant, antimicrobial, anti-fungal, antiviral, anti-inflammatory, pain relief, astringent, purgative, diuretic, anti-nociceptive ([definition link](#)) activity, cytotoxicity (helping the body build antibodies), diaphoretic properties, and cytoprotective activity (defined as: an ability of prostaglandins to prevent gastric mucosal injury produced by a variety of ulcerogenic and necrotizing agents without inhibition of gastric acid secretion or without neutralizing intragastric acidity ** [source](#)**) It's clear to see why this little guy is one of my

absolute favorite herbs to include in products!

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6571824/>

3. *Stellaria media* - **Chickweed**: Cooling and anti-inflammatory properties, flavonoids, saponins, vitamin C, linolenic acids, fatty acids, anti-obesity, antifungal, antibacterial, antioxidant, anti-proliferative, anti-inflammatory, analgesic, antidiabetic, and anxiolytic (anti-anxiety**) activities, and even more secondary metabolites than listed.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7284062/>

4. *Taraxacum* - **Dandelion**: Antibacterial, anti-inflammatory, antioxidant, antithrombotic, cytotoxic, anticancer, diuretic, probiotic, hypoglycemic, and immune response-boosting. Dandelion is a rich source of phenolic acids (chicoric acid, chlorogenic acid), flavonoids (luteolin derivatives, quercetin), and terpenes (sesquiterpene [anti-inflammatory and antibacterial effects], phytosterols [anti-atherosclerotic**]). It is also a vital source of vitamins (A, C, E, K, and B) and minerals (calcium, sodium, magnesium, iron, copper, silicon, zinc, manganese, potassium [397 mg potassium/100 g])

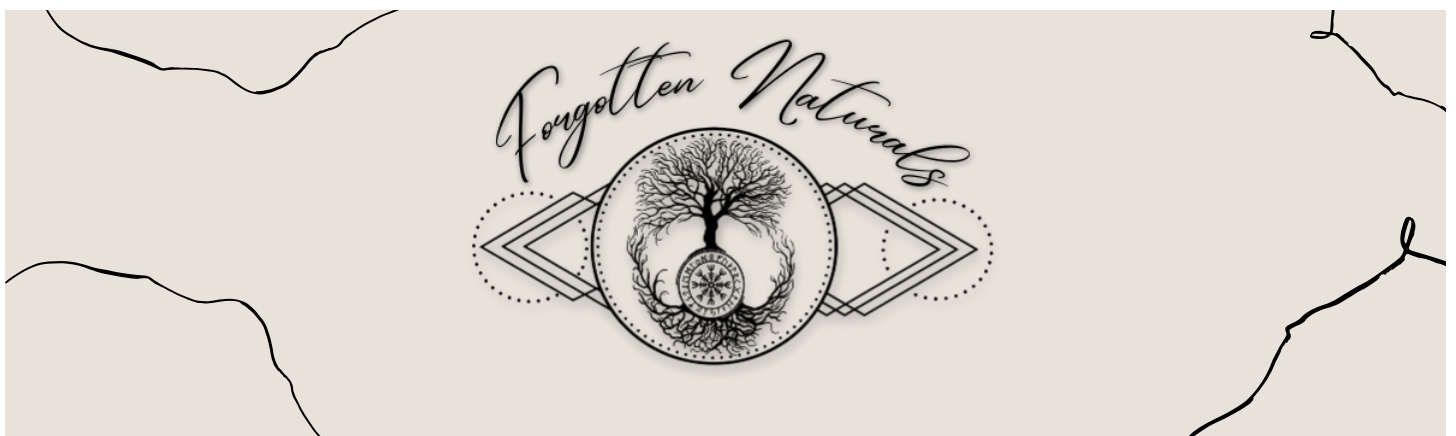
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9002813/>

5. *Lavandula* - **Lavender**: Anxiolytic (anti-anxiety**), anti-inflammatory, antinociceptive**, antioxidant, antimicrobial, and antiseptic. Used to alleviate pain from headaches, sprains, toothaches, sores, minor burns, and bug bites. These properties also treat fungal infections, wounds, eczema, acne, and joint and muscle pain. It can also be used to prevent hair loss and promote hair growth!

<https://www.medicalnewstoday.com/articles/265922#benefits;>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9357533/>

6. **Contains 1% or less of: Organic Citric Acid & Organic Arrow Root Powder (as natural preservatives)



This formula blends hydrating, soothing, and skin-restorative components suitable for all skin types. Its goal is to offer hydration, alleviate irritation, and reinforce the skin's

natural barrier, providing a wide range of healing benefits.

We appreciate you placing your trust in Forgotten Naturals!

Let us know how we're doing

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